
Sub-specialty Programme Information

Neonatal Medicine 2026

Programme Summary:

The table below contains a list of all the programmes for the above sub-specialty for training programmes starting in August/September 2026, that are being advertised in this round.

Update - 24 October 2025: There is an amendment to the London programme - The total number of posts remain as three, but one will start at Homerton, one will start at St George's and one will start at Chelsea and Westminster. The offer code for Oriel preferences will remain as 'London - Homerton & St George's'.

SharePoint:

The job descriptions for each post can be found via this [SharePoint link](#). Within the SharePoint site, you will find the following a folder for each sub-specialty recruiting for 2026, within which there will be:

- Regional Folder(s): for each Lead Deanery that is offering posts in that sub-specialty, containing;
- Regional sub-folder(s): for each programme using the Programme Title, containing;
- JD(s): job descriptions for each hospital/centre in the programme, as PDF files (N.B. The file titles contain an internally generated abbreviation code and the name of the location in which that job. You will not need to remember the abbreviation code, when preferencing in the Oriel system).

Using the Programme document:

The following terms are used in the programme list below – they may also be used in the SharePoint site and/or Oriel system, as described:

Lead Deanery = the main region submitting the programme; also the title of the regional folders in SharePoint

Programme Title = corresponds to the regional sub-folder in SharePoint; this will also be the offer code in Oriel

Paediatric training is capability based so the stated duration of posts is indicative. Applicants may therefore progress through sub-speciality programmes at a rate quicker than this indicative time. Please refer to the [applicant guide](#) and [RCPCH curriculum](#) for further information.

Application Process

Applications for Sub-specialty recruitment 2026 open from 12 noon Wednesday 22 October 2025 and close at 12 noon Wednesday 12 November 2025.

Contact Details:

For specific sub-specialty information, please contact:

CSAC Chair: Shazia Hoodbhoy (New) or Morag Campbell (Outgoing chair)

Email: Shazia.hoodbhoy@nhs.net or Morag.Campbell2@ggc.scot.nhs.uk

CSAC webpage: <https://www.rcpch.ac.uk/membership/committees/neonatal-medicine-csac>

For general application enquiries, please contact: subspecialty@rcpch.ac.uk

Maximum number of sub-specialty appointments that
may be made in 2026 for Neonatal Medicine

32

Lead Deanery	Programme Title (Abbreviation code)	Hospital(s)/Centre(s)	Places Available	Additional Information
East Midlands	East Midlands North - Nottingham & Leicester (2025NEONottLeicNott)	Queens Medical Centre, Nottingham (12 months) Leicester Royal Infirmary (12 months) Queens Medical Centre, Nottingham (12 months)	1	This is a 2–3-year neonatal grid training program. The training is coordinated within the East Midlands between Nottingham and Leicester. The post-holder will train for one year in Nottingham before rotating to Leicester for one year. A third year can be undertaken in a range of allied posts including PICU, ECMO, Paediatric Cardiology, Genetics or Neonatal Transport.
East Midlands	East Midlands South - Leicester & Nottingham (2025NEOLEicNottLeic)	Leicester Royal Infirmary (12 months) Queens Medical Centre, Nottingham (12 months) Leicester Royal Infirmary (12 months)	1	This is a 2–3-year neonatal grid training program. The training is coordinated within the East Midlands between Leicester and Nottingham. The post-holder will train for one year in Leicester before rotating to Nottingham for 1 year. A third year can be undertaken in a range of allied posts including PICU ECMO, Paediatric cardiology or neonatal transport.
East of England	East of England - London & Cambridge (2025NEOLondCamb)	Royal London Hospital, London (18 months) Addenbrookes Hospital, Cambridge (18 months)	2	This is a two-centre placement between Royal London Hospital & Addenbrookes Hospital, that includes a 6-month placement with neonatal transfer services PaNDR. The rotation is meant to commence in London, but the order of rotation may vary, depending on availability.

East of England	East of England - Luton & Cambridge (2025NEOLutoCamb)	Luton & Dunstable Hospital (18 months) Addenbrookes Hospital, Cambridge (18 months)	2	Two-centre placement, including a 6-month placement with PaNDR 9the regional neonatal transfer service). The order of placement may vary, depending on availability.
East of England	East of England - Norwich & Cambridge (2025NEONorwCamb)	Norfolk and Norwich Hospital, Norwich (18 months) Addenbrookes Hospital, Cambridge (18 months)	2	This is a two-centre training programme, that includes a 6-month placement with the regional neonatal transfer service PaNDR. The first placement to commence at Norwich, but the order of placement may vary, depending on availability.
Kent, Surrey and Sussex	KSS - Ashford & London (2025NEOAshfLondAshf)	William Harvey Hospital, Ashford, Kent (12 months) St George's Hospital, London (12 months) William Harvey Hospital, Ashford, Kent (12 months)	1	This is a 3-year rotation offering experience in the level 3 neonatal unit at William Harvey Hospital in Ashford, Kent in years 1 and 3. The second year of the rotation is spent at St George's Hospital, London. St George's offers experience in the care of newborns with medical and surgical conditions, in a busy tertiary neonatal unit co-located with a fetal medicine unit, a tertiary maternity referral centre and the South West Thames Genetics service. St George's, University of London, a medical and healthcare higher education institution, shares the site which allows access to postgraduate courses and involvement with medical student teaching.

