

## Epilepsy Rescue Medication and BLS Workshops : CARE ABOVE AND BEYOND

*Gandhi.V, Paul-Lockitt.L, Kaptanoglu.L, Archer.S , Stevens.L*

### **Aims**

Increase patient trust in local Epilepsy Service  
Improve carer confidence in administering rescue medication  
Awareness of Basic life support  
Network with other carers

### **Service Delivery**

Twice a year we provided out of hours workshops , weekend or evenings and invite families and carers of children prescribed rescue medication for prolonged seizures.

- Provide current information on rescue medication
- Refresher training for carers in administering rescue medication
- Training in Basic Life support

### **Future Developments**

Invite young people to a dedicated workshop  
We would like to arrange epilepsy fun days to include other workshops and entertainment for our local families and patients

### Feedback from Carers

“feel confident in giving rescue medication and knowledge has improved”

“I gained insight into how other carers deal with seizures”

“was good to discuss appropriate care planning for our child”

“Very enjoyable and beneficial”



The Team and Carers 2017

*We are keen to hear if any other secondary care settings are providing workshops of this nature, if so please do get in touch.*

Finalists in East of England Healthcare Innovation Awards 2017

Acknowledgements : Paediatric Nursing Team, Department of Paediatrics, Luton and Dunstable Hospital, Cambridgeshire Community Specialist Epilepsy Nursing team

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### **Aims**

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### **Service Delivery**

Twice a year we provided out of hours workshops , weekend or evenings and invite families and carers of children prescribed rescue medication for prolonged seizures.

- Provide current information on rescue medication
- Refresher training for carers in administering rescue meds with buccal midazolam
- Training in Basic Life support

### **Future Developments**

Invite young people to a dedicated workshop

We would like to arrange epilepsy fun days to include other workshops and entertainment for our local families and patients

### **Feedback from Parents**

“feel confident in giving rescue medication and knowledge has improved”

“I gained insight into how other carers deal with seizures”

“ the encouragement given from all the staff to try to the skills really helped the learning - ...”

“was good to discuss appropriate care planning for our child”

“Very enjoyable and beneficial”

### **The Team and Carers 2017**



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