

# Adolescent Resource Newsletter

March 2011



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child Health ([www.yphsig.org.uk](http://www.yphsig.org.uk))

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**YPHSIG: Young Peoples Health Special Interest Group**  
of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our recently re-vamped website [www.yphsig.org.uk](http://www.yphsig.org.uk)

**AYPH: Association for Young People's Health**

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health. If you are interested in joining AYPH and/or would like to find out more about it, please go to [www.youngpeopleshealth.org.uk](http://www.youngpeopleshealth.org.uk).

#### **Disclaimer**

*Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.*

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## **Adolescent Health Programme Survey**

The RCPCH is currently reviewing training in adolescent healthcare and use of the **e-learning Adolescent Health Programme (AHP) resource** (RCPCH/e-Learning for Healthcare initiative). A 10 minute survey developed in conjunction with the AHP Champion, Dr Helena Gleeson, and piloted by YPHSIG members, aims to capture experiences of training in adolescent healthcare and use of the AHP resource. Your feedback is crucial to help us improve training in adolescent healthcare. The survey can be completed by all whether a member of the RCPCH or not. You can complete the survey at <https://www.surveymonkey.com/s/2J9TTWS>

## Important Forthcoming Adolescent Health Conferences & Meetings - Come and Join Us!

6 April 2011 Warwick, UK	YPHSIG session at the RCPCH Spring Meeting with British Association of General Paediatrics and British Paediatric Mental Health Group	<a href="http://www.rcpch.ac.uk">www.rcpch.ac.uk</a>
20-21 June 2011 Copenhagen	European Network of the International Association for Adolescent Health Annual Meeting, <i>“Engaging adolescents in health: participation, self-management and health promotion”</i>	<a href="http://www.iaah2011.com/">http://www.iaah2011.com/</a>

## Opportunities for Young People with Life Limiting Conditions to be heard!

### Choices

A chance for young people with life limiting conditions to have their say. Funded by the Department of Health, sponsored and managed by Marie Curie. Range of events happening across the country in March including

- (i) small group events of 6-10 young people (contact [jurdstone@tiscali.co.uk](mailto:jurdstone@tiscali.co.uk));
- (ii) involvement in a social networking site for young people with LLC (To become a member, send an email to our site administrator at [ssiconsulting@btconnect.com](mailto:ssiconsulting@btconnect.com));
- (iii) an open space event to talk about young person to adult journey (these will be in London 15 March, Plymouth 18 March, Manchester 21 March, Birmingham 22 March) ([publicserviceworks@gmail.com](mailto:publicserviceworks@gmail.com)) and
- (iv) a game where young people will design the best support system for young people with LLC. [ssiconsulting@btconnect.com](mailto:ssiconsulting@btconnect.com) .

If interested, please contact the relevant email or Roma Iskander 0208 123 6954 email: [publicserviceworks@gmail.com](mailto:publicserviceworks@gmail.com)

(also see more at: [http://youngnbc.org.uk/news\\_items/life-limiting\\_conditions\\_life.aspx](http://youngnbc.org.uk/news_items/life-limiting_conditions_life.aspx))

## Young Person's Webwatch

 [www.scope.org.uk](http://www.scope.org.uk)

Meeting Point is a new online forum run by Scope for young disabled people aged between 10 and 18 years

 <http://www.bhf.org.uk/> - then access [yheart.net/meet](http://yheart.net/meet)

The British Heart Foundation website for young people

 [www.hearts4teens.org.uk](http://www.hearts4teens.org.uk)

A North-West based UK website for young people with congenital heart disease

 [www.skill.org.uk](http://www.skill.org.uk)

Skill: National Bureau for Students with Disabilities and Remploy have announced a new project. It is about increasing the number of disabled young people who take up apprenticeships. The project is called Diversity in Apprenticeships and is designed to give disabled young people information, advice and support to join an apprenticeship programme. The project aims to successfully place 350 disabled young people across the country into an Apprenticeship by March 2012. Disabled young people who are interested in starting an apprenticeship, and key advisers who work with them, can call the Skill helpline for more information. Tel: 0800 328 5050. Email: [info@skill.org.uk](mailto:info@skill.org.uk)

