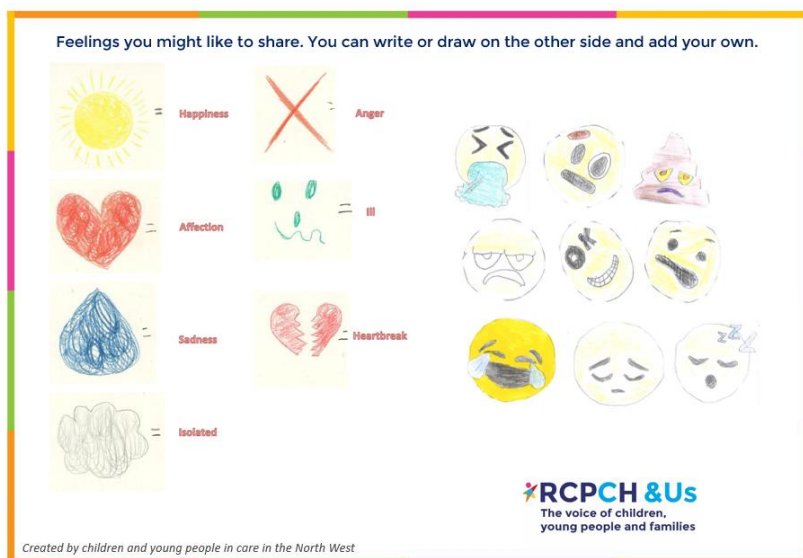


What does the domain “patient management” mean to children and young people from RCPCH &Us?



## Patient management for Looked After Children

Children and young people in care are working with RCPCH to develop an understanding of what patient management and support means to them. Over the course of their project, they have looked at how appointments should be tailored to meet their needs, whether that means using iPads or feelings cards, or using activities to help find them explain what is wrong and understand a treatment plan. You can find out more about this project in their presentation at the RCPCH Annual Conference.

We asked young people what they think creates a good transition process for young patients between services and they said:

- Recognise and **discuss individual needs in young people friendly terms**
- **Look at transition holistically**, to include advice on: social, emotional, educational, geographical, employment, relationships and physical health
- Adult services to make social connections and have a long term relationship with young people, to **provide continuity of care**
- **Multidisciplinary teams are important** and should meet regularly to prepare the young person for transition
- Signpost to **local services, resources and knowledge**
- Support young people with their **mental health**

“You have come to the doctors today and we would like to know why. Tell us your feelings. Don't keep them inside. We can get you fixed up in no time. Just tell us how you are”

Children and Young People  
Looked After Voices Project, 2019

# #Notes

Discuss with my team/peers

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Discuss with my supervisor

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Domain areas to consult on locally with children and young people

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**Resources created by RCPCH &Us**

Transition resources have been published including hopes, wishes and needs from young people - <https://www.rcpch.ac.uk/resources/young-peoples-experiences-health-transition>  
What do children and young people need from the next 10-year plan?  
<https://www.rcpch.ac.uk/news-events/news/rcpch-children-young-people-contribute-nhss-10-year-health-plan>