

Engaging young people in Research; A youth voices project

led by Essex Council for voluntary youth services & funded by Mid/South Essex ICB

What is health & care research? Have young people been given the opportunity to take part?
What are the barriers to taking part, and what is the best way to include young people?
...Would young people even want to get involved in health and care research?!

views were gathered from

160

young people
aged 10-25yrs, from

10

Mid/ South Essex youth
Organisations/ groups



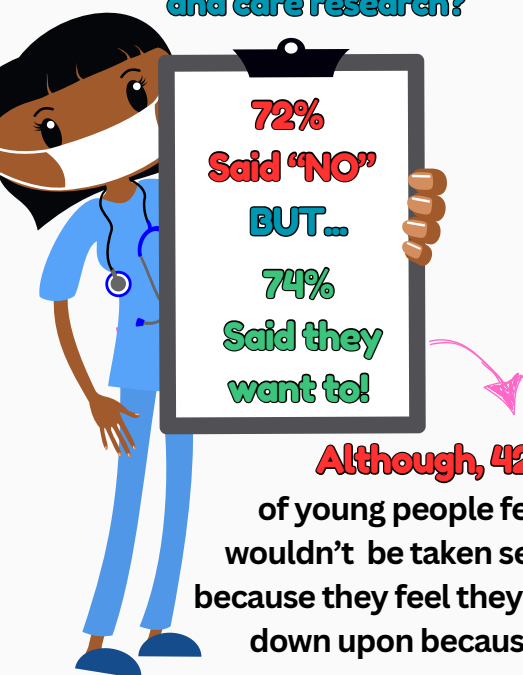
The groups were chosen from a massive pool of ECVYS groups, to best give a representative and honest view of local young people; both geographically and characteristically.

This included SEN, lgbtq+, BAME, faith, boxing, girls groups, open access groups and reaching out through detached youth work.

Sessions were written by ECVYS, and led by the young peoples trusted leaders.

Sessions were run during usual club nights, and feedback was compiled by ECVYS.

Have young people been given the opportunity to take part in health and care research?



72%
Said "NO"
BUT...
74%
Said they
want to!

Although, 42%

of young people felt their views wouldn't be taken seriously (Mostly because they feel they would get looked down upon because of their age)

What are the most important health and care issues for young people that should be researched further?



What are the barriers that stop young people taking part in health and care research?

The top answers were;

- 1.) Lack of incentive to get involved
- 2.) Lack of opportunity to get involved
- 3.) Concerns around confidentiality
- 4.) Lack of understanding about what health research involves



Young people said that the best place to advertise opportunities for them to take part in research would be through social media