

WHAT DO YOUNG PEOPLE WANT TO BE IMPROVED AS PART OF THE NHS LONG TERM PLAN?

300+
YOUNG PEOPLE
SHARED
THEIR
VIEWS...

IMPROVE MENTAL HEALTH SUPPORT

MORE ACCESS TO MENTAL HEALTH SUPPORT, QUICK REFERRALS, RECOGNITION FOR MENTAL HEALTH NEEDS, SUPPORT FOR EVERY DAY MENTAL HEALTH ALL THE WAY TO CRISIS SUPPORT, ALL STAFF TO BE TRAINED AND AWARE

25%
SAID

CREATE CHILD & YOUTH FRIENDLY SERVICES

MORE ACCESSIBLE SERVICES WITH SHORTER WAITING TIMES & QUICK REFERRALS, HEALTH WORKERS NEED TO BE TRAINED ON HOW TO COMMUNICATE WITH US, HAVE KNOWLEDGE & AWARENESS OF OUR IDENTITIES EG. LONG TERM CONDITIONS, TRANSGENDER, LOOKED AFTER

31%
SAID

21%
SAID

GIVE US SKILLS FOR HEALTH

MORE TIME GIVEN TO SHOW US HOW TO STAY HEALTHY, SUPPORT TO LEARN ABOUT BUYING AND COOKING HEALTHY FOOD, SHOW US HOW TO DO SELF CARE WELL TO HELP PREVENT PROBLEMS HAPPENING, BETTER HEALTH EDUCATION

6%
SAID

IMPROVE TRANSITION

IMPROVE SUPPORT WHEN MOVING BETWEEN SERVICES & DEPARTMENTS, HAVE A LEAD WORKER WHO KEEPS IN TOUCH THROUGH TRANSITION AND AFTER, TRAIN STAFF IN HOW TO WORK WITH YOUNG ADULTS IN AN AGE OR ABILITY APPROPRIATE WAY

UNDERSTAND, LISTEN, VALUE & INCLUDE OUR VOICE & OUR RIGHTS IN OUR HEALTHCARE, INCLUDE US IN SHAPING SERVICES, RESPECT OUR NEEDS THAT ARE DIFFERENT TO WHEN YOU WERE OUR AGE

16%
SAID

LISTEN TO OUR VOICE

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NEEDS, SUPPORT FOR EVERY DAY MENTAL HEALTH
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