NTN Grid - Programme Information

Paediatric Palliative Care 2020

Please find below programme information for the above sub-specialty for training programmes starting in September 2020.

Page 2 contains a list of all submitted programmes of training; the job descriptions for each post follow on.

Each subspecialty grid programme covers the RCPCH curriculum as specified on the RCPCH.

Please note: Programme submissions can be withdrawn or amended at any point until an offer of employment has been made to an applicant.

Application Process

Applications for the NTN Grid open from 12 noon Friday 6 September 2019 and close at 12 noon Monday 30 September 2019. Applications can only be accessed during this period from the College website.

For more information on the grid process and to access the Grid Applicants Guide please visit: http://www.rcpch.ac.uk/ntngrid

Contact Details

For specific sub-specialty information, please contact:
Dr Renee McCulloch
Email: renee.mcculloch@gosh.nhs.uk
Email: ntn.grid@rcpch.ac.uk
Tel: (020) 7092 6139
<table>
<thead>
<tr>
<th>Deanery</th>
<th>Programme of Training</th>
<th>Places available</th>
<th>Duration (Years)</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wales</td>
<td>Cardiff and Vale University Health Board</td>
<td>1</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Yorkshire and Humber</td>
<td>Martin House Children’s Hospice and Leeds Teaching Hospitals NHS Trust</td>
<td>1</td>
<td>2</td>
<td>7</td>
</tr>
</tbody>
</table>
**Wales**

<table>
<thead>
<tr>
<th>Hospital / Centre</th>
<th>Placement Name</th>
<th>Duration (Months)</th>
<th>Educational Supervisor (name and e-mail)</th>
<th>Compulsory (C) or Optional (O)</th>
<th>Guaranteed Availability (Y/N)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cardiff and Vale University Health Board</td>
<td>Tŷ Hafan Children’s Hospice. Hayes Road, Sully. CF64 5XX</td>
<td>24</td>
<td>Dr Megumi Baba <a href="mailto:megumi.baba@wales.nhs.uk">megumi.baba@wales.nhs.uk</a></td>
<td>C</td>
<td>Y</td>
</tr>
</tbody>
</table>

**Additional Information:**

This is a two-year programme leading to accreditation in the paediatric subspeciality of palliative medicine. It is primarily intended for those who will go on to be consultants in paediatric palliative medicine, and by the end of the programme most trainees will have attained level IV according to the APPM curriculum ([https://www.appm.org.uk/_webedit/uploaded-files/All%20Files/PPM%2BCurriculum%2B2015.pdf](https://www.appm.org.uk/_webedit/uploaded-files/All%20Files/PPM%2BCurriculum%2B2015.pdf)).

The all Wales tertiary service is coordinated from the Cardiff and Vale University Health Board, but clinical work may need to be undertaken in any of the hospitals in Wales, in the patient's home, either of the two children's hospices in Wales or in one of the special schools. There are regional secondary paediatric palliative care services in each of the Health Boards (= Trusts) in Wales, but in practice trainees will spend most of their time working with the teams in Cardiff and Swansea.

Training in Wales will include a significant component of exposure to the adult specialty, which we consider to be very important. This is may be in the form of a day a week or in a block, at one of the adult hospices in South Wales, usually Marie Curie Hospice in Penarth.
Outline of Programme:

This is a two-year programme leading to accreditation in the paediatric subspecialty of palliative medicine. It is primarily intended for those who will go on to be consultants in paediatric palliative medicine, and by the end of the programme most trainees will have attained level IV according to the APPM curriculum: 

The all Wales tertiary service is coordinated from the Cardiff and Vale University Health Board, but clinical work may need to be undertaken in any of the hospitals in Wales, in the patient’s home, either of the two children’s hospices in Wales or in one of the special schools. There are regional secondary paediatric palliative care services in each of the Health Boards (= Trusts) in Wales, but in practice trainees will spend most of their time working with the teams in Cardiff and Swansea.

Training in Wales will include a significant component of exposure to the adult specialty, which we consider to be very important. This is may be in the form of a day a week or in a block, at one of the adult hospices in South Wales, usually Marie Curie Hospice in Penarth.

Departmental Information:

Demographics:
The population of Wales is three and a half million. The network is coordinated from the Cardiff and Vale University Health Board (Noa’s Ark Children’s Hospital for Wales and Tŷ Hafan Children’s Hospice and extends across the whole of Wales. The majority of the Welsh population lives in the South, however, and the trainee will not usually be expected to travel to North Wales.

