

Volunteer with us!

RCPCH &Us provides regular opportunities for children & young people ages 11-24 to voice their opinions and improve health services. In 2024, over 4,300 volunteers contributed 3,000 hours, gaining skills, experiences, and having fun. To learn more and register, scan the QR code below or email and_us@rcpch.ac.uk.

Health condition based

Epilepsy12 Youth Advocates
Asthma &Me Ambassadors
Diabetes Communications Project

Activities include:

- **Service reviews:** checking and improving services
- **Creating resources:** making fun and helpful posters and leaflets
- **Improving access:** making it easier to understand and access services

Supporting healthcare professionals

Engagement Standards
Climate Changers
Building Artwork

Activities include:

- **Helping doctors connect:** advising doctors on engaging with children & young people
- **Starting dialogues:** creating tools for tricky conversations
- **Creating art:** to educate about health

Celebrating achievement

Children & Young People Judging Panels

Activities include:

- **Judging award nominations:** be part of panels and help pick the winners
- **Explore health careers:** learn about different jobs in the health field
- **Make fair decisions:** understand how to make unbiased choices

Communications

Youth Editorial Board
Podcasters

Activities include:

- **Writing articles:** for the college's magazine for paediatricians
- **Creating blogs:** and content for our website
- **Producing podcasts:** on topics that matter to children and young people



To find out more
scan the QR code.

WWW.RCPCH.US

✉ AND_US@RCPCH.AC.UK

f @RCPCH_AND_US