# 



# Standing up for child health: a long-term priority

As 2018 comes to an end, it's undeniably been a landmark year for the NHS. With its 70th anniversary, a major funding settlement and the upcoming NHS England Long Term Plan, there's been a lot to handle.

The Government's new Prevention Vision, consultations on childhood obesity proposals and the Long Term Plan's Healthy Childhood and Maternal Health workstream have provided promising opportunities to put children's needs firmly on the radar.

But looking ahead, it's clear that monumental challenges to improve child health remain. In October we revealed the scale of these challenges in our Child health in England in 2030: comparisons with other wealthy countries report, which projected future health outcomes based on current trends. Our

findings highlighted the hurdles for the next decade with reported mental health problems set to increase by 60%, A&E attendances by 50% and, most heartbreakingly, mortality rates set to be 140% higher than in comparable nations. The full report and recommendations can be read here:

#### www.rcpch.ac.uk/report2030

Our report makes clear the desperate need for a Children and Young People's Health Strategy to solve diverse child health problems in a joined-up way. But it also argues for investment in health visiting, a women's health strategy and system-wide changes on children's voice to address entrenched problems and inequalities. We're calling for the Long Term Plan to deliver all of these.

The Long Term Plan, expected in December, may be out by the time you're reading this and may well reflect our recommendations. But, whatever it brings, it's clear the fight for child health does not end when it's published. What is really critical is the passion, clarity and resource with which any vision for child health is implemented.

This Long Term Plan can kickstart a genuine transformation. But the fight to prioritise child health is a long term commitment in itself, and it's one we never intend to give up.

Find more details about the Long Term Plan at: www.rcpch.ac.uk/long-term-plan

You can get involved by contacting public.affairs@rcpch.ac.uk.

**ALEXANDER LEE HALL Public Affairs and Campaigns Lead** 

### **FEATURING**

- From the President
- Winter pressures
- **Effective engagement of children** and young people
- **Invited reviews**
- Paediatrics as a career
- 10 NCYP Diabetes Quality **Programme**

## \*RCPCH Compass Online learning for child health

Free eLearning rcpch.learningpool.com

# Looking at the journey ahead for all in child health



I'm writing this before the turn of the year, fresh off the plane from Australia. A number of meetings with Australian colleagues left me hugely appreciative of how lucky we've been to have an independent college for children and young people's health, to have a national health service and to have a stable political system.

OK maybe that last one isn't right – however, you may know that Australia has had to remove the question 'Who is the Prime Minister' from the Mini-Mental State Examination as they now change so often nobody can remember who it is. I was also glad to be back from the incessant sunshine.

You may or may not be mourning 2018. For me it was an extraordinary experience to be elected President of this College by my peers. I've also got a brilliant new knowledge of railway platforms of Britain that I might try to parlay into a Mastermind attempt.

But I'm very much looking forward to 2019 – which in my grinding optimism (I've learned you have to grind out the optimism sometimes!), promises to be a great one for the College.

"

I want us to move from being reactive or having a short-term future outlook to having a longterm vision



This issue of Focus is jam-packed with College news, including features on the latest PCO UK updates on page 9, and our exciting children and young people's diabetes quality programme on page 10. See page 7 for an article on new Paediatric Early Warning Systems as well as an excellent success story from the Invited Reviews team. The RCPCH Invited Reviews service supports healthcare organisations, commissioners and clinical teams to resolve concerns about paediatric service provision, safety, training, compliance with standards, reconfiguration or service design. This success story highlights a case study in Wales, where the review drove the development of a new model for neonatal care that benefits both mothers and babies. Sticking with Wales, I'm looking forward to speaking at St David's Day Conference 2019 in Cardiff on 1 March - I do hope to see many of you there.

In the last issue, I hinted at an exciting new project that the College is undertaking to look ahead to what paediatricians will be doing in 20 years. I'm pleased to announce that *Paediatrics 2040* is now underway, and

will be a major focus of our work this year and next. This taskforce aims to investigate what the key issues are likely to be for paediatrics and paediatricians over the next 20 years in the UK, predict the impact that social change and new technologies (AI, genomics etc.) will have on our practice, and work out how the College can better support members into the 21st century. I want us to move from being reactive or having a short-term future outlook to having a long-term vision - which I think will be the best way to ensure health for future generations of children and young people - and the best way to preserve your quality of life.

