NTN Grid - Programme Information

Paediatric Rheumatology 2020

Please find below programme information for the above sub-specialty for training programmes starting in September 2020.

Page 2 contains a list of all submitted programmes of training; the job descriptions for each post follow on.

Each subspecialty grid programme covers the RCPCH curriculum as specified on the RCPCH.

Please note: Programme submissions can be withdrawn or amended at any point until an offer of employment has been made to an applicant.

Application Process

Applications for the NTN Grid open from 12 noon Friday 6 September 2019 and close at 12 noon Monday 30 September 2019. Applications can only be accessed during this period from the College website.

For more information on the grid process and to access the Grid Applicants Guide please visit: http://www.rcpch.ac.uk/ntngrid

Contact Details

For specific sub-specialty information, please contact:
Dr Anne-Marie McMahon
Email: anne-marie.mcmahon@sch.nhs.uk

Email: ntn.grid@rcpch.ac.uk
Tel: (020) 7092 6139
### Programme Description

<table>
<thead>
<tr>
<th>Deanery</th>
<th>Programme of Training</th>
<th>Places available</th>
<th>Duration (Years)</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>East of England</td>
<td>Addenbrookes Hospital</td>
<td>1</td>
<td>2-3</td>
<td>3</td>
</tr>
<tr>
<td>London</td>
<td>Great Ormond Street Hospital for Children (GOSH)</td>
<td>1</td>
<td>2-3</td>
<td>8</td>
</tr>
<tr>
<td>Wessex</td>
<td>University Hospital Southampton</td>
<td>1</td>
<td>2-3</td>
<td>12</td>
</tr>
<tr>
<td>West Midlands</td>
<td>Birmingham Women’s and Children’s NHS Foundation Trust</td>
<td>2</td>
<td>2-3</td>
<td>15</td>
</tr>
<tr>
<td>Yorkshire</td>
<td>Leeds Children’s Hospital</td>
<td>1</td>
<td>2-3</td>
<td>19</td>
</tr>
<tr>
<td>Yorkshire</td>
<td>Sheffield Children’s Hospital</td>
<td>1</td>
<td>2-3</td>
<td>24</td>
</tr>
</tbody>
</table>

Maximum Number of National Training Grid Appointments that may be made in 2020 for Paediatric Rheumatology

6

Please note: all the below posts will be combined with a second paediatric rheumatology tertiary training centre in order for the applicant to gain experience and training at two different specialist paediatric rheumatology units. The other centre will be determined by the paediatric rheumatology CSAC, as per all grid training posts in this specialty.

Second centre rotations will be decided after interview, applicants will be asked to rank the second centre rotations. Offers will then be made starting with the highest-ranking applicant and so on.

All post numbers are indicative only and may be subject to change. Applicants are reminded to check these post numbers with the deanery/LETB prior to attending interview/them making offers.
### East of England

<table>
<thead>
<tr>
<th>Hospital / Centre</th>
<th>Placement Name</th>
<th>Duration (Months)</th>
<th>Educational Supervisor (name and e-mail)</th>
<th>Compulsory (C) or Optional (O)</th>
<th>Availability (Y/N)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Addenbrookes Hospital</td>
<td>Paediatric Rheumatology</td>
<td>12 – 24</td>
<td>Kate Armon <a href="mailto:Kate.armon@addenbrookes.nhs.uk">Kate.armon@addenbrookes.nhs.uk</a> Peter Bale <a href="mailto:peter.bale@addenbrookes.nhs.uk">peter.bale@addenbrookes.nhs.uk</a></td>
<td>C</td>
<td>Y</td>
</tr>
<tr>
<td>Centre to be decided by CSAC</td>
<td>Paediatric Rheumatology</td>
<td>12</td>
<td>To be confirmed.</td>
<td>C</td>
<td>Y</td>
</tr>
</tbody>
</table>

**Additional Information:**

This post will be combined with a second paediatric rheumatology tertiary training centre in order for the applicant to gain experience and training at two different specialist paediatric rheumatology units. The other centre will be determined by the paediatric rheumatology CSAC, as per all grid training posts in this specialty.
**Outline of Programme:**

The paediatric rheumatology training programme at Addenbrookes Hospital, will cover up to and including Level 3 of the paediatric rheumatology subspecialty RCPCH curriculum. Addenbrookes Hospital has a well-equipped multidisciplinary paediatric rheumatology team to support and meet needs of grid training. The Child and Adolescent East of England Rheumatology Service (CHEERS) provides excellent training opportunities in the core aspects of paediatric rheumatology. This includes the management of inpatients, medication infusions and standard inflammatory and non-inflammatory multidisciplinary clinics. The trainee will also benefit from specialist interests in the department and allied departments including: adolescent multidisciplinary clinics, adult specialist rheumatology clinics (vasculitis, connective tissue disease, metabolic bone disease), transition clinics, paediatric rheumatology/ophthalmology clinics, National Stickler's syndrome service and paediatric rheumatology outreach clinics across our large geographical region.

**Departmental Information:**

**Demographics:**

Cambridge city is situated at the centre of the East of England, approximately 50 miles northeast of London, with an estimated population of 120,000. The East of England is a large rural area with a population of nearly 6 million people. Addenbrooke's Hospital, part of the Cambridge University Hospital NHS Trust, is a regional and national centre for clinical excellence and biomedical research. All specialist children's services allied to paediatric rheumatology are delivered at this tertiary referral centre, including intensive care, ophthalmology, orthopaedics, immunology, neurology, respiratory, gastroenterology, cardiology with additional visiting expertise from Great Ormond Street and Nottingham for cardiology and renal respectively. The hospital has excellent links with the region's district general hospitals providing rheumatology outreach care as close to families as possible, as part of the commissioned regional clinical network. The Addenbrookes rheumatology consultant team also delivers tertiary level care at the Norfolk and Norwich University Hospital supported by a full specialist multidisciplinary team at that site. The proximity to London facilitates a close working relationship with paediatric rheumatology and other subspecialties at Great Ormond Street Hospital who deliver quaternary level services.

