SAFE at Alder Hey
High Dependency Unit

* 15 bedded unit

* All specialties

* Open medical model

* HDU Consultant and APNP cover
  Monday – Friday 9 - 5.
2014 SAFE project began

* Complex medical problems with multiple team involvement.

* Need to maintain and overview of the entire unit.

* Increase communication and Coordination of multidisciplinary teams.

* Identifying issues/problems prior to them arising.

* Identifying those sick patients.
Patient Safety FIRST:

- FIND OUT
- INCIDENTS, PICU TRANSFERS, CARDIAC ARRESTS, RESOLVED AND REPORTED?
- RISKS, OPEN BEDS, SKILL MIX, ADMISSIONS, DISCHARGES, TRANSFERS, PHARMACY AND ID
- SICK PATIENTS, WATCHER? PLAN?
- TEAM TODAY? WHO'S HERE? STAFF MISSING? ROLES?

Inspired by Children
CHALLENGES.

• Change in culture / routine of shift

• Difficult to get medical staff to huddles initially

• Ideally wanted bed management to attend

• Only happening Monday to Friday

• Data collection
SUCCESSES.

- 0915hrs huddle - forward planning for that shift anticipating any potential risks.
- 1700hrs huddle - Review of patients and handover events of the day to on call team.
  - Opportunity to discuss the hospital more broadly and patients potentially needing HDU
- White board tags to identify watched patients, discharged patients and patients needing transfers.
- Survived a hospital move
RESULTS

Positive comments on Huddles: Nurses reported:
* Increased communication
* Improved safety
* Structured approach to plan the day
* Good way of highlighting sick patients
* Increased staff support

Future developments:
* Increase to weekends and nights.
* Bed management involvement.
* Further research to clarify impact on senior nurses and wider team.
ADVICE.

• Worth all the hard work
• Keep at it as it will eventually become a part of the daily routine
• Simple, Structured and focused.