Paediatrics 2040 will kick start in earnest this spring, with roadshows up and down the country to engage with you, our members, gathering feedback and views from the frontline. We will also be gathering evidence from other healthcare professionals, policy makers, academics and wider stakeholders. Keep an eye on our website for further details of the roadshows, and please do get involved – we need your experiences, insights and expertise to make a success of this new ambitious project.

At the time of going to print, NHS England had not yet published their Long Term Plan for the health service over the next ten years. Hopefully by the time you are reading this, we will know what is in it. Since the plan was first announced back in summer 2018, we have been calling for children and young people to be at its heart and I was named on the working group which pitched strong proposals for more investment into children's healthcare. Our Child health in 2030 in England: comparisons with other wealthy countries report made a strong case for investment in children's health, revealing worrying projections for how child health outcomes would likely lag ever further behind comparable wealthy countries by 2030 without urgent action by the NHS and Government. We have made it clear to decisionmakers that we need a Children and Young People's Health Strategy for England, like the strategies we see developing in Wales and Scotland. Read more about the report's finding and recommendations, and our priorities for the NHS Long Term Plan, on the front page of this edition.

It may be a new year, but the difficult winter season continues. I know that many of you working in emergency departments will have completed the survey on winter pressures that we issued last summer. The responses we received will inform how we at the College can better support members to prepare for the winter period. More information on this will be unveiled at this year's RCPCH Conference and exhibition, but in the meantime read an update conducted by RCPCH Chief Executive Jo Revill on page 4 with Dr Emma Coombe and Dr Dani Hall.

Paediatrics is a hugely rewarding speciality, as the many wonderful excerpts by Members on page 8 demonstrate. But fantastic as paediatrics truly is, we know that there is work to be done to tackle the ever-increasing strain placed on our workforce across the UK. Our Workforce Census 2017 survey. available on our website soon, highlights this issue. Addressing these pressures and achieving a significant expansion in numbers trained and working in paediatrics and child health is a key priority for the College, and rest assured that we will continue to engage with Governments and relevant workforce

bodies across the UK in 2019 to make the case for a comprehensive strategy that effectively plans the future children's health workforce within the best models of care. In 2018 the College also made various changes relating to applications and membership to help engage with more people who may be considering a future in paediatrics, including; lifting restrictions on prior paediatric experience for ST1 entry and making foundation membership free. Do visit the careers section on the website for more details.

I know that all of these topical issues and more will be high on the agenda at RCPCH Conference in Birmingham in May, and you can find more information on what to expect this year on page 5. I look forward to seeing you there!

As you read this in January, we will be preparing to launch our *State of Child Health: Two Years On* scorecards at events in Westminster, Holyrood, Cardiff Bay and Stormont. These scorecards will monitor progress made by Governments and other relevant decision-making bodies across the UK against the policy recommendations set out in our *State of Child Health* report. This will be the final update before a brand new report - *State of Child Health 2020* – is launched this time next year. Keep an eye out for more information on *Two Years On* activity in the next issue.

I hope you enjoy this edition of Focus, and as ever, please do get in touch with me if you have any questions, thoughts or issues you'd like to raise.

I always welcome your correspondence, and with so much on the agenda for the year ahead, members' involvement in College work will be more important than ever!



PROFESSOR RUSSELL VINER president@rcpch.ac.uk 020 7092 6077

Follow on Twitter:

@RCPCHpresident

### Related content

Paediatrics 2040 www.rcpch.ac.uk/paediatrics2040

Child health in 2030 www.rcpch.ac.uk/child-healthengland-2030

State of Child Health: Two Years On www.rcpch.ac.uk/my-priority

Careers in paediatrics www.rcpch.ac.uk/careers

### **About Focus**

Focus is a quarterly magazine, mailed to all RCPCH members.

If you no longer wish to receive a copy, you can unsubscribe by logging into your RCPCH online account and updating your communication preferences. You can also review the full list of communications on offer through the College and set your preferences so you never miss out on the latest developments.

