
NTN Grid - Programme Information

Paediatric Rheumatology 2019

Please find below programme information for the above sub-specialty for training programmes starting in September 2019.

Page 2 contains a list of all submitted programmes of training; the job descriptions for each post follow on.

Each subspecialty grid programme covers the [RCPCH curriculum](#) as specified on the RCPCH.

Please note: Programme submissions can be withdrawn or amended at any point until an offer of employment has been made to an applicant.

Application Process

Applications for the NTN Grid open from 12 noon Friday 7 September 2018 and close at 12 noon Friday 28 September 2018. Applications can only be accessed during this period from the College website.

For more information on the grid process and to access the Grid Applicants Guide please visit: <http://www.rcpch.ac.uk/ntngrid>

Contact Details

For specific sub-specialty information, please contact:

Dr Anne-Marie McMahon

Email: anne-marie.mcmahon@sch.nhs.uk

Abigail Wright

(Sub-specialty Recruitment Coordinator)

Email: ntn.grid@rcpch.ac.uk

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***Please note:** all the below posts will be combined with a second paediatric rheumatology tertiary training centre in order for the applicant to gain experience and training at two different specialist paediatric rheumatology units. The other centre will be determined by the paediatric rheumatology CSAC, as per all grid training posts in this specialty.*

Second centre rotations will be decided after interview, applicants will be asked to rank the second centre rotations. Offers will then be made starting with the highest ranking applicant and so on.

All post numbers are indicative only and may be subject to change. Applicants are reminded to check these post numbers with the deanery/LETB prior to attending interview/them making offers

Maximum Number of National Training Grid Appointments that may be made in 2019 for Paediatric Rheumatology	4
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Deanery	Programme of Training	Places available	Duration (Years)	Page
East Midlands North	Nottingham Children's Hospital, Queens Medical Centre	1	2-3	2
North West	Alder Hey Children's NHS Foundation Trust	1	2-3	5
Northern	Great North Children's Hospital	1	2	11
West Midlands	Birmingham Women's and Children's Hospital	1	1	14

Please note: there may be a Manchester vacancy that will become available, RCPCH will confirm this by the close of applications.

East Midlands North

Hospital / Centre	Placement Name	Duration (Months)	Educational Supervisor (name and e-mail) These will be published unless you ask otherwise	Compulsory (C) or Optional (O)	Availability Guaranteed (Y/N)
Nottingham Children's Hospital, Queens Medical Centre	Paediatric Rheumatology	12 - 18 months	Dr Kishore Warriar Kishore.warrier@nuh.nhs.uk	C	Y

Additional Information

This is a fixed rotation starting at Nottingham Children's Hospital and rotating to another tertiary centre offering tertiary services in Paediatric Rheumatology. The exact arrangement of the rotation will be decided by the CSAC. Working within Nottingham gives a wholesome experience in Paediatric and Adolescent Rheumatology both in the hub and outreach clinics as part of the clinical network, in addition to areas of special interest like Psoriasis and Psoriatic JIA, autoinflammatory disorders, musculoskeletal ultrasound and sports medicine.

Sub-specialty:	Paediatric Rheumatology
Base Unit:	Nottingham Children's Hospital, Nottingham
Deaneries involved:	East Midlands North: Nottingham

Outline of Programme

A comprehensive Paediatric Rheumatology training programme in a centre providing care for children and young people throughout the East Midlands, Lincolnshire and parts of East Anglia, based on an "In-Reach, Out-Reach" model

Departmental Information

- Demographics
Nottingham is situated right in the centre of England with easy access to many other major cities and close to areas of natural beauty and tourist interest like Sherwood forest and the Peak district. This unit provides care for children throughout the East Midlands, and is based at the Queens Medical Centre Campus
- Team
3 WTE Consultants, 1 Specialist Registrar, 1 WTE Nurse specialist Regional Lead for speciality
- 0.8 WTE Nurse specialist leading audit, database, 1.0 WTE Nurse specialist, 1.0 WTE Healthcare support worker, 0.6 WTE medical PA with support secretaries, 1.0 WTE Physiotherapist and 0.8 WTE Occupational Therapist.
- Supervisor(s)
Dr S Rangaraj - Consultant Paediatric and Adolescent Rheumatologist and deputy chair for medical specialties.
Dr K Warriar - Consultant Paediatric and Adolescent Rheumatologist and service lead
Dr Lampros Fotis - Consultant Paediatric and Adolescent Rheumatologist

