SPIN Module curriculum in

Paediatric High Dependency Care

SPIN Version 2.0
Approved for use from 8th April 2019
This document outlines the curriculum and assessment strategy to be used by clinicians completing the RCPCH SPIN module in Paediatric High Dependency Care.

This is Version 2.0. As the document is updated, version numbers will be changed, and content changes noted in the table below.

<table>
<thead>
<tr>
<th>Version number</th>
<th>Date issued</th>
<th>Summary of changes</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.0</td>
<td>5th April 2019</td>
<td>Full redevelopment of curriculum content, moving from competency to Learning Outcomes based. Updated guidance on placement requirements and assessments.</td>
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This information is correct and up to date at the time of publication. © RCPCH 2019
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Section 1

Introduction and purpose
Introduction to SPIN modules

Special Interest (SPIN) modules are the additional training/experience a paediatrician completes so that they can be the local lead and part of the clinical network providing for children who need specialist paediatric care. They are designed to meet a specific service need, with possible roles suitable for those who have completed a SPIN module identified within the SPIN purpose statement.

Trainees and Consultants will be able to seek training in an area of special interest or in aspect(s) of sub-specialty care. This will involve training, assessment and supervised care. It will vary in breadth and depth, depending upon the specific SPIN syllabus. The SPIN can be completed before or after CCT. It should usually be feasible to complete the SPIN in no more than 12 months full time training, although the High Dependency Care SPIN may take up to 24 months full time equivalent. SPIN training does not have to be completed within one placement or over one continuous period. The assessment of whether the clinician has attained the required learning outcomes will only examine evidence relating to a maximum of five calendar years prior to submission.

Please note that SPIN Modules are:

- NOT a route to GMC sub-specialty accreditation
- NOT required for GMC accreditation in paediatrics or any of its sub-specialties
- NOT sub-specialty training and not equivalent to sub-specialty training.

SPINs are undertaken and assessed within the working environment, under the guidance of a designated Supervisor, recording evidence within the ePortfolio. The RCPCH SPIN Lead, usually the relevant College Specialty Advisory Committee (CSAC), is responsible for reviewing completed portfolios and confirming if the SPIN is to be awarded.

More information regarding SPIN Modules, including how to apply to undertake a SPIN and how to submit evidence against the competences, is contained in the SPIN Module Guidance on the RCPCH SPIN webpages: www.rcpch.ac.uk/spin
Purpose statement

This purpose statement demonstrates the need for clinicians to undertake a SPIN module in High Dependency Care, and the benefits to and expectations of a clinician undertaking training in this area.

**This SPIN module meets the current and future anticipating requirements of the health service, reflecting patient and population needs:**

General paediatricians in District General Hospitals are increasingly part of wider clinical networks. By supporting general paediatricians in developing an interest in a specific area of practice, SPIN modules help facilitate more patients being seen by a paediatrician with the expertise to treat certain specific conditions nearer to their home, rather than having to travel to a major paediatric unit.

The report ‘High Dependency Care for Children - Time to Move On’ was published by the RCPCH in 2014 and contained a number of recommendations to improve the delivery of safe, high quality paediatric critical care outside of Paediatric Intensive Care Units (PICUs). The suggested model involves Level 1, Level 2 and Level 3 (PICUs) Paediatric Critical Care Units which enable the delivery of some aspects of paediatric critical care closer to home. Implementation requires the training of general paediatricians equipped with the skills and experience to safely deliver critical care in Level 1 and Level 2 Critical Care Units.

**This SPIN module considers interdependencies across related specialties and disciplines, and has been developed and supported by the relevant key stakeholders:**

This SPIN module has been supported by the Paediatric Intensive Care and General Paediatric CSACs. Given that children and young people with a broad range of clinical conditions require high dependency care, those completing this SPIN module will interact with general paediatric and paediatric subspecialty services in addition to surgical and anaesthetic services.

As there are a growing number of children with complex conditions with technology dependence, service provision needs to evolve to meet this changing pathology, and the high dependency units provide a safe environment for this care. Clinicians specialising in high dependency care will provide significant value not only through their clinical skills, but also in developing relationships and improving governance with the local inter-professional and multi-professional network.
The SPIN module supports flexibility and the transferability of learning, and provides a clearly-defined professional role for clinicians who have completed a SPIN. The SPIN module sets out what patients and employers can expect from clinicians who have gained this SPIN:

Following successful completion of this SPIN module and level 3 Paediatric specialty training, the CCT holder will be competent to take up a post as a Consultant General Paediatrician with a special interest in paediatric High Dependency Care. It would be possible to complete this SPIN module post-CCT.