Website: www.rcpch.ac.uk

Or, you can unsubscribe just from the magazine by emailing focus@rcpch.ac.uk quoting your RCPCH number and full name.

### **Notes**

Editors: Colin Goodwin Jo Ball

Published by: The Royal College of Paediatrics and Child Health 5-11 Theobalds Road, London WC1X 8SH Tel: 020 7092 6000

RCPCH is a registered charity: no. 1057744 and registered in Scotland as SC038299.

Members are invited to submit ideas for content (for planning purposes). Please send proposals only to: focus@rcpch.ac.uk



For the first time, the RCPCH Intercollegiate Committee for Standards for Children and Young People in Emergency Care Settings is working to produce winter planning guidance to support clinicians and service managers to prepare and plan for the rise in attendance during winter.

The numbers of children brought to emergency care settings are rising each year. There are now two and a half times more attendances to the emergency department (ED) by children under 15 than by adults aged over 80. Yet members tell us hospitals are closing children's wards during winter to turn them into assessment wards for older people, meaning bed availability and the appropriate space needed for treating children in the ED are not prioritised.

This winter many infants will suffer from respiratory illnesses, including respiratory syncytial virus, which puts paediatric intensive care units under additional pressure. A survey of 265 members across the UK shows us that vacancy rates carried by nearly all trusts and health boards for paediatricians and nurses is the single greatest challenge when caring for children during the winter.

In the autumn of 2018 an extra £145m was found by NHS England to help trusts prepare for the coming months and similar commitments from Scotland, (£10m), Wales (£5m) and Northern Ireland (£10m) were earmarked to support health boards with developing robust plans and to build capacity. Our winter planning project is looking to ensure that members are provided with the tools and guidance needed to prepare for the rise in attendance to the hospital during winter. This includes planning across the wider system to

ensure services are working together to meet the needs of local populations.

#### The struggles we face

Dr Emma Coombe, an ST4 paediatrician working in Musgrove Park in Taunton, Somerset and trainee representative on the Paediatricians in Medical Management committee commented, 'In my trust, we don't have a paediatric assessment unit. Every child who is referred to us comes in as a full admission, booked in. We see an awful lot of children who are ill but who don't need to be in hospital. What they often need is a dose of paracetamol and rest in bed. Time is the best diagnostic, as they say, but the system isn't allowing properly for that.'

When Dr Coombe did some work in Wales with the deanery, she said she began to understand more about the links between the different parts of the system. 'The struggles we face on the ground can often appear remote from the decisions that have to be taken much, much earlier. But for me, paediatrics needs to be involved in those decisions from the first stages.'

Indeed, results of our survey illustrate the issues facing members in today's urgent and emergency care system that prevent paediatricians and child health professionals from delivering safe, effective and high-quality timely care to children. The winter planning project will look to better understand these issues and will work with members and medical decision makers to collect and share solutions. This will include best practice tools, joint working with the Royal College of Emergency Medicine and making the case for improvements using existing workforce data collected by the College's Medical Workforce Census.

#### Road-testing the way forward

The winter planning project is steered by three clinicians. One, Dr Dani Hall, a consultant in child emergency medicine at the Evelina Hospital in London tells us 'The staff shortages which are there across the year become worse during winter as staff fall ill. That's why medical staff having the flu vaccine becomes so important. But overall, we need a whole systems approach to tackle this.

'What concerns me is that when money is set aside, often children are not mentioned - as if they are forgotten. The public health messages are so important, and so too are services that can be offered by pharmacies, by GPs with proper advice lines and community nursing teams.'

The results of a national audit of Facing the Future: Standards for children in emergency care settings will be presented with best practice from across the UK at the 2019 RCPCH Conference in Birmingham. Dr Hall added, 'Now that there is more survey data, the group is in a good position to pull together the examples that paediatricians can use to build up their own services. The outcome has to be that we are helping clinicians at the coalface to change their environment so that they can cope with these pressures.'

You can see results of the winter pressures survey, initial information and updates on the winter planning project by visiting:

www.rcpch.ac.uk/winter-pressures

JO REVILL RCPCH CEO

### **\*RCPCH Conference and exhibition**

13-15 May 2019, ICC Birmingham

### Springtime in Birmingham is the place to be for this year's RCPCH Conference and exhibition.

From 13 to 15 May, Birmingham will play host to paediatricians and child health professionals for a fantastic programme of keynote talks, sub-specialty workshops and hands-on simulation sessions.