Clinical Training Responsibilities

- 3 - 4 multi-disciplinary clinics every week, which are usually a mixture of new (both inflammatory and non inflammatory) & follow up patients, attended by medical, nursing and therapy team, with separate list for registrars. These cover the entire spectrum of Paediatric Rheumatological conditions from JIA to Juvenile SLE, Juvenile Dermatomyositis and vasculitis to rarer conditions like Sjogren's, sarcoidosis etc.
- Combined multi specialty clinics with Dermatology (including separate clinic for psoriasis), Immunology (autoinflammatory & periodic fevers), Endocrine, Respiratory, Ophthalmology and adult rheumatology teams with a structured transitional care programme.
- Outreach Clinics and services - Derby, Mansfield, Lincoln, Grantham and Peterborough with plans for further expansion, where trainees get opportunities to work effectively in a clinical network.
- Intra-articular Steroid Injections: pre-assessment clinic and procedure - both under GA (two lists per month) and Entonox.
- Day case activity for Chemo & Biological therapy and in-Patient Care (including opportunity to do independent ward rounds and decision making)
- Weekly multi-disciplinary team meeting.
- Clinical governance and audit.
- Teaching, presentations and publications.
- Research - opportunity to take part in unicentric and multi-centric research, including commercial trials.
- Service Development.

Workload / Rota Arrangements / Example Timetable

3 - 4 clinics every week with separate registrar lists. 2 joint injection lists under General anaesthesia per month alternating with Entonox lists. Weekend, evening and night time cover of general paediatrics shared with 16 other registrars as full shifts

Non Clinical Training Responsibilities (expectations of research / audit / teaching)

Teaching: Fortnightly in-house Paediatric Rheumatology and once weekly extended adult rheumatology teaching and Musculoskeletal Radiology meeting. East Midlands Paediatric Rheumatology Group meetings are held every three months. Weekly paediatric grand round and journal club are other opportunities to learn. Audit: There is a comprehensive database of all patients seen within the service with excellent opportunities to complete projects and present at the quarterly departmental Governance meetings. Teaching - opportunities to teach medical students during their 8-week placement in Child Health - both bedside and lectures, in addition to teaching, mentoring and supervising the projects of four SSM (Special Study Module) students per year placed with us. Research: A number of multicentre trials with MCRN support are ongoing, with further opportunity to participate in in house research projects.

Further training opportunities

Speciality Interests at centre: 1. Care of Young People aged 14-19 and transition; 2. Musculoskeletal Ultrasound and ultrasound guided joint injections. 3. Psoriasis and Psoriatic Arthritis; 4. Inflammatory eye disease; 5. Adult rheumatology experience; 6. Opportunity to work with nationally renowned Sports Medicine Team 7. Network care.

Contact details for unit

For further information contact Dr K C Warriar on 0115 9249924 Ext: 64817/63442

North West

Hospital / Centre	Placement Name	Duration (Months)	Educational Supervisor (name and e-mail) These will be published unless you ask otherwise	Compulsory (C) or Optional (O)	Availability Guaranteed (Y/N)
Alder Hey Children's NHS Foundation Trust	ST in Paediatric Rheumatology	12-18	Liza McCann liza.mccann@alderhey.nhs.uk	C	Y

Additional Information

To be determined by Rheumatology CSAC

Sub-specialty:	Paediatric Rheumatology
Base Unit:	Alder Hey Children's NHS Foundation Trust
Deaneries involved:	Merseyside

Outline of Programme

Training involves a minimum of 2 years within Paediatric Rheumatology. Candidates do not need to have prior experience in paediatric rheumatology at time of application to the grid.

The current recommendation is that training is undertaken in two different Grid Centres within the United Kingdom over a 2-3 year period. Rotations are organised by the Rheumatology CSAC committee. Research experience is strongly encouraged in paediatric rheumatology as part of grid training. In addition to research exposure within grid posts, there are opportunities for trainees to do a research fellowship for 1 year, out of programme, during their grid training. Alternatively, trainees may wish to do this prior to grid application. An academic training programme is available for those trainees wishing to pursue an academic career. Start date for grid training can be delayed for research, provided that an OOPE is agreed and organised. For more information refer to RCPCH guidelines on the NTN scheme.