By the end of training, it is expected that clinicians who have completed this SPIN will have a sound understanding of the clinical management of children and young people requiring care within a high dependency setting, including co-ordination of care for children with complex conditions. The clinician will have developed leadership of resuscitation in critically ill children, expertise in procedural skills, expertise in the management of non-invasive ventilation and the tracheostomy ventilated child and delivery of safety and quality in the paediatric high dependency care environment.

The SPIN training will enable the clinician to develop and/or lead a Paediatric High Dependence Unit within a district general or tertiary unit setting.

To continue their ongoing development following completion of the SPIN, it is recommended that clinicians:

- participate in the activity of their regional Paediatric Critical Care network, where such a network exists
- undertake regular continuing professional development related to critical care to retain the knowledge and skills gained whilst undertaking the SPIN module, including keeping up to date with advances in this area.
- undertake regular audit and quality improvement projects allied to delivery of Paediatric High Dependency Care
- gain and/or maintain Instructor status on the Advanced Paediatric Life Support (APLS) or European Paediatric Advanced Life Support (EPALS) courses.
Requirements to undertake this SPIN module

Applicant requirements
This SPIN module is available to General Paediatric Level 3 trainees and all post-CCT paediatricians with an interest in High Dependency Care, who are able to access sufficient training opportunities to meet the requirements of the SPIN curriculum.

Trainees who are interested in undertaking this SPIN module should approach their Training Programme Director in the first instance to confirm if the necessary posts would be available and request support in undertaking this extra training. SPIN applicants are required to demonstrate that they have support of their Training Programme Director and have an appropriate Educational and Clinical Supervisor in place.

Consultants interested in undertaking a SPIN module should discuss this with their employer in the first instance. The local Head of School or College Tutor may be able to offer further advice. Post-CCT SPIN applications must be signed by a Trust figure, who has the authority to approve job plans such as a medical director or clinical director. This signatory is required to demonstrate that the applicant is suitable, that the faculty are prepared to provide the training, that a suitable Supervisor will be in place, and that the programme will enable the applicant to receive the required experience.

Applicants with relevant recent experience may use some retrospective evidence towards their SPIN module in some cases. Please see the applicant guidance at www.rcpch.ac.uk/spin for more details on how to apply to undertake a SPIN module.

Training duration
SPIN training may be feasible within 12 months for full time clinicians, or pro-rata for Less Than Full Time (LTFT) clinicians. It is expected that to achieve the necessary learning outcomes, a clinician will need to train in the following clinical settings within a suitable training centre:

- **Paediatric Intensive Care Unit**: minimum 6 months (whole time equivalent) to include approximately 1 month of paediatric anaesthetics, as a single placement or individual days.
- **Paediatric High Dependency Care**: minimum 6 months (whole time equivalent) ideally within a busy DGH HDU, but may also be within a variety of paediatric (not neonatal) settings e.g. mixed PICU/HDU, nephrology, respiratory, oncology with patients who require high dependency care etc.

Clinicians who have not completed these placements may require up to an additional 12 months of training experience.
A suitable training centre is one which is currently approved for higher specialist training (see sub-specialist training section of the RCPCH website for more detail).

Out Of Programme (OOP) training
Trainees should not need to take out of programme (OOP) training to complete a SPIN module. Undertaking a SPIN will NOT be considered as a basis for OOP experience application except in exceptional circumstances and where both deaneries/LETBs agree and approve the SPIN module programme. These exceptional circumstances include applications from trainees where approved training in a particular special interest is not available in their current deanery/LETB. Permitting OOP for these exceptional circumstances provides a positive contribution to workforce planning in regions where limited approved SPIN modules are available. For example, smaller sub-specialties such as Nephrology or Immunology & Infectious Diseases (IID) may only be available in a limited number of deaneries/LETBs. In order for applications utilising OOP to be considered by the RCPCH, both deaneries/LETBs must agree and approve the SPIN module programme and provide clear justification as to why the module could not be completed in the trainee's current deanery/LETB.

Post requirements
When applying to undertake a SPIN module, applicants must demonstrate that they will be able to access the necessary learning opportunities and placements, and an appropriate Educational and Clinical Supervisor is available to support the clinician. Additional requirements for delivering this SPIN module are provided in the checklist in Appendix B. This addresses any specific requirements; for example, the human or physical resource experiences the trainee will need to be able to access in order for the curriculum to be delivered successfully. Please contact the SPIN Lead (usually the relevant CSAC) if further guidance is required.

Meeting GMC training requirements
All training must comply with the GMC requirements presented in Promoting excellence: standards for medical education and training (2017). This stipulates that all training must comply with the following ten standards:

Theme 1: Learning environment and culture
S1.1 The learning environment is safe for patients and supportive for learners and educators. The culture is caring, compassionate and provides a good standard of care and experience for patients, carers and families.
S1.2 The learning environment and organisational culture value and support education and training, so that learners are able to demonstrate what is expected in Good Medical Practice and to achieve the learning outcomes required by their curriculum.

