



What is HeadStart Kernow?

A universal, prevention and early intervention programme Headstart Kernow supports children and young people's emotional and mental health through a trauma informed, relational, whole school (system) approach. Engaging with and supporting key stakeholders (cyp, parents/carers, professionals) with information, training, resources and tools.

Children's Rights Film for Parents and Carers

A co-created film empowering parents and carers to understand, promote, and protect children's rights.

Parents and Carers Leading the Conversation

Parents and carers told us they felt "out of the loop" and "last to know"

So we:

- Consulted parents and carers on key messages, concerns, and priorities.
- Involved them in scripting, filming, and reviewing to ensure authenticity and impact.
- Created a peer-to-peer resource, making children's rights more accessible and relevant.

Impact on Parents and Carers

- Parents and carers feel more informed, included, and empowered.
- Raised awareness of how small actions uphold children's rights.
- Sparked meaningful conversations and connections between parents and carers

📢 Launching soon! Distributed via social media, schools, and community events.

Our Achievements in the Last Year

- Developed an informative and engaging film in collaboration with parents, carers, and the Children's Rights Team.
- Raised awareness of Children's Rights
- Provided a platform for parents and carers to share real-life stories and insights.
- Strengthened the role of parents and carers in supporting children's rights and wellbeing.



"Thought-provoking... made me reflect on young people who don't have a voice."

"Being a parent is hard and none of us always get it right BUT being a child without a voice, feeling scared, without security is harder."



To find out more & to watch the film, visit www.cornwall.gov.uk/Childrensrightsfilms