Departmental Information

- Demographics

The Rheumatology Department at Alder Hey is exemplar in being an integrated Clinical / Academic Department serving patients up to the age of 19 years, from a large part of the North West of England, including Cumbria and North Wales, with increasing quaternary referrals. In partnership with the University of Liverpool, the Department forms part of Liverpool's Clinical Academic Department of Paediatric Rheumatology; one of the UK's leading Paediatric training centres and research groups. The Department has been recognised nationally and internationally for the excellent service it provides and the high level of research and clinical trial involvement. It also has a strong international reputation in translational and basic science research in Paediatric Rheumatology. It continues to be the only LUPUS UK 'Centre of Excellence for Childhood Lupus' and since 2014 is the UK's only Experimental Arthritis Treatment Centre for Children, awarded by Arthritis Research UK. It is one of three National Centres of Excellence for Behcet's disease and as a member of Liverpool Health Partners Musculoskeletal Clinical Academic Programme, has recently joined a small and select group of units around Europe to have the designation 'EULAR (the European League against Rheumatism) Centre of Excellence'. Over 700 new patients are seen annually with a very broad case mix covering the whole spectrum of inflammatory and non-inflammatory rheumatological disorders.

The Department's research portfolio is strongly supported by a team of research nurses funded through the NIHR North West Coast Local Comprehensive Research Network (LCRN) and NIHR CRN: Children's theme, and the NIHR Alder Hey Clinical Research Facility. It has one of the largest portfolio of commercially sponsored trials in any paediatric rheumatology centre in the UK, and contributes to all open non-commercially UK multi-centre clinical trials / studies. It has a significant range of NIHR Academic Clinical Lecturer and Fellows, clinical fellows, research trainees, non-clinical scientists, research administrator / database manager, a research psychologist for Lupus patients and a play specialist for the Clinical Research Facility.

Alder Hey has all paediatric subspecialties including PICU on a single site. There is an excellent physiotherapy department with a hydrotherapy pool to which the rheumatology patients have easy access. An outstanding radiology department provides rapid access to ultrasound, nuclear medicine, CT, MRI (including a 3T scanner), angiography and bone densitometry. Specialist radiologists with rheumatology / musculoskeletal expertise lead a weekly multi-disciplinary meeting with the rheumatology team. In addition to the radiology MDT meeting, the Rheumatology Team has a weekly multidisciplinary meeting comprising both a forum for patient discussion and an educational session. A rheumatology academic meeting twice monthly focuses on topics most relevant for rheumatology grid / SpR training and a monthly Academic Research Meeting involves clinical and research staff in an educational forum. In addition to a dedicated training post with a National Training Number for paediatric rheumatology, a rotational ST6-8 and an ST2-3 support the service and are supervised by the team.

In-patient beds are available as required from a general pool of paediatric beds primarily on a dedicated ward for paediatric medical specialties (endocrinology, gastroenterology, respiratory, rheumatology and nephrology). There is a medical day ward with facilities for undertaking intra-articular injections with Entonox sedation (weekly list led by the rheumatology CNS) and administration of IV medications including biologic agents. The day ward nurses have developed a training package for patients and parents for home administration of subcutaneous methotrexate and biologics. There is a weekly general anaesthetic list for intra-articular injections, led by our Extended Scope Practitioner (ESP) in Physiotherapy, (rheumatology consultants provide cover for this list when ESP on leave). Grid trainees are given priority to attend GA and entonox lists, ensuring competencies are achieved in injecting all joints under GA and entonox sedation.