**Team:**

A comprehensive multi-disciplinary team provide specialist paediatric rheumatology services. The team comprises:

- 2 Consultant paediatric rheumatologists (2.0 WTE)
- 1 ST4-8 Paediatric trainee (this post)
- 1 Clinical nurse specialist
- 1 Research nurse (0.4 WTE)
- 2 Band 7 Physiotherapists (1.0 WTE in paediatric rheumatology)
- 1 Occupational therapist (0.2 WTE in paediatric rheumatology)
- 1 Clinical psychologist (0.4 WTE in paediatric rheumatology)
- 1 Paediatric pharmacist (0.6 WTE in paediatric rheumatology)
- 1 Secretary

**Supervisor(s):**

Educational/Clinical supervisors - Dr Kate Armon & Dr Peter Bale

**Clinical Training Responsibilities:**

The post-holder will work within our multi-disciplinary team and will receive support from team members and be expected to support team colleagues. The post-holder can expect to receive comprehensive training linked to the Higher Specialist Training competency syllabus on Progress. They will take part in a general paediatric tier 2 on-call rota, which will allow ongoing acquisition of general paediatric competencies required for certificate of completion of subspecialty training and dual accreditation.
Programme Description

**Workload / Rota Arrangements / Example Timetable:**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Handover, ward round and Infusions reviews</td>
<td>Outreach Norfolk and Norwich (1 per month)</td>
<td>MSK radiology meeting (1 monthly)</td>
<td>Outreach clinic Norfolk and Norwich (1 per month)</td>
<td>General paediatric rheumatology clinic – KARHEUM/PJBRHEUM</td>
</tr>
<tr>
<td>Paediatric pain clinic (1 per month)</td>
<td>Outreach James Paget Hospital (1 per 6 months)</td>
<td>0800-0900</td>
<td></td>
<td>0830 - 1230</td>
</tr>
<tr>
<td>General paediatric rheumatology clinic – KARHEUM (1 per month)</td>
<td>All day</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>AM</td>
<td>Handover, SpR ward round and infusions reviews</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0830-1230</td>
<td>Outreach Ipswich Hospital (1 per 6 months)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outreach clinic - Queen Elizabeth Hospital King’s Lynn (1 per 6 months)</td>
<td>0830 - 1230</td>
<td>Ward round and Infusions reviews</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>0830 - 1230</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>General Paediatric grand round teaching</td>
<td>Registrar review/rapid access clinic (weekly)</td>
<td>MDT meeting</td>
<td>Specialist National Stickler clinic 1 per month</td>
<td>Uveitis clinic (every month)</td>
</tr>
<tr>
<td>1230-1330</td>
<td>1330 - 1730</td>
<td>1500 -1600</td>
<td>1400 - 1700</td>
<td></td>
</tr>
<tr>
<td>PM</td>
<td>Annual review clinic – all professionals present (1 per month)</td>
<td>Service development meeting (every 3 months)</td>
<td>Adult Vasculitis clinic 1 per 6 months</td>
<td></td>
</tr>
<tr>
<td>General paediatric rheumatology clinic – PJBRHEUM (every week)</td>
<td>Outreach Basildon Hospital (1 per 6 months)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>General pediatric rheumatology clinic – KARHEUM (every week)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Programme Description

| 1330-1730 | 1400 - 1600 | 1330 - 1730 | 1330 - 1700 |
| Addenbrookes Adult Rheumatology teaching programme (weekly) | Addenbrookes Adult Rheumatology teaching programme (weekly) | Addenbrookes Adult Rheumatology teaching programme (weekly) | Addenbrookes Adult Rheumatology teaching programme (weekly) |
| 1430 - 1700 | 1400-1500 | 1400-1500 | 1400-1500 |

**Non-Clinical Training Responsibilities (expectations of research / audit / teaching):**

The hospital and paediatric department have strong links to the world-renowned research facilities at the University of Cambridge. The paediatric division is focussed on developing its research portfolio under the excellent head of department, Professor David Rowitch, and research is a core priority within the paediatric rheumatology team. The team has a dedicated Clinical Research Network funded nurse who supports the paediatric rheumatology NIHR portfolio studies open in Cambridge. We are determined to fulfil the aspiration that every child and family coming to our service are offered the opportunity to participate in research relevant to them.

The trainee post-holder will be expected to:

- Undertake Good Clinical Practice training in basic research skills
- Participate in portfolio research work carried out at Cambridge
- Take an active role in local and regional research work
- Design and lead a local research project or work with other trainees on a multi-centre project
- Disseminate research findings through presentation at regional and national meetings
- Be familiar with clinical audit. They will lead a regional or local audit as part of a clinical improvement project to improve services in paediatric rheumatology within the hospital and the wider clinical network.

Education is also a key priority of the CHEERS network to ensure all doctors in training within the region are able to examine joints and have an awareness of the conditions we manage.

The trainee post-holder will be expected to:

- Undertake a variety of education sessions for undergraduates from the University of Cambridge and University of East Anglia
- Undertake a variety of education sessions for postgraduate doctors in training including foundation years, general practice training and specialist paediatric training within the hospital.
- Take an active role in regional education and network meetings

The post holder will be encouraged to attend and present at national and international Paediatric Rheumatology meetings.
Programme Description

**Further Training Opportunities:**

Outreach to different sized district general hospitals:

- Norfolk and Norwich University Hospital (providing tertiary paediatric rheumatology services as a second hub)
- James Paget Hospital, Basildon Hospital, King's Lynn Hospital and Ipswich Hospitals (Addenbrookes at models or level 2 shared care centres via service level agreements)

Excellent working links exist with a number of other teams:

- Adult clinical teams in rheumatology, metabolic bone, dermatology and vasculitis. Opportunities to attend specialist clinics, local and regional service and education meetings.
- Paediatric subspecialties including immunology (Dr Helen Baxendale) with the opportunity to attend clinics and be involved in shared management of complex patients.

