

What does the domain “Research” mean to children and young people from RCPCH &Us?



Over 130 children, young people and families helped to create the Research &Us Charter to support involvement of children and young people in child health research.

Watch the video:

<https://youtu.be/xrNGG9HIzyc>

and **download your Charter**

www.rcpch.ac.uk/cyp-research-charter

We asked children and young people how they want to get involved in research with paediatricians and they said by;

- Raising awareness of research with children and young people
- Encouraging children and young people to get involved in child health research from the start
- Developing the research design – from the question, to choosing how to do the research and who is involved
- Helping children and young people to be able to give informed consent
- Helping to do the research and checking it is doing what it is meant to be doing

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“Paediatricians need to be clear with children and young people about what research is, what will happen and how they can get involved. Stop using jargon or words that might mean something different for children and young people ”

Young people - RCPCH &Us ”

Research &Us Infants', Children's and Young People's Child Health Research Charter

**RCPCH
&Us**
The voice of children,
young people and families
www.rcpch.ac.uk/and_us

Remember it's about me; involve and support me at every stage and keep me safe from harm.

Empower me, my family, and the people caring for me; help us to understand and feel more confident about research.

Support me, my family, and the people caring for me; give us time to understand research processes, how to assess risks and benefits, and what it will mean to be involved.

Engage with me and my family; listen to our questions and ideas, so we can help you to help us benefit from research.

Actively gain my consent or assent and explain my right to change my mind and withdraw at any time.

Rights are important to me; my right to understand research, be involved in decisions, be respected, and to help others benefit from research.

Communicate with me directly and clearly; make it easy for me to talk to someone about the research when I have questions or ideas.

Help others by sharing our stories; the things that worked and the things that didn't.



Contact your local engagement lead for information:

Go to www.rcpch.ac.uk/cyp-research-charter for more information about external resources and useful links to support child health research.

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#Notes

Discuss with my team/peers

Discuss with my supervisor

Domain areas to consult on locally with children and young people

Resources:
ADC article “Advancing child health research” <https://adc.bmj.com/content/102/4/299>
Guidance on involving children and young people in research
<https://www.rcpch.ac.uk/resources/research-charter-resources>