

FOCUS



Putting children first at a time of political uncertainty

It's hard to keep track of what's happening in the political world in 2018, isn't it? From Brexit negotiations to government resignations to Donald Trump's Twitter feed – it can feel like everything that seemed certain one day can be rewritten by the next.

Among this turbulence, it is critical to keep making the case to decision makers about improving children's health so their needs don't get overlooked. The RCPCH has a crucial role to play in making sure this isn't allowed to happen and this is a challenge that our members are absolutely integral to helping us overcome.

To get children onto the political agenda in this time of confusion, we make sure politicians hear the expertise of our members. In the last three months

alone, College representatives presented evidence to multiple parliamentary Committees on issues spanning obesity to vaccinations.

Across the UK, promising new strategies and consultations have shown that change is possible for children's health if we make the case consistently and effectively. For example, the UK Government has promised consultations by the end of this year on diverse measures to tackle obesity, including a 9pm TV watershed for junk food advertising, as well as rolling out plans on mental health.

Meanwhile, the Scottish Government's own obesity plan and the Welsh Government's plan, *A Healthier Wales*, were published. An NHS '10 year plan' is also being drawn up and early signs

suggest that children will be a priority as this takes shape.

All of these give reason for hope. But there is much more to do to make sure momentum is not lost. Our members will be central to these campaigning efforts. Our Parliamentary Panel gives members the chance to help influence these big developments. We regularly run parliamentary training to develop the skills of members looking to campaign with us.

You can get involved by contacting public.affairs@rcpch.ac.uk.

Read more about how members are influencing in practice on page 4.

ALEXANDER LEE
Public Affairs and Campaigns Lead

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Together we will shape the future of child health



A long hot summer has passed since Focus was last published. I'm never very good with autumn and the loss of the summer light - but perhaps it's a good time to reflect on the events of the last few months and look ahead to new possibilities.

You may have heard from me since the last Focus, either through one off messages or my new monthly blog. I am keen to get communication working better without overloading you with more emails, so we're trying blogs. I'm told they are a cracking read!

Getting involved

One thing that has really struck me since taking up the presidency is the dedication and hard work of you, our Members and Fellows. All of what the College achieves is down to your passion, drive, and commitment to improving child health. This Focus issue showcases some of that important work, and I hope that the activities featured will inspire more of you to get involved with the College.

The College provides heaps of opportunities. You could be meeting



Change is also on the horizon due to some major cases that have recently hit the news.



with politicians, appear on telly or the radio (we provide training), work on the development of courses and events or provide medical expertise for reports and publications. And of course, we're always keen for members to get involved in a more official capacity, sitting on Committees or even joining me and colleagues on Council. The next call for nominations includes two Vice President vacancies.

These vacancies, for Vice President for Policy and Vice President for Science and Research, are exciting opportunities to lead the College's mission. We want **you** - if you have a passion for improving health for children and young people, proven leadership skills and are happy to leave your ego at the College front door! The successful applicants will continue the great work led by Dr Carol Ewing and Professor Anne Greenough over the past few years.

Speaking of new Council members, it gives me great pleasure to welcome Dr David Tuthill, our new Officer for Wales. Yet another Council member trained in the Southern Hemisphere (yes we're taking over, but only subtly!), David spent time in New Zealand but did undertake the majority of his training back home in Wales. He is keen to hit the ground running, as evidenced by

the Q&A with him on page 4. I know that you will all join me in thanking Dr Mair Parry, David's predecessor, whose hard work and passion for child health has led to significant policy change for children in Wales. Diolch, Mair!

A time of change

Changes are afoot in the health sector. After six years, we have a new Secretary of State for Health and Social Care. I have met with Matt Hancock on a couple of occasions, and look forward to working closely with him to ensure that child health is high on his agenda.

Elsewhere in Government, the Prime Minister announced a long-term plan for the NHS in England, with Simon Stevens declaring that children's health will be a key focus for this work. This was manna from heaven for me - as getting children up the priority list in England (to match Scotland and Wales) was one of the main tasks I set myself as President. I am particularly delighted to have been asked to sit on NHS England's Healthy Childhood and Maternal Health working group, which will shape the child health section of the plan. This is keeping me very busy - and I look forward to updating you on developments in the next issue.