## Professional Webwatch

### Adolescent Brain Development

 <http://www.pbs.org/wgbh/pages/frontline/>

The Six Part US "Frontline" Series "Inside the Teenage Brain" can now be viewed online

### Alcohol

 <http://www.nice.org.uk/>

**NICE Clinical guidelines: Alcohol use disorders: diagnosis, assessment and management of harmful drinking and alcohol dependence (CG 115).** This clinical guideline which is one of three pieces of NICE guidance addressing alcohol-related problems, offers evidence-based advice on the diagnosis, assessment and management of harmful drinking and alcohol dependence in adults and in young people aged 10–17 years.

### Mental Health

 [http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_123766](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_123766)

Mental Health Strategy published *No health without mental health: a cross-Government mental health outcomes strategy for people of all ages* was published by the Department of Health on 2 February 2011. Specific needs of young people are included in this eg 3.38: "Services can improve transitions, including from child and adolescent mental health services (CAMHS) into adult mental health services, or back to primary care...."

### Self-Management in Long Term Conditions

 <http://www.lmu.ac.uk/health/sc4yp/index.htm>

The website of the impressive Leeds based "Get Sorted" initiative for young people with long term conditions

### Transition

 <http://www.evidence.nhs.uk/aboutus/Pages/NewsPage.aspx#bulletin>

Article from the renal Tsar, Donal O'Donoghue raising the awareness of transitional care

 <http://www.floridahats.org>

FloridaHATS is a collaborative program in the US addressing transition from pediatric to adult health care for all youth and young adults in Florida, including those with disabilities, chronic health conditions or other special health care needs. The FloridaHATS site includes a wealth of materials for providers, families and youth, and communities that are working to develop transition systems.

Examples includes: Transition Readiness Assessment Questionnaire (Version 4.1)

[http://www.floridahats.org/wp-content/uploads/2010/03/traq\\_4.1.pdf](http://www.floridahats.org/wp-content/uploads/2010/03/traq_4.1.pdf)

and a Toolbox for Health Care Providers

See: [http://www.floridahats.org/?page\\_id=608](http://www.floridahats.org/?page_id=608)

 <http://www.gottransition.org> (new site under development)

**Got Transition** is the new National Health Care Transition Center supported by a cooperative agreement between the US Maternal and Child Bureau/HRSA and the Center for Medical Home Improvement (CMHI) at Crotched Mountain Foundation. Through partnerships among youth, families, health professionals, and policy makers, **Got Transition** will focus on the implementation and dissemination of health care transition best practices in primary care medical homes and specialty settings for youth and young adults.

## Teenage Cancer

 [http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH\\_123365](http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH_123365)

Draft of the teenagers and young adults cancer measures for the Manual for Cancer Services: consultation documents now on-line; deadline 5 April 2011

## Young People with Disability

 <http://www.mdctrailblazers.org/news/728>

### All Party Parliamentary Group (APPG) for Young Disabled People is launched


The new APPG was launched on 16 February and is being spearheaded by the Muscular Dystrophy Campaign's Trailblazers group of young campaigners, which is dedicated to tackling inequality and exclusion of disabled young people. The APPG will meet regularly to investigate issues ranging from transport to education, employment to leisure, and is chaired by Paul Maynard MP.

 <http://sites.childrenssociety.org.uk/disabilitytoolkit/index.aspx>


**The Children's Society "Disability Toolkit"** which enables professionals to their experiences of working with young people and their knowledge of resources with others working in the same field. Also the Disability Advocacy Project offers a practical, professional guide to participation

## Professional Bookshelf

 Christian BJ, Pearce PF, Roberson AJ, Rothwell E. It's a small, small world: data collection strategies for research with children and adolescents. *J Pediatric Nursing* 2010;25:202-214

 Diclemente RJ, Sales JM, Danner F, Crosby RA. Association Between Sexually Transmitted Diseases and Young Adults' Self-reported Abstinence. *Pediatrics*. 2011 Feb;127(2):208-13. Epub 2011 Jan 3.