Kent, Surrey and Sussex	KSS - Brighton & London (2025NEOBrigLond)	Trevor Mann Baby Unit, Royal Sussex County Hospital, Brighton (24 months) Guys and St Thomas's Hospital, London (12 months)	1	This rotation offers a comprehensive training programme in neonatal medicine. Trevor Mann Baby Unit in Royal Sussex County Hospital in Brighton is a level 3 neonatal unit, which also provides a regional neonatal transport service. It is also the neonatal surgery unit for Kent, Surrey and Sussex so offers experience in the care of neonates with surgical problems. The neonatal unit at St Thomas' hospital is a neonatal surgery and cardiology unit. It is also closely associated with the fetal medicine service and the Evelina Children's Hospital which provides additional specialist paediatric services.
Kent, Surrey and Sussex	KSS - Brighton & London & Brighton (2025NEOBrigLondBrig)	Trevor Mann Baby Unit, Royal Sussex County Hospital, Brighton (12 months) Guys and St Thomas' Hospital, London (12 months) Trevor Mann Baby Unit, Royal Sussex County Hospital, Brighton (12 months)	1	This rotation offers a comprehensive training programme in neonatal medicine. Trevor Mann Baby Unit in Royal Sussex Count Hospital in Brighton is a level 3 neonatal unit, which also provides a regional neonatal transport service. It is the neonatal surgery unit for Kent, Surrey and Sussex so offers experience in the care of neonates with surgical problems. The neonatal unit at St Thomas' Hospital is a neonatal surgery and cardiology unit. It is closely associated with the fetal medicine service and Evelina Children's Hospital which provides additional specialist paediatric services.
Kent, Surrey and Sussex	KSS - Kent & Ashford & King's (2025NEOKentAshfKing)	Medway Hospital, Gillingham, Kent (24 months) William Harvey Hospital, Ashford, Kent (12 months) Kings College Hospital, London (Possible 12 months)	1	This rotation offers comprehensive training in neonatal medicine. Both Medway and William Harvey Hospitals are level 3 neonatal units. The post at Medway Hospital offers experience in the regional neonatal transport service. Kings College Hospital offers experience in paediatric surgery and is also the regional neurosurgery unit. It is a national hub providing a highly specialised service to children with liver problems.

London	London - Homerton & St George's (2025NEOHomeStG)	Homerton (12 months) St George's (12 months) Chelsea and Westminster (12 months)	3	This is a 36-month indicative training programme with one post to start at Homerton, one post to start at St George's and one post to start at Chelsea and Westminster. Subsequent rotations will be allocated and designed in line with training needs, and may include Queen Charlotte's and Chelsea, University College Hospital, Chelsea and Westminster, Evelina, King's, Royal London, St George's and Homerton. Time with the Neonatal Transport Service can be accommodated as part training time in allied specialties, without requiring an OOP.
North East	North East – Newcastle (2025NEONewc)	Newcastle upon Tyne NHS Trust, South Tees Hospitals NHS Trust (36 months)	2	2–3-year rotational programme between Neonatal Intensive Care Unit at James Cook University Hospital (JCUH), Middlesbrough and Neonatal Intensive Care Unit at Royal Victoria Infirmary (RVI), Newcastle. Educational supervision and support are given a high priority. The rotation provides exposure to neonatal surgery, fetal medicine, transport and research. Trainees will also have opportunities to gain experience and be trained in: - Clinical management of the widest range of neonatal problems including transport, - Non-clinical management including support for developing generic consultant skills - Clinical governance involvement - Northern Neonatal network related projects RVI, Newcastle provides the regional neonatal surgical, cardiac and the regional fetal medicine service. The transport service (Northern Neonatal Transport service NNeTS is hosted by RVI, Newcastle and located in the NICU, RVI.