Team:
The core tertiary team provides an all-Wales specialist service in paediatric palliative care and works closely alongside palliative care nurse specialists from each of the seven Health Boards in Wales and at Tŷ Hafan children’s hospice. A paediatrician with a special interest takes the medical lead for palliative care in each region, again working closely with the palliative care nurses and providing a tier of secondary level expertise (APPM level III). There are six paediatric oncology outreach nurses across Wales who provide palliative care nursing expertise to children with cancer. Finally, there is input into the team from social work and chaplaincy services where possible.

Supervisor(s):
Wales offers the trainee a unique spectrum of clinical experience. Most clinical supervision is provided by Prof Richard Hain, who is currently Lead Clinician for Paediatric Palliative Medicine in Wales. Prof Hain has a background in paediatric oncology, pharmacology, adult palliative medicine and ethics. Dr Megumi Baba is a Paediatric Palliative Medicine consultant for Tŷ Hafan children’s hospice and also an All-Wales Lead for Transition in Palliative Care, who has come into the post in June 2016. Trainee will be supervised by Dr Baba for their time at the hospice and for their work that involve transition age patients. Dr Baba currently provides educational supervision. Additional supervised clinical experience is available with Dr Jo Griffiths, who also organises the paediatric Diploma at Cardiff University. Dr Griffiths is based in Swansea and is trained in community paediatrics and palliative care. Trainees are also expected to spend a period working in one of the
specialist adult palliative medicine units in order to gain specialist experience in managing less common palliative care problems.

**Clinical Training Responsibilities:**

Trainees are strongly encouraged to undertake the Cardiff University Diploma/MSc in Palliative Medicine (paediatric option) during their post.

During office hours, the postholder will have middle-grade responsibilities in paediatric palliative medicine:

- Inpatient Palliative Care based at the children's hospital for Wales, Cardiff.
- Medical support, including home visits, for oncology and palliative care community outreach teams caring for children at home.
- Specialist palliative care to Children's Hospice (Tŷ Hafan) one half day per week and as required.
- Liaison with regional secondary care teams (including clinics and joint visits where necessary).
- Liaison with primary care teams (including visits where necessary).
- Outpatient symptom control clinics at various locations across South and West Wales.
- Special school clinics in Cardiff.
- Secondment to an adult specialist palliative care team.

Training offers graduated responsibility, with an expectation that at the beginning of training all patients will be discussed with the clinical supervisor but that as the programme progresses this will give way to increasingly independent clinical working, supported always by good team communications.

**Workload/Rota Arrangements/Example Timetable:**

There is currently no out of hours on call with this job associated with palliative care. However, the trainee will be expected to participate in the middle-grade paediatric out-of-hours rota at the Children’s Hospital for Wales in Cardiff. The rota is currently a 1:11 rota, EWTD compliant.

**Non-Clinical Training Responsibilities (expectations of research/audit/teaching):**

Wales is a leading centre for paediatric palliative care teaching and research, and trainees will be expected to participate actively. Trainees will be expected to perform audit once or twice each year of their training, on a subject of interest to be agreed with their clinical supervisor. Trainees are encouraged to develop a small research project during their time and will be supported in taking this to presentation at local, regional or national and international conferences. There is an active programme of teaching across Wales, particularly to junior paediatric trainees and to nurses, and trainees will be encouraged to participate and to be observed while teaching.

**Further Training Opportunities:**

Trainees will be supported wherever possible in attending relevant courses and conferences. For example, Association for Paediatric Palliative Medicine and Together for Short Lives provides regular study days and conferences for professionals involved in
children’s palliative care. There is an active programme of core training in the Welsh Deanery that includes management training and basic communication skills.

Cardiff is the leading centre for academic training in PPM in the UK. Trainees are encouraged to complete the rigorous post-graduate Diploma in Palliative Medicine and to consider the MSc in research methodology in palliative care. There will be extensive teaching to support this where possible.

**Any Further Information:**

The curriculum available on the RCPCH website (below) represents the minimum competencies required for accreditation. The Association for Paediatric Palliative Medicine has developed a more detailed curriculum that sets out the expectations of the specialty as a guide for trainees. Prospective trainees are encouraged to read this document and to refer to it throughout their training ([https://www.appm.org.uk/_webedit/uploaded-files/All%20Files/PPM%2BCurriculum%2B2015.pdf](https://www.appm.org.uk/_webedit/uploaded-files/All%20Files/PPM%2BCurriculum%2B2015.pdf)).

