
Sub-specialty Programme Information

Paediatric Rheumatology 2026

Programme summary:

The table below contains a list of all the programmes for the above sub-specialty for training programmes starting in August/September 2026, that are being advertised in this round.

SharePoint:

The job descriptions for each post can be found via this [SharePoint link](#). Within the SharePoint site, you will find the following a folder for each sub-specialty recruiting for 2026, within which there will be:

- Regional Folder(s): for each Lead Deanery that is offering posts in that sub-specialty, containing;
- Regional sub-folder(s): for each programme using the Programme Title, containing;
- JD(s): job descriptions for each hospital/centre in the programme, as PDF files (N.B. The file titles contain an internally generated abbreviation code and the name of the location in which that job. You will not need to remember the abbreviation code, when preferencing in the Oriel system).

Using the Programme document:

The following terms are used in the programme list below – they may also be used in the SharePoint site and/or Oriel system, as described:

Lead Deanery = the main region submitting the programme; also the title of the regional folders in SharePoint

Programme Title = corresponds to the regional sub-folder in SharePoint; this will also be the offer code in Oriel

Paediatric training is capability based so the stated duration of posts is indicative. Applicants may therefore progress through sub-specialty programmes at a rate quicker than this indicative time. Please refer to the [applicant guide](#) and [RCPCH curriculum](#) for further information.

Application Process

Applications for Sub-specialty recruitment 2026 open from 12 noon Wednesday 22 October 2025 and close at 12 noon Wednesday 12 November 2025.

Contact Details:

For specific sub-specialty information, please contact:

CSAC Chair: Sharmila Jandial

Email: sharmila.jandial@nhs.net

CSAC webpage: <https://www.rcpch.ac.uk/membership/committees/paediatric-rheumatology-csac>

For general application enquiries, please contact: subspecialty@rcpch.ac.uk

Maximum number of sub-specialty appointments that may be made in 2026 for Paediatric Rheumatology

3

Lead Deanery	Programme Title (Abbreviation code)	Hospital(s)/Centre(s)	Places Available	Additional Information
North West	North West Mersey - Alder Hey & Manchester (2025RHEAldeManc)	Alder Hey (18 months) Royal Manchester Children's Hospital (18 months)	1	The appointed Grid Paediatric Rheumatology trainee is embedded within the Rheumatology departments in Liverpool & Manchester Children's Hospitals & is supported with other residents from the deanery, usually one at SpR level and one at SHO level. Depending on whether Alder Hey is their first or second centre, responsibilities are adjusted appropriately, but there is plenty of opportunity to attend or run their own clinics, as well day case work, joint injection lists and as we have an inpatient workload, excellent opportunities to understand complex inflammatory diseases and their investigation and management whilst admitted. There are also plenty of opportunities to support research studies and be involved with undergraduate and postgraduate teaching as the grid trainee wishes and based on their individual training needs. Training in paediatric rheumatology across inflammatory, non-inflammatory and chronic pain aspects. Tertiary hospital with specialist joint clinics done with renal, neuro, ophthalmology, scleroderma, jdm and JSLE. Inpatient and outpatient experience. Weekly teaching with rheumatology/immunology teams. Also monthly STEP gen paed teaching. The Resident doctor will spend 12-18months in each site.
Thames Valley	Thames Valley - Oxford & Bristol (2025RHEOxfoBris)	Oxford University Hospitals NHS Foundation Trust (18 months) Bristol Royal Hospital for Children (18 months)	1	This two-centre programme in Oxford and Bristol (12-18 months each) provides comprehensive paediatric rheumatology training. At Oxford, trainees are based in a specialist MSK centre with a full MDT, hydrotherapy, and gym. Experience includes uveitis, adolescent transition, skeletal dysplasia, chronic pain rehabilitation, outreach, and joint clinics with multiple specialties. There are also Research and teaching opportunities. At Bristol, training includes consultant-led clinics, inpatient care, outreach across the South-West, and combined subspecialty clinics. There are also opportunities at the Bath Centre for Pain Services, a national centre for complex paediatric pain rehabilitation.

Yorkshire and the Humber	Yorkshire & Humber - Leeds & Sheffield (2025RHELeedShef)	Leeds General Infirmary (12 months) Sheffield Children's Hospital (24 months)	1	This paediatric rheumatology programme will deliver training between Leeds Children's Hospital and Sheffield Children's Hospital. The trainee will work within Musculoskeletal centres of expertise, both with well-equipped multidisciplinary teams to support and meet the needs of grid training. In addition to standard inflammatory and mechanical joint pain multidisciplinary clinics, the trainee will benefit from specialist interests in the department; adolescent multidisciplinary clinics with options to attend young adult clinics, joint paediatric rheumatology ophthalmology uveitis clinics, transition clinics, connective tissue disease clinics, joint immunology clinics and teaching commitments, metabolic bone, bone health and musculoskeletal radiology and outreach clinics. There is an established programme of research within the paediatric and young adult rheumatology teams, and the trainee would have opportunity to develop their personal research interests within this programme. The trainee would further benefit from opportunities to work collaboratively with the highly research-active metabolic bone team based at SCH.
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For more information on the recruitment process and to access the guidance please visit:
<https://www.rcpch.ac.uk/education-careers/apply-paediatrics/sub-specialties>