



Healthy Child Programme e-Learning Curriculum

June 2011 (final version)

- The HCP curriculum has been developed in close collaboration with the following Royal Colleges and Professional Organisations:
 - AHPF
 - BDA
 - CPHVA
 - RCGP
 - RCM
 - RCN
 - RCOG
 - RCPCH
 - RCSLT

- Individual e-learning sessions will be 20-30 min in length

- All 76 sessions across 12 modules are now live on two national e-learning platforms: [e-Learning for Healthcare \(e-LfH\)](#) and the [National Learning Management System \(NLMS\)](#).

- For further information, please contact Daniel Riddell - daniel.riddell@rcpch.ac.uk

	Module Ref	Module Title/ Session Title	Module Editor/ Author	Learning Objectives
	HCP_01	Healthy Child Programme Basics	Mitch Blair	
1	HCP_01_01	Introduction to the Healthy Child Programme	Mitch Blair	<ol style="list-style-type: none"> 1. Describe the history of the development of the current child health promotion programme in England 2. List the desired outcomes of the programme for infants, children and families 3. Outline the main activities of the programme, organised by the first five years of life 4. Describe the current philosophy and approaches to the delivery of the Healthy Child Programme 5. Describe the policy context of the Healthy Child Programme
2	HCP_01_02	Leadership, Monitoring and Quality: Part 1: Principles	Cheryll Adams	<ol style="list-style-type: none"> 1. Describe the range of leadership and professional skills, attributes and approaches you need to manage a caseload, lead a team and lead the HCP for a population 2. Compare and contrast the contexts you will need to work in and the professionals you will need to work with to lead the programme and be clear on individual professional responsibilities
3	HCP_01_03	Leadership, Monitoring and Quality: Part 2: In Practice	Cheryll Adams	<ol style="list-style-type: none"> 1. Describe accountability and delegation challenges related to leading the HCP 2. Utilise a framework to guide delegation and decision making in specific contexts 3. Utilise the policy, organisational, evidence base and legal context to influence leadership and delivery of the HCP 4. Assess your performance against quality indicators 5. Identify and make a plan to develop the skills you need to lead the HCP

	HCP_02	Communication, Record Keeping and Inter-professional Working	Mitch Blair	
4	HCP_02_01	Communication and Record Keeping	Rita Newland	<ol style="list-style-type: none"> 1. Define and list the different types of record used in the Healthy Child Programme 2. Outline the rationale for retaining and maintaining clinical records 3. Outline the essential features of effective record keeping and documentation 4. Describe ways in which records can promote multi-agency working 5. Use a record audit tool in practice to support effective communication in the delivery of the Healthy Child Programme
5	HCP_02_02	Using Record Keeping to Promote Multi-agency Working	Rita Newland	<ol style="list-style-type: none"> 1. Outline the principles of effective communication 2. Describe ways to maintain a high standard of record keeping and documentation in practice 3. Describe the ways in which communication and record keeping influences the delivery of the Healthy Child Programme
6	HCP_02_03	Using the Personal Child Health Record (PCHR)	Helen Bedford	<ol style="list-style-type: none"> 1. Describe the rationale, development and use of the Personal Child Health Record (PCHR) 2. Identify the contents of the PCHR 3. Describe how the PCHR can be used by all health professionals to support consultation with parents

	HCP_03	Family Health	Mary Malone/Sean Mackay	
7	HCP_03_01	Families in the UK	Tony Waterston	<ol style="list-style-type: none"> 1. Describe the demographic, social and economic characteristics of families in the UK 2. Identify and describe changes taking place in UK families in the twenty-first century 3. Describe the impact of these changes on child development and child health
8	HCP_03_02	Home Environment	Mary Malone	<ol style="list-style-type: none"> 1. Define the theoretical basis of the Ecological Framework 2. Identify and describe the impact of the physical, emotional and social environment on parenting capacity, child growth and development 3. Identify and describe evidence-based assessment tools designed for assessment of the physical, emotional and social home environment on child and family health
9	HCP_03_03	Hard to Reach Families	Karen Whitaker	<ol style="list-style-type: none"> 1. Define the concept of 'hard to reach' families 2. Identify key family characteristics which challenge service provision and access 3. Identify key characteristics of services which inhibit family engagement 4. Identify key points in the family's story at which engagement may have made a difference to the identified outcome 5. Describe an assessment framework with allows family needs to be accurately recorded