Change is also on the horizon due to some major cases that have recently hit the news. The Home Secretary has announced a relaxation of the laws governing access to cannabis-based medicinal products, meaning that specialist clinicians would be allowed to prescribe the medicines to patients with exceptional need. At the time of going to print, Government is developing a clear definition of what constitutes a cannabis-derived medicinal product. We've published a Q&A on this issue on our website, which we will keep updated.

The other story dominating the headlines over the past few months has been the tragic case of Jack Adcock,

and our member Hadiza Bawa-Garba. The issues raised by this case have been of huge concern to members, and I wrote to you all immediately after the most recent court case to welcome the verdict and outline next steps. I want to take this opportunity to stress once again that we are working closely with the GMC, the Hamilton Review and Government to ensure that we can learn and move forward from these events.

With so many new developments, the College's political engagement activity has become more crucial than ever. Find out about the lobbying activities that members have taken part in – and how to get involved – on page 4.

Looking ahead

The new Progress curriculum has launched since the last issue, and I hope that those of you who made the switch on 1 August had a smooth transition. A huge amount of work has gone into the launch of Progress, but that doesn't end here. Page 7 details next steps for the curriculum's rollout, with information about how members can get involved.

Elsewhere, plans for the biggest membership event of the year, RCPCH Conference and Exhibition, are already underway, and I'm looking forward to seeing many of you in Birmingham next May!

Patient voice

When representing the College at meetings with decision makers, I am always acutely aware that I am speaking on behalf of not just members, but our patients. Children and young people remain at the heart of everything we do, and you can read more about participation work of RCPCH &Us, and the Engagement Committee, on page 5.

Your voice

One of my manifesto pledges was making sure the College engaged even better with members and ensuring your voices were heard loudly. We are working on improving the College's digital offer to make it easier for you to Skype into College committees and get our educational events out to you. We are also looking to introduce electronic voting to improve College democracy.

The future

In the next edition I will be telling you more about one of the key initiatives we have planned for the next three years – a Commission to look ahead to 2040 across training, education, health service and research to identify what paediatricians will be doing in 20 years, how they will be working – and how we as a College need to train and support them. The name of this Commission is TBC, but your voice and the voices of

children and young people will be at the heart of it.

As always, please don't hesitate to get in touch if you have questions or issues.



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About Focus

Focus is a quarterly magazine, mailed to all RCPCH members.

If you no longer wish to receive a copy, you can unsubscribe by logging into your RCPCH online account and updating your communication preferences. You can also review the full list of communications on offer through the College and set your preferences so you never miss out on the latest developments.

Website:
www.rcpch.ac.uk

Or, you can unsubscribe just from the magazine by emailing focus@rcpch.ac.uk quoting your RCPCH number and full name.

Members are invited to submit ideas for content (for planning purposes). Please send proposals only to: focus@rcpch.ac.uk

Notes

In the Summer 2018 edition, we used the measurement mm/mol instead of the correct mmol/mol when discussing the HbA1c levels for England and Wales and the respective NICE target. Please accept our apologies for any confusion caused.

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Members making an impact nationwide

Some excellent work from members over the last few months has shown it is possible to still make a big impact in the face of political chaos. For example, Dr Max Davie gave evidence to a Committee of MPs who are running an inquiry into the impact of screen-time on children's health. Professor Helen Bedford presented to a different parliamentary group about the UK's role in improving global immunisation rates.

In Scotland we recently hosted training for senior trainees on 'Developing the Leaders of Tomorrow'. Building on lessons about influencing decision makers, senior trainees have gone on to be invited to give presentations at Holyrood on obesity and attend policy launches.

Meanwhile our new Officer for Wales, Dr David Tuthill, has hit the ground running.

He's shared some thoughts on his policy priorities going forward for you to read.

In Northern Ireland, members are working hard to overcome the challenge of influencing an Executive without Ministers. NI Departments can still implement policies underway before January 2017 and members continue to engage with the Department of Health's (DoH) 2016-26 transformation programme, plus the Department of Education and CYP Strategic Partnership's draft 2017-27 CYP Strategy. Meanwhile, engagement continues on hyponatremia with members invited by the DoH to support the co-production of the Hyponatremia Related Deaths Inquiry Implementation Programme. Excitingly, Officer for Ireland Dr Karl McKeever has also been appointed Specialty Advisor in Paediatrics and Child Health to the CMO.

The political world isn't likely to calm down any time soon. But the urgent need to improve child health won't go away either and it has never been more important to work together to get heard across the UK.

