
Sub-specialty Programme Information

Paediatric Diabetes and Endocrinology 2026

Programme summary:

The table below contains a list of all the programmes for the above sub-specialty for training programmes starting in August/September 2026, that are being advertised in this round.

SharePoint:

The job descriptions for each post can be found via this [SharePoint link](#). Within the SharePoint site, you will find the following a folder for each sub-specialty recruiting for 2026, within which there will be:

- Regional Folder(s): for each Lead Deanery that is offering posts in that sub-specialty, containing;
- Regional sub-folder(s): for each programme using the Programme Title, containing;
- JD(s): job descriptions for each hospital/centre in the programme, as PDF files (N.B. The file titles contain an internally generated abbreviation code and the name of the location in which that job. You will not need to remember the abbreviation code, when preferencing in the Oriel system).

Using the Programme document:

The following terms are used in the programme list below – they may also be used in the SharePoint site and/or Oriel system, as described:

Lead Deanery = the main region submitting the programme; also the title of the regional folders in SharePoint

Programme Title = corresponds to the regional sub-folder in SharePoint; this will also be the offer code in Oriel

Paediatric training is capability based so the stated duration of posts is indicative. Applicants may therefore progress through sub-specialty programmes at a rate quicker than this indicative time. Please refer to the [applicant guide](#) and [RCPCH curriculum](#) for further information.

Application Process

Applications for Sub-specialty recruitment 2026 open from 12 noon Wednesday 22 October 2025 and close at 12 noon Wednesday 12 November 2025.

Contact Details:

For specific sub-specialty information, please contact:

CSAC Chairs: Dinesh Giri or Zainaba Mohamed (Co-chairs)

Email: dinesh.giri@uhbw.nhs.uk or zainaba.mohamed@nhs.net

CSAC webpage: <https://www.rcpch.ac.uk/membership/committees/paediatric-diabetes-endocrinology-csac>

For general application enquiries, please contact: subspecialty@rcpch.ac.uk

Maximum number of sub-specialty appointments that may be made in 2026 for Paediatric Diabetes and Endocrinology	5
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Lead Deanery	Programme Title (Abbreviation code)	Hospital(s)/Centre(s)	Places Available	Additional Information
East Midlands	East Midlands South - Leicester & Nottingham (2025D&ELeicNott)	Leicester Royal Infirmary (12 months) Nottingham Children's Hospital (12 months)	1	The East Midlands area covers a population of around 3 million, with a wide variation in ethnicities, rural and urban environments. Nottingham and Leicester provide local and tertiary endocrine services to the children and young people of Derbyshire, Nottinghamshire, Leicestershire, Lincolnshire, Rutland and Northamptonshire. This will be a 2-year programme, with 12 months at Nottingham Children's Hospital and 12 months at Leicester Royal Infirmary. Training will be provided in all areas of paediatric endocrinology and diabetes, both in- and out-patient, including standard diabetes management, insulin pump/ hybrid closed loop therapy, continuous glucose monitoring and disorders of growth and puberty, neuroendocrinology, intensive care and neonatal endocrinology.
London	London - GOSH (2025D&EGOSH)	Great Ormond Street Hospital (12 months) Royal London and/or University Hospital London (12 months)	2	Two posts to start at GOSH for 12 months, and then to rotate to UCLH, Royal London or both. Posts beyond the first 12 months will be confirmed based on training requirements and full time or less than full time status at the time of starting subspecialty training.
Wessex	Wessex - Southampton (2025D&ESout)	University Hospitals Southampton (36 months)	1	This is a 3-year programme based at Southampton Children's Hospital.

West Midlands	West Midlands - Birmingham (2025D&EBirm)	Birmingham Children's Hospital (24 - 36 months)	1	The Paediatric Endocrinology and Diabetes Unit at Birmingham Children's Hospital offers a comprehensive training programme within the Endocrine and Diabetes Unit of one of the UK's leading tertiary centres. This 24–36-month programme provides exceptional training in acute and complex endocrine and diabetes conditions at Birmingham Children's Hospital, part of Birmingham Women's and Children's NHS Foundation Trust. Trainees gain experience in core paediatric endocrinology, advanced diabetes management (including rare subtypes, insulin pump therapy, and continuous glucose monitoring), and NHS England-funded specialised services such as rare diabetes syndromes, osteogenesis imperfecta, and hypophosphatasia. Additional experience is gained through joint clinics for cystinosis, neuroendocrine and pituitary disorders, oncology late effects, hyperinsulinism service, adrenal and thyroid disorders, disorders of sex development, and metabolic bone disease. The programme also incorporates adolescent and transition endocrinology in collaboration with the Queen Elizabeth Hospital, University Hospitals Birmingham. Training combines inpatient and outpatient practice, active participation in multidisciplinary teams, mentoring opportunities for University of Birmingham medical students, and opportunities to engage in cutting-edge clinical trials within the department's Clinical Research Facility (CRF).
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For more information on the recruitment process and to access the guidance please visit:

<https://www.rcpch.ac.uk/education-careers/apply-paediatrics/sub-specialties>