 Drew SE, Duncan RE, Sawyer SM. Visual storytelling: a beneficial but challenging method for health research with young people. *Qualitative Health Research* 2010;20:1677-1688.

 Macdowall W, Parker R, Nanchahal K, Ford C, Lowbury R, Robinson A, Sherrard J, Martins H, Fasey N, Wellings K. 'Talking of Sex': developing and piloting a sexual health communication tool for use in primary care. *Patient Educ Couns*. 2010 Dec;81(3):332-7. Epub 2010 Nov 19.


 Maggs J, Palisano R, Chiarello L, Orlin M, Chang HJ, Polansky M. Comparing the priorities of parents and young people with cerebral palsy. *Disabil Rehabil*. 2010 Dec 31. [Epub ahead of print]


 Olson J, Forbes C, Belzer M. Management of the transgender adolescent. *Arch Pediatr Adolesc Med*. 2011 Feb;165(2):171-6.


 Park MJ, Adams SH, Irwin CE Jr. Health Care Services and the Transition to Young Adulthood: Challenges and Opportunities. *Acad Pediatr*. 2011 Feb 3. [Epub ahead of print]


 Patton GC, Coffey C, Carlin JB, Sawyer SM, Williams J, Olsson CA, Wake M. Overweight and Obesity Between Adolescence and Young Adulthood: A 10-year Prospective Cohort Study. *J Adolesc Health*. 2011 Mar;48(3):275-80.


 Percy A, Wilson J, McCartan C, McCrystal P. Teenage Drinking Cultures Feb 2011; Joseph Rowntree Foundation (<http://www.jrf.org.uk/sites/files/jrf/teenage-drinking-culture-full.pdf>)


 Ronzoni P, Dogra N. Children, adolescents and their carers' expectations of child and adolescent mental health services (CAMHS). *Int J Soc Psychiatry*. 2011 Jan 17. [Epub ahead of print]

 Rosen-Reynoso M, Kusminsky M, Gragoudas S, Putney H, Crossman MK, Sinclair J, Yarde J. Youth – based participatory research: lessons learned from a transition research study. *Pediatrics* 2010;126(3):S177-182

 Rutishauser C, Akre C, Suris JC. Transition from pediatric to adult health care: expectations of adolescents with chronic disorders and their parents. *Eur J Pediatr*. 2010 Dec 22. [Epub ahead of print]

 Trent M, Haggerty CL, Jennings JM, Lee S, Bass DC, Ness R. Adverse adolescent reproductive health outcomes after pelvic inflammatory disease. *Arch Pediatr Adolesc Med*. 2011 Jan;165(1):49-54.

 van Staa A, van der Stege HA, Jedeloo S, Moll HA, Hilberink SR. Readiness to transfer to adult care of adolescents with chronic conditions: exploration of associated factors. *J Adolesc Health*. 2011 Mar;48(3):295-302. Epub 2010 Nov 12.

 van Staa A; On Your Own Feet Research Group. Unraveling triadic communication in hospital consultations with adolescents with chronic conditions: The added value of mixed methods research. *Patient Educ Couns*. 2011 Mar;82(3):455-64. Epub 2010 Dec 30.

## Training Opportunities

Check out the following sites for up and coming training opportunities

[www.youngpeopleinfocus.org.uk](http://www.youngpeopleinfocus.org.uk)

(previously known as the Trust for the Study of Adolescence)

[www.brook.org.uk](http://www.brook.org.uk)

[www.participationworks.org.uk](http://www.participationworks.org.uk)

