

UK-WHO Growth Charts training materials



The materials consist of:

- 8 PowerPoint presentations
 - **Introduction to training**
 - **An Introduction** to the new UK-WHO Growth Charts
 - **Measuring and Plotting** using the new UK-WHO Growth Charts
 - Using the new UK-WHO growth charts with **new born infants and preterm infants**
 - Plotting and Assessing **Infants and Toddlers** up to age 4
 - Using the **Neonatal and Infant Close Monitoring** chart (being updated)
 - New **Personal Child Health Record**
 - **Local implementation**
- Activity sheets (plus answers)
- A training evaluation sheet

In addition to these materials, trainers may also want to download:

- ✓ Factsheets to provide background pre reading for trainers or to use as handouts
- ✓ Video clips of correct measurement technique

Trainers will need to have their own supplies of A4 and PCHR charts for the plotting activities.

Suggested running order for sessions:

One 2-3 hour interactive session

1. **Introduction to training (objectives)**
 - a. PowerPoint presentation
2. **Introduction to the UK-WHO growth charts :**
 - a. PowerPoint presentation
3. **Measuring and plotting:**
 - a. PowerPoint presentation
 - b. Plotting activity and answers
 - c. Video clips on measurement
 - d. Demonstration of measuring technique and equipment
4. **New born and pre-term infants**
 - a. PowerPoint presentation
 - b. Plotting activity and answers
5. **Infants and toddlers**
 - a. PowerPoint presentation
 - b. Plotting activity and answers
6. **Neonatal and Infant Close Monitoring chart** (being updated)
 - a. PowerPoint presentation
 - b. Plotting activity and answers
7. **New Personal Child Health Record**
 - a. PowerPoint presentation
8. **Local implementation plans**
 - a. PowerPoint presentation
9. **Evaluation**