**Contact details for Unit:**

Dr Megumi Baba  
Tel: 02920 532200  
Email: megumi.baba@wales.nhs.uk

Dr Richard Hain  
Tel: 02920 743373  
Email: richard.hain@wales.nhs.uk

Dr Jo Griffiths  
Email: jo.griffiths@wales.nhs.uk

**Curriculum:**

Each sub-specialty Grid Programme covers the RCPCH Progress Curriculum, as specified on the RCPCH website: [https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties](https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties).
Yorkshire and Humber

<table>
<thead>
<tr>
<th>Hospital / Centre</th>
<th>Placement Name</th>
<th>Duration (Months)</th>
<th>Educational Supervisor (name and e-mail)</th>
<th>Compulsory (C) or Optional (O)</th>
<th>Availability (Y/N)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Martin House Children's Hospice and Leeds Teaching</td>
<td>Paediatric Palliative Medicine</td>
<td>24</td>
<td>Dr Michelle Hills <a href="mailto:Michelle.hills@nhs.net">Michelle.hills@nhs.net</a></td>
<td>C</td>
<td>Y</td>
</tr>
<tr>
<td>Hospitals NHS Trust</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Additional Information

If CSAC approved supervision is available then it may be possible for one of the two years of the training to be undertaken at Sheffield Children's Hospital and Bluebell Wood Children's Hospice in the Southern part of the deanery, however if level 4 PPM consultants are not in place then trainees will be based in the North of the Deanery throughout but still have days gaining experience in the South. At the moment it is anticipated that all of the time will be spent at Martin House.

Three months of training will be spent in adult palliative medicine to meet CSAC standards.

On call will be at Leeds General Infirmary for 50% of the time and at Martin House for the other 50%.
Outline of Programme:

This post offers a wide range of experience of Children’s Palliative Medicine in all settings, mainly home, tertiary and secondary care hospitals and children’s hospices. There is close liaison with many different paediatric specialties as well as primary care.

To an extent, the programme can be tailored to suit an individual, allowing them some choice of community, children and young persons hospice and adult hospice experience. There will be an opportunity to attend clinics from a number of specialties to widen experience and provide palliative care support to other children’s medical disciplines.

Working within a Children’s Hospice will provide experience of the voluntary sector.

There is the possibility to undertake research and attend management sessions. The post holder is expected to take an active part in the Yorkshire and Humber Children’s Palliative Care Network and become involved in teaching.

The trainee will be expected to acquire the paediatric palliative medicine competencies as described on the RCPCH website, with additional guidance available on the Association of Paediatric Palliative Medicine website.

Departmental Information:

- Demographics:

  Martin House, which is located in the village of Boston Spa near Wetherby, has been established for 30 years and has a national and international reputation for the development and delivery of high quality paediatric palliative care. The children and young people who use Martin House are diagnosed with a range of conditions, including metabolic and neuromuscular degenerative diseases, oncology and a wide range of other life-limiting problems. The hospice has eight beds within the house and a further six in the teenage and young adult lodge and also provides care for deceased patients and bereavement support.

- Team:

  At Martin House there is full cover from two part time Consultant Paediatricians, three part-time hospice doctors and a small number of other bank doctors. There is a also a community nursing team including three clinical nurse specialists.
  The medical team is well integrated with the care team, nurses and with allied professionals working at the hospice including physiotherapists, OT, music therapists, artists in residence etc

- Supervisor(s):

  Clinical supervision will be provided by all the clinical members of the team and educational supervision will be provided by Dr Michelle Hills Consultants in Paediatric Palliative Medicine.
Clinical Training Responsibilities:

The appointee will work within the multidisciplinary team at Martin House caring for patients and their families within the hospice as well as in patients' homes and in hospitals and schools, from the point of recognition of a life limiting condition through to bereavement.

The trainee will provide medical support at Martin House to children who are staying at the hospice for respite stays, symptom control stays and end of life care and ensure that an interdisciplinary approach is maintained by appropriate liaison with allied health professionals.

It is expected that they will join the Consultants to form links with the tertiary specialist teams at the Leeds Children's Hospital, visiting Hospital at least weekly.

The trainee will make strong links with one of the local Children's Community Nursing Teams and have direct clinical responsibility (with Consultant supervision) for children at home. This promotes the understanding of family's needs in these complex situations and how these needs might be met.

The appointee will have responsibility for answering telephone queries from families known to Martin House and from professionals asking for support caring for children with life limiting conditions.

The trainee will be expected to communicate effectively and keep accurate and confidential records.

The trainee will be expected to develop their reflective learning portfolio and demonstrate that they have achieved the competencies defined for CCT in paediatric palliative medicine. It is expected that the trainee will choose to undertake a Postgraduate Diploma in Palliative Medicine which will help achieve the competencies required.

