



## Course: Key Competences

### Background:

In 2007, the Royal College of Paediatrics and Child Health (RCPCH) published a new curriculum for postgraduate medical education, which has been approved by the Postgraduate Medical Education and Training Board<sup>1</sup>. In addition, the RCPCH has devised an assessment strategy that uses multisource feedback tools to map specifically to assessment standards.

By the completion of Level One training, all trainees are expected to be able to initiate therapy in a child presenting with Raised Intracranial Pressure. This scenario/ workshop has been designed to assess competence in management of this key condition of childhood.

### Curriculum Elements Addressed:

The management of raised intracranial pressure can be separated into five distinct phases:

- **Assessment**
- **Recognition of the condition**
- **Formulation of differential diagnoses**
- **Investigation**
- **Definitive therapy**

#### Assessment (Expected)

Brief history from mother  
Rapid assessment of ABC  
Breathing should be assessed as inadequate and supported  
Should call for more senior help  
Obtain IV access, take bloods including cultures  
Give antibiotics (Cefotaxime or Ceftriaxone)  
Check pupils – will find a large R pupil – need to recognise significance  
Mannitol 0.5g/kg IV stat

#### Recognition of condition (Expected)

Signs are of decreased level of consciousness with an enlarged R pupil. Should appreciate importance of dilated pupil.

#### Formulation of differential diagnosis (Expected)

Candidates should consider meningitis, encephalopathy, post ictal state, toxic ingestion.

<sup>1</sup> A Framework of Competences for Level 1 Training in Paediatrics.  
<http://www.rcpch.ac.uk/Training/Competency-Frameworks>



**Investigations (Expected)**

- Cardiovascular monitoring
- Pulse oximetry
- Laboratory investigations (to include U&Es, FBC, blood and urine cultures)
- CT scan urgently once vital signs stabilised
- Contra-indication to LP

**Definitive Therapy (Expected)**

- Give oxygen immediately
- Recognise hypoventilation
- Take over and assist inadequate ventilation (ventilate to low normocarbida)
- Call for anaesthetic / PICU/senior assistance
- IV access
- Give IV antibiotics post blood culture. (Cefotaxime or Ceftriaxone)
- Mannitol 0.5g/kg IV over 10 minutes.
- If stabilization obtained should get ready for CT scan

**Assessment Domains:**

RCPCH Standards	Level of Achievement		
	Good	Adequate	Poor
Effective skills in paediatric assessment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Knowledge of common and serious paediatric conditions and their management	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Effective initial management of ill-health and clinical conditions in paediatrics, seeking additional advice and opinion as appropriate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Safe practical skills in paediatrics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Advanced Neonatal and Paediatric Life Support Skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Effective communication and interpersonal skills with colleagues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



## **Scenario: Raised Intracranial Pressure - Child**

**Learning Objectives:** At the end of the session candidates should be able to:

- 1. Assess a child with decreased level of consciousness**
- 2. Know differential diagnosis for decreased LOC**
- 3. Recognise signs of raised intracranial pressure**
- 4. Know immediate medical management of a child with raised intracranial pressure**

### **Faculty Script:**

6 year old boy with a 3 day history of headache. Off school for last 2 days. Irritable and slightly confused last night. Felt hot. Checked overnight , no problem noted. This morning mother found him very difficult to rouse and called GP who arranged an ambulance transfer to A+E.

This 6 year old boy has meningitis with raised ICP as manifested by dilate Right pupil at presentation. The main aim of the scenario is the management and particular stabilisation of the patient prior to moving him to CT scan.

### **Patient Demographics:**

**Name:** Jake Randall

**Gender:** M                      **Age:** 6years                      **Weight:** 20 kg

### **Candidate Brief:**

#### **Presenting History (Candidate Storyboard):**

6 year old boy with a 3 day history of headache. Off school for last 2 days. Irritable and slightly confused last night. Felt hot. Checked overnight , no problem noted. This morning mother found him very difficult to rouse and called GP who arranged an ambulance transfer to A+E.