CLAIRE BURNETT
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Get in touch:
public.affairs@rcpch.ac.uk

See how you can help us campaign, lobby and make a difference for child health.

New RCPCH Officer for Wales

RCPCH Media and Public Affairs team interview the new Officer for Wales Dr David Tuthill.

Tell us a bit about yourself

I live and work in Cardiff where I am a Consultant in General Paediatrics at the Children's Hospital for Wales. My training was in posts in Wales and New Zealand. Currently my post covers both the acute admissions with service weeks and outpatient clinics, especially for those with allergies.

Why did you become Officer for Wales?

I wanted to represent my fellow paediatricians in Wales with whom I share a mission to improve children's health. This role has a big part to play in making change for children in Wales.

The opportunity afforded by linking with Welsh Government, chairing the Executive Committee to exchange information with paediatricians and representing the College to decision makers excites me. By working with members and partners across the Welsh NHS, I hope to give children the priority they deserve.

What are your priorities?

Thanks to efforts over a number of years - and with particular thanks to my predecessor Dr Mair Parry - RCPCH Wales is at the heart of the big debates about child health. I want us to make progress on the recommendations for Wales in our ground-breaking *State of Child Health* report. I'm particularly keen to see advances in children and young people's mental health, which I've seen

as a growing issue during my time as a consultant paediatrician. There are several issues that matter to me personally that I intend to champion over the months ahead: for example, inequitable provision of allergy services and children's oral and dental health.

What have you got coming up?

As Officer for Wales I am also President of the Welsh Paediatric Society, and in the next few months the Irish Paediatric Association will welcome us to Galway for the joint WPS/IPA meeting - an event that only happens every four years and a great chance to meet fellow paediatricians! Also, with the Welsh Government developing its obesity strategy, I will be calling for ambitious and impactful action on junk food advertising and healthier eating.

How you can make an impact

RCPCH members lead on the college's mission to transform health through knowledge, innovation and expertise. Check out the RCPCH website to find up to date calls for nominations on a wide range of posts within RCPCH committees:

bit.ly/RCPCHnominations

RCPCH will be seeking applications for Vice-President for Policy and Vice-President for Science and Research. To find out more about these exciting opportunities visit the RCPCH website:

bit.ly/RCPCHvproles



The ICYP Engagement Committee – a new way of working?

The Infants, Children and Young People's Engagement Committee was established in December 2016 to provide overview and scrutiny on voice, engagement and participation within RCPCH. The Committee is chaired by the Registrar who has children and young people's voice within their portfolio, and was designed with engagement in mind, modelling a different approach for RCPCH committees.

What makes the committee different?

The membership - there are three young people, three parent/carers, two voluntary sector representatives (UK wide charities with strong engagement programmes) and four paediatricians and permanent members. They are joined by a visiting group of children and/or young people at every meeting to bring fresh service user experience and to act as a critical friend to the Engagement Committee, preventing voice institutionalisation.

The style - workshop style six times a year in a four-hour meeting on a weekend, which is facilitated rather than chaired with all agenda items turned into a range of games or group work activities.

What are the Committee working on?

Over the last two years, the Committee with visiting groups from Central Bedfordshire Youth Voice, Great Ormond Street Hospital Youth Forum, Barts Hospital Youth Empowerment Squad, Lanharan Drop In, Healthwatch Lambeth

Young Inspectors, RCPCH &Us members and the Upenyu Nerwamangwana Zimbabwean Youth Forum, looked at topics such as mental health, bullying in schools, sex and relationships education, reviewed posters for Conference and developed resources to increase awareness of the views and wishes of children and young people. The Committee also contributed to a resource shared at the Annual Conference 2018 on involving children and young people in committees. Read more at bit.ly/CYPFamilyVoice

The Committee are currently working on developing training for RCPCH members on involving children and young people in shaping services. Watch this space!

What do committee members think?

I enjoyed the interactive activities combined with group discussions. We managed to get a lot of things discussed and decided and the format was a good way to collaborate.

There are diverse ages, backgrounds, motivations within the ICYP Engagement Committee with acceptance and awareness that everyone is learning about this agenda and that we are not all experts.

What does one of the RCPCH Member reps think?

I joined the ICYP Committee when it first formed two years ago and have loved every minute.

