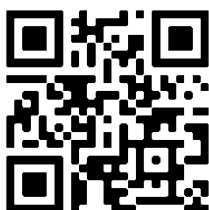


How to isolate if you are suspected of having monkeypox

- Please return straight home.
- The person with suspected monkeypox should wear a mask and cover all skin lesions.
- Isolate if possible in a room separate from other household members.
- Where not possible aim to keep 1 metre away from others and avoid all skin to skin contact.
- If possible, use a different bathroom to other household members.
- Non-household members should not visit the residence.
- Avoid any physical contacts.
- Do not leave the residence.
- Pets should be excluded from infected person's environment.
- If contact with other household members is unavoidable – all should wear surgical masks and skin lesions should be covered.
- Maintain good hand hygiene with soap and water.
- Linen and towels should not be shared.
- Avoid shaking used laundry to prevent dispersing of infectious particles.
- Dishes and utensils can be cleaned with soap and water.
- Contaminated surfaces should be cleaned with alcohol or chlorine-based household disinfectants.
- If possible, take photographs of the rash as it evolves day by day - your doctor will advise on how to send these
- Your hospital team will maintain contact with you to check on your / your child's progress.

Should you need to contact the hospital, call _____

and ask for _____.



For more information about monkeypox, visit the NHS website at www.nhs.uk/conditions/monkeypox