#### **Previous Medical History:**

Nil of note

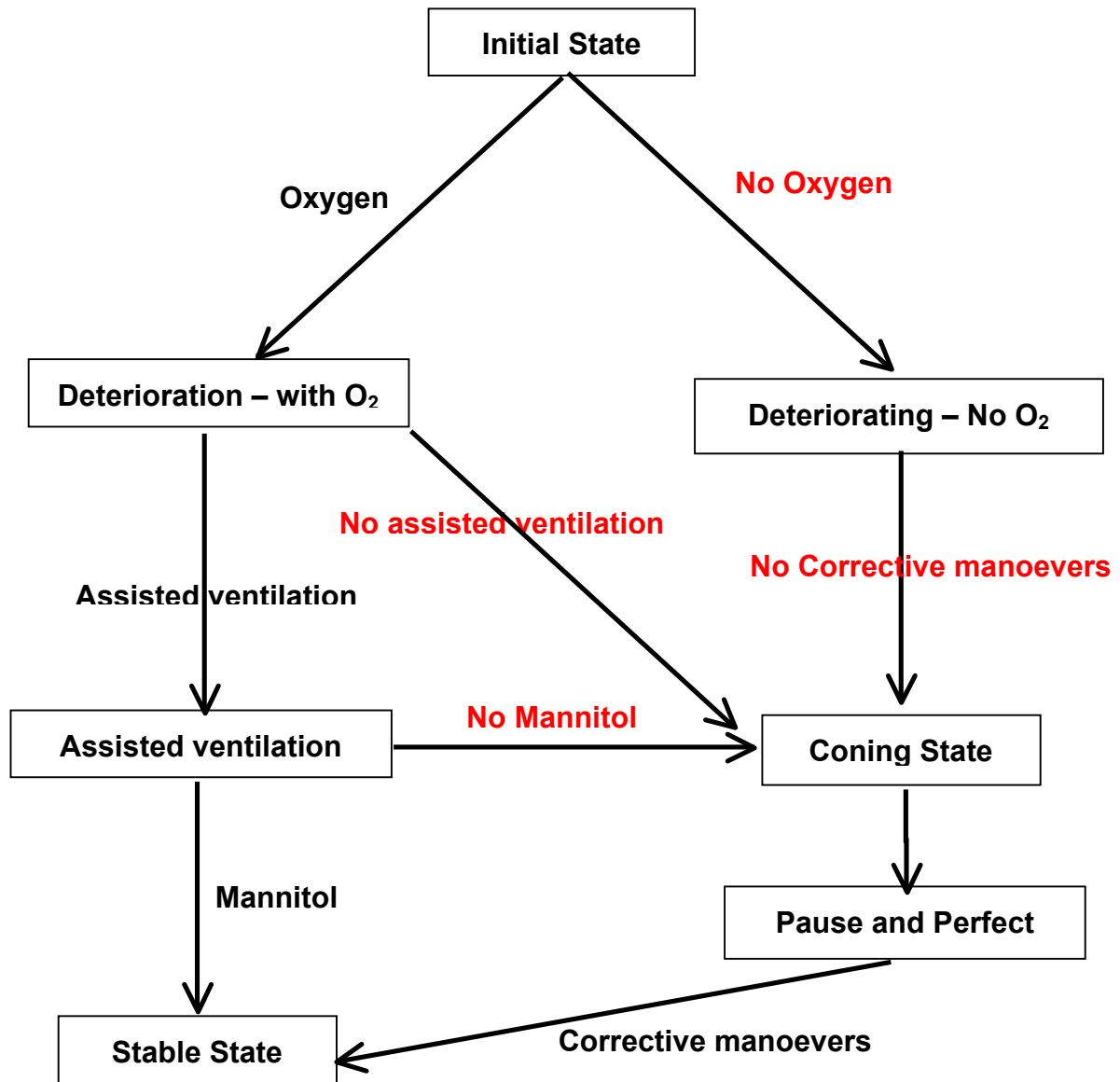
#### **Family Medical History:**

Nil of note





### Flowchart of Scenario Progression:



### Scenario setup and preparation:

**Faculty Recommended:** Director  **Control**   
 Actor/Confederate(s)   
 Roles: Parent  
 Nurse

If you have a multiprofessional group of candidate then you should have a multiprofessional faculty.

### Participants:

**Medical Roles**                      **Nursing Roles**                      **AHP Roles**  
 Paediatric SHO

**Location:** Children’s Assessment Unit / Emergency Department

**Simulator:** Meti Paed ECS or alternative that has pupils that can change size

**Monitor Setup:** 3 wave format

### Monitor Parameters Required:

ECG <input checked="" type="checkbox"/>	S <sub>a</sub> O <sub>2</sub> <input checked="" type="checkbox"/>	RR <input checked="" type="checkbox"/>	EtCO <sub>2</sub> <input type="checkbox"/>	NIBP <input checked="" type="checkbox"/>	ABP <input type="checkbox"/>
CVP <input type="checkbox"/>	PAP <input type="checkbox"/>	ICP <input type="checkbox"/>	CPP <input type="checkbox"/>	Temp (P) <input type="checkbox"/>	Temp (C) <input type="checkbox"/>
Other:					



## Equipment Checklist:

### Respiratory:

Nasal Cannula	<input type="checkbox"/>	O <sub>2</sub> Facemask	<input checked="" type="checkbox"/>	O <sub>2</sub> Reservoir Facemask	<input checked="" type="checkbox"/>
Headbox	<input type="checkbox"/>	Wafting O <sub>2</sub>	<input type="checkbox"/>	Nebuliser	<input type="checkbox"/>
Suction	<input type="checkbox"/>	Yankuer	<input type="checkbox"/>	Suction Catheter	<input type="checkbox"/> size FG
Self inflating Bag	<input checked="" type="checkbox"/>	Ayers T piece	<input checked="" type="checkbox"/>	Nasopharyngeal airway	<input type="checkbox"/>
Oropharyngeal Airway	<input checked="" type="checkbox"/>	LMA	<input type="checkbox"/>		
Intubated?	<input type="checkbox"/>	ETT position		length	0.00cm at
Respiratory Support		Non Invasive			
				➔ Settings:	
				Flow	l/min
				Insp O <sub>2</sub>	%
				PIP	
				PEEP	
		Invasive			
				➔ Settings:	
				iTime	sec
				Insp O <sub>2</sub>	%
				Rate	bpm
				PIP	
				PEEP	

### Vascular Access:

Line Type	Site
Peripheral (1)	R Brachial available when sited
Peripheral (2)	
Central Venous	
Arterial	
Intraosseous	Available when sited

### Other Medical Equipment:

Drug Chart	<input checked="" type="checkbox"/>	Emergency Drug Sheet	<input checked="" type="checkbox"/>	Blood gas Venous
Blood Results Sheet	<input checked="" type="checkbox"/>	X Rays		Imaging
Other Props:				
Neuro Observation Chart				



**IV Fluids:**

Setup	Fluid Type
Fluids Running	
Fluids Available (1)	0.9% Saline
Fluids Available (2)	Mannitol
Fluids Available (3)	5% Saline
Other Fluids	

**Medications: (route, dose/rate)**

Infusions (Running)	Dose	Running Rate (ml/hr)
Nil		

Infusions (Available)	Dose	Running Rate (ml/hr)