**Theme 2: Educational governance and leadership**

S2.1 The educational governance system continuously improves the quality and outcomes of education and training by measuring performance against the standards, demonstrating accountability and responding when standards are not being met.

S2.2 The educational and clinical governance systems are integrated, allowing organisations to address concerns about patient safety, the standard of care, and the standard of education and training.

S2.3 The educational governance system makes sure that education and training is fair and is based on the principles of equality and diversity.

**Theme 3: Supporting learners**

S3.1 Learners receive educational and pastoral support to be able to demonstrate what is expected in Good Medical Practice, and to achieve the learning outcomes required by their curriculum.

**Theme 4: Supporting educators**

S4.1 Educators are selected, inducted, trained, and appraised to reflect their education and training responsibilities.

S4.2 Educators receive the support, resources and time to meet their education and training responsibilities.

**Theme 5: Developing and implementing curricula and assessments**

S5.1 Medical school curricula and assessments are developed and implemented so that medical students are able to achieve the learning outcomes required for graduates.

S5.2 Postgraduate curricula and assessments are implemented so that doctors in training are able to demonstrate what is expected in Good Medical Practice, and to achieve the learning outcomes required by their curriculum.

It is the responsibility of each Deanery/Local Education Training Board (LETB) to ensure compliance with these standards for paediatric training, and to notify the RCPCH if further support is required in achieving this. Training delivery must also comply with the
requirements of the Conference of Postgraduate Medical Deans’ (COPMeD), a reference guide for postgraduate specialty training in the UK (6th ed.).
Ensuring fairness and supporting diversity

The RCPCH has a duty under the Equality Act 2010 to ensure that its curriculum and assessments do not discriminate on the grounds of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex or sexual orientation.

Care has been taken when authoring the SPIN Module curricula to ensure as far as is reasonable and practicable that the requirements for those undertaking the module do not unnecessarily discriminate against any person on the basis of these characteristics, in line with the requirements of the Act.

The RCPCH seeks to address issues of equality, diversity and fairness during the development of a SPIN curriculum in a range of ways, including:

- Curriculum content to be authored, implemented and reviewed by a diverse range of individuals. Equality and diversity data is gathered regularly for clinicians involved in the work of the RCPCH Education and Training division.
- Undertaking careful consideration of the Learning Outcomes and Key Capabilities to ensure that there is a clear rationale for any mandatory content, and thus there are no unnecessary barriers to access or achievement. Beyond these mandatory requirements, the assessment tools can be deployed in a more flexible and tailored manner, meeting the requirements of the individual clinician.
- All draft SPIN curricula to be reviewed specifically against the protected characteristics prior to sign-off, identifying any possible barriers and ensuring these are appropriately addressed.
- All SPINs are approved for use by the RCPCH Education and Training Quality Committee (ETQC). As the body responsible for production of the Annual Specialty Report, and receiving summary reports on the National Training Survey from Heads of Schools and other sources, the Committee is well placed to ensure the curriculum meets the needs and addresses any existing concerns of the trainee population.
- All SPIN curriculum documents will be published in font type and size that is appropriate for a wide range of audiences, and optimised for readability. Information regarding the curriculum will be made available through a wide range of media, acknowledging differing learning styles.

The RCPCH is committed to gathering regular feedback from users of its SPIN modules, identifying any areas of bias or discrimination. Please contact the RCPCH Quality and Standards Manager (qualityandstandards@rcpch.ac.uk) if you have any concerns regarding equality and diversity in relation to this SPIN Module curriculum.
Quality assurance and continual improvement

Ensuring quality in delivery
A robust quality assurance and improvement framework is required to support an effective curriculum and assessment strategy. The purpose of this is to promote the improving quality of the training experience, and to ensure that the curriculum content, delivery, assessment and implementation is monitored and reviewed in a planned, systematic and appropriate manner.

The RCPCH quality infrastructure for training and assessment is based on the Plan, Do, Check, Act (PDCA) cycle, introduced by Deming. In the context of the Programme of Assessment, this means planning for effective assessment processes, executing those processes, review and evaluation including data analysis and multi-source feedback, and finally implementing any required changes.

The framework to support this curriculum will comprise a number of quality improvement tools and processes that impact on the overarching aspects of assessment. These will include:

1. **Effective selection mechanisms.** The SPIN application process ensures clinicians will have the necessary capacity, supervision, and access to the breadth and depth of experience needed to meet the requirements of the SPIN module.

2. **Gathering and responding to feedback.** RCPCH gathers feedback in a structured way from SPIN module completers, and uses this and feedback from employers to support the regular review of SPIN modules.

3. **Review of attainment and evidence.** CSACs (or another designated SPIN Lead) review all completed SPIN portfolios prior to sign-off, ensuring consistency.