I knew from the first meeting that this was going to be far more fun than your average committee meeting - we made collages as a way of introducing who we all were, whilst listening to pop music and wearing xmas jumpers!

The thing I love most though is quite how much we've achieved as a committee - the process of how we work may be more fun but the content of what we have produced and decided on is huge and has had a real influence on the work of the college. I come away from each meeting feeling inspired and wishing it wasn't so long to wait until the next one!

Dr Rebecca Hewitson

What does the Registrar think?

Facilitating the engagement committee has been one of my favourite tasks as Registrar for the College. I have been taught so much by the members of this committee and those groups that visit us. This committee has been involved in a wide range of College activity over the past 12 months, including a leading role in the selection process for our new Chief Executive. We have great ambitions for the next 12 months and beyond.

Dr Mike Linney

Looking to become a member rep or want more information? contact: and_us@rcpch.ac.uk

DR MIKE LINNEY
Committee chair

DR REBECCA HEWITSON
RCPCH member rep

Dr Bob Klaber awarded OBE

The College sends sincere congratulations to Dr Bob Klaber on the award of an OBE in the 2018 Queen's Birthday Honours. Dr Klaber, who received this honour for services to Paediatric Care, is a consultant at Imperial College Healthcare NHS Trust, where he is Associate Medical Director for Quality Improvement. He previously served as the RCPCH's Officer for Education Programme Development, in which role he led the establishment of a number of the RCPCH's innovative eLearning programmes.





RCPCH members lead the way in new educational course series in allergy

The care of children with allergic disorders is a fast growing and complex area of paediatrics where new developments in practice are being identified at pace.

However, our members, led by Dr Mich Lajeunesse, Consultant in Paediatric Allergy & Immunology, highlighted that best practice is hindered by a major gap in the provision of dedicated, multi-disciplinary, allergy training for health professionals.

With an idea to address this educational gap, and help improve allergy care in the UK, members approached RCPCH.

Contacting the RCPCH via email, I was able to submit my ideas and evidence quickly and build a conversation that led to the creation of a fantastic course.

Dr Mich Lajeunesse

What we did:

We worked with our members to develop the new *Paediatric Allergy Training (PAT)*, adapted from the successful one day *How to Manage: Paediatric Allergy* course.

PAT focuses on the practical, clinical management of paediatric allergy. It is a series of three study days, spaced over nine months. A UK-wide, multi-professional, expert faculty group, including leading GPs, dieticians, specialist nurses and consultant paediatricians and paediatric allergists, develop and lead the course.

The faculty's clinical knowledge, combined with RCPCH Education and Professional Development team's expertise in course modelling, led to the creation of this unique, innovative educational resource.

PAT is designed so delegates can learn

how to effectively manage children with food allergy, eczema, asthma, allergic rhinitis, anaphylaxis and urticaria. It uses a blended learning approach; each study day has tailored pre-course eLearning and practical workshops to inspire learning, discussion and interactivity.

Delegates are encouraged to attend all three days of PAT as the content increases in complexity over the series. They have time to put their new skills into practice before coming together again to review progress, share best practice and build up a network of colleagues - all dedicated to the delivery of high quality paediatric allergy services.

With a solid structure already in place, we worked with the RCPCH and multi-disciplinary colleagues from all over the UK. Beginning with teleconferences and progressing to face-to-face meetings, we were able to build upon existing materials to create a curriculum map, an eLearning module for pre-course learning and design unique workshops, tailored to meet the growing needs in allergy care.

Dr Mich Lajeunesse

Desired impact:

This ground-breaking allergy course series supports the education and training of future allergy specialists and it makes sub-specialty paediatrics accessible to a wider audience. It ensures health professionals are better equipped to meet the needs of the growing number of children and families affected by allergy

Develop your skills, realise ideas and improve child health:

We want to turn your ideas into reality, and create world class educational programmes to help improve child health.

Of course we can apply this course model to other clinical areas, and are particularly keen to hear from sub-specialty groups.

So if you have ideas for new courses and would like to work together in a committed way to develop programmes, get in touch:

education.provision@rcpch.ac.uk

Further information can be found at bit.ly/RCPCHCourseDev

IAN O'DONOGHUE
Education & Professional Development Lead

SALMA KHANCHE
Education & Professional Development Co-ordinator

DR MICH LAJEUNESSE
Consultant in Paediatric Allergy & Immunology, Southampton Children's Hospital

Course details:

PAT 1: 8 October 2018

Audience: Suitable for all paediatricians, general practitioners, specialist nurses and dieticians working with children with food allergy.