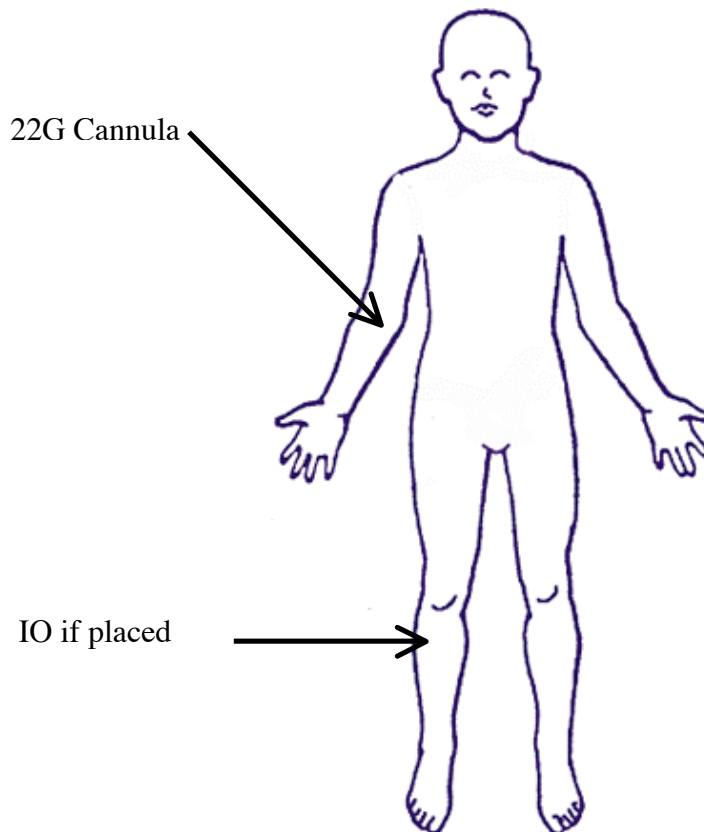
Bolus Drugs (Available)	Dose
Mannitol	0.5G/kg
Adrenaline 1:10 000	0.2ml
Atropine	400mcg
Antibiotics	
Thiopentone	2 -5mg/kg
Propofol	2mg/kg
Suxamethonium	2mg/kg
Pancuronium	100mcg/kg



## Moulage:

Effect needed

Draw relevant equipment needed on diagram e.g. cannula, wounds etc.







## Scenario States:

Name of State		Initial State				Duration					
<b>Vital Signs</b>											
Rhythm	SR	HR	88	SBP	135	DBP	83	CVP			
Resp Rate	12	SaO <sub>2</sub>	88	ETCO <sub>2</sub>		Temp	38.8	Other			
AVPU	U	GCS	8	Pupils	dilated R	ICP		NIRS			
<b>Assessment</b>											
Periph Pulses	normal	Cap refill	3 – 4sec	Skin	no rash						
ECG/Heart	normal heart sounds										
Airway	normal			Breathing	normal						
Air entry	Shallow bilateral			Breath sounds	Normal						
WOB	normal			Recession	none						
Neuro	Unresponsive			Renal			Hepatic				
Other	Dilated R pupil nonreactive										
<b>Results</b>											
Hb	12.2	WCC	22	PLT	36	HCT	0.36	CRP	220		
PH/ H+	7.19	PaCO <sub>2</sub>	61/ 8.1	PaO <sub>2</sub>	44/ 5.8	HCO <sub>3</sub>	21.6	BE	- 5.9	Lactate	1.7
Na <sup>2+</sup>	137	K <sup>+</sup>	4.4	Cl <sup>-</sup>	97	Ur	12.5	Cr	75	Glucose	14.6
Ca <sup>2+</sup>	2.6	Mg <sup>2+</sup>	0.6	PO <sub>4</sub> <sup>-</sup>	1.5						
<b>Expected Outcomes:</b>											
<b>Participants should:</b>	<ul style="list-style-type: none"> <li>Brief history from mother</li> <li>Rapid assessment of ABC</li> <li>Breathing should be assessed as inadequate and supported</li> <li>Should call for more senior help</li> <li>Obtain IV access, take bloods including cultures</li> <li>Give antibiotics (Cefotaxime or Ceftriaxone)</li> <li>Check pupils – will find a large R pupil – need to recognise significance</li> <li>Mannitol 0.5g/kg IV stat</li> </ul>										
<b>Facilitators should:</b>	<p>Give feedback on perfusion</p> <p>If O<sub>2</sub> not administered move to <b>Deterioration no O2 state</b></p> <p>If no O<sub>2</sub> and ventilation not assisted move to <b>Coning State</b></p> <p>If O<sub>2</sub> administered and ventilation assisted move to <b>Stable State</b></p>										





