

RCPCH CPD GUIDELINES 2012

At a glance

CPD activities may be grouped as **Clinical** or **Professional** (see para 3.3, pp.9-10). We advise to record activities previously described as Academic as either of the other categories (see para 3.2 pt.3, pp.8-9).

A *minimum* of **250 credits** should be accrued **over five years** but these should be equally spread over that time amounting to approximately **50 credits per year**.

The numbers in the rest of this summary equate to the recommended average of 50.

At least **40 credits per year** should be **Clinical** for those involved in direct clinical care. These credits can be obtained Externally, Internally and through the category of Personal CPD.

One CPD credit equates approximately to one hour of learning.

A minimum of **25 credits per year** must be in the **External** category.

Two External credits per day may be routinely claimed for postgraduate examining (including hosting). New postgraduate examiners, on the first occasion they examine they, may claim six credits for the day.

One External credit may be routinely claimed per day of teaching on national advanced life support courses approved by the Resuscitation Council (e.g. APLS / PALS).

In addition, when felt appropriate, further credits may be recorded as **Personal CPD supported by reflective notes**.

A reflective note can apply to all situations where learning takes place. It is the archetypal form of Personal CPD and 1 credit is normally allowed for each form completed (see example in Appendix 3, p.27) although further credits may be claimed if justified (see 3.4.3 on p.12 for a full explanation).

It is recommended that paediatricians aim to achieve 10 credits of Personal CPD per year.

There are now just two categories where **a set maximum number** of credits can count each year towards recommended CPD requirements. This limit is set to 20 per year for Personal CPD. For a single study programme such as a Masters or PhD the limit is 50 per year with an overall limit of 100 credits which can count towards the 250 credit minimum in any one 5 year cycle.

Many paediatricians will exceed the minimum requirement and you should still always record all CPD activity. Evidence of learning in all CPD activities must be kept and made available for appraisal and the College CPD audit. Your records of CPD activities will form the basis for revalidation.

All entries in the College CPD scheme must be made online at www.cpd.rcpch.ac.uk. If you have serious difficulties with this, please contact the CPD Office.

Anyone joining the College's CPD Scheme is subject to random audit conducted by the College. The annual CPD audit usually takes place around April each year; <http://www.rcpch.ac.uk/cpd-audit>.

If this document does not answer your query please refer to the full Guidelines. If you are still uncertain, please contact the CPD Office at RCPCH on cpd@rcpch.ac.uk.