But that's not all, it's also an opportunity to come together to discuss the challenges we face in paediatrics and plot a brighter future for the profession.



Early bird registration is open with reduced rates until midnight, GMT, Friday 15 February 2019.

Find out more at: www.rcpch.ac.uk/conference

Want to see what the RCPCH conference is all about?

Take a look at our Conference 2018 roundup video: www.bit.ly/2018-conference-roundup

### A message from Dr Camilla Kingdon



RCPCH Vice President for Education and Professional Development and Chair of the Conference Committee, Dr Camilla Kingdon, discusses the focus of next year's event.

These are turbulent times for paediatricians. A host of issues around workforce, funding, public

expectations and social and generational concerns seem to contribute to very challenging conditions for our specialty. More than ever before it is vital that we, as a community of paediatric and child health professionals, unite to support each other and create a sustainable vision for the future.

### A forward-looking theme:

Our 2019 conference has as its theme, "Paediatrics: pathways to a brighter future". It's an explicitly optimistic theme for a conference that will focus on how we safeguard the future of the workforce and ultimately the children and young people we serve. Book your place and be part of this important conversation.

We will also use these three days to shine a spotlight on good practice, clever ideas, skills for safeguarding wellbeing, ways to promote clinical academic career pathways and innovations that improve clinical services, team morale and recruitment. We will explore examples from other countries – of various economic settings – that will help us look differently at how we do things.

### Annual General Meeting 2019

The College's Annual General Meeting will take place on 14 May 2019 as part of the RCPCH Conference in Birmingham. It will receive a report on the College's activity in the last year, the Treasurer's report on the accounts, and a number of other pieces of business. In addition, in accordance with the Bye-Laws, the meeting will consider any motion "submitted in writing to the College not less than 10

weeks before the date of the meeting, accompanied by the signatures of 15 members being eligible to vote at the Annual General Meeting." The 10-week deadline for motions falls on 5 March 2019, at 17:00.

Such motions – or any queries about the AGM – should be sent to: graham.sleight@rcpch.ac.uk.



In 2016 RCPCH launched its ambitious programme to involve children and young people in decision making across the work of the College. Since this conception, RCPCH &Us has seen involvement with over 3,500 under 25s parent/carers.

Together we transformed the model of engagement: from a traditional forum to a tiered approach. Significant involvement of children, young people and families has been seen across the four nations in all areas, from governance with a trustee who is under 25, to informing the new curriculum, sharing views and reviewing responses in audit work and interviewing for the new Chief Executive.

### Effective engagement of children and young people courses

Our new pilot of four 1 day courses delivered in Cardiff, Glasgow, London and Belfast this autumn is just one example of how we are changing the landscape with child health professionals. Commissioned by the ICYP Engagement Committee (which you may remember from our issue of Focus - Autumn 2018) the courses are designed to best support our UK wide members and child health sector stakeholders by;

- giving the chance to learn about engagement
- understanding how to develop a successful plan for engagement
- giving space to unpack challenges, barriers and look at their ideas and experiences where involvement has been successful
- finding out more about bespoke RCPCH &Us engagement tools

Across the four nations over 100 professionals attended these pilot schemes.

"Using other methods of engagement not just flyers are important, the recipes booklet has really useful tips and the networking potential in the course was important" - Course attendee

In November, the ICYP Engagement Committee met to review the findings from the courses along with insights from discussions held with paediatricians as part of the scoping phase of this project. Visiting young people from Central Bedfordshire Youth Voice. Great Ormond Street Youth Forum and visiting paediatricians from King's College Hospital worked with committee members to help develop more practical resources to support talking about engagement within health sessions with colleagues and children, young people and families and developing online materials to increase reach. These will be launched in 2019 - please contact: and\_us@rcpch.ac.uk for more information.

EMMA SPARROW Children & Young People's Engagement Manager



### Expanding our clinical courses geographically

We will roll out a sustainable clinical programme of courses across the UK using our existing course templates, attracting local clinicians to teach on them and the devolved nation offices to help run them.