<b>Name of State</b>		<b>Deterioration – No Oxygen</b>					<b>Duration</b>				
<b>Vital Signs</b>											
<b>Rhythm</b>	SR	<b>HR</b>	62	<b>SBP</b>	145	<b>DBP</b>	98	<b>CVP</b>			
<b>Resp Rate</b>	8	<b>SaO<sub>2</sub></b>	76	<b>ETCO<sub>2</sub></b>		<b>Temp</b>	38.9	<b>Other</b>			
<b>AVPU</b>	U	<b>GCS</b>	8	<b>Pupils</b>	R dilated	<b>ICP</b>		<b>NIRS</b>			
<b>Assessment</b>											
<b>Periph Pulses</b>	normal		<b>Cap refill</b>	3		<b>Skin</b>	mottled				
<b>ECG/Heart</b>	Normal heart sounds										
<b>Airway</b>	clear			<b>Breathing</b>	shallow and bradipnoeic						
<b>Air entry</b>	reduced			<b>Breath sounds</b>	normal						
<b>WOB</b>	normal			<b>Recession</b>	none						
<b>Neuro</b>	Unresponsive			<b>Renal</b>			<b>Hepatic</b>				
<b>Other</b>	Dilated unresponsive R pupil										
<b>Results</b>											
<b>Hb</b>	12.2	<b>WCC</b>	22	<b>PLT</b>	36	<b>HCT</b>	0.36	<b>CRP</b>	220		
<b>PH/ H+</b>	7.19	<b>PaCO<sub>2</sub></b>	61/ 8.1	<b>PaO<sub>2</sub></b>	44/ 5.8	<b>HCO<sub>3</sub></b>	21.6	<b>BE</b>	- 5.9	<b>Lactate</b>	1.7
<b>Na<sup>2+</sup></b>	137	<b>K<sup>+</sup></b>	4.4	<b>Cl<sup>-</sup></b>	97	<b>Ur</b>	12.5	<b>Cr</b>	<b>75</b>	<b>Glucose</b>	14.6
<b>Ca<sup>2+</sup></b>	<b>2.6</b>	<b>Mg<sup>2+</sup></b>	0.6	<b>PO<sub>4</sub><sup>-</sup></b>	1.5						
<b>Expected Outcomes:</b>											
<b>Participants should:</b>	<ul style="list-style-type: none"> <li>Brief history from mother</li> <li>Rapid assessment of ABC</li> <li>Breathing should be assessed as inadequate and supported</li> <li>Should call for more senior help</li> <li>Obtain IV access, take bloods including cultures</li> <li>Give antibiotics (Cefotaxime or Ceftriaxone)</li> <li>Check pupils – will find a large R pupil – need to recognise significance</li> <li>Mannitol 0.5g/kg IV stat</li> </ul>										
<b>Facilitators should:</b>	<p>If candidate still does not take appropriate corrective measures, pause scenario and review progress or lack of improvement whilst identifying potential interventions before restrtng scenario and allowing them to manage patient.</p> <p>If O<sub>2</sub> administered and ventilation assisted move to <b>Stable State</b></p>										





<b>Name of State</b>		<b>Deterioration – with Oxygen</b>					<b>Duration</b>				
<b>Vital Signs</b>											
<b>Rhythm</b>	SR	<b>HR</b>	70	<b>SBP</b>	140	<b>DBP</b>	87	<b>CVP</b>			
<b>Resp Rate</b>	10	<b>SaO<sub>2</sub></b>	96	<b>ETCO<sub>2</sub></b>		<b>Temp</b>	38.9	<b>Other</b>			
<b>AVPU</b>	U	<b>GCS</b>	8	<b>Pupils</b>	R dilated	<b>ICP</b>		<b>NIRS</b>			
<b>Assessment</b>											
<b>Periph Pulses</b>	Good		<b>Cap refill</b>	3		<b>Skin</b>	mottled				
<b>ECG/Heart</b>	Normal heart sounds										
<b>Airway</b>	clear			<b>Breathing</b>	normal pattern						
<b>Air entry</b>	reduced			<b>Breath sounds</b>	normal						
<b>WOB</b>	normal			<b>Recession</b>	none						
<b>Neuro</b>	Unresponsive			<b>Renal</b>			<b>Hepatic</b>				
<b>Other</b>	Dilated unresponsive R pupil										
<b>Results</b>											
<b>Hb</b>	12.2	<b>WCC</b>	22	<b>PLT</b>	36	<b>HCT</b>	0.36	<b>CRP</b>	220		
<b>PH/ H+</b>	7.19	<b>PaCO<sub>2</sub></b>	61/ 8.1	<b>PaO<sub>2</sub></b>	44/ 5.8	<b>HCO<sub>3</sub></b>	21.6	<b>BE</b>	- 5.9	<b>Lactate</b>	1.7
<b>Na<sup>2+</sup></b>	137	<b>K<sup>+</sup></b>	4.4	<b>Cl<sup>-</sup></b>	97	<b>Ur</b>	12.5	<b>Cr</b>	75	<b>Glucose</b>	14.6
<b>Ca<sup>2+</sup></b>	2.6	<b>Mg<sup>2+</sup></b>	0.6	<b>PO<sub>4</sub><sup>-</sup></b>	1.5						
<b>Expected Outcomes:</b>											
<b>Participants should:</b>	<ul style="list-style-type: none"> <li>Breathing should be assessed as inadequate and supported</li> <li>Should call for more senior help</li> <li>Obtain IV access, take bloods including cultures</li> <li>Give antibiotics (Cefotaxime or Ceftriaxone)</li> <li>Check pupils – will find a large R pupil – need to recognise significance</li> <li>Mannitol 0.5g/kg IV stat</li> </ul>										
<b>Facilitators should:</b>											