Workload/Rota Arrangements/Example Timetable:

This is an example only and it can be altered

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>8.30am</td>
<td>Meeting with Macmillan Nurses Leeds Children's Hospital</td>
</tr>
<tr>
<td></td>
<td>09:00am</td>
<td>Meeting with neonatal team</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Home/Hospital visits</td>
</tr>
<tr>
<td></td>
<td>2.00pm</td>
<td>Work in Hospice</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Supervision at Martin House</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Home/Hospital visits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Opportunity to join specialist out-patient clinics</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lunch Time meeting: Leeds Children's Hospital</td>
<td></td>
</tr>
<tr>
<td>Wednesday</td>
<td>8:00am</td>
<td>ward round PICU</td>
</tr>
<tr>
<td></td>
<td>Home/Hospital visits</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Afternoon: Study time</td>
<td></td>
</tr>
<tr>
<td>Thursday</td>
<td>Work with a Children's Community Nursing Team to support them to</td>
<td></td>
</tr>
<tr>
<td></td>
<td>provide complex/and palliative Care in the Home.</td>
<td></td>
</tr>
<tr>
<td>Friday:</td>
<td>Morning: Opportunity to join specialist out-patient clinics.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Afternoon: Study time</td>
<td></td>
</tr>
<tr>
<td>On call:</td>
<td>One year of Paediatric palliative care on call - first on call to consultant one evening during weeknights (from home) (Monday to Thursday) and one in five weekends and one year of hospital paediatrics on call covering specialties</td>
<td></td>
</tr>
</tbody>
</table>
Non-Clinical Training Responsibilities (expectations of research/audit/teaching):

<table>
<thead>
<tr>
<th>Research: Martin House has always been an active research centre. There is the Martin House research centre with the University of York, and links with the University of Leeds. Both quantitative and qualitative research is undertaken. There will be opportunities for the trainee to become involved in research and to pursue their own research interests.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Audit: Martin House staff are all allocated a governance group such as medicine management or safeguarding and encourages the use of audit to identify and promote good practice. It is expected that the trainee will participate in an audit with the nursing staff and undertake a medical audit during their two years of training.</td>
</tr>
<tr>
<td>Teaching: There is a steady demand for teaching on paediatric palliative medicine throughout the Deanery and at the local Medical schools (Leeds, York and Humber and Sheffield). There is also the need to teach non-medical and nursing carers including social workers.</td>
</tr>
</tbody>
</table>

Further Training Opportunities:

The trainee will spend 3 months in adult palliative care at some point during their grid training. This can be at an adult hospice or within an adult hospital palliative care team. This will enable them to broaden their expertise in symptom management and understand the different population in the two hospice settings. There will be experience in supporting young people through the transition from paediatric to adult care.

It is possible for the trainee to attend clinics providing specialist support in order to develop a broad experience. Such clinics include neuromuscular, neurodisability, genetic, cardiology, liver, metabolic or renal. It is also recommended that trainees spend some days in Sheffield Children’s hospital and Bluebell Wood children’s hospice to get experience of palliative medicine in a different environment. Colleagues in Great Ormond Street are also happy for trainees to spend occasional days with their palliative medicine team accessing their teaching if wished.

Any further Information:

The post can be demanding emotionally but there is good psychological support from the broad team and the culture and ethos of the hospice is friendly and supportive. Clinical supervision is regularly available (and compulsory). There is great satisfaction to networking with a number of teams focusing on the holistic care of a child and their family. Hospice clinical supervision is compulsory but can take various forms including Schwartz Rounds and one to one or group reflection. There are also opportunities for Schwartz rounds within Leeds Teaching Hospitals NHS Trust.

Contact details for Unit:

<table>
<thead>
<tr>
<th>Telephone:</th>
<th>Consultant: Dr Michelle Hills, Martin House, Grove Road, Clifford, Wetherby, LS23 6TX</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.martinhouse.org.uk">www.martinhouse.org.uk</a></td>
<td>Tel: 01937845045</td>
</tr>
<tr>
<td>Secretary: Claudine Heffernan</td>
<td>Tel: 01937845045</td>
</tr>
<tr>
<td>E-mail: <a href="mailto:Michelle.hills@nhs.net">Michelle.hills@nhs.net</a></td>
<td><a href="mailto:cheffernan@martinhouse.org.uk">cheffernan@martinhouse.org.uk</a></td>
</tr>
</tbody>
</table>

Curriculum:

Each sub-specialty Grid Programme covers the RCPCH Progress Curriculum, as specified on the RCPCH website: [https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties](https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties)