

How to Manage: Refugee and Asylum-Seeking Children & Young People online course

Who is the course for?

This course is geared towards Paediatricians, General Practitioners, Nursing staff and allied health professionals involved in assessing the health needs and delivering care for accompanied and unaccompanied refugee and asylum-seeking children (AURASC). Participants may have a variety of previous experience and knowledge in managing AURASC. We anticipate this training day will be of benefit to all.

Why there is a need for it?

Current and previous global events mean an ever-increasing number of AURASC in our patient population. AURASC present complex health needs underpinned by their vulnerabilities. Health professionals working with AURASC must be equipped to identify and address short- and long-term health needs in a multidisciplinary manner.

How is the course filling this need?

This course will cover the clinical risk assessment and multidisciplinary approach to the holistic management of AURASC.

What we hope to achieve.

We aim to increase awareness, knowledge, skills and confidence to assess and manage the health needs of AURASC across medical settings.

Learning aim of the course

This study day will help delegates develop an updated and evidence-based approach to the assessment and management of AURASC.

Schedule for the day

09:10– 09:15	Registration	
Chair: Bhanu Williams		
09:15 – 09:20	Welcome and introduction	
09:20 – 09:50	Setting the scene for asylum seeking children globally and in the UK	
09:50 – 10:20	Asylum seeking and refugee children perspectives	
10:20 – 11:10	Trauma Informed Care	
11:10 – 11:25	Break	
11:25 – 11:55	Initial Health Assessment	
11:55 – 12:25	Infectious diseases (including sexual health)	
12:25 – 13:15	Lunch Afternoon chair: Victoria Walker	
13:15 – 13:45	Safeguarding update (including age disputed cases)	
13:45– 14:15	Mental Health	
14:15 – 15:15	QI Health Service improvement presentations (suggested 3 presentations and Q&A)	
15:15 – 15:30	Break	
15:30 – 15:50	Supporting AURASC health in time limited settings	
15:50 – 16:20	Panel discussion & questions: what's next Some questions to specifically ask: -what third sector and other support is out there for these YP Ask for questions beforehand	

16:20	Final summary
16:30	Close

Individual learning outcomes

By the end of this course you will be able to:

- Understand the scale and complexity of health needs in the local, national, and global context for AURASC.
- Recognise the impact of the refugee and asylum seeking processes on the health of children and young people.
- Recognise the importance of practising trauma informed care, using interpreters appropriately, and achieving effective communication with both AURASC and other professionals
- Understand and implement a framework for the initial assessment of AURASC.
- Recognise the common physical and mental health needs of AURASC and understand how to approach these needs.
- Analyse the key infectious disease risks that affect AURASC and the screening processes for these conditions.
- Understand the vulnerable status of AURASC and address the safeguarding and ethical aspects of their care
- Recognise the RCPCH's current position on age assessment in asylum seeking children and understand the scientific and ethical challenges associated with disputed age in asylum seeking and refugee young people.
- Evaluate psychosocial health needs of AURASC including the importance of family reunification and their experiences of trauma
- Advocate for appropriate healthcare pathways for AURASC in the community, national, and international setting.
- Listen and respond to the voice of young asylum-seekers when accessing health care and addressing their health needs