10	HCP_03_04	Protecting Families/Resilience	Sarah Cowley	<ol style="list-style-type: none"> 1. Explain the concept of resilience and describe key research findings 2. Identify and describe the characteristics of resilient children and families 3. List the effects of resilience on how children deal with risks and adversity 4. Identify and describe forms of practice known to promote resilience, delivered at the level of individual families and the local community 5. Identify and describe the role of social networks in promoting resilience
	HCP_04	Safeguarding	Mitch Blair	
11	HCP_04_01	Safeguarding Overview	Andrea Goddard and Peter Sidebotham	<ol style="list-style-type: none"> 1. Establish what level of child protection training you or anyone in your team needs 2. Describe what child protection training options are available and how to access them 3. Reflect on how these might fit in with your own individual personal learning plan
12	HCP_04_02	Vulnerable Children	Andrea Goddard	<ol style="list-style-type: none"> 1. Define the term 'vulnerable children' and list various categories of vulnerability 2. Outline the challenges of providing child health promotion services to vulnerable children 3. Describe strategies for improving preventive services for two specific groups

13	HCP_04_03	Looked After Children Part 1: Challenges and Principles	Douglas Simkiss	<ol style="list-style-type: none"> 1. Provide a definition and describe the epidemiology of looked after children in England 2. Outline the challenges of providing the Healthy Child Programme to this group of children 3. Outline the principles of optimising health services for looked after children 4. Reflect on service provision for children in your local area and apply principles to plan/improve health services for looked after children
14	HCP_04_04	Looked After Children Part 2: Influencing Factors and Outcomes of Care Journeys	Douglas Simkiss	<ol style="list-style-type: none"> 1. Identify and describe the different types of public care experienced by children in the UK 2. Recognise different experiences of public care from four case studies 3. Describe the transition from being looked after to independence 4. Identify and describe the known outcomes for looked after children 5. Analyse factors affecting the different outcomes
	HCP_05	Positive Parenting and Parenting Issues	Sean Mackay/Mary Malone	
15	HCP_05_01	Promoting Attachment and Wellbeing Part 1: Concepts	Catherine Lowenhoff	<ol style="list-style-type: none"> 1. Define 'attachment' 2. Explain how attachment theory was developed 3. Provide an overview of the essential features of attachment theory 4. Summarise the key characteristics of the four attachment types 5. Identify links between attachment and health and wellbeing 6. Understand the relevance of attachment theory to clinical practice

16	HCP_05_02	Promoting Attachment and Wellbeing Part 2: In Practice	Catherine Lowenhoff	<ol style="list-style-type: none"> 1. List the factors and symptoms that might be indicative of problems within the parent-infant relationship 2. Describe a range of attachment-based assessments and interventions 3. Summarise the key principles of attachment-based assessments and interventions 4. Discuss the links between attachment-based interventions and the expected benefits for families 5. List a range of local services or interventions that are available to meet the needs of parents and children and help to foster secure attachments
17	HCP_05_03	Parenting Support Part 1: Definitions and Concepts	Doreen Crawford	<ol style="list-style-type: none"> 1. Describe the key elements of a supportive relationship with a parent 2. List the different factors that can influence parenting style 3. Explain the purpose of evidence-based parent training/education programmes 4. List the criteria that should be met by an effective parenting programme
18	HCP_05_04	Parenting Support Part 2: In Practice	Doreen Crawford	<ol style="list-style-type: none"> 1. Identify proactive and positive ways of initiating parenting support 2. Correctly prioritise cases requiring support from a healthcare professional 3. Select an appropriate consultation strategy in each case 4. State the support strategies commonly used for special cases (e.g. bereaved parents)