## Forthcoming Training Opportunities for your Diary!

2011	European Year of Volunteering	<a href="http://www.cev.be/112-towards_a_european_year_of_volunteering_2011-EN.html">http://www.cev.be/112-towards_a_european_year_of_volunteering_2011-EN.html</a>
March		
1	<p><b>Association for Young People's Health AYPH</b></p> <p><b>Annual Conference, Edinburgh</b> <i>Making a difference Improving health and wellbeing outcomes for young people</i></p>	<p><a href="http://www.youngpeopleshealth.org.uk">www.youngpeopleshealth.org.uk</a></p> <p>email: <a href="mailto:info@youngpeopleshealth.org.uk">info@youngpeopleshealth.org.uk</a></p>
3	<p><b>Brook's Annual Conference and Awards 2011</b></p> <p>America Square Conference Centre London. <i>Yes, No, Maybe: young people, sex and consent.</i></p>	<a href="http://www.brook.org.uk">www.brook.org.uk</a>
4	<p><b>Royal College for Paediatrics and Child Health</b></p> <p><b>St Davids Day Conference</b></p> <p><i>'My Right to the Highest Standard of Health'</i></p>	<p><a href="http://www.rcpch.ac.uk">www.rcpch.ac.uk</a></p> <p>The Royal College of Paediatrics and Child Health is pleased to present a flagship policy conference highlighting issues in children's health. This will be an innovative event designed to capture knowledge, innovation, and expertise on children and young people's health.</p>

	<b>National Museum of Wales, Cardiff</b>	The programme addresses key issues in child health policy and for each session we will be hearing from policy makers, clinicians, and young people.  This will be an excellent opportunity for clinicians to engage with policy makers and other stakeholders with the conference providing a forum to focus on issues in children's health and child participation.
22	<i>Agency in Adolescence: Young People constructing their own adolescence</i> <b>University of Salford, UK</b> <b>2-4pm</b> <b>free seminar</b>	To book contact Tel:0161 295 2760 d.fallon@salford.ac.uk
24	<b>Developmental Coordination Disorder (DCD) (including school issues, transitions etc)</b> Fulton Lecture Theatre, Sussex University	<b>Tel: 01273 293699</b> <a href="mailto:ldc@brighton-hove.gov.uk">ldc@brighton-hove.gov.uk</a>
29-1 April	<b>Society of Adolescent Medicine, Seattle, Washington</b> <i>Screening in Adolescents: is an ounce of prevention worth a pound of cure?</i>	<a href="http://www.adolescenthealth.org">www.adolescenthealth.org</a>
<b>May</b>		
5	<b>Teenagers and Young Adults with Cancer TYAC Spring Education Day: Survivorship.</b>	<a href="http://www.tyac.org.uk">www.tyac.org.uk</a>
19	<b>National Research Ethics Service</b> <i>Research with Adolescents</i> Institute of Child Health, London	FREE!! <a href="http://events.npsa.nhs.uk/nres/519">http://events.npsa.nhs.uk/nres/519</a>
<b>June</b>		
12-16	<b>20<sup>th</sup> World Congress for Sexual Health Glasgow</b>	<a href="http://www.was2011.com">www.was2011.com</a>
20-21	<b>European Network of the International Association for Adolescent Health Annual Meeting, Copenhagen</b> <i>"Engaging adolescents in health: participation, self-management and health promotion"</i>	<a href="http://www.iaah2011.com/">http://www.iaah2011.com/</a>
<b>July</b>		
3-6	<b>Euteach <u>Advanced</u> Summer School</b> <b>Lausanne</b> <b>Switzerland</b>	<a href="http://www.euteach.com">www.euteach.com</a>
25-29 July	<b>The Schools Nurses International conference, Hong Kong</b> <i>The role of School Nurses: Evidence based Practice, Globalisation and Policy formulation</i>	<a href="http://sn.polyu.edu.hk/whocc/sni2011conf/">http://sn.polyu.edu.hk/whocc/sni2011conf/</a>
<b>September</b>		
28	<b>School and Public Health Nurses Association Annual conference,</b> Slough, Berkshire	<a href="http://www.saphna-professionals.org">http://www.saphna-professionals.org</a> or <a href="mailto:info@saphna-professionals.org">info@saphna-professionals.org</a>

*Do you know of any other useful resources or opportunities for professional development in adolescent health?  
If you do, please let us know by email to: [j.e.mcdonagh@bham.ac.uk](mailto:j.e.mcdonagh@bham.ac.uk)*