<b>Name of State</b>		<b>Assisted Ventilation</b>				<b>Duration</b>			
<b>Vital Signs</b>									
<b>Rhythm</b>	SR	<b>HR</b>	82	<b>SBP</b>	135	<b>DBP</b>	83	<b>CVP</b>	
<b>Resp Rate</b>	bagged	<b>SaO<sub>2</sub></b>	96	<b>ETCO<sub>2</sub></b>		<b>Temp</b>	38.3	<b>Other</b>	
<b>AVPU</b>	A	<b>GCS</b>	15	<b>Pupils</b>	R dilated	<b>ICP</b>		<b>NIRS</b>	
<b>Assessment</b>									
<b>Periph Pulses</b>	Good		<b>Cap refill</b>	3		<b>Skin</b>	mottled		
<b>ECG/Heart</b>	Normal heart sounds								
<b>Airway</b>	clear			<b>Breathing</b>	normal pattern				
<b>Air entry</b>	good			<b>Breath sounds</b>	normal				
<b>WOB</b>	normal			<b>Recession</b>	none				
<b>Neuro</b>	Unresponsive			<b>Renal</b>			<b>Hepatic</b>		
<b>Other</b>	Dilated unresponsive R pupil								
<b>Results</b>									
<b>Hb</b>	12.2	<b>WCC</b>	22	<b>PLT</b>	36	<b>HCT</b>	0.36	<b>CRP</b>	220
<b>PH/ H+</b>		<b>PaCO<sub>2</sub></b>		<b>PaO<sub>2</sub></b>		<b>HCO<sub>3</sub></b>		<b>BE</b>	
<b>Na<sup>2+</sup></b>		<b>K<sup>+</sup></b>		<b>Cl<sup>-</sup></b>		<b>Ur</b>		<b>Cr</b>	
<b>Ca<sup>2+</sup></b>		<b>Mg<sup>2+</sup></b>		<b>PO<sub>4</sub><sup>-</sup></b>					
<b>Expected Outcomes:</b>									
<b>Participants should:</b>	<ul style="list-style-type: none"> <li>• Should call for more senior help</li> <li>• Obtain IV access, take bloods including cultures</li> <li>• Give antibiotics (Cefotaxime or Ceftriaxone)</li> <li>• Check pupils – will find a large R pupil – need to recognise significance</li> <li>• Mannitol 0.5g/kg IV stat</li> </ul>								
<b>Facilitators should:</b>									





<b>Name of State</b>		<b>Stable State</b>				<b>Duration</b>			
<b>Vital Signs</b>									
<b>Rhythm</b>	SR	<b>HR</b>	105	<b>SBP</b>	132	<b>DBP</b>	76	<b>CVP</b>	
<b>Resp Rate</b>	bagged	<b>SaO<sub>2</sub></b>	98	<b>ETCO<sub>2</sub></b>		<b>Temp</b>	37	<b>Other</b>	
<b>AVPU</b>	P	<b>GCS</b>	10	<b>Pupils</b>	4 ERL	<b>ICP</b>		<b>NIRS</b>	
<b>Assessment</b>									
<b>Periph Pulses</b>	Good		<b>Cap refill</b>	2		<b>Skin</b>	warm well perfused		
<b>ECG/Heart</b>	Normal heart sounds								
<b>Airway</b>	clear			<b>Breathing</b>	normal pattern				
<b>Air entry</b>	good			<b>Breath sounds</b>	normal				
<b>WOB</b>	normal			<b>Recession</b>	none				
<b>Neuro</b>	Pain responsive			<b>Renal</b>			<b>Hepatic</b>		
<b>Other</b>	Pupils equal								
<b>Results</b>									
<b>Hb</b>	12.2	<b>WCC</b>	22	<b>PLT</b>	36	<b>HCT</b>	0.36	<b>CRP</b>	220
<b>PH/ H+</b>		<b>PaCO<sub>2</sub></b>		<b>PaO<sub>2</sub></b>		<b>HCO<sub>3</sub></b>		<b>BE</b>	<b>Lactate</b>
<b>Na<sup>2+</sup></b>		<b>K<sup>+</sup></b>		<b>Cl<sup>-</sup></b>		<b>Ur</b>		<b>Cr</b>	<b>Glucose</b>
<b>Ca<sup>2+</sup></b>		<b>Mg<sup>2+</sup></b>		<b>PO<sub>4</sub><sup>-</sup></b>					
<b>Expected Outcomes:</b>									
<b>Participants should:</b>	Arrange CT scan urgently once vital signs stabilised Appreciate that LP contra-indicated Get ready for CT scan								
<b>Facilitators should:</b>									





<b>Name of State</b>		<b>Coning State</b>				<b>Duration</b>			
<b>Vital Signs</b>									
<b>Rhythm</b>	Erratic	<b>HR</b>	42	<b>SBP</b>	76	<b>DBP</b>	49	<b>CVP</b>	
<b>Resp Rate</b>	apnoea	<b>SaO<sub>2</sub></b>	no trace	<b>ETCO<sub>2</sub></b>		<b>Temp</b>	38.9	<b>Other</b>	
<b>AVPU</b>	U	<b>GCS</b>	6	<b>Pupils</b>	Fixed dilated	<b>ICP</b>		<b>NIRS</b>	
<b>Assessment</b>									
<b>Periph Pulses</b>	palpable		<b>Cap refill</b>	4		<b>Skin</b>	cool mottled		
<b>ECG/Heart</b>	normal heart sounds								
<b>Airway</b>	clear			<b>Breathing</b>	slow				
<b>Air entry</b>	good			<b>Breath sounds</b>	normal				
<b>WOB</b>	normal			<b>Recession</b>	nil				
<b>Neuro</b>	Unresponsive			<b>Renal</b>			<b>Hepatic</b>		
<b>Other</b>	Both pupils fixed dilated								
<b>Results</b>									
<b>Hb</b>	12.2	<b>WCC</b>	22	<b>PLT</b>	36	<b>HCT</b>	0.36	<b>CRP</b>	220
<b>PH/ H+</b>		<b>PaCO<sub>2</sub></b>		<b>PaO<sub>2</sub></b>		<b>HCO<sub>3</sub></b>		<b>BE</b>	
<b>Na<sup>2+</sup></b>		<b>K<sup>+</sup></b>		<b>Cl<sup>-</sup></b>		<b>Ur</b>		<b>Cr</b>	
<b>Ca<sup>2+</sup></b>		<b>Mg<sup>2+</sup></b>		<b>PO<sub>4</sub><sup>-</sup></b>					
<b>Expected Outcomes:</b>									
<b>Participants should:</b>	<ul style="list-style-type: none"> <li>Recognise deteriorated neurological state</li> <li>Rapid assessment of ABC</li> <li>Breathing should be assessed as inadequate and supported</li> <li>Should call for more senior help</li> <li>Obtain IV access, take bloods including cultures</li> <li>Give antibiotics (Cefotaxime or Ceftriaxone)</li> <li>Check pupils – will find a large R pupil – need to recognise significance</li> <li>Mannitol 0.5g/kg IV stat</li> <li>Initiate management cerebral oedema prior to CT scan</li> </ul>								
<b>Facilitators should:</b>	<p>If candidate still does not take appropriate corrective measures, pause scenario and review progress or lack of improvement whilst identifying potential interventions before restrtng scenario and allowing them to manage patient.</p>								