19	HCP_05_05	Parental Relationships Part 1: Influences and Effects	Penny Mansfield	<ol style="list-style-type: none"> 1. Recognise the importance and effect of parental relationships on child health and wellbeing 2. Describe how parental conflict and separation influences a child's health and wellbeing 3. Identify the importance of father involvement for children 4. Recognise the importance of support for families experiencing distress in the parental couple relationship
20	HCP_05_06	Parental Relationships Part 2: Practical Methods of Assessment and Support	Jan Mitcheson	<ol style="list-style-type: none"> 1. Identify when parental relationship distress is significantly affecting child health and wellbeing 2. Develop practical support for a family experiencing parental conflict
	HCP_06	Development and Behaviour	Leon Polnay	
21	HCP_06_01	Introduction to Development Part 1: Description and Influences	Dilip Nathan and Nadya James	<ol style="list-style-type: none"> 1. Provide a descriptive framework for recording normal child development and its variations 2. Describe what to have in the clinic consultation when undertaking a developmental assessment 3. Outline the role of parents and other carers in observing and reporting child development 4. Explain the influence of family, social and medical factors on child development and how they might promote or impair developmental progress

22	HCP_06_02	Introduction to Development Part 2: Assessment and Referral	Dilip Nathan and Nadya James	<ol style="list-style-type: none"> 1. Provide first line child development assessment, using the personal health record 'red book' as part of the community health partnerships programme 2. Describe different types of standardised assessment tools 3. List the pitfalls in interpreting information on development 4. Identify who to ask and when to refer
23	HCP_06_03	Common Motor/Movement Problems Part 1: Normal Variations	Jane Williams and Elizabeth Marder	<ol style="list-style-type: none"> 1. Describe the patterns of normal, gross and fine motor development and their variation 2. Assess motor development in children through observation and examination 3. Explain the presentation, natural history, differential diagnosis and referral pathways for key developmental orthopaedic presentations
24	HCP_06_04	Common Motor/Movement Problems Part 2: Motor Disorders	Jane Williams and Elizabeth Marder	<ol style="list-style-type: none"> 1. Demonstrate knowledge in physical examination techniques required for assessment 2. List 'red flag' signs for early detection of common motor disorders 3. Explain how to access diagnostic services 4. Outline investigations required for diagnosis of key motor disorders
25	HCP_06_05	Feeding Difficulties	Lisa Holmes	<ol style="list-style-type: none"> 1. Outline the development in feeding skills and attitudes to feeding infants and toddlers and discuss its variation 2. Recognise and manage common behavioural problems associated with feeding 3. Recognise symptoms and signs that might be associated with organic pathology and determine when to refer on

26	HCP_06_06	Sleeping Part 1: Normal Physiology and Common Problems	Helen Heussler	<ol style="list-style-type: none"> 1. Describe normal sleep and sleep behaviour in young children (0-5 years) 2. Outline the physiological basis for sleep behaviour 3. Recognise the factors that impair or promote the development of sleep routines in children 4. Provide guidance and support for parents of children with common sleeping problems
27	HCP_06_07	Sleeping Part 2: Parasomnias in Childhood and Disturbed Sleep in Children with Disabilities	Helen Heussler	<ol style="list-style-type: none"> 1. Distinguish between night terrors, nightmares and other parasomnias 2. Outline management principles for night terrors, nightmares and other parasomnias 3. Describe common sleep disturbance patterns in disabled children 4. Provide sleep guidance and support for parents of children with learning disabilities
28	HCP_06_08	Toileting: Bladder and Bowel Control	Anne Wright	<ol style="list-style-type: none"> 1. Describe normal anatomy and physiology associated with urinary and bowel continence 2. Outline the process whereby normal children achieve continence 3. Advise parents on toilet training in healthy children 4. Discuss the range of variation and factors that impair or promote continence 5. Describe the effects of constipation on toilet training 6. Explain some of the causes of delayed urinary continence, initial assessment and management
29	HCP_06_09	Fantastic Twos - Common Behavioural and Emotional Problems Part 1: Theory	Doreen Crawford	<ol style="list-style-type: none"> 1. Explain the theoretical basis of normal emotional development in the pre-school child 2. List the factors that promote or impair emotional development 3. Explain how early emotional development can affect later child and adult mental health

