# A Framework for Challenging Prejudice in Healthcare: Advocating for Paediatric Patients

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"Toxic debate" over treatment for gender dysphoria in UK leaves judges without expert medical witnesses' (1)

### Political context

transgender youths experiencing stigma in the healthcare system (2)

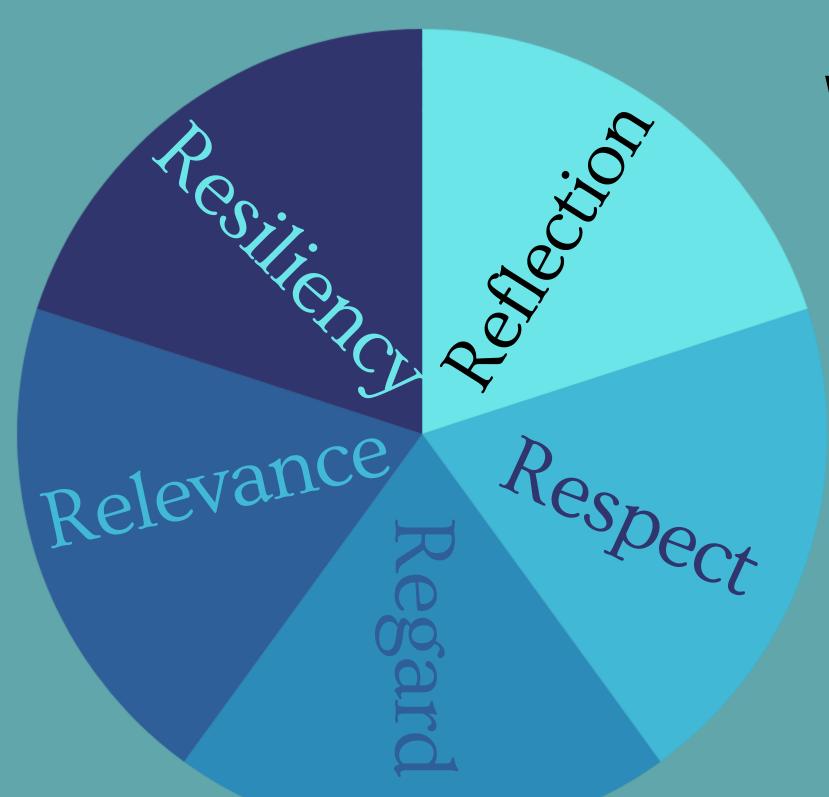
## Solutio

- 1. Allow for explanation or self-correction
- 2. Set time aside outside of clinical commitments for more informal discussion
- 3. Use the 5 'R's of Cultural Humility (3, 4) to guide discussion
- 4. Where politically contentious topics arise, emphasise unifying factors

## A Framework of Cultural Humility

How was my personal resiliency affected by this interaction?

How was cultural humility relevant in this interaction?

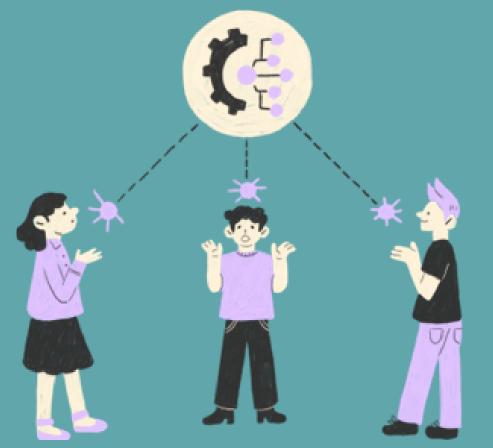


What did I learn from each person in that encounter?

Did I treat everyone involved in that encounter respectfully?

Did unconscious biases drive this interaction?

## Organisational responsibility



### Reference

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- 3. Foronda, C. (2020). A Theory of Cultural Humility. Journal of Transcultural Nursing, [online] 31(1), p.104365961987518. doi:https://doi.org/10.1177/1043659619875184.
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