North West	North West Manchester - St Mary's & Liverpool (2025NEOStMLiveConnOldhBoltBurn)	St Mary's Hospital (12 months) Liverpool Women's Hospital (12 months) Connect Northwest (Transport) (6 months) Royal Oldham Hospital (6 months) Royal Bolton Hospital (6 months) Burnley General Hospital (6 months)	4	There are four posts for neonatal subspecialty training in the North West Region: two based principally at St. Mary's Hospital (SMH), Manchester and two based principally at Liverpool Women's Hospital (LWH). These posts will rotate through St. Mary's Hospital (12months if this is the base hospital for the rotation or 6months if LWH is the base hospital), Liverpool Women's Hospital (12months if this is the base hospital for the rotation or 6months if SMH is the base hospital) and either one of these three units: - Royal Bolton Hospital (6 months) or - Royal Oldham Hospital (6months) or - Lancashire Women & Newborn Centre (LWNC) or - Burnley (6months) With the option of a Neonatal Transport post with Connect NW (6months).
Northern Ireland	Northern Ireland - Belfast (2025NEOBelf)	Royal Maternity Hospital Belfast (36 months)	1	This sub-specialty post will be based in the Regional Neonatal Unit of Royal Maternity Hospital, in the Belfast H&SC Trust. Experience of neonatal transport is integrated into the attachment in NICU and is supervised by the Northern Ireland Specialist Transfer & Retrieval Service (NISTAR) Lead for Neonatal Transport. Depending on the interests of the individual sub-specialty trainee, there will be an option to spend 6-12 months in the PICU of the Royal Belfast Hospital for Sick Children.
Scotland	Scotland North - Aberdeen & Glasgow (2025NEOAber)	Aberdeen Maternity Hospital (18 months) Royal Hospital for Children, Glasgow (18 months)	1	2–3-year Training post. Trainee will commence training in the North Programme post and will spend 18 months in Aberdeen Maternity Hospital, Aberdeen and rotate to the Neonatal Unit in the RHC, Glasgow for 18 months. Any alternative placements from this template will require to take into account prior training need, previous experience and previous time out of programme and be agreed with respective TPDs and CSAC lead on entry to the programmes. North of Scotland Post, Aberdeen Maternity Hospital, Aberdeen:

				The Neonatal Unit (NNU) in Aberdeen Maternity Hospital (AMH) provide the principal hospital services for newborns in the Grampian Region and the Orkney and Shetland Islands (population approximately 590,000). The Neonatal Unit is located within the Maternity Hospital which is on the main Hospital site at Foresterhill. This is the tertiary Maternity Hospital and Neonatal Unit for the Grampian area. The neonatal unit is the regional cooling centre for the North of Scotland. The Regional Neonatal Surgical Centre is based in the Unit. The Hospital is also recognised for sub-specialty training in Feto-Maternal Medicine and has a strong Feto-Maternal team here. There is a selective neurodevelopmental follow up programme for high-risk infants and specific neonatal follow up clinics. Construction works are well underway building the new Baird Family Hospital, which will be operational in 2026 for delivery of Women's Service and Neonatal Care in Aberdeen and North of Scotland Region.
Scotland	Scotland South East - Edinburgh & Glasgow (2025NEOEdinGlas)	Simpson Centre for Reproductive Health, Royal Infirmary of Edinburgh (24 months) Royal Hospital for Children/Queen Elizabeth University Hospital (12 months)	1	This rotation offers up to 24 months in The Simpson Centre for Reproductive Health, RIE and 12 months in West of Scotland. The Simpson NICU receives all extremely premature neonates from NHS Fife and NHS Borders. Trainees gain experience in all aspects of neonatal intensive and surgical care (not ECLS); with MDT working with fetal medicine and paediatric specialty teams. There is a commitment to research, strong links with University of Edinburgh, opportunities for development in risk management, governance, leadership, teaching and training, neurodevelopmental follow-up, quality improvement and service development. In RHC trainees experience all aspects of medical & surgical care of extremely premature infants, those with complex airways, preoperative management of congenital heart disease, diaphragmatic hernias, abdominal wall defects, management of infants referred for ECLS therapy due to failure of conventional respiratory management. Experience will be gained in broad spectrum of congenital anomalies, multidisciplinary neurodevelopmental follow up and in leadership skills

South West	South West Severn - Bristol (2025NEOBrisBrisBris)	Southmead Hospital Bristol (12 months) St Michael's Hospital Bristol (12 months) St Michaels Hospital, Southmead Hospital or Bristol Royal Children's Hospital (12 months)	2	The tertiary neonatal service for the northern sector of the South West Neonatal Network is provided at St Michael's and Southmead hospitals, both located within Bristol. Patients requiring tertiary care including extremely preterm infants (centralised < 27 weeks), infants with significant respiratory failure, PPHN and infants requiring therapeutic hypothermia are managed in the Bristol tertiary centres. Infants within the South West Neonatal Network requiring neonatal surgical or cardiac care are referred to St Michaels Hospital, the regional neonatal surgical unit. St Michaels neonatal unit also hosts the regional transport and retrieval service. Neonatal subspecialty Resident Doctors will spend a minimum of 12 months WTE in each unit.
Wales	Wales - Swansea & Cardiff (2025NEOSwanCardSwan)	Singleton Hospital, Swansea Bay UHB (12 months) University Hospital of Wales, Cardiff (12 months) Additional experience TBC (12 months)	1	The neonatal medicine grid role in South Wales involves a minimum of 12 months spent at both University Hospital of Wales, Cardiff and Singleton Hospital, Swansea. Trainees have undertaken OOPT in SONAR, Bristol, or local placements in allied specialities such as cardiology, genetics, respiratory medicine.