4. **Quality assurance of assessments.** This takes a variety of forms during the development, delivery and monitoring of assessment tools, as outlined in the RCPCH Progress Assessment Strategy.

5. **Quality of assessors and supervisors.** All SPIN applicants are required to have a suitable Educational Supervisor to support their SPIN training. RCPCH supports this through the Educational Supervisor course and a variety of guidance and resources available on the College website.

6. **Scheduled reviews.** All SPINs are subject to review every three years, although they may be updated more regularly where required.

By applying the framework processes outlined above, the College will ensure that SPIN Modules are monitored and reviewed in a structured, planned and risk-based manner.
**SPIN governance**
The RCPCH’s Education and Training Quality Committee (ETQC) has overall responsibility for the RCPCH SPIN curricula, working closely with the SPIN Lead. The ETQC will monitor the performance of the SPIN through the relevant CSAC/SPIN Lead, and receive scheduled reviews of feedback from SPIN users.

**SPIN module review and revision**
SPINS are reviewed every three years to ensure they remain fit for purpose, meeting the intended service need. Reviews are led by the SPIN Lead (usually the relevant RCPCH CSAC), who will report to the ETQC requesting any changes required. Where necessary, a SPIN module can be updated before the three-year review is due, for example to reflect changes in guidelines.

Updated SPIN curricula will be published, making clear using the version tracking table at the front of each document what amendments have been made on each occasion. Where this amendment relates to a Key (mandatory) Capability, the ETQC will issue guidance for clinicians currently undertaking the SPIN module, noting any implications of the amendment and whether they are required to meet the new criteria. Amendments will only be made where a clear rationale exists for doing so, and every effort will be made to minimise any negative impact on the clinician.
Section 2

Paediatric High Dependency Care
How to use the RCPCH SPIN curriculum

This curriculum provides a framework for training, articulating the standards required to achieve the SPIN module and progress as indicated within the purpose statement. The curriculum ensures the quality and consistency of training and assessment, and encourages the pursuit of excellence in all aspects of clinical and wider practice. It must be referred to throughout training, as the clinician records evidence demonstrating their developing skills and knowledge.

The curriculum should be used to help design training programmes locally that ensure all SPIN clinicians can develop the necessary skills and knowledge, in a variety of settings and situations. The curriculum is designed to ensure it can be applied in a flexible manner, meeting service needs as well as supporting each clinician's own tailored Learning and Development Plan.

The curriculum comprises a number of Learning Outcomes which specify the standard that clinicians must demonstrate to attain this SPIN module. Trainees are encouraged to consider innovative ways of demonstrating how they have met the Learning Outcome.

Clinicians are strongly encouraged to record evidence against the Learning Outcomes throughout their SPIN training, including engaging in active reflective practice to support their own development. Their SPIN supervisor will review whether they are on target to achieve or has achieved the Learning Outcome(s), and will suggest specific areas of focus to ensure that they achieve the Learning Outcome(s) by the end of their SPIN module training period. The Illustrations may be a useful prompt for this.

Components of the SPIN curriculum

The Learning Outcomes are the outcomes which the clinician must demonstrate they have met to be awarded this SPIN module. Progress towards achievement of the Learning Outcomes is reviewed at regular meetings with the designated supervisor. Learning Outcomes are mapped to the GMC's Generic Professional Capabilities framework.

The Key Capabilities are linked to specific Learning Outcomes, and are mandatory capabilities which must be evidenced by the clinician in their ePortfolio, to meet the Learning Outcome.

The Illustrations are examples of evidence and give the range of clinical contexts that the clinician may use to support their achievement of the Key Capabilities. These are
intended to provide a prompt to the clinician and their Supervisor as to how the overall outcomes might be achieved. They are not intended to be exhaustive, and clinicians may produce a broader portfolio or include evidence that demonstrates deeper learning. It is not expected that SPIN clinicians provide ePortfolio evidence against every individual illustration (or a set quota); the aim of assessment is to provide evidence against every Key Capability.

The Assessment Grid indicates suggested assessment methods, which may be used to demonstrate the Key Capabilities. Clinicians may use differing assessment methods to demonstrate each capability (as indicated in each Assessment Grid), but there must be evidence of having achieved all Key Capabilities.
## SPIN Learning Outcomes

This table contains the generic Learning Outcomes required for all clinicians undertaking the RCPCH SPIN in High Dependency Care. Within the curriculum and throughout the syllabi they are mapped to the GMC’s Generic Professional Capabilities (GPCs). More information on the GPC framework is available from the GMC website: https://www.gmc-uk.org/education/postgraduate/GPC.asp

Please note, clinicians undertaking a SPIN module will also be required to complete their generic and General Paediatric Level 3 Learning Outcomes in order to gain their Certificate of Completion of Training (CCT). Consultants undertaking a SPIN module will already have demonstrated the required generic skills, knowledge and behaviours prior to having obtained their CCT. This SPIN curriculum only defines the specific Learning Outcomes for the stated focus, purpose and extent of remit stated for this SPIN module, and can not be used to indicate competence in any other aspect of paediatrics.

