

RCPCH Wales: St David's Day Conference 2019



1 March 2019, Radisson Blu Hotel, Cardiff City Centre

From Fetal Life to Adulthood: Mental health and well-being

The St David's Day Conference 2019 will focus upon the promotion of mental health and well-being in children and young people.

As mental health and well-being in children and young people continues to deteriorate, the challenge for child health professionals continues to grow. Increasingly the workload in an acute setting is for children with behavioural and emotional problems who present in crisis.

This conference will guide professionals through the early interventions available and how to deal with the complex situations that they may encounter across the lifespan of a child, from the neonatal period through to adolescence.

We have a responsibility to be advocates and offer early intervention to promote and support the emotional well-being and resilience of all children and young people.

Book now:
bit.ly/RCPCHWales19


**Royal College of
Paediatrics and Child Health
Wales**
Leading the way in Children's Health

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The Royal College of Paediatrics and Child Health (RCPCH) is a registered charity in England and Wales (1057744) and in Scotland (SC038299).

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Programme

8:00	Registration
9:00	Welcome and introduction: Dr David Tuthill, RCPCH Officer for Wales
9:15	“Giving babies the best start” Dr Maha Mansour and Family Integrated Care Team, Singleton Hospital, Swansea
10:00	Adverse childhood experiences Dr Aideen Naughton, Service lead / Designated Doctor, Public Health Wales
10:45	Morning break
11:15	Mental health in adolescence with chronic illness Professor Russell Viner, President of the RCPCH
12:00	The paediatrician's role in mental health Dr Max Davie, Officer for Health Promotion, RCPCH
12:45	Lunch
14:00	Long term consequences of childhood mental illness Professor Alka Ahuja, Consultant child and adolescent psychiatrist and Lead consultant for the Specialist Neurodevelopmental Service
14:45	The future role of the paediatrician in mental health Q&A panel with multidisciplinary representation
16:00	Close

Fees

RCPCH Member Trainee: £70

RCPCH Member Consultant: £100

Non-Member: £150

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Early bird discount
of £15 until
18 January 2019