The Cambridge Paediatric Rheumatology team run a number of education events and courses annually, attracting a national audience. The post-holder will gain experience planning and running such events.

Twice yearly face to face regional network meetings with 3 monthly teleconferences to discuss patients and support local management. The post-holder will gain experience organising such events and be part of networked clinical care.

**Any Further Information:**

- Gain managerial and leadership skills including service and network development
- Supported to arrange national trainee meetings e.g. The BSPAR Paediatric Rheumatology trainees meeting
- Participate in and actively contribute to clinical governance meetings
- Learning opportunities: involvement in rota management, departmental inductions, guideline development, clinical audit leading to implementation and the evaluation of change, supervision and supporting of colleagues, attending and contributing to regional, national and international meetings

**Contact Details for Unit:**

Dr Kate Armon - Consultant Paediatric Rheumatologist, Clinical Lead
Email: kate.armon@addenbrookes.nhs.uk
Dr Peter Bale - Consultant Paediatric Rheumatologist
Email: peter.bale@addenbrookes.nhs.uk

**Curriculum:**

Each sub-specialty Grid Programme covers the RCPCH Progress Curriculum, as specified on the RCPCH website: https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties.
<table>
<thead>
<tr>
<th>Hospital / Centre</th>
<th>Placement Name</th>
<th>Duration (Months)</th>
<th>Educational Supervisor (name and e-mail)</th>
<th>Compulsory (C)</th>
<th>Optional (O)</th>
<th>Availability Guaranteed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Great Ormond Street Hospital for Children (GOSH)</td>
<td>Paediatric Rheumatology</td>
<td>24-36</td>
<td>Dr Muthana AlObaidi</td>
<td>C</td>
<td>Y</td>
<td>Y</td>
</tr>
</tbody>
</table>

**Additional Information:**
Please note that this post is part of a National Rheumatology Rotational Programme involving other centres outside London. The year at GOSH will start in September 2021.
Programme Description

<table>
<thead>
<tr>
<th>Subspecialty:</th>
<th>Paediatric Rheumatology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Base Unit:</td>
<td>Great Ormond Street Hospital</td>
</tr>
<tr>
<td>Deaneries involved:</td>
<td>London Deanery</td>
</tr>
</tbody>
</table>

Outline of Programme
This training programme at GOSH provides a broad experience in all forms of acute and chronic rheumatic and musculoskeletal disorders such as juvenile idiopathic arthritis, systemic lupus erythematosis, dermatomyositis, scleroderma as well as primary and reactive vasculitis. Also the trainees will gain significant experience in management of chronic pain syndromes and other similar disorders. In addition the trainees will have the opportunity to work within the multidisciplinary team and acquire skills related to designing and implementing sophisticated, long-term rehabilitation programmes for children with rheumatic and musculoskeletal disorders. Attending the adolescent clinics at UCLH and GOSH will allow the trainees to get some expertise in the management of adolescents with chronic disease. Lastly the trainee will gain experience in shared care and clinical networks.

Departmental Information
- **Demographics**
  GOSH Trust is a postgraduate teaching hospital, linked with the Institute of Child Health (ICH), which is its Postgraduate Medical School. ICH integrated with the United Medical and Dental School at University College London, in April 1996. The Trust has 354 beds and provides a comprehensive range of paediatric specialities for tertiary and quaternary level care. In association with the Institute of Child Health it has responsibility for research, development, teaching and training in all aspects of health and disease in children. The rate of new patient referrals at GOSH is in total approximately nine hundred per annum with the total number of patient episodes exceeding 9,000.
  Close collaboration exists between the Great Ormond Street Hospital and University College London Hospitals Trusts. Pre-transition clinics are held at GOSH before transfer to the adolescent unit at UCLH.

- **Team**
  The Rheumatology Unit comprises a clinical team of medical staff, physiotherapists, occupational therapists, psychologists, clinical nurse specialists and specially trained nurses for the inpatients. The Head of the Academic Unit is Prof Lucy Wedderburn and the current clinical lead is Prof Brogan. There are 4 full time and 4 part-time consultants. One of these consultants will be in charge of inpatient care at any one time but all will be holding regular Outpatient Clinics. Adolescents are cared for at the Adolescent Centre at the University College hospital. The Clinical Unit is a National Referral Centre for Paediatric Rheumatology and comprises of outpatient, daycare and ambulatory facilities, as well as a 10 bed inpatient unit shared with Dermatology. A clinician assistant is available to help with administrative work for daycases and inpatients.
  The research team of the unit is based on 2 sites: at the Institute of Child Health and the Rayne Institute of Medical Sciences, University College of London. There is a wide range of clinical and basic research currently being carried out by the unit on both sites

- **Supervisor(s)**
  All consultants are involved in clinical supervision
  Dr Muthana Al Obaidi is the Educational Lead

Clinical Training Responsibilities
The trainees are largely responsible for the inpatient unit with the opportunity of attending outpatient clinics and performing joint injections. The annual inpatient numbers is in excess of 500 and the total number of FCEs is approximately 3500 pa. There is a wide spectrum of rheumatic diseases seen within the unit with a concentration towards the more complex multisystem inflammatory diseases. For a detailed timetable please see below
Programme Description

Workload / Rota Arrangements / Example Timetable

The timetable will include the following elements:

- Outpatient Clinics
- Day procedures
- Care of inpatients
- Review of patients with consultant in charge
- In house education by the unit and the Trust (weekly)
- Journal Club (Weekly)

