

What does the domain “education and training” mean to children and young people from RCPCH &Us?



VERY GOOD



GOOD



VERY BAD



BAD

## Voice in paediatric training

Pilots, workshops and sessions have been taking place to think about what children, young people and families are looking for in a paediatrician, and how this can be developed into scenarios, questions and assessments through the career of a paediatrician. Top priority for children, young people and families is how healthcare workers speak with them and explain what is going on during their appointments and treatment.

Young people created a learning tool to help doctors to stay child & young person focused. This was included in the Facing the Future: Standards for children in emergency care:

|   |   |
|---|---|
| U | <b>Us</b> – who is the patient? Talk to <b>Us</b> and not just our parents or carers  |
| N | <b>Numbers</b> matter – missed opportunities to find out more or to actively listen to <b>Us</b>  |
| D | <b>Disclosure</b> – we want to know who has to know, who needs to know and ask <b>Us</b> who do I want to know  |
| E | <b>Environment</b> – is it a child/youth friendly waiting area/ consultation space so that I feel comfortable to talk with you about what has happened?   |
| R | <b>Reassure</b> <b>Us</b> that you have listened, heard and acted on what we have said  |
| S | <b>Signposting</b> – do you know your local child/youth support services? Help <b>Us</b> to get support once you have gone  |
| T | <b>Transition</b> - within hospitals / GPs and other services should include <b>Us</b> in the conversation and planning   |
| A | <b>Attitude</b> - a smile costs nothing but makes <b>Us</b> feel like we matter   |
| N | <b>Needs</b> – find out what matters to <b>Us</b> this could be how or where we are treated, who we want to be with <b>Us</b> .   |
| D | <b>Decisions</b> – need to involve <b>Us</b> . Article 12 from the United Nations Convention on the Rights of the Child helps <b>Us</b> to have access to best healthcare possible, Article 24. |

We asked children and young people about training paediatricians and they said:

- Children and young people have to be involved!
- We want to help you to learn as well as you teaching us about our condition
- It's not only doctors that need to learn new things, we wish that all school staff understood more about our conditions like epilepsy and asthma. Maybe doctors or nurses could visit the schools?
- The most important thing for us is that doctors are taught how to understand what I am not saying, especially as a teenager!
- We need all doctors to be taught about mental health so that if we see them in the hospital or in A&E or in our school they know how to help us or who is the best person that can help quickly

# #Notes

Discuss with my team/peers

Discuss with my supervisor

Domain areas to consult on locally with children and young people

**Resources created by RCPCH &Us:**  
RCPCH Facing the Future: Standards for children in emergency care settings  
<https://www.rcpch.ac.uk/resources/facing-future-standards-children-young-people-emergency-care-settings>

The patients who decide what makes a good doctor (BMJ article featuring RCPCH &Us)  
<https://www.bmj.com/content/361/bmj.k1829>



**The voice of children, young people and families**

Want more information?  
Contact: **and\_us@rcpch.ac.uk**