

#ThisIsMe



You may not be able to see my health conditions but please be aware and understanding of them.

My #HiddenHealth need is _____

#ThisIsMe



Please help me by:

Alder Hey Children's 
NHS Foundation Trust

 **RCPCH &Us**
The voice of children,
young people and families
www.rcpch.ac.uk/and_us

Created by parents & carers from Alder Hey with RCPCH &Us