

# How to Manage: Asthma Masterclass

## Programme

**Date** | Thursday 12<sup>th</sup> February 2026

**Location** | Online via Zoom

**Audience** | This course is suitable for **Tier 3** senior trainees, consultants, senior therapists and nurse specialists; particularly those healthcare professionals with responsibility for managing asthma locally or those wanting to establish an asthma network.

	Registration		Tier 4/5 Capability
09:10	Welcome & Introduction	Dr Louise Fleming, Paediatric Respiratory Consultant, Royal Brompton Hospital and Dr Jen Townsend, Consultant Respiratory paediatrician, Great North Children's Hospital	
09:15	Lung function trajectories – Implementation at clinical and population level	Professor Adnan Custovic Professor of Paediatric Allergy, Imperial College, London	Capability 1: asthma awareness
10:00	Management of preschool asthma	Prof Sejal Saglani, Professor & Honorary Consultant in Respiratory Paediatrics, National Heart & Lung Institute, Imperial College London	Capability 3: Managing chronic asthma
10.45	Morning break		
11.00	Interactive case presentation: distinctions between difficult asthma, true	Professor Clare Murray, Professor of Respiratory Paediatrics,	Capability 3: Managing chronic asthma

	severe asthma and overlap	University of Manchester	
11:45	Exploring self-management at home and school	Pippa Hall Clinical Nurse Specialist RBH and Alison Summerfield CNS NWL	Capability 8: Supporting families
12.30	Anti-inflammatory Relievers	Dr Louise Fleming, Clinical Senior Lecturer, Imperial College, London & Paediatric Respiratory Consultant, Royal Brompton Hospital	Capability 3: Managing chronic asthma
13.00	Lunch		
13.45	National asthma bundle of care	Dr Jen Townsend, Consultant Respiratory paediatrician, Great North Children's Hospital	Capability 10: Leadership and education
WORKSHOPS			
14.15	Asthma diagnosis and monitoring: objective testing	Sarah Ollosson and Dr Samantha Irving Paediatric Respiratory Physiologists	Capability 2: Diagnosing asthma
15.00	Afternoon break		
15:15	Asthma mimics and confounders	Claire Hepworth, Clinical specialist physiotherapist at Alder Hey and Jo Blundell, Lead clinical psychologist in paediatric respiratory Royal Brompton Hospital	Capability 2: Diagnosing asthma
16:00	Wider determinants of outcomes in asthma	Dr Ian Sinha, Consultant Respiratory Paediatrician, Alder Hey Children's Hospital	Capability 9: The wider environment and asthma Capability 7: Socioeconomic aspects of asthma

16.45	Summary and close		
17:00	Close		



*with you every  
breath of the way*