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>0930-1230 admission</td>
<td>0830-0930 business/audit/clinical</td>
<td>9:00-09:30 monthly histopathology</td>
<td>0830-0930 in-house rheum teaching for</td>
<td>0830-0930 journal club</td>
</tr>
<tr>
<td>and Clerking patients</td>
<td>governance/research meeting</td>
<td>meeting</td>
<td>junior doctors</td>
<td>09.30-13.00 ward work/new</td>
</tr>
<tr>
<td>GOSH Or SpR emergency</td>
<td>0930-1230 teaching ward round</td>
<td>0930 Ward work /admin / joint</td>
<td>Am; Monthly joint injection GA</td>
<td>patient clinic*</td>
</tr>
<tr>
<td>Clinic*</td>
<td>with consultants and MDT</td>
<td>injections under Entonox/ clerk</td>
<td>list/ CTD clinics/ward work*</td>
<td>Vasculitis clinic</td>
</tr>
<tr>
<td>1330-1430 Rheumatology</td>
<td>1300-17.30 Ward work (in patients,</td>
<td>13.30-14.30 Ward referrals</td>
<td>1300-14.30 Ward referrals</td>
<td>Fever clinic</td>
</tr>
<tr>
<td>Radiology MDT meeting.</td>
<td>outliers, day case reviews)</td>
<td>14.30-15.30 planning</td>
<td>14.30-15.30 planning</td>
<td></td>
</tr>
<tr>
<td>1430-1800 Share clerking</td>
<td>1400-17.30 Ward work or Adolescent OPC at UCH*</td>
<td>15.30-17.30 ward round with consultant Or GA joint injection list</td>
<td>1400-17.30 Ward work/ward follow-up clinic*</td>
<td></td>
</tr>
<tr>
<td>and initiate management</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>for new admissions with</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MDT and clinical fellow</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* in rotation

The postholder will provide out of hours cover for the medical unit (Rheumatology, Dermatology and Renal but occasionally cover Metabolic, Gastroenterology and Endocrinology) in the evenings, at week-ends, and at night. The working day may vary in terms of hours to allow good handover with SpR’s to ensure continuous cover.
**Non Clinical Training Responsibilities (expectations of research / audit / teaching)**

The postholder will be encouraged to involve him/herself in any aspects of research within the unit. This is a Postgraduate Teaching Hospital. A significant number of medical students, specialist registrars in training and clinical fellows are attached for varying periods of time for advanced teaching. There are specialist courses and training courses provided by the ICH, in addition to those provided within the Trust.

There will be opportunities to access teaching and research activities within the trust. You will be allocated a supervising consultant who will plan these activities with you through the appraisal process. There are trust-wide lectures, one on some Monday lunchtimes (postgraduate- at ICH) and one on some Wednesday lunchtimes which takes the form of a clinical case presentation for the whole hospital. There will also be weekly specialty specific teaching in the department, as well as research meeting and journal club.

There is also programme of active clinical trials and clinical research within the unit. The interventional trials are performed within the state of the art Clinical Research Facility at GOS, where there is core facility and nurse cover for medicinal trials. 4 members of the unit are also members of the MCRN/ARUK clinical studies group (CSG) which determines research strategies in relation to clinical trials. Members of the Unit are highly active in collaborative and multicentre studies (through Brit Soc Paed Adol Rheumatology (BSPAR) and other research networks).

All members of the unit undertake regular audit of activities and the appointee will both initiate and participate directly in these activities.

**Further training opportunities**

There is training available in computer literacy, database management and statistics. Great Ormond Street Hospital and the Institute of Child Health have their own dedicated computer departments and regular courses are held

**Contact details for unit**

Paediatric Rheumatology Department  
Great Ormond Street Hospital for Children NHS Foundation Trust  
Tel 0207 405 9200 Ext 7887

**Curriculum**

Each subspecialty grid programme covers the RCPCH curriculum as specified on the RCPCH website: [http://www.rcpch.ac.uk/training-examinations-professional-development/quality-training/curriculum/curriculum](http://www.rcpch.ac.uk/training-examinations-professional-development/quality-training/curriculum/curriculum)
## Wessex

<table>
<thead>
<tr>
<th>Hospital / Centre</th>
<th>Placement Name</th>
<th>Duration (Months)</th>
<th>Educational Supervisor (name and e-mail)</th>
<th>Compulsory (C) or Optional (O)</th>
<th>Availability (Y/N)</th>
</tr>
</thead>
<tbody>
<tr>
<td>University Hospital Southampton</td>
<td>Paediatric Rheumatology</td>
<td>12</td>
<td>Alice Leahy <a href="mailto:alice.leahy@uhs.nhs.uk">alice.leahy@uhs.nhs.uk</a></td>
<td>C</td>
<td>Y</td>
</tr>
</tbody>
</table>

**Additional Information:**

Second centre to be decided by CSAC. It is likely to be London or Bristol.
Programme Description 2020

<table>
<thead>
<tr>
<th>Sub-specialty:</th>
<th>Paediatric Rheumatology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Base Unit:</td>
<td>University Hospital Southampton</td>
</tr>
<tr>
<td>Deaneries involved:</td>
<td>Wessex</td>
</tr>
</tbody>
</table>

Outline of Programme:

One year of a two-year paediatric rheumatology training programme, based in Southampton but covering a wide region of Southern England. Rotating with a second centre which will be determined by CSAC.

Departmental Information:

Demographics:

Southampton Paediatric Rheumatology service covers a very wide area, including Wessex, Dorset Wiltshire, West Sussex, and Surrey, as well as Southampton, Hampshire, Isle of Wight, Portsmouth, and the Channel Islands. The population of the area covered is probably around 3 million. As well as twice weekly clinics in Southampton we also do 2 outreach clinics per week. We also do CTD clinics, joint uveitis clinics, and immunology/rheum clinics.

We are part of an active Paediatric Rheumatology network and run 2 monthly educational meetings with colleagues from around the region.

Team:

- 2 Paediatric Rheumatology consultants
- 1 adult rheum consultant with interest and expertise in paediatric and adolescent rheumatology, and lead for transition.
- 2 nurse specialists
- 2 specialist physiotherapist
- 1 psychologist

Supervisor(s):

- Dr Alice Leahy

Clinical Training Responsibilities:

The post holder will work within an established multi-disciplinary team and will receive support from team members and be expected to support team colleagues. The post holder can expect to receive comprehensive training linked to the Higher Specialist Training competency syllabus.

Workload / Rota Arrangements / Example Timetable:
General paediatrics on-call rota shared between 12-15 registrars.

