

Proforma T2 Diabetes clinic Barts Health NHS Trust – Royal London Hospital

Name
MRN

Date

At diagnosis:

Weightkg BMIkg/m² HbA1c mol/mmol or %

Established diagnoses:

	Yes	Maybe	No
T2D			
Hypertension			
Fatty liver			
Hyperlipidaemia			
Microalbuminuria			
Sleep apnoea			

Other diagnosis:

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Mental health diagnosis :

Investigations at diagnosis:

	YES/NO	If abnormal	YES/NO
LFTs with GGT		Abdo US	
		Refer gastro if ALT > 100	
Random lipids		Fasting lipids	
		if fasting lipids abnormal, refer to or discuss with adult cardiology	
Blood pressure		If > 95 th centile for height, refer to adult cardiology or paediatric hypertension service	
Urine ACR		Abnormal if > 3. Repeat in first morning urine (2x) If > 30mg/mol creat, refer to or discuss with nephrology	
Referral Resp Paed for sleep study		To be decided by resp team after initial sleep study	
Psychol referral		Refer to psychology	

Today's appointment

Height cm Weight kg BMI BP

RBG HBA1C.....

Brought BG metre yes/ no CGM yes/ no Freestyle Libre yes/no

Management

Oral drugs for T2D	Dose / frequency		
Metformin			
Metformin SR			
Other ...			

Insulin regimen: MDI CSII BD

Basal dose Levemir / Lantus/ Tresiba:U amU pm

Bolus dose for meals/snacks Novorapid/ Humalog

Total daily dose: Units =U/kg,%basal% bolus

Liraglutide: mg OD sc

Non-diabetes related medication:

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Insulin for T2D	Time block			
Novorapid /Humalog				
CHR				
ISF				
Fixed doses				

Annual review checks – see T1D proforma