Spring 2019 will see *How to Manage* and *Progressing Paediatrics* courses held in Sheffield, Manchester and Glasgow. If you would like to get involved in teaching on these courses in your area, please email: education.provision@rcpch.ac.uk

### St David's Day Conference 2019

Childhood mental health and wellbeing is increasingly recognised as an emerging epidemic in children and young people. As paediatricians we have a responsibility to be advocates and offer early intervention to promote and support the emotional wellbeing and resilience of children and young people.

Join us in Cardiff for a day focused on mental health in infants, children and young people, with a discussion on our role as paediatricians.

www.rcpch.ac.uk/st-davids-day-2019





### From placards to partnerships - neonatal journeys in North Wales

From a decade of polarised views, public pressure and safety risks, to the launch of a new centre for intensive neonatal care, here's how the RCPCH's Invited Reviews service helped turn things around in North Wales.

In 2013 neonatal care in North Wales was delivered across three sites; two nominally offered intensive care (NICU) although were not British Association of Perinatal Medicine (BAPM) compliant. Activity levels and recruitment challenges meant that a fully compliant NICU was not viable in the long run but there was a strong and longstanding public and political lobby to keep neonatal care in Wales.

With increasing tension between stakeholders and growing concerns about patient safety, the First Minister Carwyn Jones AM, asked RCPCH's Invited Reviews service to identify a sustainable model for neonatal intensive care services across the region.

The Review Team undertook extensive engagement with clinical staff, unions, families, politicians and the public and visited each site to understand service challenges and the needs of families. They worked with BAPM and a Government team to develop safe options, retaining as much neonatal activity in Wales as possible at a single specialist site, to minimise travel time, develop local skills and acknowledge public views.

The recommendation was supported by clinicians, politicians and the public, and after years of disagreement and political unrest, the proposals had cross-party approval when presented by the First Minister to the Welsh Assembly in 2014.

In September that recommendation was realised with the opening of the unique 'Sub Regional Neonatal Intensive Care Centre (SuRNICC)' at Ysbyty Glan Clwyd. The 20-cot unit cares for

sick and very premature babies across North Wales, linking to both the Wales and Cheshire and Mersey Neonatal Networks. It includes transitional care, a neonatal transport service, and onsite parent accommodation and, most importantly, 'meets the latest modern neonatal healthcare standards and provides significantly improved facilities for both families of babies on the unit and neonatal staff.' 1

### SUE EARDLEY Head of Invited Reviews

You can find out more about the Invited Reviews service by visiting the website www.rcpch.ac.uk/invitedreviews or by contacting one of the team invited.reviews@rcpch.ac.uk / 020 7092 6091

1 http://www.wales.nhs.uk/sitesplus/861/news/47524/local

# Developments in Paediatric Early Warning scores and systems

Paediatric Early Warning scores and systems are used to try to identify the cohort of children and young people who demonstrate evidence of deterioration prior to collapse in hospital.

It has been argued that a national system across England would allow for more consistent practice, aid communication and facilitate education and training. Further research into the potential effect on outcomes is still needed. Single systems have been

developed in Scotland and the Republic of Ireland allowing the development of a common language across different clinical settings. In Wales (via the 1,000 lives programme), the health assembly is considering a universal approach. In Northern Ireland, where there is one children's hospital and seven district general hospitals, a single PEWS system including a single escalation protocol has been developed.

NHS England, NHS Improvement and RCPCH are collaborating to establish a

framework for a single Paediatric Early Warning System (PEWS) for England which can be applied in a range of health settings including primary and community care, ambulance services as well as acute secondary and tertiary care services. A more detailed update on the project will be available shortly on the RCPCH website. Find out more information about PEWS:

www.rcpch.ac.uk/safe-system

MARCIA PHILBIN
Assistant Director of Research & Policy

### We are all role models

I do not need to tell you that recruitment and retention of paediatric trainees are among the biggest issues we face in the coming years. We now have about 30% fewer junior doctors applying for paediatric training every year than we had five years ago.

We need to think about what we can do individually in our day-to-day work, to inspire both the potential paediatricians of the future and our current trainees, who may be wavering and questioning their career path.