30	HCP_06_10	Fantastic Twos - Common Behavioural and Emotional Problems Part 2: In Practice	Doreen Crawford	<ol style="list-style-type: none"> 1. Identify the main mental health disorders experienced by children 2. List the different causes of psycho-social problems in pre-school children 3. Outline the principal strategies for preventing and managing behaviour and emotional problems 4. Advise parents and carers on how to ensure the child's healthy emotional development
31	HCP_06_11	Child Mental Health: Getting a Good Start	Avril Washington	<ol style="list-style-type: none"> 1. Describe what constitutes good mental health in the under-fives 2. Describe the role of parenting in the development of good mental health 3. Outline the theory of attachment 4. Describe a systematic approach to the assessment of behavioural problems 5. Outline some principles underpinning behavioural management 6. Decide when to refer on and which referral pathway to use
	HCP_07	Speech, Language and Communication Needs	Maggie Cooper and Sally Bates	
32	HCP_07_01	Child as Listener and Speaker Part 1: Non-verbal Aspects of Communication	Sally Bates and Jocelyne Watson	<ol style="list-style-type: none"> 1. Identify the different channels and levels of speech and language processing 2. Describe how non-verbal communication skills support verbal comprehension 3. Identify the cognitive skills that underpin the understanding, and production, of spoken language

33	HCP_07_02	Child as Listener and Speaker Part 2: Verbal Aspects of Communication	Sally Bates and Jocelynne Watson	<ol style="list-style-type: none"> 1. Explain how the system of speech sounds used in language relies on the precise co-ordination of the articulators: lips, tongue, jaw, vocal cords and velum 2. Identify the different linguistic levels of spoken language: phonetics, phonology, semantics, syntax and pragmatics
34	HCP_07_03	Typical Development Part 1: From Birth to Babble	John Oates	<ol style="list-style-type: none"> 1. Describe the abilities that infants possess to make sense of the speech that they hear 2. Describe the typical sequence of language development in infants as they develop the capacity to produce speech
35	HCP_07_04	Typical Development Part 2: First Words and Early Sentences	John Oates and Sally Bates	<ol style="list-style-type: none"> 1. Describe the typical sequence of language development in pre-school children from first words to complex sentences 2. Recognise the range of variation in the ages at which milestones are achieved by typically-developing children
36	HCP_07_05	Communication Impairments Part 1: Late-talking Toddlers and Specific Language Impairments	Sally Bates, Jocelynne Watson, Maggie Cooper and Alice Thornton	<ol style="list-style-type: none"> 1. Define the difference between primary and secondary speech, language and communication impairments 2. Distinguish between late talkers and late bloomers 3. Identify the risk factors associated with late talkers 4. Identify when it may be appropriate to refer a child to a speech and language therapist, an audiologist, or the child development team for multi-professional assessment 5. Explain how to access the key agencies providing advice and support for parents of children with speech, language and communication difficulties

37	HCP_07_06	Communication Impairments Part 2: Specific Speech Impairments	Sally Bates and Jocelyne Watson	<ol style="list-style-type: none"> 1. Recognise key characteristics of specific speech impairments that require intervention 2. Identify the potential long-term implications of specific speech impairment 3. Identify when it may be appropriate to refer a child to a speech and language therapist, an audiologist, or the child development team for multi-professional assessment 4. Know how to access the key agencies providing advice and support for parents of children with speech, language and communication difficulties
38	HCP_07_07	Communication Impairments Part 3: Cleft Palate, Hearing Impairment, Stammering and Selective Mutism	Alison Wintgens, Karen Morgan, Liz Albery and Sarah Worsfold	<ol style="list-style-type: none"> 1. Identify the key speech, language and communication characteristics associated with stammering, selective mutism, cleft palate and hearing impairment 2. Identify when it may be appropriate to refer a child to a speech and language therapist, an audiologist, or the child development team for multi-professional assessment 3. Explain how to access the key agencies providing advice and support for parents of children with speech, language and communication difficulties
39	HCP_07_08	Communication Impairments Part 4: Autistic Spectrum Disorders, Down Syndrome and AAC	Lynne Bremner, Joanne Cleland and Lynsey Parrott	<ol style="list-style-type: none"> 1. List the common developmental syndromes that give rise to secondary speech, language and communication difficulties 2. Identify the chief speech, language and communication characteristics associated with autism spectrum disorder and Down syndrome 3. Identify when it may be appropriate to refer a child to a speech and language therapist, an audiologist, or the child development team for multi-professional assessment 4. Know how to access the key agencies providing advice and support for parents of children with speech, language and communication difficulties 5. Identify the four strands to augmentative and alternative communication