The existing team delivers a consultant led cover for an inpatient service by means of a weekly service rota. Outpatient clinics include general rheumatology and connective tissue diseases with specialist shared-care / multi-professional clinics for scleroderma, Behcet's, immunology, nephrology, ophthalmology, neuro inflammatory, Chronic Non-Bacterial Osteomyelitis (CNO) and orthopaedics. Two nurse led clinics a week allow rapid review of flaring patients. Adolescent transition clinics at Alder Hey Hospital with adult rheumatology teams from Aintree NHS Foundation Trust and from Broadgreen Hospital allow shared working and smooth transition / transfer of young people to adult services. In addition, outreach transition clinics / equivalent services have been developed services at most outreach sites. The paediatric rheumatology service provides a network of outreach/shared care clinics in the region covering Wigan, Warrington, Crewe, Bangor, Macclesfield, Chester, Wrexham and Arrowse Park.

- Team

The Clinical Rheumatology team is made up of 4.7 WTE NHS Paediatric Consultants, and 2 Professors in Child Health. The multi-disciplinary team includes specialist nursing, allied health professionals, administrative support and research staff. There are two (1.57 WTE) Clinical Nurse Specialists, and two (1.8 WTE) a full time Associate Nurse Specialists, three less than full time rheumatology Physiotherapists (making up just over 1.0 WTE) plus a 0.4 Physiotherapy Extended Scope Practitioner, 2 Occupational Therapists (making up 1 WTE), 3 Clinical Psychologists (1.6 WTE), one of whom is funded by Lupus UK for lupus patients and 0.4 WTE Rheumatology Pharmacist time. The clinical team is supported by two WTE Pathway Coordinators (PCOs) providing secretarial support including database management and a less than full time Clerk responsible for coordinating blood test monitoring for patients on disease modifying drugs / biologics (20 hours per week).

- Supervisor(s)

Grid trainees will be supervised by one of the NHS Consultant Team but are encouraged to carry out work place assessments with all members of the NHS

Consultant Team and where relevant, our ESP Physiotherapist / Clinical Nurse Specialists (eg. for steroid injections). Our two professors (Prof Beresford, Prof Hedrich) and Clinical Research Leads (Dr Pain and Dr McCann) are available for research advice and supervision. Our Education Leads (Dr Mahmood - College Tutor; Dr Cleary - Sub-Dean) are available for advice and supervision of those with an interest in education. Dr Almeida / Dr Mahmood are responsible for leading Clinical Governance within the department. Dr Liza McCann is the current Clinical Lead (role to be taken over by Dr Clare Pain).

Clinical Training Responsibilities

The post holder will share the workload with 2 other rotational ST Trainees, but the grid trainee is given priority to attend joint injection lists and other training opportunities to meet NTN training requirements. Clinics run on a daily basis, except on a Tuesday when the Rheumatology Grand Round (handover ward round) takes place. Trainees are strongly encouraged to attend and participate in clinics, taking responsibility (with appropriate supervision) for the patients that they review. In addition, trainees are expected to review and manage inpatients and patients attending our busy medical day unit, supported by the consultants and Clinical Nurse Specialist team. Trainees are given opportunity to attend clinics run by our ESP Physiotherapist as well as opportunities to learn from other members of our MDT team. Trainees are responsible for daily ward rounds, clerking of all new admissions, discharge planning and completion of discharge documents, prescribing of drugs for patients seen on our Medical Day Unit (MDU) - carried out within a weekly prescription meeting supported by our team pharmacist and associate specialist nurse, and responding to relevant telephone calls from patients / parents (out-with our Specialist Nurse run telephone clinics). Trainees participate in regular teaching for 3rd year medical students, teaching examination techniques. Grid trainees also have the opportunity to participate in consultant led teaching for 4th year medical students.

Workload / Rota Arrangements / Example Timetable

Day	AM	lunchtime	PM
Monday	<p>9-12.00: New patient clinic</p> <p>9-12.00: Ambulatory Clinic</p> <p>9-12 Nurse-led clinic: Susan Wadeson</p> <p>11.30-13.00: clerking for joint injection list</p>	<p>Lupus Team meeting: 12-1.00pm, ICH</p>	<p>Joint injection list (GA): Catheter suite main theatre Theatre 12</p>
Tuesday	<p>9.00am- 10.30AM Rheumatology Ward Round: Note review & educational discussion</p> <p>10.30-12.00: clinical ward round (led by service consultants)</p> <p>12.00-12.30: medical</p>	<p>Rheum team MDT meeting 12.30 - 2.30pm</p> <p>Multi-disciplinary clinical meeting & teaching</p>	<p>15.30-16.30: Academic rheumatology meeting, small seminar room, 2nd floor ICH</p>