The first thing to realise is that we are all role models, to your current and potential future colleagues. Listen to and value your trainees, tell your stories about why you love paediatrics and inspire a future workforce. Medical students and trainees love a good story. In fact we all do - so tell yours!

DR SIMON BROUGHTON General Paediatrician RCPCH Assistant Officer for Training (Recruitment)



Thank you to all our members who recently shared their thoughts, experiences and tips on a career in paediatrics. You can view and share these stories with your colleagues by visiting: www.rcpch.ac.uk/tell-your-stories

In my third year of medicine, I applied to become a Team Leader of our paediatrics society's student play team. We would go on to the wards to provide children with play time, and to give some well-deserved rest to tired parents and carers.

It is never too early or too late to consider a particular career pathway.

The key idea is to have a genuine interest in whatever you do.

**Dr Syed Taha** 

I think the safest way to choose a profession is looking at who your colleagues are going to be and who your patients are.

My patients make me laugh and cry and break my heart every day. And I wouldn't have it any other way....

**Dr Serena Haywood** 

People who devote their working lives to caring for children and their families tend to share some core personality traits. This includes being approachable, empathic and accommodating. These are excellent qualities for our patients to benefit from, but notably they also lend themselves to creating a great atmosphere to work within.

I've witnessed how accommodating colleagues will be and help in whatever way they can when life events interfere with the natural work life balance.

**Dr Dave Beattie** 

# Five things you can do to promote paediatrics as a career

### 1. Engage medical students and foundation doctors in your clinical area

Seeing your enthusiasm and how much fun you have with children and young people is the best advert for paediatrics.

### 2. Get involved in foundation doctor teaching locally

All foundation doctors have compulsory teaching sessions so why not email the postgraduate teaching organiser and do a child health session.

#### 3. Facilitate taster weeks

Most foundation doctors will not do a paediatric job but many want to. See if you can organise keen foundation doctors in your hospital to spend a few days in your department to get a flavour of what paediatrics is like.

### 4. Join the online conversation

The RCPCH website and Twitter feed has lots of information about careers in paediatrics. Tweet with the hashtag #PaedsRocks

#### 5. Take opportunities to network

Most regions have a medical student paediatric society and would love to have you speak at an event. Or why not represent paediatrics at a medical school careers fair?



DR HANNAH JACOB General Paediatrician RCPCH Trainee representative

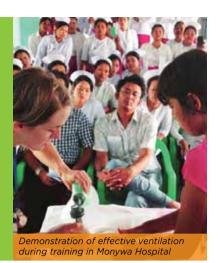
Visit www.rcpch.ac.uk/careers

# Global Recognition

In December 2018 RCPCH Global won the BMJ award for excellence in medical education for work in Myanmar carried out In collaboration with the Myanmar paediatric society and UNICEF.

Thank you to our volunteers who deliver on a wide range of projects, from working with clinical authorities and politicians to ensure paediatric care is a priority across the government, to improving hospital-based neonatal care. Since 2016, we have seen significant improvements in care quality and corresponding reductions in paediatric and infant mortality.

If you're interested in helping us make such improvements in low resource settings, get in touch: rcpch.international@rcpch.ac.uk



# New two-level 'run through' specialty training programme

Work is progressing on populating the new two-level 'run through' specialty training programme with the Progress curriculum by 2022.

**Core Paediatrics (4 years)** will comprise of general paediatrics, neonatology, integrated care, public health and mental health.

**Specialty Paediatrics, the second level (3 years)** will include both generic paediatric and specialty-specific capabilities.

The aim is to have a flexible, fulfilling and fit-for-purpose programme to meet the requirements set out in the UK Shape of Training report: www.rcpch.ac.uk/shape-of-training

# Paediatric Care Online: updates and features

Frontline healthcare professionals need quick access to evidence-based, up to date, symptom and sign based guides to paediatric presenting conditions. That's why Paediatric Care Online (PCO UK) includes a wealth of up to date resources you can access at any time.

Your PCO UK access includes unique resources such as Key Practice Points topics (KPPs), guides written by paediatricians and supported by clinical reviews from nominated paediatric specialty groups, with additional reviews from a GP, paediatric trainee, paediatric nurse, health visitor and pharmacist. KPPs are reliant on NICE/SIGN/RCPCH guidelines, and provide immediate access to clinically-assured information to help inform decisions at point of care.