40	HCP_07_09	Children Learning Two or More Languages	Sean Pert and Carol Stow	<ol style="list-style-type: none"> 1. Recognise the benefits of learning two or more languages when under five 2. Identify and disregard common myths 3. Describe the challenges faced by bilingual children in the UK
41	HCP_07_10	Supporting Strategies for Speech, Language and Communication	Maggie Cooper	<ol style="list-style-type: none"> 1. Identify the key techniques that have been found to promote communication skill development 2. Recognise the environmental and contextual features needed for optimal language development 3. Differentiate between fact (evidence) and fiction (opinion) when offering advice to parents
	HCP_08	Growth and Nutrition	Judy More and Mary Rudolf	
42	HCP_08_01	Nutrition Before and During Pregnancy	Judy More	<ol style="list-style-type: none"> 1. Describe the recommendations for optimising fertility and fetal nutrition including vitamin supplementation 2. Explain why certain foods need to be restricted or avoided around conception and during pregnancy 3. Describe the nutritional challenges for at-risk groups in the UK

43	HCP_08_02	Infant Feeding Part 1: Breastfeeding	Mary Renfrew and Alison McFadden	<ol style="list-style-type: none"> 1. List the main health outcomes related to breastfeeding/breast milk feeding vs. formula feeding for mothers and infants 2. Outline current recommendations for infant feeding, including vitamin supplementation 3. Explain the physiology of breastfeeding and how to support mothers in establishing breastfeeding
44	HCP_08_03	Infant Feeding Part 2: Formula Feeding	Mary Renfrew, Alison McFadden and Maureen Minchin	<ol style="list-style-type: none"> 1. Advise parents on minimising the risks of infant formula feeding by feeding according to feeding cues and making-up and storing feeds safely 2. Describe the development of formula milks over time 3. Describe the differences between the types of infant formula milks available on the current market
45	HCP_08_04	Infant Feeding Part 3: Weaning	Catherine Elwig	<ol style="list-style-type: none"> 1. Advise on when individual babies should begin weaning 2. Describe how to advise parents on the progressional stages of weaning including appropriate foods and the importance of self-feeding 3. Explain the specific requirements for weaning preterm infants and infants at high risk of allergy 4. List the current recommendations on vitamin A and D supplementation
46	HCP_08_05	Feeding Preterm Infants in Neonatal Units	Karen Hayes	<ol style="list-style-type: none"> 1. List the nutritional requirements and how to meet them to support optimal growth of preterm infants in neonatal units and following discharge 2. Decide when preterm infants need parenteral nutrition and enteral nutrition 3. Describe the optimal initiation and progression regimens for parenteral nutrition and enteral nutrition 4. List the nutritional and non-nutritional advantages of breastmilk for the preterm infants compared to infant formula 5. Advise mothers of preterm infants on overcoming the challenges