<table>
<thead>
<tr>
<th>SPIN Learning Outcome</th>
<th>GPCs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Recognises, assesses and manages children and young people with a range of medical and surgical paediatric conditions requiring high dependency care, including the management of enhanced respiratory support.</td>
<td>2, 5, 7</td>
</tr>
<tr>
<td>2 Leads the resuscitation and stabilisation of critically ill children and young people, including applying the principles of safe transport within a hospital, and understanding the principles of intra-hospital transport.</td>
<td>2, 5</td>
</tr>
<tr>
<td>3 Leads and co-ordinates the clinical management of children and young people with complex and life-limiting conditions, including those with technology dependence, requiring long term high dependency care.</td>
<td>1, 2, 5, 7</td>
</tr>
<tr>
<td>4 Assumes the role of High Dependency Care Team Leader and liaises with hospital and community specialist teams, effectively managing and coordinating patient flow, staffing, safety and quality in the context of a High Dependency setting.</td>
<td>2, 5, 6, 8, 9</td>
</tr>
<tr>
<td>5 Performs high-level technical skills and procedures utilising the appropriate medications and equipment necessary for managing high dependency patients, and troubleshoots appropriately.</td>
<td>2</td>
</tr>
</tbody>
</table>

The syllabus supporting these Learning Outcomes is provided on the following pages.
### SPIN Learning Outcome 1

| Recognises, assesses and manages children and young people with a range of medical and surgical paediatric conditions requiring high dependency care, including the management of enhanced respiratory support. | GPC 2, 5, 7 |

### Key Capabilities

| Recognises and assesses acutely unwell children and young people in the Emergency Department, paediatric ward and post-operative environment who require high dependency care and works with the multidisciplinary team (nursing, pharmacy and allied health professionals, and other specialists) to deliver appropriate clinical management. | GPC 2, 7 |
| Leads the high dependency ward round. | GPC 2, 5 |
| Recognises the need for escalation of care beyond that feasible in the high dependency environment and liaises with Anaesthetic, Paediatric Intensive Care and Transport colleagues to facilitate this. | GPC 2, 5 |
| Ensures that handover between the high dependency and other clinical teams is safe and effective. | GPC 2 |
| Able to establish, maintain and troubleshoot the management of a child requiring non-invasive respiratory support and the tracheostomy ventilated child. | GPC 2 |

### Illustrations

1. Manages a child with acute respiratory distress, including escalation of respiratory support to non-invasive ventilation, and recognises the need for invasive ventilation.
2. Manages a child with acute severe asthma requiring intravenous therapy.
3. Manages acute deterioration of a child with a tracheostomy who is ventilated.
4. Manages a child with upper airway obstruction, including delivery of Epinephrine nebulisers and insertion of a nasopharyngeal airway if appropriate.
5. Manages a child presenting with cardiac failure.

6. Manages an infant presenting with a duct-dependent cardiac lesion.

7. Manages a child with diabetic ketoacidosis, including recognition of complications and escalation of management.

8. Manages a child with diabetes insipidus.

9. Manages a child with status epilepticus.

10. Manages a child with reduced conscious level, including recognition of the need for airway support and escalation of management.

11. Manages a child with a significant head injury, including any safeguarding issues.

12. Manages a child with a significant burn injury, including any safeguarding issues.

13. Manages a child who has undergone a surgical procedure, including pain management and fluid management.

14. Manages a child with acute gastrointestinal bleeding, including liaison with specialist services.

15. Manages a child with acute kidney injury, including liaison with specialist services.

16. Manages a child with significant electrolyte derangement e.g. hypo/hypernatremia, hypo/hyperkalaemia, hypo/hypercalcaemia.

17. Manages a child with a previously unrecognised inborn error of metabolism or a child presenting with decompensation of a known inborn error of metabolism with the support of a Paediatric Metabolic Medicine team and the Paediatric Intensive Care team.

18. Manages the child discharged from the Paediatric Intensive Care Unit with symptoms of withdrawal from sedation.

19. Leads handover of a high dependency patient to the transport/paediatric intensive care or ward-based team.
SPIN Learning Outcome 2

Leads the resuscitation and stabilisation of critically ill children and young people.  