	specialty huddle - Ward 3C		
Wednesday	9.00-13.30 - Clinics <ul style="list-style-type: none"> ▪ Connective tissue disease clinic - all consultants (fortnightly) ▪ General Rheumatology Clinics (fortnightly) - Dr McCann / Mahmood / Beresford / Hedrich / Almeida ▪ Uveitis - Dr Cleary (fortnightly) ▪ Ian Roberts ESP clinic 	<ul style="list-style-type: none"> ▪ Medical Directorate Case discussions - 12.30 pm Education Centre ▪ Radiology MDT meeting - 2-3.30 pm weekly 	<ul style="list-style-type: none"> ▪ Joint Injections : Entonox list, MDU ▪ ESP physio clinic: Ian Roberts ▪ Ward round / day case (MDU) reviews
Thursday	9.00-13.30 - Clinics <ul style="list-style-type: none"> ▪ General rheumatology: [Gavin Cleary / Clare Pain / Chritian Hedrich / Liza McCann / Kamran Mahmood] ▪ Wigan outreach clinics twice monthly (Liza McCann / Kamran Mahmodd) ▪ Nurse-led clinic: Jane Kelly 		<ul style="list-style-type: none"> ▪ SHO teaching 2.00 -5pm ▪ Ward round / day case reviews
Friday	<ul style="list-style-type: none"> ▪ 9.00-10.00 Hospital Grand round 9.00-13.30 - Clinics: <ul style="list-style-type: none"> ▪ General rheumatology Liza McCann / Kamran Mahmood (weekly) and Gavin Cleary (alternate weeks) 	Institute of Child Health, 12.30-1.30pm Seminar / Visiting lecture	13.30-16.30 - Clinics: <ul style="list-style-type: none"> • Beverley Almeida ▪ Ward round / day case reviews
Additional:	SpR teaching (organised Trust wide) and regional rheumatology meetings		
On call:	24-week rota (detailed below)		

Non Clinical Training Responsibilities (expectations of research / audit / teaching)

All juniors attached to Rheumatology are encouraged to participate in clinical audit and suitable topics are discussed with the consultants early in the post. There is also the opportunity to undertake clinical research projects, usually based upon the previous experience and career intentions of the individual trainee. Clinical governance meetings take place once monthly. Grid Trainees are encouraged to take leadership roles in

organising the clinical governance meetings, educational meetings, rota coordination and are given learning opportunities where appropriate such as chairing meetings / taking minutes etc.

Further training opportunities

There are several formal and informal educational opportunities each week. The unit timetable allows for attendance at the Friday Hospital Grand Round each week. The Tuesday rheumatology grand rounds and following MDT meeting on Tuesday lunchtime has a teaching component. The weekly X-ray meetings are largely educational for the team and are timed to enable trainees to have the opportunity to attend the clinical interactive teaching session on Wednesday at 12:30-1:30 first. There is a specific educational teaching programme aimed at the level of grid training. These weekly academic meetings are timetabled so that there are 2 educational / journal club sessions a month, a monthly research session and a monthly clinical governance meeting. In addition to this, the Hospital runs ST training days.

Any further information

Trainees are encouraged to take study leave for national / international clinical and academic meetings, with priority given to grid trainees and those presenting oral or poster presentations. At least 6 week's notice must be given (in line with Trust guidance) and leave must be approved by the supervising consultant and coordinated by our team PCO (secretary) to ensure that service commitments are covered.

Trainees participate in a general paediatric on-call rota out of hours. Currently, this works as a 24 week rota in which there are 4 sets of nights (2 x Mon-Thurs, 2 x Fri-Sun), 1 set of twilights (16.00hrs-23.00hours), and 3 weekends (Fri-Sun), of which one is a short day (8.00-4pm) plus long days (7 long days over a 24 week period covering general paediatrics and 7 long days covering specialty patients). Shifts are split equally between first-on i.e. acute GP/ED referrals and second-on; more responsible for the deteriorating speciality patient. SpRs are supported by 2 lower tiers, general Paediatric trainee (ST1-3) and for some of the time a F1/F2/GP trainee. General Paediatric and Speciality Consultants are available for advice. The rota does allow for > 70% of the time spent in rheumatology.