				<p>of establishing lactation and breastfeeding</p> <p>6. Advise parents on the use of specialist infant formulas available for in-patient and discharged preterm infants</p>
47	HCP_08_06	Healthy Eating for Toddlers: 1- 4 years	Catherine Elwig	<ol style="list-style-type: none"> 1. Describe optimal feeding routines and how to combine the five food groups to satisfy toddler nutrient requirements 2. Outline the recommendation for vitamin A and D supplementation 3. Describe normal toddler eating behaviours and advise on management to minimise eating difficulties that affect nutritional intake
48	HCP_08_07	Weighing and Measuring Infants and Children	Gary Butler	<ol style="list-style-type: none"> 1. State at what age children should be measured according to the Healthy Child Programme and the National Child Measuring Programme 2. List the equipment needed to weigh infants and children accurately and the correct technique at each age 3. Explain the importance of monitoring weight gain after birth and know when weight loss is of concern 4. Describe the equipment used to measure length and height in infants and children, and the correct technique to achieve accurate measurements 5. Assess head growth by accurate measurement of head circumference

49	HCP_08_08	Growth Charts and their Interpretation	Gary Butler	<ol style="list-style-type: none"> 1. Explain how growth charts are constructed and why we now use the new UK-WHO charts 2. Describe good practice in plotting measurements and know how to adjust for prematurity 3. Explain how to take into account parents' heights when estimating adult height 4. Calculate body mass index to identify overweight and obesity 5. Recognise when patterns of weight gain, height and head circumference are of concern
50	HCP_08_09	Faltering Growth	Fauzia Khan	<ol style="list-style-type: none"> 1. Identify a range of factors associated with weight faltering 2. Explain what should be done if you have any concerns about a child's health 3. Identify what information can be obtained from a dietary assessment and make recommendations based on this 4. Identify the main features to observe at mealtimes and provide feedback to parents 5. State when and why you should refer the child on to other agencies
51	HCP_08_10	Common Nutritional Problems in Pre-schoolers	John Puntis	<ol style="list-style-type: none"> 1. Explain the management of constipation and what factors might point to a possible underlying cause 2. Identify the foods most commonly implicated in food allergy 3. Describe the role of allergy testing 4. Distinguish between normal and abnormal gastro-oesophageal reflux 5. Explain the causes and consequences of iron deficiency 6. Describe the effects of vitamin D deficiency
52	HCP_08_11	The Social Context of Food	Lisa Holmes	<ol style="list-style-type: none"> 1. Describe the variability in how families organise eating according to religious, cultural and socio-economic circumstances 2. List the external influences on families' food choices 3. Describe the benefits of family mealtimes and parental role modelling

53	HCP_08_12	Feeding Children with Development Difficulties	John Puntis	<ol style="list-style-type: none"> 1. Identify the types of problems children with developmental difficulties may have with feeding and how this in turn may adversely affect nutritional status 2. Describe the commonly used interventions to address feeding problems, and the role of tube feeding 3. Explain some of the practical aspects of gastrostomy insertion and management
54	HCP_08_13	Obese Toddlers and Infants	Nichola Aspinall	<ol style="list-style-type: none"> 1. Identify obesity in a very young child 2. Describe the effects of obesity on an infant/pre-schooler's health and family life 3. Explain what causes obesity in pre-schoolers and infants, and identify features that indicate when assessment for rare underlying causes is needed 4. Describe some strategies for helping families with obese pre-schoolers/infants
	HCP_09	Immunisation	David Elliman and Helen Bedford	
55	HCP_09_01	Introduction to Immunisation	David Elliman and Helen Bedford	<ol style="list-style-type: none"> 1. Give an overview of the Health Protection Agency core curriculum for immunisation training and competencies 2. Formulate a learning plan for this module and that of Core Learning 3. Access current vaccine policy both in the Green Book and the Chief Medical Officer's Letters 4. Describe the current UK vaccine schedule