Key Capabilities

<table>
<thead>
<tr>
<th>Proficient in the leadership and delivery of advanced paediatric life support.</th>
<th>GPC 2, 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leads the resuscitation and stabilisation of critically ill children and young people, including applying the principles of safe transport within a hospital, and understands the principles of inter-hospital transport.</td>
<td>GPC 2</td>
</tr>
</tbody>
</table>

Illustrations

1. Leads the resuscitation of a child presenting in cardiorespiratory arrest.
2. Manages the airway of a child with a reduced conscious level until anaesthetic support arrives.
3. Delivers positive end expiratory pressure using a T-piece system to a child transferring from the Emergency Department to the High Dependency Unit.
**SPIN Learning Outcome 3**

Leads and co-ordinates the clinical management of children and young people with complex and life-limiting conditions requiring long term high dependency care, including those with technology dependence.  

**Key Capabilities**

- Works with children/young people, their families and carers, and the wider multidisciplinary team to formulate management plans for children/young people with multiple medical problems who require high dependency care.  

  GPC 1, 2, 7

- Leads the discharge planning of children and young people with a complex condition requiring high dependency care.  

  GPC 1, 5

**Illustrations**

1. Leads a multidisciplinary discharge planning meeting for a complex child or young person requiring long-term ventilation.

2. Works with the multidisciplinary team to develop an Advanced Care Plan for a child with a life-limiting condition.
**SPIN Learning Outcome 4**

Assumes the role of High Dependency Care Team Leader and liaises with hospital and community specialist teams, effectively managing and coordinating patient flow, staffing, safety and quality in the context of a High Dependency setting.

**Key Capabilities**

<table>
<thead>
<tr>
<th></th>
<th>GPC 2, 5, 6, 8, 9</th>
</tr>
</thead>
<tbody>
<tr>
<td>Works as part of the wider multidisciplinary team to ensure that patients are cared for in an appropriate clinical environment.</td>
<td>GPC 2, 5</td>
</tr>
<tr>
<td>Participates in research and governance processes, including audit, guideline development and quality improvement projects, to improve the safety and quality of care delivered to children in their High Dependency Unit.</td>
<td>GPC 6, 9</td>
</tr>
<tr>
<td>Delivers education and training to the multi-professional high dependency team and other members of the inter-professional team.</td>
<td>GPC 8</td>
</tr>
</tbody>
</table>

**Illustrations**

1. Liaises with clinical and managerial colleagues to determine priority of admission of elective and emergency patients to the High Dependency Unit.
2. Develops an evidence-based guideline for the management of a clinical condition requiring high dependency care.
3. Completes an audit project to improve clinical outcome on the high dependency unit.
4. Delivers teaching on an aspect of high dependency care to a multi-professional audience.
5. Delivers simulation-based training in the high dependency environment.
6. Contributes to incident review processes.
7. Promotes antibiotic stewardship and promotes practice to minimise healthcare associated infections.
**SPIN Learning Outcome 5**

Performs high-level technical skills and procedures utilising the appropriate medications and equipment necessary for managing high dependency patients, and troubleshoots appropriately.  

<table>
<thead>
<tr>
<th>Key Capabilities</th>
<th>GPC 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Develops expertise in airway management, delivery of non-invasive respiratory support and recognition of when to escalate to invasive respiratory support. Safely manages the tracheostomy ventilated patient.</td>
<td></td>
</tr>
<tr>
<td>Develops expertise in practical procedures required for the management of patients in the High Dependency Unit.</td>
<td></td>
</tr>
<tr>
<td>Develops knowledge and understanding of all medications and equipment used on the High Dependency Unit.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Illustrations</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Sets up a non-invasive ventilator to deliver CPAP or BIPAP respiratory support to a child with acute respiratory distress.</td>
</tr>
<tr>
<td>2. Able to site, sample and troubleshoot a central venous line and arterial line.</td>
</tr>
<tr>
<td>3. Prescribes appropriate vasopressor support e.g. in hypotension in a patient with an epidural catheter.</td>
</tr>
<tr>
<td>4. Provides safe sedation for a procedure during which a child is awake and stable.</td>
</tr>
<tr>
<td>5. Manages a child with an epidural catheter.</td>
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</tbody>
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Section 3

Assessment strategy
How to assess the High Dependency Care SPIN

The assessment strategy for this SPIN module is aligned with the RCPCH Progress Programme of Assessment, utilising a range of different formative and summative assessment tools.

The Programme of Assessment comprises a wide range of assessment tools which must be used in conjunction with the blueprint to develop skills and assess capability. The assessments are knowledge, skills and capability-based, capturing a wide range of evidence which can be integrated to reach a judgement as to the clinician’s achievement of the SPIN module learning outcomes. The assessments also provide the opportunity to obtain developmental feedback. Further information on all assessment instruments can be found within the RCPCH Assessment Guide and the RCPCH Progress Assessment Strategy.

The key aspect of the assessment strategy for this SPIN module is the blueprint, on the following page. This grid indicates suggested assessments to support and demonstrate achievement of the Learning Outcomes. Please note, not all assessments are mandated or their use prescribed, and clinicians may use other assessment types from the list within the Programme of Assessment, where they and their supervisors feel this is appropriate.

