

UK-WHO Educational materials for NHS staff



These materials are intended for use in training sessions for NHS staff who are already experienced users of growth charts. Separate more detailed materials are available for students.

These materials consist of:

- 5 PowerPoint presentations
 - An Introduction to the new UK-WHO Growth Charts
 - **Measuring and Plotting** using the new UK-WHO Growth Charts
 - Using the new UK-WHO growth charts with **new born infants**
 - Plotting for **pre-term infants** using the new UK-WHO growth charts
 - Plotting and Assessing **Infants and Toddlers** up to age 4
- A quiz (plus answers)
- An activity sheet (plus answers)
- An evaluation sheet

In addition to these materials trainers may also want to download:

- ✓ Factsheets 2-5 to provide background pre reading for trainers or to use as handouts
- ✓ Video clips of correct measurement technique

Trainers will need to have their own supplies of A4 and PCHR charts for plotting on.

Suggested running order for sessions:

One 2 hour interactive session

Because these materials are aimed at experienced users, the trainer should ideally use the quiz to establish where extra learning is required rather than running through all the content.

1. **Introduction to the UK-WHO growth charts : talk**
2. **Quiz**
3. **Measuring and plotting:**
 - a. Discuss the quiz answers for this section
 - b. Open the presentation and run through the two summary slides (slides 1 and 2)
 - c. Then go through any further slides for that seem helpful – omitting subjects that staff are confident about
4. **New born infants**
 - a. Discuss the quiz answers for this section
 - b. Open the presentation and run through the summary slide (slide 1)
 - c. Then go through any further slides for that seem helpful – omitting subjects that staff are confident about
5. **Pre-term infants**
 - a. Discuss the quiz answers for this section
 - b. Open the presentation and run through the summary slide (slide 1)
 - c. Then go through any further slides for that seem helpful – omitting subjects that staff are confident about
6. **Infants and toddlers**
 - a. Discuss the quiz answers for this section
 - b. Open the presentation and run through the summary slide (slide 1)
 - c. Then go through any further slides for that seem helpful – omitting subjects that staff are confident about
 - d. For this section you will need to show slides 5-8 as an introduction to the activity below
7. **Plotting activity** and feedback

OR

One 30- 45 minute presentation:

1. Introduction to the UK-WHO growth charts
2. Measuring and plotting slides 1 and 2)
3. New born infants slide 1
4. Pre-term infants slide 1
5. Infants and toddlers slide 1 plus slides 5-8