## Educational Material:

In any child seen with altered level of consciousness raised ICP needs to be considered in the differential. In general the child is more likely to come to harm due to raised ICP than the underlying condition.

Etiology of raised intracranial pressure	
Pathological process	Examples
<b>Localised mass lesions</b>	Traumatic haematomas (extradural, subdural, intracerebral) Neoplasms (primary or metastasis) Abscess Focal oedema secondary to trauma, infarction, tumour
<b>Disturbance of CSF circulation</b>	Obstructive hydrocephalus (blocked shunt) Communicating hydrocephalus
<b>Obstruction major venous sinus</b>	Depressed fractures overlying major venous sinuses Cerebral venous thrombosis
<b>Diffuse brain oedema or swelling</b>	Encephalitis, meningitis, diffuse head injury, subarachnoid hemorrhage, Reye's syndrome, lead encephalopathy, near drowning
<b>Idiopathic</b>	Benign intracranial hypertension

### Diagnosis

Raised intracranial pressure (ICP) may develop insidiously or present acutely as a result of a wide range of pathologies.

The signs and symptoms of raised ICP vary with age.

Classical symptoms include;

- Headache Classically morning headache present on waking
- Headache that wakes patient from sleep is also very suspicious
- Vomiting
- Visual disturbance
- Change in behaviour or mood
- Fluctuating level of consciousness
- Ataxia or other motor disturbance
- Abnormal pupils (may be noted by relatives)
- Seizures

Mild or chronically raised ICP may produce subtle signs and it is important to have a high index of suspicion and take a thorough history in children at risk.

Severely raised ICP is indicated by the following signs and symptoms

- Cushing's response (bradycardia and hypertension)
  - This is a pre-terminal sign due to impending herniation of the brainstem requiring immediate action (neurosurgical review and likely scan).





- Papilledema (late sign) in the presence of any decrease in conscious level
  - This constitutes an emergency and immediate help should be sought with managing the patient.
- Sunsetting – eyes deviated medially and inferiorly
  - Signifies critically raised intracranial pressure. Requires immediate action (scan and neurosurgical review).

If any of the following are present, investigation and management (in conjunction with paediatric Intensivists and neurosurgeons) as to the cause of the problem should be urgently undertaken:

- Conscious level reduced to GCS  $\leq 8$  (or responding to Pain or less on the AVPU scale)
- Abnormal respiratory pattern (hyperventilation, irregular resps or apnoeas).
- Abnormal pupils (unilaterally or bilaterally dilated or unresponsive pupils).
- Abnormal posture (decorticate, decerebrate or complete flaccidity)
- Abnormal doll's eyes (oculocephalic) response

### Management

The immediate management of raised ICP is aimed at preventing further brain injury whilst the underlying cause is identified and definitive management instituted.

- Assess and manage A,B,C, D. Provide high flow oxygen
- Document GCS initially and frequently reassess
- Take blood for full blood count, clotting and electrolytes
- Check blood sugar and capillary blood gas. Manage glucose abnormalities.
- Take paired urine/blood sample for **urgent** assessment of osmolality. (This may help differentiate cause of the raised ICP.)
- Tilt patient 20–30° head up.
- Consider **Mannitol** if cause is likely to be related to head injury, intra-cranial bleed or fungal infection.
  - 0.25 g/kg IV over 30 minutes = 1.25 ml/kg of 20% solution.
  - May need to be repeated
  - May be contraindicated in some patients – discuss before use
- Prescribe antibiotics +/- antivirals +/- antifungals if any suspicion of infection
- Prescribe antipyretics if febrile

Urgent contrast enhanced CT scanning is needed once patient has been resuscitated and is stable. CT scanning cannot diagnose raised intracranial pressure, but may indicate the cause of the clinically defined problem.

MRI may subsequently be required to define further the nature of any problem that has been identified. An out-of-hours MRI is rarely necessary.

**DO NOT PERFORM LP IN CHILD WITH REDUCED LEVEL OF CONCIOUSNESS UNLESS A SCAN HAS EXCLUDED A BRAIN LESION AND DISCUSSED WITH CONSULTANT.**