Per 5 days of day time paediatric rheumatology work we would expect:

- 2 clinics (there are 1 - 2 outreach clinics every week so attendance will be either in UHS or at outreach)
- Entonox joint injections 1-2 per week
- GA joint injections x 2 lists per month
- Weekly MDT meeting with teaching
- Review of children having infusions on day ward
- Care of inpatients when we have them.
- Attendance at joint uveitis clinics (every 2 months) and immunology/rheum clinics (every 3 months).

**Non-Clinical Training Responsibilities (expectations of research / audit / teaching):**

- Participate in and contribute to weekly paediatric rheumatology meetings with teaching sessions.
- Attend and sometimes present at weekly paediatric grand round meetings.
- Attend and present at 2 monthly paediatric rheumatology network meetings.
- Participate in portfolio research work carried out at UHS.
- Become involved in developing in house research projects.
- Involvement in audit.
- Teaching of paediatric trainees and medical students.

**Further Training Opportunities:**

Southampton is uniquely placed to be able to offer training in diagnostic MSK ultrasound. All 3 consultants are trained to scan children's joints and routinely scan most patients in clinic. Training in this skill is difficult to access in this country.

**Contact Details for Unit:**

Dr Alice Leahy
Email: alice.leahy@uhs.nhs.uk

Dr Hans de Graaf
Email: hans.degraaf@uhs.nhs.uk

**Curriculum:**

Each sub-specialty Grid Programme covers the RCPCH Progress Curriculum, as specified on the RCPCH website: [https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties](https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties).
# West Midlands

<table>
<thead>
<tr>
<th>Hospital / Centre</th>
<th>Placement Name</th>
<th>Duration (Months)</th>
<th>Educational Supervisor (name and e-mail)</th>
<th>Compulsory (C) or Optional (O)</th>
<th>Guaranteed (Y/N)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Birmingham Women’s and Children’s NHS Foundation Trust</td>
<td>Paediatric Rheumatology</td>
<td>12</td>
<td>Eslam Al-Abadi <a href="mailto:e.al-abadi@nhs.net">e.al-abadi@nhs.net</a>&lt;br&gt;Penny Davis <a href="mailto:penny.davis2@nhs.net">penny.davis2@nhs.net</a>&lt;br&gt;Kathryn Harrison <a href="mailto:kathryn.harrison5@nhs.net">kathryn.harrison5@nhs.net</a></td>
<td>C</td>
<td>Y</td>
</tr>
</tbody>
</table>

**Additional Information:**

This post is part of a rotation between two deaneries, as is the case for all Paediatric rheumatology NTN Grid posts. The West Midlands Deanery post will form one half of the rotation. The other half of the rotation will be decided by the CSAC based on availability, progress, training needs, geographical location and personal preference.

For more details please refer to the accompanying Training Programme Description.
Sub-specialty: Paediatric Rheumatology

Base Unit: Birmingham Women’s and Children’s Hospital NHS Foundation Trust

Deaneries involved: West Midlands and as per CSAC discretion

Outline of Programme:
The Paediatric Rheumatology service at Birmingham Children’s Hospital is well placed to deliver all aspects of the national curriculum in Paediatric Rheumatology. Extensive clinical exposure is supported by a structured weekly programme of educational opportunities led by the trainees needs and supported by Paediatric Rheumatology Consultants and the wider multi-disciplinary team.

Departmental Information:

Demographics:

Birmingham Children’s Hospital provides a tertiary/quaternary Paediatric Rheumatology service for the West Midlands (childhood population 1.2million) in addition to much of central England and parts of Wales.

In addition, there are outreach clinics and specialist clinics in Juvenile Dermatomyositis, childhood onset Systemic Lupus Erythematosus, Vasculitis, Scleroderma, Systemic sclerosis and autoinflammatory diseases. Trainees will also enjoy the valuable training opportunity of working in the Birmingham Behcet’s National Centre of Excellence. Finally, there are many multispeciality clinics to experience including collaborations with Hand and Upper Limb surgeons, Orthopaedics, Ophthalmology, Dermatology and Endocrinology. There is also weekly theatre session for joint injections with full anaesthetic support as well as busy weekly biologics infusions list.

Team:
The consultant team (3.9 WTE) is supported by a comprehensive multidisciplinary team including two paediatric rheumatology trainees (grid/SPIN), clinical nurse specialists, experienced secretaries, occupational therapists, physiotherapists, research nurse, research coordinator and transitional care co-ordinator.

Supervisor(s):

All the consultants provide educational supervision in accordance with RCPCH recommendations. The clinical supervision is shared between the team of consultants.

Clinical Training Responsibilities:
The clinical service in Birmingham is consultant led and provides 24-hour consultant cover. Inpatient work is kept to a minimum by the innovative use of outpatient and day case working style. If inpatient stay is necessary there is full access to a multispecialty team including Nephrology, Orthopaedics, Ophthalmology, Dermatology, general paediatrics, PICU, and Radiology. There are 5 outpatient clinics per week covering approximately 600 new patient referrals with a mix of inflammatory disease, connective tissue disease, mechanical musculoskeletal problems and chronic pain syndromes. There are approximately 1500 follow-up visits including a dedicated adolescent outpatient service. Trainees will have the opportunity to work in all of these clinics in a supernumerary capacity to enable them to focus on the training requirements in an intensive training experience under consultant supervision appropriate to their stage of training. At any one time we have approximately 500 patients receiving DMARD/Biologics covering the whole spectrum of paediatric rheumatology.