We're pleased to have launched 10 new KPPs over the last few weeks - we hope that these will continue to add depth and breadth to the KPPs we already have out there

Dr Munib Haroon, PCO UK Lead Editor

### **KPPs and RCPCH Child Protection Companion**

In Autumn 2018 we added 10 new KPP topics, covering Attachment difficulties, Clubbing, Depressed mood, Hyperglycaemia, Neonatal sepsis, Psychotic behaviour, Pyrexia of Unknown Origin, Spasticity, Stroke and Traumatic Injury; bringing the total number of conditions to 112. This content is unique to PCO UK as is the RCPCH Child Protection Companion - your handbook on all forms of child abuse. It covers child protection processes across the whole range of medical and social interactions: from examination, to identification, to referral, to court.

### **Multiple resources for RCPCH members**

Your PCO UK houses additional resources, including Public Health England's "Green Book" making it the versatile must have tool.

Most RCPCH members have access to PCO UK as part of their annual

membership subscription. Find updates and how to log in and use all areas of the app with your RCPCH number by visiting:

### www.rcpch.ac.uk/pco-uk

PCO UK also offers individual subscriptions to other health, legal and social work professionals, as well as institutional licenses.

Contact **pco@rcpch.ac.uk** for more information.

SARA HAVERON
PCO UK Staff Editor

MAGDALENA UMERSKA
Digital Platform Commercial Manager



Frontline to Specialist: Together for Children



The NCYP Diabetes Quality Programme is a 3-year integrated programme which officially started in April 2018 and has been designed to provide support to paediatric diabetes services to improve outcomes and deliver best practice care. With the support of the National CYP Diabetes Network, this programme is centrally managed by the RCPCH with the establishment of the NCYP Diabetes Quality Programme team over the last couple of months.

The programme includes a combination of quality improvement and assurance mechanisms involving annual self-assessment, an external verification process and peer review visit within the three years, enabling peer reviewer trained clinicians from other services to visit, share good practice and identify issues that may be preventing improvements.

So far. 87% of paediatric diabetes services within England and Wales have signed up to participate, with over 150 healthcare professionals now trained as peer reviewers. Peer Review pilot visits took place during October and November, with seven paediatric diabetes services visited across England and Wales. Feedback was positive and reflected the importance of both recognising good practice, but also offering challenge and support to improve services, with one pilot team member commenting that: "The peer review team were very helpful and listened to all our concerns. They looked at all the work we had prepared. Complimentary when appropriate, but help influence areas where we were struggling to meet peer review guidelines". We are arranging Peer Review training days in 2019 for Clinicians wishing to become involved.

The programme also includes participation in either a national or regional wave of the Diabetes Quality Improvement (QI) Collaborative, which is a structured 9-month programme of QI training. Wave 1 of the QI Collaborative with 10 teams completed in July 2018. Two national QI waves involving 14 teams across England and Wales started in October & November, with up to 10 further regional waves planned for 2019-2021.

We also welcome engagement with the Scotland and Northern Ireland Diabetes members if it will be locally relevant.

The NCYP Diabetes Quality Programme is a very exciting opportunity for RCPCH. To find out more, visit the website: www.rcpch.ac.uk/diabetesquality

GERALDINE MURPHY NCYP Diabetes Quality Programme Manager



# In the Twittersphere

The RCPCH's Twitter presence continues to gather pace with more than 15,900 followers. Here's a highlight of our activity over the last few months, what's coming up and how you can support us via our social media channels.

What's your priority for child health? Share it with us!

The next phase of our State of Child Health campaign launches in January, calling on the Government to make child health a priority.

We're asking followers to tweet a short video or photo of what your top priority for child health would be to help make decision makers sit up and listen. Don't forget to tag with #ChildHealthMatters so we can find your video too! Head over to www.rcpch.ac.uk/my-priority to find out how to add your voice.

Thank you to all who have been joining in on the **#PaedsRocks** conversations. The hashtag is now widely used and is a great way of

documenting all the many reasons why people love paediatrics. It's also proving to be a valuable search tool for sourcing why people may choose a career in paediatrics.

