

| Level | Description | Target Audience |
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| A | Introductory knowledge (i.e. competencies using 'know about') | <p>Generic sessions providing introductory knowledge appropriate for all graduate health professionals. In particular these sessions are appropriate for:</p> <ul style="list-style-type: none"> • Graduate nurses • Foundation doctors <p>Graduate allied health professionals</p> |
| B | Acquisition of deeper knowledge (i.e. 'to understand'), Attitudes | <p>Sessions providing more in-depth knowledge, in which the target audience is required to understand specific issues, particularly related to the learning of attitudes. These sessions are particularly aimed at more experienced graduate health professionals e.g.</p> <ul style="list-style-type: none"> • Post-foundation doctors e.g. ST 1-3 specialists or early GP Registrars <p>Experienced nurses or allied health professionals</p> |
| C | Applied knowledge and understanding , skills (i.e. 'be able to') | <p>Sessions that enable the learner to develop basic skills. E.g. show the use of (begin to develop) analytical clinical reasoning skills in a given topic or context. These sessions are particularly aimed at experienced professionals e.g.</p> <ul style="list-style-type: none"> • Specialist registrars ST 4-5 or senior GP registrars • Nurse specialists <p>Clinical specialist therapists (Allied health professionals)</p> |
| D | Specialist skills (i.e. 'be able to') | <p>Sessions aimed at acquisition of specific skills of diagnosis and management necessary for independent practitioners. These are thus aimed at senior professionals e.g.</p> <ul style="list-style-type: none"> • Specialist doctors ST 6 plus, or GP equivalent <p>Nurse practitioners or Nurse Consultants</p> |

Session at Level A

| Reference no. | Title | Quicklink ID | Level |
|---------------|---|--------------|-------|
| 01_001 | Introduction to Adolescent Health and Illness | 401-0001 | A |
| 02_001 | Healthy Development in Adolescence | 401-0004 | A |
| 03_001 | The Legal Framework for Working with Young People | 401-0010 | A |
| 04_001 | Communication Skills in Young People | 401-0018 | A |
| 06_001 | The Experience of Long-term Illness and Disability during Adolescence | 401-0025 | A |
| 06_002 | Vocational Readiness in Long-term Conditions and Disability | 401-0026 | A |
| 07_001 | Adherence and Concordance in Young People | 401-0032 | A |
| 08_001 | Introduction to Young People Friendly Services | 401-0034 | A |
| 08_003 | Hospital Based Services for Young People | 401-0036 | A |
| 09_001 | Sexual Behaviour in Adolescence | 401-0038 | A |
| 10_001 | Mental Health and Well-being in Adolescence | 401-0046 | A |
| 11_001 | Substance Use, Misuse and Abuse | 401-0053 | A |
| 12_003 | Development of Normal Eating Behaviour | 401-0058 | A |

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| 13_001 | Introduction to Common Symptoms and Help Seeking | 401-0066 | A |
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Session at Level B

| Reference no. | Title | Quicklink ID | Level |
|---------------|--|--------------|-------|
| 01_002 | Guidance and Policy for Young People's Health | 401-0002 | B |
| 02_002 | Concepts of Puberty | 401-0005 | B |
| 02_004 | Psychosocial Development | 401-0007 | B |
| 02_005 | Social Development in Adolescence | 401-0008 | B |
| 03_002 | Capacity and Consent | 401-0011 | B |
| 03_003 | Confidentiality | 401-0012 | B |
| 04_002 | Health Communication and Young People: Setting the Scene | 401-0019 | B |
| 05_001 | Health Promotion in Young People | 401-0023 | B |
| 06_003 | Sex & Health Risk Behaviour in Long-term Conditions and Disability | 401-0027 | B |
| 06_005 | Transition from Child-centred to Adult-orientated Healthcare | 401-0028 | B |
| 07_002 | Practical Approaches to Improving Adherence & Concordance | 401-0033 | B |

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| 08_002 | Community-based Drop-in Services for Young People | 401-0035 | B |
| 09_003 | Sexually Transmitted Infections in Young People | 401-0040 | B |
| 09_006 | Teenage Parents | 401-0043 | B |
| 09_008 | Preventing Pregnancy | 401-0045 | B |
| 10_002 | Introduction to Self-harm | 401-0047 | B |
| 10_005 | Recognising Common Mental Health Problems | 401-0050 | B |
| 11_003 | Prevention Strategies | 401-0055 | B |
| 12_001 | Body Shape and Body Image in Adolescence | 401-0056 | B |
| 12_004 | Obesity in Young People | 401-0059 | B |
| 12_007 | Eating Disorders in Young People | 401-0062 | B |

Session at Level C

| Reference no. | Title | Quicklink ID | Level |
|---------------|------------------------------------|--------------|-------|
| 01_003 | Investing in Young People's Health | 401-0003 | C |
| 02_003 | Pubertal Assessment | 401-0006 | C |
| 02_006 | Assessing Developmental Stage | 401-0009 | C |

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| 03_005 | Safeguarding Adolescents | 401-0014 | C |
| 04_003 | Gathering Information and Exploring Sensitive Issues | 401-0020 | C |
| 04_004 | Explaining and Consent | 401-0021 | C |
| 04_005 | Empowering and Motivating | 401-0022 | C |
| 05_002 | Health Promotion in Clinical Consultations | 401-0024 | C |
| 06_006 | Practical Approaches to Transition | 401-0030 | C |
| 10_004 | The Assessment of Common Mental Health Problems | 401-0049 | C |
| 11_002 | Managing Substance Use Problems in Routine Clinical Practice | 401-0054 | C |
| 13_002 | Sleep Problems in Adolescence | 401-0067 | C |
| 13_003 | Assessment and Diagnosis of CFS/ME in Adolescence | 401-0068 | C |

Session at Level D

| Reference no. | Title | Quicklink ID | Level |
|---------------|-----------------------------------|--------------|-------|
| 06_007 | Developing a Transition Programme | 401-0031 | D |
| 09_002 | Sexual Assault in Young People | 401-0039 | D |

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| 09_004 | Management of Sexually Transmitted Infections | 401-0041 | D |
| 09_005 | Contraception | 401-0042 | D |
| 09_007 | Adolescent Gynaecology | 401-0044 | D |
| 10_003 | The Assessment and Management of Self-harm | 401-0048 | D |
| 10_006 | Management of Common Mental Health Problems | 401-0051 | D |
| 10_007 | Self-Harm and Common Mental Health Problems | 401-0052 | D |
| 12_006 | Medical Assessment and Management of Obesity | 401-0061 | D |
| 12_008 | Assessment of Eating Disorders | 401-0063 | D |
| 12_009 | Management Strategies for Eating Disorders | 401-0064 | D |
| 12_010 | Multidisciplinary Management of Adolescent Obesity | 401-0065 | D |
| 13_004 | Managing CFS/ME in Adolescence | 401-0069 | D |
| 13_005 | Acne | 401-0070 | D |
| 13_006 | Glandular Fever | 401-0071 | D |