

#HiddenHealth



My child has a hidden health need that can't be seen. We are warriors and gain strength from supporting each other but might need you to be part of our #TeamHiddenHealth

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Please help by:

- Asking if we need help
- Taking time to listen & understand
- Making other people aware of #HiddenHealth needs

Alder Hey Children's 
NHS Foundation Trust

 **RCPCH &Us**
The voice of children,
young people and families
www.rcpch.ac.uk/and_us

Created by parents & carers from Alder Hey with RCPCH &Us