PAT 2: 1 February 2019

Audience: Those who attended PAT 1, as well as, all paediatricians general and AHP's practitioners.

PAT 3: 21 May 2019

Audience: Those who attended PAT 1 and 2, as well as, health professionals running, or looking to run, a paediatric allergy clinic in primary or secondary care.

More RCPCH course information:
bit.ly/RCPCHMoreCourses

Now that Progress is here...

Most members will be aware that from August 2018 the new RCPCH Progress curriculum has gone live, giving a more flexible framework to support training and setting realistic and relevant standards for trainees.

If you're unsure what Progress is, how it works, or how it will impact on you as a trainee, supervisor or assessor, don't forget you can find out everything you need to know at: bit.ly/RCPCHProgress and on our Progress FAQs page.

More resources will be published regularly over the coming months to help you get the most out of the curriculum, all year round.

Many trainees and trainers across the UK had already been using the Progress curriculum last year, as 'Early Adopters'. We'd like to say a huge **thank you** to all of them for the time and energy they invested in getting to grips with

Progress and taking part in our focus groups and questionnaires. Find out more about what some of the Early Adopters thought of Progress and their tips for clinicians starting to use it this year, at: bit.ly/EarlyAdopterFeedback

The Early Adopters gave lots of fantastic feedback which helped us refine the curriculum and how it works in ePortfolio, but we are also really keen to hear from you about your experience of using Progress to support training and development, particularly using it for recording and reflecting on assessments.

If you would like to share your feedback, or tell us about any interesting examples that have helped your evidence the curriculum requirements, please do email us at: progress@rcpch.ac.uk.

So what's next?

There will be a further update to the curriculum in 2020 as we align our training programme to the recommendations of the *Shape of Training* report. This means moving to a two rather than three level programme, with even more flexibility in how you train, and a broader curriculum in the earlier stages of training to include increased exposure to primary care and mental health. The College's position statement outlining our plans is online at: bit.ly/RCPCHPositionPaper

If you would like to support one of the working groups leading this work, please contact: qualityandstandards@rcpch.ac.uk.

JENNI THOMPSON
Quality & Standards Manager

New app and review of medicines leaflets



Medicines for Children is a partnership project between the RCPCH, the Neonatal and Paediatric Pharmacists Group (NPPG) and the national children's charity WellChild. The aim of the project is that any parent, wherever they are, can access accurate and reliable information on their child's medicines. This information is presented in easy-to-read leaflets via a free website and is written by practicing paediatricians and pharmacists specifically for parents and carers.

Medicines for Children hosts over 210 medicines information leaflets and 12 parent support videos, with 14 more videos due to be launched in 2018/19. The medicines leaflets record over three million views a year. They were initially developed based on the most commonly prescribed paediatric medicines in the BNFC but

they are now commissioned following requests from families or healthcare professionals based on patient need for information.

Managing a complex medicines

In July 2018 Medicines for Children won funding from Comic Relief's *Tech for Good* programme to develop an app to support families managing a complex medicine routine at home. The grant will enable detailed investigation to explore how technology can help in families' daily lives. The app will be developed with families needs at its core and will enable a personalised system to make managing their child's medicine simpler and safer. Parents currently report a lack of appropriate information when prescribed new medication, elaborate paper-based systems to keep on top of medicine routines and the constant need to repeat themselves to health

professionals. The app will alleviate some of this strain – from dosage reminders and record keeping, to instant access to their child's medicine information wherever and whenever they need it. The rapid development time and support from Comic Relief means that the app will be ready to launch at the RCPCH Annual Conference in May 2019.

If you would like to offer your views on the development of the medicines management app or to provide your medical expertise in reviewing the published medicines leaflets online, please get in touch with the Medicines for Children team at the RCPCH: medicines.leaflets@rcpch.ac.uk.

ANNA ROSSITER
Project Co-ordinator - Medicines for Children

Supporting quality improvement in neonatal care

The National Neonatal Audit Programme (NNAP) is a longstanding RCPCH managed audit, running at the College since its inception in 2006. It uses routinely collected data to support quality improvement in neonatal units of all types across England, Scotland and Wales.

