

# How to clinically assess and test for monkeypox in a child

## Questions for all:

- When did the rash start?
- Where did the rash begin? Palms and soles or centrally?
- How large are the lesions?
- Total number of lesions? 1-10 / 10-100 / 100 +
- Status of lesions - vesicles? scabbing over? When did last new lesion appear?
- Any eye/mouth/genital/rectal lesions? [ask with appropriate relevance and sensitivity if young person is sexually active]
- Any lesions causing particular concern? eg pain/bleeding
- Fever?
- Headache?
- Vomiting? Able to keep down fluids?
- Diarrhoea?
- Fatigue or lethargy?
- Breathing difficulties?
- Any other symptoms?
- Do they feel they are getting better? Same? Worse?
- Any comorbidities, and specifically immunodeficiency/immune suppression
- Confirm address and contact details

## Questions for those with a contact with a confirmed monkeypox case:

- Note details of the exposure including time and nature

## Questions for those with a travel history:

- Countries visited with dates of arrival and departure

## Questions for young people:

- Complete psychosocial history using HEADSS tool
- Are they sexually active?
- If so ask about last sexual contact, ask if they are sexually active and consider asking if relevant
- Last sexual contact?
- High risk factors for the current outbreak are individuals who identify as MSM.



For full guidance on monkeypox outbreak in children and young people, visit [www.rcpch.ac.uk/monkeypox](http://www.rcpch.ac.uk/monkeypox)