

# The Paediatric Sepsis Podcast

## Episode 5

## Learning Points

**Anaphalaxis** = shortness of breath, difficulty breathing & low blood pressure



20% of children will have allergy to cephalosporins if they are already known to have a beta lactam allergy

**Penicillin de-labelling** =

taking away label of penicillin allergy & investigating its existence

~20%

is the true estimate of penicillin allergy

Anaphalaxis? APLS, call for help & note what has happened!

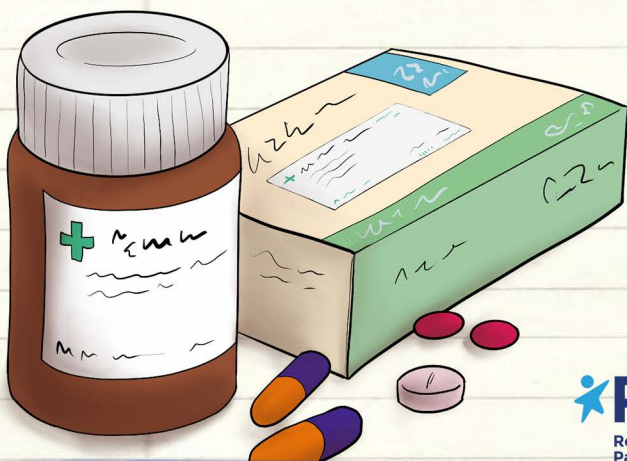
Urticarial rash:

1. Is it itchy?
2. Do antihistamines help?
3. Is it red, white in the centre and have a blister?

Shocked child, possibly allergic to penicillin, need an alternative?



Lots of alternatives... consider speaking to microbiology or to the ID team!



**Key points:**

- Recognise anaphalaxis
- Consider delabelling when appropriate