

# Children & Young People's engagement in your ICS

Ideas and resources from RCPCH &Us with support from the South Yorkshire & Bassetlaw ICS



## #RightsMatter

#RightsMatter to the Royal College of Paediatrics & Child Health (RCPCH). We want to support all children and young people to have their rights met as part of The United Nations Convention on the Rights of the Child (UNCRC). This includes the right for children and young people's voices to influence decisions that affect them (article 12) & the right to the best healthcare possible (article 24).

## Recipes for Engagement

RCPCH &Us is the children, young people and families network for RCPCH, who have been working with paediatricians and ICS staff from South Yorkshire and Bassetlaw to think about how to embed the views, wishes, needs and engagement of children and young people in the ICS.



## Voice in your ICS

We hope that our ideas, tips and links to resources will help your ICS to think about how to engage children and young people. For more advice and guidance including the NHSE&I Ten principles for how ICSs work with people and communities, visit the ICS guidance hub. Look out for the new statutory guidance coming soon. [www.england.nhs.uk/integrated-care-systems-guidance/](http://www.england.nhs.uk/integrated-care-systems-guidance/)

# Legal requirements

The Health and Care Act 2022 has legislated for engagement of babies, children, young people and families in relation to the work of the ICS, ICP and ICP. This includes addressing the needs of under 25s, a duty to consult people to whom services are provided and on the integrated care strategy. Statutory Guidance will be provided on this which will also include the requirement for ICBs to have an executive lead for children, to champion the needs of under 25s.



# Engagement Planning

It's important to keep in mind children and young people in the engagement planning for your ICS. This includes your ICS agreeing how to listen to and act on the experiences and aspirations of the community, including babies, children, young people and young adults. Communities also need to be involved in developing plans, priorities, improving services as well as being supported to improve their own health and wellbeing.



# Getting started

The next few pages include examples of how to involve children and young people within your ICS as well as useful links to explore in your local community. It is not an exhaustive list but a starter to support discussions. There is lot of good engagement practice happening locally, so connecting, sharing and learning together is key to amplifying children & young people's voices.

UNITED NATIONS  
RIGHTS OF THE CHILD

ARTICLE 12  
THE VIEWS OF THE CHILD

Every child has the right to say what they think in all decisions affecting them, and to have their views taken seriously.

## In your trust

- patients,
- hospital school
- volunteers,
- governance reps
- youth forum,
- research groups
- quality improvement activity

## In your council

- youth forum,
- cabinet or parliament
- children in care council,
- leaving care forum
- youth support services,
- local offer forum
- 1:1 support workers

## In your area

- charities,
- community groups
- schools,
- youth centres & groups
- uniformed organisations
- Healthwatch,
- health groups

# Voice mapping

There are lots of examples of what matters to children and young people in your area that already exist, and can be used to help inform thinking about priorities, needs, wishes and hopes for health and wellbeing.

Get in touch with your quality improvement lead in **your trust** or see if you have a hospital school, youth forum or child health research taking place. Ask for their published reports or priorities that they are working on to help build your voice bank.

Speak with **your council** and visit the statutory children and young people's voice groups such as the Youth Parliament, Children in Care Council, forum for SEND children and young people or others led by your local authority. You could also create a question of the month for 1:1 workers to include in their discussions with young carers, refugees, children with disabilities or those receiving Early Help, Strengthening Families or Targeted Youth Support services.

There is a wealth of engagement happening in your **local area** to tap into, such as health and wellbeing projects being led in schools, youth groups or uniformed organisations working on health related badges or challenges. You will also find a diverse network of charities and voluntary sector organisations who are supporting health and wellbeing and will have information, reports, data or the hopes and wishes of children and young people to help inform your thinking. Visit your local CVS or Volunteer Centre for links.

Working together to amplify rather than duplicate is important to value and use what has already been shared by the community.