**Workload/Rota Arrangements/Example Timetable:**

Each week the trainee would be part of at least 3 out of 5 available clinics, 2 MDT meetings, a joint injection list and a day case session. Trainees also provide out of hours cover to the Hospital at Night service as per rota. Below is an example of the weekly activities:

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>AM</strong></td>
<td>0900 start Team Meeting/ jobs/clinic prep</td>
<td>0900 start Main MDT clinic</td>
<td>0800 start Joint Injection list consents 0900 list starts</td>
<td>0900 stat Team meeting/ jobs/ clinic prep Adolescent Team Meeting 1030-1130 Ward Round Alternate weeks 12-1 complex cases/ departmental teaching Monthly 1-2 Xray meeting</td>
<td>0900 start Admin Teaching ES/CS meeting Clinical Governance</td>
</tr>
<tr>
<td></td>
<td>Ward round</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Lunchtime</strong></td>
<td>Team lunch 12.30</td>
<td>Hospital Grand Round 1-2pm</td>
<td>Hospital at Night teaching 1-2</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Programme Description 2020

| PM       | New patient clinic, Nurse led clinic, | Team Meeting 2-3pm | 2pm monthly Clinical Governance alternating with Friday mornings | Adolescent Rheumatology MDT Clinic General Clinic (reviews) | New patient clinic Pre-op clinic |

Non-Clinical Training Responsibilities (expectations of research/audit/teaching):

All non-clinical training activities are fully supported and encouraged. There is an expectation that trainees will take advantage of the numerous opportunities to receive audit training, teaching, clinical governance and management experience.

Further Training Opportunities:

Early steps research applications are available through the Birmingham Women’s and Children's Hospital research foundation. Academic careers are supported in collaboration with the on-site Wellcome Trust research facility, University of Birmingham and the Clinical Trials Unit. Special areas of interest are the longitudinal outcomes in JIA, role of MR imaging in inflammatory diseases, such as Juvenile Idiopathic Arthritis and Dermatomyositis, joint injection therapy and the role of arthroscopic synovectomy in modulating wrist joint damage.

Any Further Information:

Creating a supportive environment for all is the basis on which we operate. We are a very friendly group of professionals with an emphasis on valuing the contribution of all team members.

Contact details for Unit:

Dr Eslam Al-Abadi (Educational Lead)
Email: e.al-abadi@nhs.net

Dr Penny Davis (Clinical Lead)
Email: penny.davis2@nhs.net

Tel: 0121 333 8208/8209

Curriculum:

Each sub-specialty Grid Programme covers the RCPCH Progress Curriculum, as specified on the RCPCH website: [https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties](https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties).
## Yorkshire - Leeds

<table>
<thead>
<tr>
<th>Hospital / Centre</th>
<th>Placement Name</th>
<th>Duration (Months)</th>
<th>Educational Supervisor (name and e-mail)</th>
<th>Compulsory (C) or Optional (O)</th>
<th>Guaranteed (Y/N)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leeds Children's Hospital, Leeds General Infirmary</td>
<td>Rheumatology</td>
<td>12</td>
<td>Tania Amin <a href="mailto:tania.amin@nhs.net">tania.amin@nhs.net</a></td>
<td>C</td>
<td>Y</td>
</tr>
</tbody>
</table>

**Additional Information:**

**Leeds Children’s Hospital**

This post is part of a rotation between two rheumatology centres or deaneries, as is the case for all Paediatric rheumatology NTN Grid posts.

The Leeds Children’s Hospital Yorkshire Deanery post will form one half of the rotation. The other half of the rotation will be decided by the CSAC based on availability, progress, training needs, geographical location and personal preference.

It is likely the second centre may be Sheffield.

If a third year of grid training is agreed, this would be Leeds.

The third year of training will be arranged once the trainee is in post according to training requirements.
Sub-specialty: Paediatric Rheumatology

Base Unit: Leeds Children’s Hospital

Deaneries involved: Yorkshire Deanery

Outline of Programme:

Paediatric rheumatology programme that will cover up to and including Level 3 of paediatric rheumatology subspecialty RCPCH curriculum, within a Musculoskeletal centre of expertise.

Leeds Children’s Hospital Paediatric Rheumatology department benefits from 4 Paediatric Rheumatology Consultants (3.5 FTE) able to provide comprehensive training in all areas of paediatric rheumatology to meet the requirements of the curriculum in the context of a two centre training programme.

The department sits as part of the wider children’s hospital with all other paediatric subspecialties represented within the hospital which allows for collaborative practice for children with complex multi system disorders.

Departmental Information:

Demographics:

Leeds Paediatric Rheumatology department sees approximately 700 new patients and 2000 follow-up patients per year. There are dedicated transition clinics for adolescents with attendance by adult rheumatologists. In addition, there are joint clinics with dermatology (mainly scleroderma), renal (mainly SLE), haematology (haemophiliaic joint disease), ophthalmology (uveitis), immunology (auto-inflammatory syndromes) and orthopaedics. We work closely with the children’s chronic pain service, who manage localised, widespread idiopathic pain syndromes and unexplained pains.

Leeds Paediatric Rheumatology department is based in the Leeds General Infirmary (5 mins walk from the main train station in Leeds) and covers a large part of Yorkshire by leading a well-developed network, including through several outreach clinics (Bradford, York, Harrogate, Doncaster, Airedale, with others planned).

Leeds lies within a well-populated region of the UK and is nearby to several other large cities such as Nottingham, Bradford and Manchester. This facilitates excellent working relationships with nearby specialist paediatric rheumatology tertiary services.

Link to department website for more information below: https://www.leedsth.nhs.uk/a-z-of-services/childrens-rheumatology/

Team:
- In Leeds the 4 consultants work closely with 4 specialist nurses, 3 physiotherapists, 2 occupational therapists, a pharmacist, clinical psychologist and secretaries.

- 1 SpR is attached to the department (this post when a GRID SpR is appointed). We have close links with all relevant paediatric subspecialties including paediatric nephrology, cardiology, gastroenterology, and PICU within the children’s hospital and Yorkshire adult rheumatology centres, including the renowned academic department in Leeds.

**Supervisor(s):**

- Dr Tania Amin - (PT) (Planned Educational Supervisor to GRID trainee)
- Dr Mark Wood - (FT)
- Dr Valentina Leone - (PT)
- Dr Marek Bohm - (FT)

**Clinical Training Responsibilities:**

The post-holder will work within an established multi-disciplinary team and will receive support from team members and be expected to support team colleagues.

The post-holder can expect to receive comprehensive training linked to the Higher Specialist Training competency syllabus.

**Workload/Rota Arrangements/Example Timetable:**

On-call commitments to either general paediatric or specialty rota. Both approximately 1 in 8.

Per 5 days of FTE day-time paediatric rheumatology work, trainees should expect:

- 3 clinics
- joint injections in 2 children under Entonox (weekly list)
- joint injections in 6 children under GA (3 lists per 2 months)
- weekly multi-disciplinary team meeting (including monthly psychosocial meeting)
- weekly department education / management meeting
- 1-hour small group / individual teaching alternate weeks
- 1-4 ward consults: SpR usually sees the patient first, then with a consultant
- review of day-case attenders for infusions and involvement in the prescriptions
- management of inpatients, including independent ward rounds when applicable
- able to attend the weekly Wednesday afternoon Adult Rheumatology Teaching programme, when relevant

We run a predominantly outpatient model of care, but unstable / complicated patients are admitted for investigation / treatment.

**Non-Clinical Training Responsibilities (expectations of research/audit/teaching):**
High level of consultant supervision is available but increasing independence will be promoted when appropriate. Involvement in management aspects of work for senior trainees will be encouraged.

Involvement in 1 audit and at least 1 specific research project is compulsory.

GCP training mandatory as trainee will be involved in the many research registries: we offer all eligible children the chance of joining a registry or appropriate trial.

There are opportunities for individual research projects including projects being developed within our department or in collaboration with the adult rheumatology department.

Opportunities to be involved in paediatric rheumatology teaching to different audiences including medical students and paediatric trainees.

The post-holder will be expected to:

- Be familiar with clinical audit and lead a departmental audit and, where opportunities arise, lead a regional or national audit working collaboratively with other UK centres.
- To take active part in teaching undergraduate and junior doctors.
- To take part in the grand round and the regional network meetings.
- The post holder is encouraged to take part in national and international Paediatric Rheumatology meetings

**Further Training Opportunities:**

Opportunity to spend time with the multi-disciplinary team members and to attend adult rheumatology clinics, including specialised CTD clinics and paediatric pain service clinics. A 1-hour tutorial every week with one or more of the consultants will be timetabled, shared between the 4 consultants.

Weekly Morning education session, including journal club, research updates and teaching from MDT members.

- Regular regional network meetings- 2x/ year
- Attendance at once weekly adult rheumatology teaching at Chapel Allerton Hospital is encouraged.

The GRID trainee is able and encouraged to attend all GRID training days in Paediatric rheumatology, national and or international meetings, with support to submit abstracts towards these meetings (depending on study leave application and on call rota requirements).

**Any Further Information:**
Learning opportunities: involvement in rota management, departmental inductions, guidelines development, clinical audit leading to implementation and the evaluation of change, supervision and supporting of colleagues, attending and contributing to regional, national and international meetings.

**Contact details for Unit:**

Rheumatology Secretary  
Tel: 0113 392 2955

Clinicians:  
Dr Tania Amin  
E-mail: tania.amin@nhs.net

**Curriculum:**

Each sub-specialty Grid Programme covers the RCPCH Progress Curriculum, as specified on the RCPCH website: https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties.
# Yorkshire - Sheffield

<table>
<thead>
<tr>
<th>Hospital / Centre</th>
<th>Placement Name</th>
<th>Duration (Months)</th>
<th>Educational Supervisor (name and e-mail)</th>
<th>Compulsory (C) or Optional (O)</th>
<th>Guaranteed (Y/N)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sheffield Children’s Hospital</td>
<td>Rheumatology</td>
<td>12</td>
<td>Anne-Marie McMahon <a href="mailto:a.mcmahon1@nhs.net">a.mcmahon1@nhs.net</a></td>
<td>C</td>
<td>Y</td>
</tr>
</tbody>
</table>

**Additional Information:**

**Sheffield Children’s Hospital**

This post is part of a rotation between two rheumatology centres or deaneries, as is the case for all Paediatric rheumatology NTN Grid posts.

The Sheffield Children's Hospital Yorkshire Deanery post will form one half of the rotation. The other half of the rotation will be decided by the CSAC based on availability, progress, training needs, geographical location and personal preference.

It is likely the second centre may be Leeds.

If a third year of grid training is agreed, this would be Sheffield Children's Hospital.
Sub-specialty: Paediatric Rheumatology

Base Unit: Sheffield Children's Hospital

Deaneries involved: Yorkshire Deanery

Outline of Programme:

Paediatric rheumatology programme that will cover up to and including Level 3 of paediatric rheumatology subspecialty RCPCH curriculum, within a Musculoskeletal centre of expertise, Sheffield Children's Hospital (SCH). SCH has a well-equipped multidisciplinary paediatric rheumatology team to support and meet the needs of grid training. In addition to standard inflammatory and mechanical joint pain multidisciplinary clinics, the trainee will benefit from specialist interests in the department; adolescent multidisciplinary clinics with options to attend young adult clinics at the adult hospital; sports and exercise medicine clinics, joint paediatric rheumatology ophthalmology uveitis clinics, transition clinics, connective tissue disease clinics, joint immunology clinics and teaching commitments, metabolic bone, bone health and musculoskeletal radiology and outreach clinics.

There is an established programme of research within the paediatric and young adult rheumatology teams, and the trainee would have opportunity to develop their personal research interests within this programme. Research opportunities are broad encompassing experience collecting preliminary data supporting future research work through to collaborative multicentre industry-led clinical trials. Specific areas of current active research within the department include applications of technology, psychological and social aspects of transition and uveitis. The trainee would further benefit from opportunities to work collaboratively with the highly research-active metabolic bone team based at SCH.