Contact details for unit

For further information, please feel free to contact any of the consultants and / or our current grid trainees via our PCO: 0151 282 4521 or Rheumatology@alderhey.nhs.uk

Northern

Hospital / Centre	Placement Name	Duration (Months)	Educational Supervisor (name and e-mail) These will be published unless you ask otherwise	Compulsory (C) or Optional (O)	Availability Guaranteed (Y/N)
Great North Children's Hospital	Paediatric Rheumatology	12-24	Dr Sharmila Jandial Sharmila.jandial@nuth.nhs.uk	C	Y

Additional Information

Rotating to second deanery. Rotation to be decided after interview. Full time post in paediatric rheumatology multi-disciplinary team with on-call commitments on the general paediatric rota. Exposure to inpatient, outpatient and day case patients alongside experience in management, teaching, governance and research. Substantial opportunities to gain experience in transitional care, outreach clinics, cross-specialty working and clinical research.

Sub-specialty:	Paediatric Rheumatology
Base Unit:	Great North Children's Hospital
Deaneries involved:	HEE-NE School of Paediatrics

Outline of Programme

The paediatric rheumatology team at the Great North Children's Hospital offers a multidisciplinary, consultant-led service for children and young people requiring assessment and management of rheumatological conditions across the North-East of England. This training opportunity covers the breadth of paediatric rheumatology care including outpatient, daycase and inpatient management, cross-specialty working, regional advice as well as ample opportunity for involvement in teaching, management and research. Close working relationships with adult rheumatology colleagues are in place, offering substantial experience in adolescent and transitional care.

Departmental Information

- Demographics
This is a regional service, covering the North-East of England and North Cumbria. Outpatient referrals are received from across the region and outreach clinics occur regularly.
- Team
Consultants: Dr Sharmila Jandial (Head of Department), Dr Flora Mcerlane, Dr Ethan Sen
Clinical nurse specialist team led by Sr Ruth Wyllie
Physiotherapy and Occupational therapy teams
Administrative support
Regular input from psychology, adult rheumatology, ophthalmology, neurology, immunology
- Supervisor(s)
Dr Sharmila Jandial (Educational Supervisor), Dr Flora Mcerlane, Dr Ethan Sen

Clinical Training Responsibilities

The Grid trainee is a core member of the team and encouraged to make the most of all training opportunities. Outpatient clinics run on most days, encompassing new patient clinics, disease specific follow up clinics (JIA, SLE, JDM, scleroderma, vasculitis). Adolescent clinics run weekly with regular clinics focussed on transition to adult services. Joint clinics with ophthalmology, neurology, immunology and renal colleague occur at regular intervals. Joint injections occur under entonox weekly, and general anaesthetic fortnightly and are always consultant-supervised. We support our trainees to gain confidence and competence in these procedures. Weekly multidisciplinary team meetings are an excellent source of education and the trainee will be expected to lead on these meetings, and help to organise the monthly formal education sessions.

Workload / Rota Arrangements / Example Timetable

A normal working week will comprise 3 outpatient clinics, review of day case patients on Mondays and Fridays, MDT meeting on Wednesday afternoon and a joint injection list on Thursday mornings. There is no rheumatology on-call, but the Grid trainee will be on the general paediatric rota for out of hours and weekend cover. As the Grid trainee is supernumerary to clinics, there is sufficient time for supervision, discussion, and completion of supervised learning events.

Non Clinical Training Responsibilities (expectations of research / audit / teaching)

We have a strong portfolio of clinical research and all trainees are expected to participate in active studies. Good Clinical Practice training opportunities are available. There are

opportunities for trainees to develop their own research ideas, and we have very close working relationships with clinical academics at Newcastle and Northumbria Universities. Trainees will be expected to develop an audit or quality improvement project with the expectation that this will be presented at local or national meetings. We have a very strong teaching ethos with involvement at undergraduate and postgraduate level, in paediatrics, primary care and other specialties. There are opportunities for trainees to enrol in 'teach the teacher' courses and receive feedback on their own teaching skills.