56	HCP_09_02	Vaccine-preventable Diseases and their Vaccines: Universally-used Vaccines Part 1	David Elliman and Helen Bedford	<ol style="list-style-type: none"> 1. Explain the difference between active and passive immunisation 2. Identify the differences between the main types of vaccines used in active immunisation 3. Describe the main features of each of the five diseases 4. List the properties of the vaccines, including their side-effects and contraindications
57	HCP_09_03	Vaccine-preventable Diseases and their Vaccines: Universally-used Vaccines Part 2	David Elliman and Helen Bedford	<ol style="list-style-type: none"> 1. Describe the main features of each of the diseases and their vaccines 2. List the properties of the vaccines, including their side effects and contraindications 3. Describe the background to the introduction of the MMR vaccine
58	HCP_09_04	Vaccine-preventable Diseases and their Vaccines: Selectively-used Vaccines	David Elliman and Helen Bedford	<ol style="list-style-type: none"> 1. Identify the vaccines used selectively 2. Describe the characteristics of hepatitis B, influenza and BCG vaccines 3. Identify the indications for hepatitis B, influenza and BCG vaccines 4. List some of the considerations to be taken into account when advising on travel-related health
59	HCP_09_05	Talking with Parents: Addressing some of the Questions and Concerns Parents Raise	David Elliman and Helen Bedford	<ol style="list-style-type: none"> 1. List the common reasons for parental dissatisfaction with the immunisation process 2. List the common immunisation queries asked by parents 3. Answer common immunisation queries 4. Distinguish between the features of a good and an unhelpful consultation 5. List the features of reliable sources of immunisation information

	HCP_10	Health Promotion	Jacqueline Dunkley-Bent	
60	HCP_10_01	Basic Principles of Health Promotion	Francesca Cleugh	<ol style="list-style-type: none"> 1. Identify foundational principles that assist in ensuring that health promotion messages are successful 2. Make sound judgements regarding appropriate health promotion approaches that aim to enhance health 3. Recognise factors that impact positively and negatively on behaviour change
61	HCP_10_02	Health Promotion in Pregnancy (Smoking) Part 1: Basic Principles	Lydia Oliver	<ol style="list-style-type: none"> 1. Identify the most common reasons why people smoke 2. Outline the impact of sidestream smoke upon non-smokers 3. Describe the prevalent attitudes held about sidestream smoke 4. Outline the effects of smoking on the health and development of the fetus, neonate and infant
62	HCP_10_03	Health Promotion in Pregnancy (Smoking) Part 2: Health Promotion Approaches and Actions	Lydia Oliver	<ol style="list-style-type: none"> 1. Describe evidence-based preventative interventions 2. Outline smoking cessation promotion, approaches and actions in different situations 3. Describe the model of behaviour change

63	HCP_10_04	Mental Health Promotion in the Perinatal Period	Helen Adams	<ol style="list-style-type: none"> 1. Explain the significance of early screening and intervention for mental ill health during pregnancy and the first postnatal year 2. Recognise the signs of common and more complex perinatal mental health disorders and describe the effect of anxiety and depression on the developing fetus, the mother and the rest of the family 3. Identify emotional distress by using a range of techniques including clinical judgement and evidence-based screening tools 4. Distinguish sound judgements regarding appropriate health promotion actions that aim to enhance mental health
64	HCP_10_05	Health Promotion in Pregnancy: Obesity	Eugene Oteng-Ntim and Nina Khazaezadeh	<ol style="list-style-type: none"> 1. Describe appropriate standards of care for obesity in pregnancy 2. Outline the morbidity and mortality associated with obesity during pregnancy 3. List the different health promotion interventions that assist in reducing the risks associated with obesity during pregnancy
65	HCP_10_06	Obesity Prevention in Children	Candida Hunt and Mary Rudolf	<ol style="list-style-type: none"> 1. Identify obesity risk factors and growth patterns that are linked to child obesity 2. Explain the need for a holistic approach to obesity prevention and what it entails 3. Describe the key elements of a healthy lifestyle 4. Describe the key parenting skills that support a healthy family lifestyle and why emotional well-being is so important 5. Recognise how hard behaviour change can be, and how best to support families to adopt a healthier lifestyle
66	HCP_10_07	Dental Health Promotion	Elizabeth O'Sullivan	<ol style="list-style-type: none"> 1. Explain the importance of good oral health and identify the factors that predispose to poor dental health in infants and young children 2. Describe the early development of the primary dentition and occasional problems that occur in the young infant 3. Identify the causes of the common dental problems in young children 4. Make sound judgements on the use of dummies and regarding the prevention of dental caries and dental erosion