The mandatory assessments for this SPIN module are:

**Directly Observed Procedures (DOPs)**
- Central venous catheter (Learning Outcome 5)
- PIC line (Learning Outcome 5)
- Arterial line (Learning Outcome 5)
- Using anaesthetic T-piece (Learning Outcomes 2 and 5)

**Paediatric Mini Clinical Evaluation (ePaed MiniCEX)**
- Inserting and managing a chest drain (Learning Outcome 5)

**Clinical Leadership Assessment Skills (LEADER)**
- Managing a high dependency unit (Learning Outcome 4)

**Handover Assessment Tool (HAT)**
- For a high dependency unit (Learning Outcome 1)

All evidence for the SPIN Module Learning Outcomes, including assessment outcomes, should be recorded within the clinician’s ePortfolio.
**Assessment blueprint**

This table suggests assessment tools which may be used to assess the Key Capabilities for these Learning Outcomes. This is not an exhaustive list, and clinicians are permitted to use other methods within the RCPCH Assessment Strategy to demonstrate achievement of the Learning Outcome, where they can demonstrate these are suitable.

<table>
<thead>
<tr>
<th>Key Capabilities</th>
<th>Assessment / Supervised Learning Event suggestions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recognises and assesses acutely unwell children and young people in the Emergency Department, paediatric ward and post-operative environment who require high dependency care and works with the multidisciplinary team (nursing, pharmacy and allied health professionals, and other specialists) to deliver appropriate clinical management.</td>
<td>✓ ✓ ✓ ✓ ✓ ✓ ✓</td>
</tr>
<tr>
<td>Leads the high dependency ward round</td>
<td>✓ ✓ ✓ ✓ ✓ ✓ ✓</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Key Capabilities</th>
<th>Assessment / Supervised Learning Event suggestions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recognises the need for escalation of care beyond that feasible in the high dependency environment and liaises with Anaesthetic, Paediatric Intensive Care and Transport colleagues to facilitate this.</td>
<td>✓ ✓</td>
</tr>
<tr>
<td>Ensures that handover between the high dependency and other clinical teams is safe and effective.</td>
<td>✓ ✓</td>
</tr>
<tr>
<td>Able to establish, maintain and troubleshoot the management of a child requiring non-invasive respiratory support and the tracheostomy ventilated child.</td>
<td>✓ ✓ ✓</td>
</tr>
<tr>
<td>Proficient in the leadership and delivery of advanced paediatric life support</td>
<td>✓ ✓ ✓ ✓ ✓ ✓ ✓</td>
</tr>
<tr>
<td>Leads the resuscitation and stabilisation of critically ill children and young people, including applying the principles of safe transport within a hospital, and understands the principles of inter-hospital transport.</td>
<td>✓ ✓ ✓</td>
</tr>
<tr>
<td>Key Capabilities</td>
<td>Assessment / Supervised Learning Event suggestions</td>
</tr>
<tr>
<td>------------------</td>
<td>--------------------------------------------------</td>
</tr>
<tr>
<td></td>
<td>Paediatric Mini Clinical Evaluation (ePaed Mini-CEX)</td>
</tr>
<tr>
<td>Works with children/young people, their families and carers, and the wider multidisciplinary team to formulate management plans for children/young people with multiple medical problems who require high dependency care.</td>
<td>✓</td>
</tr>
<tr>
<td>Leads the discharge planning of children and young people with a complex condition requiring high dependency care.</td>
<td>✓</td>
</tr>
<tr>
<td>Works as part of the wider multidisciplinary team to ensure that patients are cared for in an appropriate clinical environment.</td>
<td>✓</td>
</tr>
<tr>
<td>Participates in research and governance processes, including audit, guideline development and quality improvement projects, to improve the safety and quality of care delivered to children in their High Dependency Unit.</td>
<td></td>
</tr>
<tr>
<td>Delivers education and training to the multi-professional high dependency team and other members of the inter-professional team.</td>
<td></td>
</tr>
<tr>
<td>Key Capabilities</td>
<td>Assessment / Supervised Learning Event suggestions</td>
</tr>
<tr>
<td>------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
<td>---------------------------------------------------</td>
</tr>
<tr>
<td>Develops expertise in airway management, delivery of non-invasive respiratory support and recognition of when to escalate to invasive respiratory support. Safely manages the tracheostomy ventilated patient.</td>
<td>✓  ✓</td>
</tr>
<tr>
<td>Develops expertise in practical procedures required for the management of patients in the high dependency unit.</td>
<td>✓</td>
</tr>
<tr>
<td>Develops knowledge and understanding of all medications and equipment used on the high dependency unit.</td>
<td>✓</td>
</tr>
</tbody>
</table>
Appendix A: Further guidance and resources

Doctors completing this SPIN module may find the following resources useful to support their training. Please note, there is no mandatory requirement to use any or all of these resources, and RCPCH cannot be held responsible for the quality or content of any external materials.