Further training opportunities

As well as clinics in the Great North Children's Hospital, trainees can access disease specific clinics in adult rheumatology and other relevant specialties. As one of only 2 centres offering stem cell transplant for rheumatological conditions, we encourage our trainees to work closely with our immunology colleagues. Weekly general paediatric education sessions are highly rated, as well as the regional Great North Paediatric Conference and research community meetings.

Contact details for unit

Dr Sharmila Jandial, Department of Paediatric Rheumatology, Great North Children's Hospital, Newcastle NE1 4LP
sharmila.jandial@nuth.nhs.uk
Tel 0191 282 5318

West Midlands

Hospital / Centre	Placement Name	Duration (Months)	Educational Supervisor (name and e-mail) These will be published unless you ask otherwise	Compulsory (C) or Optional (O)	Availability Guaranteed (Y/N)
Birmingham Women's and Children's Hospital	Paediatric Rheumatology	12	Eslam Al-Abadi e.al-abadi@nhs.net	C	Y

Additional Information

CSAC invites rotation preferences from trainees at interview stage, CSAC then informs trainees of which deanery they will rotate to.

Subspecialty:	Paediatric Rheumatology
Base Unit:	Birmingham Women's and Children's Hospital
Deaneries involved:	Health Education West Midlands

Outline of Programme

The Paediatric Rheumatology service in Birmingham is well placed to deliver all aspects of the national curriculum in Paediatric Rheumatology. Extensive clinical exposure is supported by a structured weekly programme of educational opportunities led by the trainees needs and supported by Paediatric Rheumatology Consultants

Departmental Information

- Demographics

Birmingham Children's Hospital provides a tertiary/quaternary Paediatric Rheumatology service for the West Midlands (childhood population 1.2million) and much of central England and parts of Wales.

In addition there are outreach clinics and multispeciality clinics with Hand and Upper Limb surgeons, Arthroplasty, Ophthalmology, Dermatology and specialty clinics for Dermatomyositis, Lupus, Scleroderma, Autoinflammatory disorders, Behcet's disease (held at the National Excellence Center for Behcet's disease) and Vasculitis. There is a weekly theatre session for joint injections with full anaesthetic support.

- Team

The paediatric service is supported by a comprehensive multidisciplinary team including clinical nurse specialist, experienced secretaries, occupational therapists, physiotherapists, research nurse, research coordinator and transitional care co-ordinator.

- Educational Supervisor (s)

All the consultants provide educational supervision in accordance with RCPCH recommendations.

Clinical Training Responsibilities

The clinical service in Birmingham is consultant led and provides 24-hour consultant cover. Inpatient work is kept to a minimum by the innovative use of outpatient and day case working style. If inpatient stay is necessary there is full back up as the department co-operates closely with PICU, Nephrology, Orthopaedics, Ophthalmology, Dermatology, general paediatrics and Radiology. There are 5 outpatient clinics per week covering approximately 600 new patient referrals with a mix of inflammatory disease, connective tissue disease, some mechanical musculoskeletal problems and psychological illness, 1500 follow-up visits and a dedicated adolescent outpatient service. All StR work in these clinics is almost supernumerary and consultant supervised, therefore allowing an intensive training experience. At any one time we have approximately 450 patients receiving DMARD/Biologics covering the whole spectrum of paediatric rheumatology.

Workload / Rota Arrangements / Example Timetable

Each week the trainee would be part of 3 out of 5 available clinics, 2 MDT meetings, a joint injection list and a day case session. Trainees also provide out of hours to the Hospital at Night service as per rota.

Non Clinical Training Responsibilities (expectations of management / audit / teaching)

There is an expectation that trainees will take advantage of the numerous opportunities to receive audit, teaching clinical governance and management experience.

Further training opportunities

Research is encouraged and supported by the department. Special areas of interest are the longitudinal outcomes in JIA, role of imaging in Juvenile Idiopathic Arthritis and Dermatomyositis and joint injection therapy.

Any further information

We are a very friendly group of professionals with an emphasis on valuing the contribution of all team members.

Contact details for unit

Dr Penny Davis (Clinical lead): penny.davis2@nhs.net, or Dr Eslam Al-Abadi (Educational Lead): e.al-abadi@nhs.net. 0121 333 8208/8209.