67	HCP_10_08	Injury Prevention	David H. Stone	<ol style="list-style-type: none"> 1. Recognise the causes, risk factors and context of childhood injury 2. Describe the significance of appropriate risk assessment including the possibility of child abuse or neglect 3. Make sound judgements regarding appropriate preventive and health promotion actions that aim to reduce the likelihood of the injury occurring
68	HCP_10_09	Preconception Care	Therese Chapman and Philippa Cox	<ol style="list-style-type: none"> 1. List appropriate health promotion approaches that enhance preconception health 2. Describe preconception care systems and processes 3. Apply the principles of preconception care by reflecting on practice scenarios detailed in this session
69	HCP_10_10	Helping to Reduce Neonatal and Infant Death	Trixie McAree	<ol style="list-style-type: none"> 1. Describe the epidemiology of infant mortality in the UK (causes and prevalence) 2. Outline the evidence base for prevention (what do we know and what can we do about it) 3. Suggest how infant health can be optimised in different settings
70	HCP_10_11	Substance Misuse	Nicola Moore	<ol style="list-style-type: none"> 1. Explain the impact of substance misuse on the neonate and infant 2. List the screening processes that identify behaviours injurious to health 3. Describe appropriate health promotion messages that aim to enhance health

71	HCP_10_12	Health Promotion: Breastfeeding	Mary Renfrew and Alison McFadden	<ol style="list-style-type: none"> 1. Identify factors that enable women to breastfeed, or interfere with their ability to initiate and continue breastfeeding, to include socio-cultural context, health service barriers and the promotion of breast milk substitutes 2. Explain the role of national and international policy and legislation in promoting, protecting and supporting breastfeeding 3. Identify evidence-based interventions that have the potential to enable women to breastfeed
	HCP_11	Screening	David Elliman and Joanne Harcombe	
72	HCP_11_01	Overview and Principles of Screening	Joanne Harcombe	<ol style="list-style-type: none"> 1. Define and distinguish between the key terms of screening, testing and diagnosis 2. Define the components of a screening programme 3. Explain the measures used to assess the effectiveness of a screening test 4. Explain the importance of patient or parent information in facilitating informed screening choices
73	HCP_11_02	Ensuring Quality: Role of the UK NSC, Policy Development, Review and Quality Assurance	Joanne Harcombe	<ol style="list-style-type: none"> 1. Explain how screening policy is developed and applied in the UK 2. Outline the UK National Screening Committee approaches for programme policy review 3. Define the principles underpinning quality assurance of screening programmes 4. Apply these principles to the quality assurance of local neonatal and child screening programmes

74	HCP_11_03	Screening Programmes Part 1: Pregnancy and Newborn	Joanne Harcombe	<ol style="list-style-type: none"> 1. Describe the appropriate care pathway for each of the screening programmes, including the optimum times for testing 2. Describe the basic aetiology of the conditions being screened for 3. Discuss the rationale behind each of the screening programmes 4. Identify the possible screening outcomes for each condition
75	HCP_11_04	Screening Programmes Part 2: Antenatal and Newborn through to Pre-school	Joanne Harcombe	<ol style="list-style-type: none"> 1. Describe the appropriate care pathway for each of the screening programmes, including the optimum times for testing 2. Describe the basic aetiology of the conditions being screened for 3. Discuss the rationale behind each of the screening programmes 4. Identify the possible screening outcomes for each condition
	HCP_12	Health Visiting Model of Practice		
76	HCP_12_01	Healthy Child Programme Model of Practice for Health Visitors	Crispin Day and Ann Rowe	<ol style="list-style-type: none"> 1. Explain how the five components of this model of practice for health visitors apply to your Healthy Child Programme work 2. Identify the connections between this model and the science and craft of health visitor practice 3. Identify three aspects of your current practice that are consistent with or challenged by this model of practice 4. Identify three ways in which this model could extend your practice in delivering the Healthy Child Programme