Assessment
RCPCH Assessment web pages www.rcpch.ac.uk/assessment
RCPCH Assessment Strategy www.rcpch.ac.uk/progress

Recommended reading

Training events or courses
- Advanced Paediatric Life Support or European Paediatric Advanced Life Support
- European Society of Paediatric and Neonatal Intensive Care (ESPNIC) Non-invasive ventilation course
- Paediatric BASIC course
- Point of care ultrasound course
- Basic transport course

For more information
More information regarding SPIN modules, and all current SPIN curricula and supporting forms, can be found at www.rcpch.ac.uk/spin.

For general queries regarding SPIN modules, including eligibility to undertake a SPIN or how to apply, please contact spin@rcpch.ac.uk.

For queries relating to the SPIN curriculum, please contact qualityandstandards@rcpch.ac.uk.

The SPIN Lead is the Chair of the Paediatric Intensive Care CSAC. See the RCPCH website for the contact details of the current SPIN Lead: https://www.rcpch.ac.uk/membership/committees/paediatric-intensive-care-medicine-intercollegiate-sac
Appendix B: Criteria for SPIN delivery

The following requirements should be met when designing a training programme for a clinicians undertaking a SPIN module. Adherence to these criteria will help ensure they will have the necessary support and access to experiences which they will require in order to successfully complete this SPIN module. These criteria are framed against the standards set out in Excellence by Design: standards for post graduate curricula (GMC 2017)

<table>
<thead>
<tr>
<th>Generic criteria (apply to all SPINs)</th>
<th>SPIN-specific requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Purpose</strong></td>
<td></td>
</tr>
<tr>
<td>• Access to regular supervised clinics</td>
<td>• At least six months* training post on a Paediatric Intensive Care Unit with a minimum of six beds. To include approximately 1 month of paediatric anaesthetics, as a single placement or individual days.</td>
</tr>
<tr>
<td>• Service specific requirements to enable achievement of the curriculum e.g. Day case facilities, imaging.</td>
<td></td>
</tr>
<tr>
<td>• Opportunities to work with shared care networks in primary and secondary care.</td>
<td>• Placement in Paediatric High Dependency Care setting, ideally within a busy DGH HDU, but may also be within a variety of paediatric (not exclusively neonatal) settings e.g. mixed PICU/HDU, nephrology, respiratory, oncology etc.</td>
</tr>
<tr>
<td>• Opportunities to work with shared care clinical guidelines and protocols.</td>
<td>• The posts are in units which participate in a Paediatric Critical Care Clinical Network</td>
</tr>
<tr>
<td>• The learning environment is safe for patients and supportive for learners and educators. The culture is caring, compassionate and provides a good standard of care and experience for patients, carers and families. (Taken from GMC Promoting Excellence)</td>
<td>* whole time equivalent</td>
</tr>
</tbody>
</table>

**Governance and strategic support**

<table>
<thead>
<tr>
<th>Generic criteria (apply to all SPINs)</th>
<th>SPIN-specific requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>• The Site must ensure that Supervisors and trainers can effectively deliver the RCPCH Assessment Strategy.</td>
<td>• Opportunities to lead clinical management with appropriate supervision</td>
</tr>
<tr>
<td>• The clinician will be able to participate in leadership and management activities</td>
<td></td>
</tr>
</tbody>
</table>

**Programme of learning**

<table>
<thead>
<tr>
<th>Generic criteria (apply to all SPINs)</th>
<th>SPIN-specific requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Specific requirements for structured learning opportunities.</td>
<td>• Access to Anaesthetic service to develop airway and pain management skills</td>
</tr>
<tr>
<td>• Exposure within the clinical environment will provide sufficient learning opportunities to meet the requirements of the curriculum.</td>
<td></td>
</tr>
</tbody>
</table>
- Access to multidisciplinary teams consisting of a minimum of nurses, physiotherapists, occupational therapists.
- The post should provide a training experience that enables completion of the clinician’s PDP.

**Programme of assessment**

- The site has adequate levels of Educational Supervisors.
- Consultants with either General Paediatric or Sub Specialty expertise can be matched to the requirements of the SPIN clinician. It is important that Educational Supervisors can provide supervision and have the required remission to facilitate this, i.e. 1 PA per week per 4 trainees.
- Supervision must ensure patient safety. Support for trainers and supervisors must be available within the Trust.

**Quality assurance and improvement**

- The post will allow participation in audits and clinical improvement projects
- The post will allow the clinician to actively engage with the teaching, assessing and appraising of junior staff
- The post will allow opportunities to engage in research activities

N/A