# Neurological Observation Chart

Name:		CR Number:												
Date														
Time														
COMA SCALE	Eyes Open	Eye opening 4												
		Eye opening 3												
		Eye opening 2												
		Eye opening 1												
	Best verbal/grimace	Verb/Grim 5												
		Verb/Grim 4												
		Verb/Grim 3												
		Verb/Grim 2												
		Verb/Grim 1												
	Best motor (Best arm)	Motor 6												
		Motor 5												
		Motor 4												
		Motor 3												
Motor 2														
Motor 1														
Coma Score out of 15														
● ● ● ● ● ● ● ●	1	40											40	
		39.5											39.5	
		Temperature	38.5											38.5
			37.5											37.5
	2	36.5											36.5	
		35.5											35.5	
	● ● ● ● ● ●	4	200											200
			180											180
BP			160											160
		140											140	
		120											120	
6		100											100	
	80											80		
	Pulse	60											60	
		40											40	
7	20											20		
8	Oxygen sats													
	Capillary refill													
PUPILS	Right	Size											+ reaction - no reaction S - sluggish C - closed	
	Reaction													
Left	Size													
	Reaction													
LIMBS	Arms	Normal power											Record Right (R) & Left (L) seperately if different	
		Mild weakness												
		Severe weakness												
		Spontaneously												
		Painful stimuli												
	No response													
	Legs	Normal power												
		Mild weakness												
		Severe weakness												
		Spontaneously												
Painful stimuli														
No response											Record strength & move			

# Bristol PICU Drug Sheet

Name	Jake Randall		
Date of Birth		August	2006
Weight	20 kg	Height	
Age	6 years		
	(SA estimated from weight alone. Enter height for accurate SA)		



Resuscitation Doses	
Adenosine	0.67 ml (100 mcg/kg). Can use up to 1.7ml (250mcg/kg)
Adrenaline	2 ml 1:10000 (subsequent doses 1:10000)
Atropine	400 mcg (20 mcg/kg) = 0.7 ml (600mcg/ml)
Bicarb 8.4%	20 mmol - give and reassess (20 ml of 8.4%)
Ca Gluc 10%	10 ml - give and reassess
Lignocaine	20 mg (1mg/kg) = 2 ml of 1%
Naloxone	200 mcg (10 mcg/kg) = 0.5 ml (400mcg/ml)

100% fluid requirement = 60 ml/hr

Sedation Infusions	Standard Regime	Calculation	1 ml/hr =
Morphine	1mg/kg made up to 50ml with Dex 5% / Saline 0.9%	20 mg/50ml	20 mcg/kg/hr
Midazolam	5mg/kg made up to 50ml with Dex 5% / Saline 0.9%	100 mg/50ml	100 mcg/kg/hr
Vecuronium	3mg/kg made up to 50ml with Dex 5% / Saline 0.9%	60 mg/50ml	60 mcg/kg/hr
Atracurium	15mg/kg made up to 50ml with Dex 5% / Saline 0.9%	300 mg/50ml	300 mcg/kg/hr
Fent/Vec	Mix 10 mg Vecuronium in 20ml Fentanyl (50 mcg/ml)	N/A	
Fentanyl	neat (50mcg/ml)	2 to 4 ml/hr (5 to 10 mcg/kg/hr)	
Thiopentone	neat (25mg/ml) Bolus: 5mg/kg = 4 ml	Infusion: 0.8 to 4.8 ml/hr (1 to 6 mg/kg/hr)	

Cardiac Infusions	Standard Regime	Calculation	1 ml/hr =
Dopamine	15mg/kg made up to 50ml with Dex 5% / Saline 0.9%	300 mg/50ml	5 mcg/kg/min
Dobutamine	15mg/kg made up to 50ml with Dex 5% / Saline 0.9%	300 mg/50ml	5 mcg/kg/min
Adrenaline	0.3mg/kg made up to 50ml with Dex 5% / Saline 0.9%	6.0 mg/50ml	0.1 mcg/kg/min
Noradrenaline	0.3mg/kg made up to 50ml with Dex 5% / Saline 0.9%	6.0 mg/50ml	0.1 mcg/kg/min
Argipressin	3 Units/kg made up to 50ml with Dex 5% / Saline 0.9%	60.0 U/50ml	0.001 U/kg/min
Milrinone	1.5mg/kg made up to 50ml with Dex 5% / Saline 0.9%	30 mg/50ml	0.5 mcg/kg/min
Dinoprostone (PGE2 / Prostaglandin)	30mcg/kg made up to 50ml with Dex 5% / Saline 0.9%	N/A	N/A
Epoprostenol (Prostacyclin)	neat (10mg/ml)	500 mcg/50ml	8.333 ng/kg/min
SNP	neat (1 mg/ml)	50 mg/50ml	0.83 mcg/kg/min
GTN	neat (1 mg/ml)	50 mg/50ml	0.83 mcg/kg/min
Amiodarone	15mg/kg made up to 25ml with Dex 5% only	300 mg/25ml	10 mcg/kg/min
Lignocaine	neat 1% Lignocaine	1 to 6 ml/hr	(0.5 - 3.0 mg/kg/hr)
High K+	20mmol made up to 40ml with Saline 0.9%	4 to 10 ml/hr	(0.1 - 0.25 mmol/kg/hr)

Bronchodilators	Standard Regime	Calculation
<b>Peripheral</b>		
Salbutamol	10 mg made up to 50ml with Dex 5% / Saline 0.9%	0.3 ml/kg/hr = 1mcg/kg/min Run at 1ml/kg/hr
Aminophylline	500 mg made up to 500ml with Dex 5% / Saline 0.9%	
<b>Central</b>		
Salbutamol	neat (1 mg/ml)	50 mg/50ml
Aminophylline	50mg/kg made up to 50ml with Dex 5% / Saline 0.9%	1000 mg/50ml