The NNAP is overseen and advised by a Project Board and a Methodology and Dataset Group. These groups are formed of RCPCH consultants and trainee members as well as representatives from the British Association of Perinatal Medicine, Bliss, the Neonatal Nurses Association, the Neonatal Data Analysis Unit and neonatal networks across England, Wales and Scotland. The Board has three parent representatives, who, through their insight and challenge, have increased the focus of the audit on family centred care.

This autumn, the NNAP publishes audit results for 2017 data. In addition to the existing audit measures, the audit

reports new measures focused on parental partnership in care; looking at minimising separation of mother and baby, and the presence of parents on consultant ward rounds. This year we also describe how many of the least mature babies are delivered in units best suited to care for them. The final new measure describes, for the first time, how many babies develop necrotising enterocolitis.

In 2019, the audit will start to report on a new measure of neonatal nurse staffing levels using 2018 data, focusing on the proportion of shifts staffed according to relevant standards, and the number of additional shifts that would be required to meet those standards.

The success and utility of the NNAP for driving quality improvement relies on the dedication of the neonatal teams who ensure the quality and completeness of their data by reviewing their NNAP quarterly reports, and strive to improve the quality of the care they provide. Case

studies showing how NNAP data have been used to drive quality improvement are available on the NNAP web pages and in our annual reports.

To access NNAP annual reports and parent and carer guide *Your baby's care*, and to find out more about the NNAP, visit: bit.ly/RCPCHNNAP

You can view NNAP results at NNAP Online and download unit results posters to display in your neonatal unit at: <http://nnap.rcpch.ac.uk>

If you have a project or example of how you've used NNAP results to support local quality improvement that you'd like to share, please get in touch via nnap@rcpch.ac.uk

RACHEL WINCH
Project Manager, NNAP

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RCPCH Conference and exhibition

13-15 May 2019, ICC Birmingham



**Paediatrics:
pathways to
a brighter
future**

Book your early bird place

Returning to Birmingham for 2019, the RCPCH Conference and exhibition will offer you a choice of sessions, led by experts in their field, as well as keynote talks and unique networking events.

The keynote talks will take place throughout the three-day event with leading voices taking to the main stage to share their experiences and answer your questions. Keep an eye on the conference website for the latest speaker updates.

Speakers confirmed for 2019 include:

- **Professor Sonia Saxena**, Professor of Primary Care/ Head of Child Health School of Public Health, Imperial College London
Harnessing data to improve child health
- **Dr Pierre Barker**, Chief Global Partnerships and Programs Officer, Institute for Healthcare Improvement
Using healthcare improvement methodology to enhance outcomes for mothers and children
- **Ms Yvonne Coghill**, Director Workforce Race Equality Standard Implementation Team, NHS England
Improving care for all children: the importance of diversity
- **Dr Adrian Plunkett**, Consultant Paediatric Intensivist, and Head of Service, Birmingham Children's Hospital
Learning from Excellence - a positive approach to safety and staff feedback

Reserve your discounted early bird place at: bit.ly/RCPCHConf19



Supporting future paediatricians

We are a relatively young organisation, created in 1996 but already the work of our members has set in place legacies that will change people's lives forever.

Part of the College's mission is to provide the highest standards of paediatric education and training. We do this in a number of ways, from setting the training curriculum to providing research and opportunities to develop

your skills and experiences abroad. Much of this important work is funded through membership fees and commercial support, but it is also driven through donations and legacy gifts in wills.

Leaving a legacy to the College in your will would help the College to continue our important work. Previous legacies have funded major research and education projects, securing the

best possible resources and support for paediatricians and the children they serve.

You can choose from a number of areas you might want to support, or talk to us if there is something specific you would like to continue in your name.

MAURICE O'CONNOR
Major Donor and Campaigns Manager

Empower children and young people

The RCPCH work tirelessly to ensure children and young people have a voice and a right to shape the care they receive.

By leaving a gift in your Will, you could enable the College to continue to ensure children are heard and contribute to child health. #VoiceMatters



Collections and archives

From the formation of the British Paediatric Association in 1928, to the present day, there is a rich history of the RCPCH that is being expanded and preserved for generations to come. This important look in to the past is a reminder of how far child health has come and the importance of continuing this work.



Global child health programmes

By donating to the RCPCH's global programmes, you will be helping to improve child health in low-resource settings and making a huge difference across the world.