Wessex	Wessex - Southampton & Portsmouth (2025NEOSoutPort)	University Hospital Southampton (Minimum of 12 months) Queen Alexandra Hospital, Portsmouth (Minimum of 12 months)	1	The rotation will be tailored to trainees' individual needs and previous experience. Generally, this would be one year in Portsmouth gaining experience in tertiary medical neonates followed by a minimum of one year in Southampton with experience in neonatal surgery, cardiology and all other major tertiary neonatal sub-specialities including foetal medicine and neonatal transport. Other approved training may include specialities such as PICU, cardiology or other relevant tertiary speciality, research, fellowships, or time spent in an approved post abroad in line with current CSAC guidance. We are very supportive of trainees developing additional skills and flexible working.
West Midlands	West Midlands - Coventry & Warks & Birmingham (2025NEOCoveBirmBirm)	University Hospital of Coventry and Warwickshire (6-12 months) University Hospital Birmingham NHS Trust- Heartlands Hospital (6-12 months) Birmingham Women's Hospital (12-24 months)	1	This is a 3-year programme covering all aspects of neonatology within the West Midlands. At present, doctors in training would expect to spend between 12-24 months at Birmingham Women's and Children's Hospitals working in the tertiary centre of Birmingham Women's and also spending some time with the regional Neonatal transport Service, based at Birmingham Children's Hospital. For the rest of your Grid training, you will be placed at two of the other 4 Level 3 NICU's within the West Midlands and these are based at University Hospitals Birmingham (Heartlands campus) and University Hospital of Coventry and Warwickshire as part of the West Midlands South Rotation
West Midlands	West Midlands - Wolverhampton & Stoke & Birmingham (2025NEOWolvStokBirm)	New Cross Hospital, Wolverhampton (6-12 months) Royal Stoke Hospital, Stoke-on-Trent (6-12 months) Birmingham Women's Hospital (12-24 months)	1	This is a 3-year programme covering all aspects of neonatology within the West Midlands. At present, doctors in training would expect to spend between 12-24 months at Birmingham Women's and Children's Hospitals working in the tertiary centre of Birmingham Women's and also spending some time with the regional Neonatal transport Service, based at Birmingham Children's Hospital. For the rest of your Grid training, you will be placed at any of the other 2 Level 3 NICU's within the West Midlands and these are based at New Cross Hospital in Wolverhampton, and University Hospitals of North Midlands (Stoke campus) as part of the North West Neonatal Rotation

Yorkshire and the Humber	Yorkshire & Humber - Leeds & Hull (2025NEOLeedBradHullShefEmbrShef)	Leeds General Infirmary (24 months) Bradford Royal Infirmary (12 months) Hull Royal Infirmary (12 months) Sheffield Children's Hospital (6 months) Embrace Transport Service (6 months) Jessops Neonatal Unit (12 months)	2	There are 2 posts available: - Post 1 - 12months Leeds neonates, 12 months Bradford Neonates, 12 months Leeds neonates - Post 2 - 12 months Hull neonates, 6months Sheffield PICU, 6 months Embrace transport service, 12 months Jessops neonates. Leeds Teaching Hospital houses all regional paediatric subspecialties including nephrology, hepatology and oncology all co-located within LGI. There are opportunities for experience in fetal medicine, neonatal medicine, surgery and cardiology. The Sheffield Neonatal Service is based in the Jessop Wing of the Royal Hallamshire Hospital, which also houses the obstetric services. Hull is a tertiary neonatal service providing intensive and special care including neonatal surgery. Bradford is a tertiary neonatal unit provides intensive care to ill preterm/term infants and with regular input from Neonatal surgery and Cardiology to provide emergency and ongoing care. Given the multi ethnic nature of the population, there will be opportunities to manage complex metabolic/genetic conditions in addition to their core experience in neonatal medicine. There will be the opportunity to spend time with the joint neonatal and paediatric critical care transport service for Yorkshire & Humber and Paediatric Intensive Care.
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For more information on the recruitment process and to access the guidance please visit:

<https://www.rcpch.ac.uk/education-careers/apply-paediatrics/sub-specialties>