# Data trends



You can also access data from other sources to help inform your planning around what matters to children and young people. Have a look for your local:

- Joint Strategic Needs Assessments (JSNA)
- Make Your Mark results from the British Youth Council (BYC)
- Local Authority Health Profiles
- CQC inspection reports

As well as using national data to help refine thinking about areas to explore locally, such as

- The State of Child Health by RCPCH
- Paediatrics 2040 by RCPCH
- Visiting the Healthwatch Reports Library
- NHS England Youth Forum reports

# Engagement Resources

RCPCH &Us has lots of resources to support you with your engagement planning including:

- free training module on QI Central about engagement
- Recipes for Rights and Recipes for Engagement activities to use with groups of children and young people
- guidance and toolkits to support involving children and young people in commissioning, governance or social action projects
- information, advice and guidance through the Engagement Collaborative



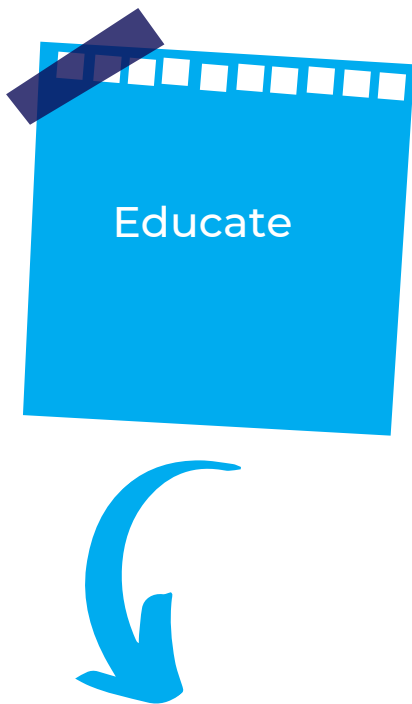
To find out more go to [www.rcpch.ac.uk/and\\_us](http://www.rcpch.ac.uk/and_us)

# Voices and Views

You've done your voice mapping to find out what keeps children healthy, happy and well in your area and what their priorities are.

Review this information and identify where there are gaps in feedback, e.g. on specific topics, from different localities or priority groups. Identify skilled professionals with engagement experience within your local area to carry out consultation, using a mixed methods approach. Think about accessibility, language preference, trusted adult support, safer working practices/safeguarding and how to make it fun and relevant.

Create a voice bank report to share children and young people's voices and worker observations. This could focus on one theme e.g. youth friendly services or be more general to staying healthy, happy and well.



## Views to Ideas

Bring together a small number of ICS decision makers (e.g. clinical lead, ICB engagement lead) with different existing groups of children and young people (see page 3 for ideas) and their workers, to look at the voices and views shared. Think about common themes, things that surprised you, areas of concern and stand out experiences. Create a list of recommendations to share with the ICS for their ideas, views and comments. Support children and young people to share their ideas report with:

- Integrated Care Partnership
- Integrated Care Board
- Place based partnerships
- System quality groups
- Public engagement groups
- Children and young people's groups who contributed voices and views

Review feedback and agree priority areas to work on.



# Ideas to Action

As an ICS, access training on engagement with children and young people at a system level, to support your understanding to enable the work with children and young people to have impact and influence within the ICS.

Work with children and young people through existing groups or by forming an ICS Children and Young People's Project, to begin co-production and co-design on the agreed priority areas, turning their ideas into action. This could be through workshops, takeover days, arts based projects, voice conferences, social action projects - work with your children and young people to develop the right engagement approach together.

As children and young people's services leads, work with your ICS to map the voice and views data with the engagement action to the wider ICS plan. Aim to embed 25% of the overall outputs, outcomes for the programme with references to children and young people's engagement, noting that children and young people make up 25% of the population nationally.



Engage

## Outputs and outcomes

By using the NHSE&I Ten principles for how ICSs work with people and communities, and the RCPCH "Educate, Collaborate, Engage and Change" framework (find out more about this in the QI Central module on Engagement), you will be able to see:

- Children and young people's voice clearly articulated in your system wide plans for the ICS and engagement
- Children and young people embedded in supporting the ICS to develop plans, priorities, and improve services

Which in turn supports your ICS to listen to and act on the experiences and aspirations of children and young people, whilst supporting them to improve their own health and wellbeing.



Change

# #VoiceMatters

Educate:  
voices and  
views

Collaborate:  
views to ideas

established groups  
children/young  
people's  
engagement  
activity

Change:  
outputs and  
outcomes

Engage:  
ideas into  
action

our steps  
to success

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Contact [and\\_us@rcpch.ac.uk](mailto:and_us@rcpch.ac.uk)  
for more information

 **RCPCH &Us**  
The voice of children,  
young people and families