Bolus Drugs	Standard Regime	Intubation Drugs	
Aciclovir	400 mg (500mg/m2, 8h)	Atropine	400 mcg (20 mcg/kg) (0.67 ml)
Adenosine	1 mg, to max 5mg	Fentanyl	100 mcg (5 mcg/kg) (2 ml)
Ceftriaxone	1.6 g (80mg/kg, 12h)	Ketamine	40 mg (2mg/kg) (4 ml)
Dex 10%	100 ml bolus for hypoglycaemia	Midazolam	2 mg (100mcg/kg) (0.4 ml)
Lorazepam	2.0 mg	Pancuronium	2 mg (100mcg/kg) (1 ml)
Mannitol	50 ml of 20% = 0.5g/kg	Propofol	2 ml of 1% = 1mg/kg
Mg SO4 50%	4.0 ml, slow iv	Suxamethonium	40 mg (2mg/kg) (0.8 ml)
Phenobarb	300 mg, iv over 30 mins	Thiopentone	4 ml = 5 mg/kg
Phenytoin	360 mg, iv over 30 mins	Vecuronium	2 mg (100mcg/kg) (1 ml)

Drug sheet developed by Bristol PICU 1997-2008: This Version 10.2 (queries to: stephen.marriage@ubht.nhs.uk)

**Name: Jake Randall**  
**Request: 123-456**

Serum/plasma

Magnesium	0.60	mmol/L	(0.70-1.00)
Calcium	2.10	mmol/L	(2.25-2.80)
Calcium (corrected)	2.60	mmol/L	(2.25-2.80)
Phosphate	1.50	mmol/L	(1.30-2.00)
Bilirubin	12	umol/L	(< 17)
Alkaline phosphatase	175	IU/L	(70-250)
Alanine aminotransferase	35	IU/L	(5-40)
Total protein	46	g/L	(62-80)
Albumin	20	g/L	(29-55)
Globulin	26	g/L	(22-36)

Serum/plasma

Creatinine	75	umol/L	(28-60)
Urea	12.50	mmol/L	(1.4-5.4)
Sodium	137	mmol/L	(133-143)
Potassium	4.60	mmol/L	(3.7-5.2)
Chloride	97	mmol/L	(95-105)
Bicarbonate	21	mmol/L	(21-34)
Anion gap	24	mmol/L	(6-14)
C-reactive protein	220	mg/L	(< 10)

COAGULATION SCREEN

Prothrombin time	18.00	s	(9.5-12.0)
INR	1.50		
Aptt time	63.00	s	(20.0-45.0)
Aptt ratio	1.60		

Hb:12.20g/dL (11.5-16.5) Plt:36 10<sup>9</sup>/L (150-400) Wbc: 22.00 10<sup>9</sup>/L (5.00-19.00)

Rbc	10 <sup>12</sup> /L	: 4.60 (3.00-5.40)	Neut	10 <sup>9</sup> /L	: 18.40 (3.00-9.00)
Hct	l/l	: 0.36 (0.33-0.53)	Lymp	10 <sup>9</sup> /L	: 2.80 (3.00-16.00)
MCV	fL	: 98.0 (92.0-116.0)	Mono	10 <sup>9</sup> /L	: 1.00 (0.30-1.00)
MCH	pg	: 32.0 (30.0-36.0)	Eosi	10 <sup>9</sup> /L	: 0.00 (0.20-1.00)
MCHC	g/dL	: 35.0 (29.0-37.0)	Baso	10 <sup>9</sup> /L	: 0.00 (< 0.11)
Hypo	%	: 2.00			

# Rapidsystems™

## VENOUS SAMPLE

1:00

System Name Emergency Dept

System ID 2376-25327

Patient ID 1483564N

Lst Name Randall

Operator JONESR

ACID/BASE	37.0	°C
pH	7.19	
pCO <sub>2</sub>	61.3	mmHg
pO <sub>2</sub>	43.7	mmHg
HCO <sub>3</sub> - act	22.7	mmol / L
HCO <sub>3</sub> - std	21.6	mmol / L
BE (B)	-5.9	mmol / L
BE (ecf)	-6.2	mmol / L

## CO-OXIMETRY

Hct	38.3	%
tHb	12.4	g / dL
sO <sub>2</sub>	60.7	%
FO <sub>2</sub> Hb	80.3	%
FCOHb	17.7	%
FMetHb	1.2	%
FHHb		%

OXYGEN STATUS	37.0	°C
ctO2(a)		mL/dL

## ELECTROLYTES

Na <sup>+</sup>	137.0	mmol / L
K <sup>+</sup>	4.4	mmol / L
Ca <sup>++</sup>	1.1	mmol / L
Cl <sup>-</sup>	97.0	mmol / L

## METABOLITES

Glu	14.6	mmol / L
Lac	1.7	mmol / L

pAtm	754	mmHg
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# Rapidsystems™

## VENOUS SAMPLE

1:00

System Name Emergency Dept

System ID 2376-25327

Patient ID 1483564N

Lst Name Randall

Operator JONESR

ACID/BASE	37.0	°C
pH	7.19	
$p\text{CO}_2$	8.1	kPa
$p\text{O}_2$	5.8	kPa
$\text{HCO}_3^-$ - act	22.7	mmol / L
$\text{HCO}_3^-$ - std	21.6	mmol / L
BE (B)	-5.9	mmol / L
BE (ecf)	-6.2	mmol / L

## CO-OXIMETRY

Hct	38.3	%
tHb	12.4	g / dL
$\text{sO}_2$	60.7	%
$\text{FO}_2\text{Hb}$	80.3	%
$\text{FCOHb}$	17.7	%
$\text{FMetHb}$	1.2	%
$\text{FHb}$		%

OXYGEN STATUS	37.0	°C
ctO2(a)		mL/dL

## ELECTROLYTES

$\text{Na}^+$	137.0	mmol / L
$\text{K}^+$	4.4	mmol / L
$\text{Ca}^{++}$	1.1	mmol / L
$\text{Cl}^-$	97.0	mmol / L

## METABOLITES

Glu	14.6	mmol / L
Lac	1.7	mmol / L

$p\text{Atm}$	754	mmHg
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