



**Epilepsy Passport**  
Communicating my condition



## Guidance for professionals

### What is the Epilepsy Passport?

The Epilepsy Passport is a paper record containing relevant and up-to-date clinical information about a child or young person's epilepsy.

The creation of this Passport derives from one of the key recommendations of the RCPCH Child Health Review into Epilepsy (RCPCH, 2013). It has been conceived as a means of improving communication between and within clinical teams that care for children and young people with epilepsy. Importantly, it also serves to improve clarity around ongoing management for children, young people and parents.

It is envisaged that the Passport will be primarily used when families access emergency healthcare, enabling clear communication and avoiding unnecessary delays. However, it may also be useful in other circumstances (e.g. for patients/parents to share with schools, or respite including hospices etc.).

### How is the Passport created?

The passport is created by filling in a PDF form which is accessible online at [www.epilepsypassport.org.uk](http://www.epilepsypassport.org.uk). The form comprises a combination of easy-to-complete free text and drop-down boxes to ensure that the child's unique details can be recorded.

At the end of this process, the Passport is generated and should be printed out as an A6 booklet. No information will be stored on the website, but a copy of the completed form should be saved locally, as part of the patient's clinical record and for future updates.

The form is designed for either doctors or epilepsy specialist nurses to complete, usually in an epilepsy outpatient setting, along with children, young people and parents. You should notify the patient's GP that an Epilepsy Passport has been created.

### Who will carry the Passport?

The Passport is designed to be folded to wallet-size, making it convenient for young people and parents to carry with them at all times, in a plastic wallet.

They can share the Passport with whomever they wish, whether healthcare professionals in an emergency, or anybody else. It is also recommended that a copy of the Passport is held by the healthcare professional and kept in the patient notes or their hospital electronic records.

### When should the Passport be updated, and how?

The Passport should be updated when any changes are made to the patient's management (e.g. a change in medication or an alteration in the emergency plan). This process is the same as when the initial Passport is created, using the same online form.

**For more information, visit: [www.epilepsypassport.org.uk](http://www.epilepsypassport.org.uk)**