From emergency triage assessment and treatment, to essential new-born care, you can help save young lives.



Request a brochure and view further information on how you can support these or other activities by visiting: bit.ly/RCPCHlegacy.

If you would like to talk with the team please email us at: fundraising@rcpch.ac.uk or phone: **020 7092 6078**.

RCPCH courses and events 2018

www.rcpch.ac.uk/courses

Education and Leadership: Effective educational supervision

6 November, Bristol | bit.ly/RCPCHeesb

Education and Leadership: Mentoring skills

6 November, London | bit.ly/RCPCHelms

How to Manage: Benign haematology

15 November, London | bit.ly/RCPCHbh

How to Manage: Chronic pain

23 November, London | bit.ly/RCPCHhtmcp

How to Manage: Common dermatological problems

6 December, London | bit.ly/RCPCHcdp

How to Manage: Child mental health in general paediatrics

7 December, London | bit.ly/RCPCHcmh

Dates correct at time of going to press. Limited places available.

View more courses at www.rcpch.ac.uk/courses

Access eLearning courses anytime on Compass at rcpch.learningpool.com



In the Twittersphere

The RCPCH's Twitter presence continues to gather pace with more than 15,400 followers. Here's a highlight of our activity over the last few months, what's coming up and how you can support us via our social media channels.

As always Social Media has played an important role in helping to disseminate a wide range of #ChildHealthMatters over the past few months. Thank you to all who have helped increase the reach and impact through sharing and joining in the conversations.

Further to sharing news and information on launches such

as #RCPCHProgress, National Paediatrics Diabetes Audit report #NPDA1617 and #FacingTheFuture standards, followers have also been busy celebrating their thoughts on #NHS70 and #PaedsRocks.

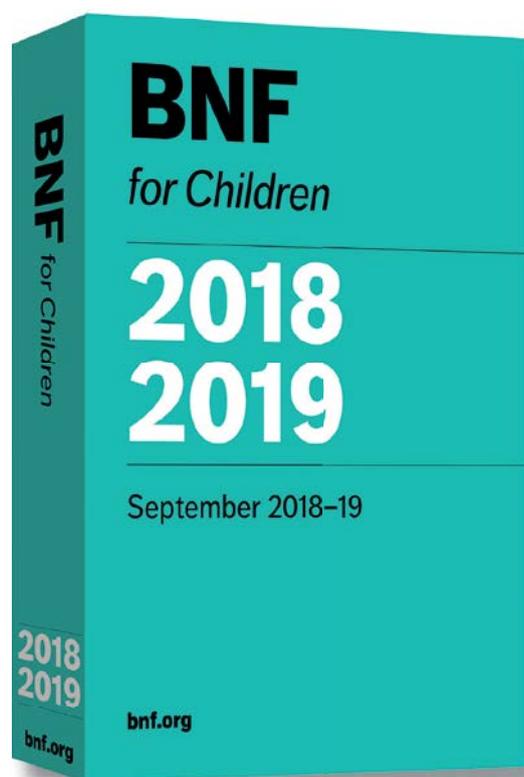
Other exciting projects that got our twitter sensors twitching include @NHSRainbowBadge and #endPJparalysis with the physio and

occupational therapy team at UCLH working hard to adapt a pre existing campaign to include children and young #VoiceMatters on this subject. Be sure to check out both next time you're on Twitter.

Follow @RCPCHtweets on Twitter and visit our Facebook page at www.facebook.com/RCPCH.

BNF *for Children* 2018-2019

Guiding health professionals on all
aspects of paediatric drug therapy



About the BNF *for Children* (BNFC)

The BNFC provides essential, practical information to all healthcare professionals involved in the prescribing, dispensing, monitoring and administration of medicines to children.

Significant new content updates to the 2018-2019 edition include:

- Updated guidance on attention deficit hyperactivity disorder, chronic asthma, cystic fibrosis, prescribing in multimorbidity and deprescribing, and urinary tract infections.
- New drug monographs including daptomycin, emtricitabine with tenofovir disoproxil, ipilimumab, ledipasvir with sofosbuvir, nilotinib, sofosbuvir, and tenofovir alafenamide.
- New safety information on head lice eradication products and the risk of serious burns if treated hair is exposed to open flames or other sources of ignition and valproate medicines now contraindicated in women and girls of childbearing potential unless conditions of Pregnancy Prevention Programme are met.

and more...

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