



What is Bloom?

An early intervention multi-agency consultation space that promotes the positive social, emotional, mental health and wellbeing of children and young people.

What does Bloom do?

We,

- **Build** resilience and empower children, young people (and the adults in their lives) to get the help they need
- **Support** early identification to address emerging signs of emotional/mental distress
- **Provide** rapid responses for those aged 5 -18

Always,

- Supporting the network already in place around the child/young person and,
- Supporting professionals and the wider systems around the family

Children, young people, parents and carers front and centre



Parents, carers, children and young people have been **consulted from the beginning** as part of the ongoing evaluation of Bloom. This feedback, along with the data sets, continues to inform the evolution of Bloom. **Engaging with families keeps children and young people front and centre** and ensures we capture their voices as part of ongoing service design.

“Professional networking, informal supervision, a deeper understanding of psychological presentations and formulation and the provision of specialist advice which can then be applied to other young people’s presentations are noted as other benefits of the Bloom approach.”

- Bloom Evaluation: Executive Report



“The depth of discussion and the support went beyond my expectations. Everyone was relaxed but professional; it made for an excellent environment for discussion and resulted in solid possible solutions for a complex situation. The child was very much at the centre of the discussions, but there was a very necessary holistic analysis of the situation. The range of professionals invited to the meeting was impressive.”

- Bloom Evaluation Report: Professionals Strand

“Bloom is a really **colourful, rich process** and we can see **the child**. It’s not just a name or a statistic on a piece of paper. It’s a **real human being** that we’re discussing with love, compassion, and kindness”

Bloom Chair

What have we heard?



highly commended at

We are **most proud** of the **impact** Bloom is having **across the system** for children and young people, who are getting advice and getting help (iThrive) when they need it the most.

What is HeadStart Kernow?

A universal, prevention and early intervention programme Headstart Kernow supports children and young people’s emotional and mental health through a trauma informed, relational, whole school (system) approach. Engaging with and supporting key stakeholders (cyp, parents/carers, professionals) with information, training, resources and tools.

To find out more
www.headstartkernow.org.uk/bloom