

# The Paediatric Sepsis Podcast

## Episode 6

## Learning Points

Treating children within **1 hour** reduces mortality & morbidity

Multidisciplinary **simulation** training helps empower the workforce & optimise skills



## Simple

interventions like blood gases can give you loads of info quickly

### Remember Sepsis 6

"if you take something out you put something back".

Practice making up infusions... could save time in an emergency!

Barriers to delivering bundles:

1. Staffing levels
2. Fear

Tips: Know who your seniors are, how to contact them & empower all staff!

Worried about giving inotropes? They can be given through a peripheral line!

...but being able to do central lines is a super useful skill!

  
GUIDELINES

### Key points:

- 1 hour window is key
- Know your sepsis 6
- Get involved with sim