Follow @RCPCHtweets on Twitter and visit our Facebook page at www.facebook.com/RCPCH.

# 2019 membership fees frozen for RCPCH trainees

We recognise that middle grade rota gaps and everincreasing service pressures are creating significant challenges for our members, especially those in training. The RCPCH Executive Committee has therefore decided to freeze membership fees for paediatric trainees in 2019. The training fee, which covers access to ePortfolio and support from the training team, has also been frozen and will not increase in 2019.

All other membership subscriptions will increase by 2% in 2019, in line with RPI inflation. You can see a full breakdown of the fees for 2019 on the table.

#### Membership category and fees review

In addition to the membership freeze for trainees, the College council is committed to undertaking a full review of our fee structure and pricing during 2019.

The professional life of a paediatrician has changed considerably since our categories were conceived more than 20 years ago. The aim of this review is to ensure that our categories of membership, our fee structure and the concessions we offer are still fit for purpose and reflect the different career paths that are available in paediatrics.

If you have specific feedback or suggestions about your experience of membership fees and concessions, please do share them with us by email to **membership@rcpch.ac.uk**.

| Membership type               | 2019 subscription fees |                          |                        |
|-------------------------------|------------------------|--------------------------|------------------------|
|                               | UK<br>rate             | EU/North<br>America rate | Rest of the world rate |
| Fellow                        | £575                   | £414                     | £264                   |
| Ordinary member               | £479                   | £351                     | £225                   |
| Ordinary member (in training) | £470                   | N/A                      | N/A                    |
| Junior member                 | £103                   | N/A                      | N/A                    |
| Senior Fellow/<br>Member      | £82                    | £82                      | £82                    |
| Associate                     | £264                   | £249                     | £66                    |
| Affiliate                     | £66                    | £66                      | £66                    |

Fellows, Ordinary members and Associates in the UK pay the Visiting Fellow (£5) and Overseas Levy (4%) to support the College's international work in low-resource settings

Archives of Disease in Childhood is available for an additional fee of £100 p/a to Associates, Junior members and Senior Fellows/Members

Membership is free for Honorary Fellows, foundation doctors and medical students.

# RCPCH courses and events 2019

**Progressing Paediatrics: Improving asthma care** 

31 January, London

**Effective Educational Supervision** 

Various dates, Glasgow, Liverpool, London, Birmingham

**How to Manage: Paediatric sepsis** 

8 March, London

Child Protection in Scotland: From examination to court (Level 3) - 2 days

25 - 26 March, Edinburgh

**Mentoring Skills** 

26 March, Cardiff

How to Manage: Common gastroenterological problems

30 April, Sheffield

www.rcpch.ac.uk/courses

Dates correct at time of going to press. Limited places available.

Access eLearning courses anytime on Compass at rcpch.learningpool.com

Pharmaceutical Society

# **BNF** for Children **2018-2019**

# Guiding health professionals on all aspects of paediatric drug therapy



### **About the BNF** for Children (BNFC)

The BNFC provides essential, practical information to all healthcare professionals involved in the prescribing, dispensing, monitoring and administration of medicines to children.

## Significant new content updates to the **2018-2019** edition include:

- Updated guidance on chronic asthma, cystic fibrosis, prescribing in multimorbidity and deprescribing, and urinary tract infections.
- New drug monographs including daptomycin, emtricitabine with tenofovir disoproxil, ipilimumab, ledipasvir with sofosbuvir, nilotinib, sofosbuvir, and tenofovir alafenamide.
- New safety information on head lice eradication products and the risk of serious burns if treated hair is exposed to open flames or other sources of ignition and valproate medicines now contraindicated in women and girls of childbearing potential unless conditions of Pregnancy Prevention Programme are met.

and more...

ISBN: 978 0 85711 338 2 • September 2018 • 1640pp • 210 x 148mm • £57.50

PRINT: Order your print copy now at <a href="https://www.pharmpress.com/bnfc">www.pharmpress.com/bnfc</a>

ONLINE: For pricing information contact our sales team at pharmpress@rpharms.com

www.bnf.org

ROYAL PHARMACEUTICAL SOCIETY