Departmental Information:

Demographics:

Sheffield is a city and metropolitan borough in South Yorkshire. It has a population of 550,000 making it the third largest English district. Sheffield Children's NHS Foundation Trust is one of only four dedicated children's hospital Trusts in the UK and provides a comprehensive range of specialist services to children and young people from Sheffield, South Yorkshire and further afield. Tertiary level specialist paediatric rheumatology services are provided to children and young people in Sheffield and the surrounding region, serving a population of approximately six - seven hundred thousand under nineteen-year-olds. Sheffield lies within a well-populated region of the UK and is nearby to several other large cities such as Nottingham, Leeds and Manchester. This facilitates excellent working relationships with nearby specialist paediatric rheumatology tertiary services.

Team:

A comprehensive multi-disciplinary team provide specialist paediatric rheumatology services.

The team comprises:
Programme Description 2020

- 3 Consultant paediatric rheumatologists
- 2 Adolescent and Adult rheumatologists
- 1 Paediatric Ophthalmologist
- 1 ST1-3 Paediatric trainee
- 1 Clinical Fellow (International)
- 4 Clinical nurse specialists
- 1 Uveitis nurse specialist

(Team cont’d)
- 3 Research nurses
- 1 Extended Scope Physiotherapist
- 1 Physiotherapists
- 1 Occupational therapist
- 1 Pharmacist
- 1 Clinical psychologist
- 2 Clinical support workers
- 1 Secretary

Supervisor(s):
- Anne-Marie McMahon

Clinical Training Responsibilities:
The post-holder will work within an established multi-disciplinary team and will receive support from team members and be expected to support team colleagues.

The post-holder can expect to receive comprehensive training linked to the Higher Specialist Training competency syllabus.

Workload/Rota Arrangements/Example Timetable:
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>AM SCH Clinic - New patients Outreach Scunthorpe Clinic 5 x year Outreach Chesterfield Clinic monthly</td>
<td>Ward round Outreach Research Outreach Rotherham Clinic monthly</td>
<td>MDT meeting (09:30-11:30) Rotation Education Clinical Governance Research Reflective practice Adolescent Training Ward round</td>
<td>Monthly Trust board meetings GA LIST – twice monthly</td>
<td>JIA Clinic Outreach Grimsby Clinic 5x year</td>
</tr>
</tbody>
</table>
Non-Clinical Training Responsibilities (expectations of research/audit/teaching):

This training post offers half a day per week dedicated time for training and participation in research work. Research is a high priority within the paediatric rheumatology team, reflected in both our Mission Statement and in the specialty being consistently one of the most research-active within the Trust. Sheffield Children's Hospital is proud of the on-site Children's Clinical Research Facility (CCRF) which was the first dedicated CCRF in the UK when it opened in 2008. The trainee post-holder will be expected to:

- Undertake and maintain Good Clinical Practice training in basic research skills
- Participate in departmental and collaborative research work
- Take an active role in local and regional research work
- Disseminate findings through presentation at regional and national meetings
- Gain experience of the competitive research grant application process
- Gain experience of industry-led clinical research

The post-holder will be expected to:

- Be familiar with clinical audit and lead a departmental audit and, where opportunities arise, lead a regional or national audit working collaboratively with other UK centres.
- To take active part in teaching undergraduate and junior doctors.
- To take part in the grand round and the regional network meetings.

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>PM</td>
<td>Entonox Joint injections</td>
<td>Histopathology Meeting every 2 months</td>
<td>Adolescent clinic</td>
<td>X-ray MDT meeting (12:00-13:00)</td>
<td>Entonox Joint injections</td>
</tr>
<tr>
<td></td>
<td>Ward round</td>
<td>Uveitis MDT meeting (13:00-13:30)</td>
<td>Uveitis / Uveitis transition clinic</td>
<td>Grand round SCH (1-2pm)</td>
<td>Ward round</td>
</tr>
<tr>
<td></td>
<td></td>
<td>JIA Clinic</td>
<td></td>
<td>Sheffield Teaching Hospitals/ Adult Rheumatology teaching programme (2-4pm)</td>
<td></td>
</tr>
</tbody>
</table>
• The post holder is encouraged to take part in national and international Paediatric Rheumatology meetings

**Further Training Opportunities:**

 Particularly close working links exist between paediatric rheumatology and paediatric immunology and infectious disease specialists at Sheffield; ward patients are often jointly managed by clinicians from the two specialties and the post-holder will gain experience of an inter-disciplinary approach to complex cases.

- A vibrant parent-support group has become established locally, led by parents of children and young people receiving rheumatology care at the Sheffield Children’s Hospital. A programme of regular family-centred activities (e.g. Joints in Action Sports day, fund-raising walks, Christmas party) is organised and the post-holder would have the opportunity to take an active part working the group and organising events.

- Several innovative teaching events and courses are run annually, organised by the Sheffield paediatric rheumatology team and attracting a national audience, e.g. RARE day, Uveitis. The post-holder will gain experience planning and running such events.

- Regular regional network meetings: fortnightly meetings with the South Yorkshire Postgraduate meetings, liaison with East Midlands Rheumatology network.

**Any Further Information:**

Gain managerial experience:

- Encourage and support to organise the annual Paediatric Rheumatology trainees meeting.
- Take part in clinical governance meetings.
- Learning opportunities: involvement in rota management, departmental inductions, guidelines development, clinical audit leading to implementation and the evaluation of change, supervision and supporting of colleagues, attending and contributing to regional, national and international meetings.

**Contact details for Unit:**

Rheumatology Secretary  
Tel: 0114 271 7726

Clinicians:

- Dr Daniel Hawley, Consultant Paediatric and Adolescent Paediatric Rheumatologist  
- Dr Anne-Marie McMahon, Consultant Paediatric and Adolescent Rheumatologist,  
  a.mcmahon1@nhs.net  
- Dr Sarah Maltby, Consultant Paediatric Rheumatologist  
- Dr Rachel Tattersall, Consultant Adolescent and Adult Rheumatologist
Curriculum:
Each sub-specialty Grid Programme covers the RCPCH Progress Curriculum, as specified on the RCPCH website: https://www.rcpch.ac.uk/education-careers/careers-paediatrics/sub-specialties.