



FOCUS



Making a difference for children and young people with diabetes

Discovering your child has diabetes can have a devastating impact on a family. For the first few weeks and months, that sudden diagnosis dominates parents' lives as they seek more information, research the options available and support their child. Life will be different - but that doesn't mean any less fulfilled.

The National Paediatric Diabetes Audit (NPDA) highlighted that we risked failing our children through inadequate provision of care. A drive to tackle the factors impeding good diabetic control began in 2009 - designed to make England and Wales leading nations to drive down glycaemic levels (HbA1C), and support families and young people.

Delivering measurable outcomes has been supported by tireless work of

clinical experts in eleven networks, led by clinical chairs and network managers. Their remit has been to drive improvement in their region, get to know and work with individual units, identifying solutions that reflect national policy, but also accommodate local demand and resources. HbA1c levels in England and Wales are 64.6 mmol/mol - the NICE target is 48 mmol/mol - so there is still a long way to go.

The RCPCH is at the heart of the improvements. The NPDA has had 100% engagement for seven years, providing patient-level data to drive improvement nationally and locally. 2018 sees the audit introducing patient reported experience measures and spotlight audits, while we are providing a new national Diabetes Quality Programme.

Aiming to involve every unit in England and Wales, this programme, supported by the National Network, offers clinical teams opportunities to share and learn from each other through self-assessment, peer review and an active programme of quality improvement over a three year period.

Unit self-assessments began in May, applications for the next QI collaborative open in June and peer review visits commence in October. For more information contact diabetesquality@rcpch.ac.uk or see www.rcpch.ac.uk/diabetesquality.

Keep up to date with the latest NPDA information at: www.rcpch.ac.uk/npda

SUE EARDLEY
Head of Invited Reviews

FEATURING

- 2** From the President
- 4** Meet the new RCPCH CEO
- 5** New Facing the Future: Standards for children in emergency care settings
- 6** Epilepsy12: a national clinical audit
- 7** From members and committees
- 10** The NHS &Us - what do children and young people think?



RCPCH Compass
Online learning for child health

Free eLearning. Anytime. Anywhere.

A higher priority, support and **Progress** is essential...



It's been eight weeks now. At the beginning, it felt a lot like what I remember of starting as a paediatric trainee. A great deal of trepidation, loads of excitement and new people to meet, quite a bit of time working out where the toilets were and how to get lunch. A heap of interesting new experiences - and surprise that you seemed to be able to do the job despite having no real idea what you were doing. And thankful that no-one really seemed to notice. But two months in and I feel like an old hand.

I've been immensely lucky to have had the wisdom and experience of our CEO Judith Ellis to support me in these early months. By the time you read this, Judith will have left us for the Elysian Fields of definitely-not-retirement. She leaves the College in a robust and resilient state and she has the huge thanks of all College Officers for her unstinting work.

Joining us as our new CEO from 1 June is Jo Revill, with whom I'm excited to be embarking on a three year partnership to lead our great College. Read more about Jo and our future strategy on page 4. The awesome Camilla Kingdon also joins us in July as our

new Vice President for Education and Professional Development, replacing the much-valued Andrew Long who finishes a five year term that has been full of commitment and wisdom.

Early aims

A key early aim for me has been building RCPCH influence in governments and within the health services in order to get higher priority for children's services, and I've spent a great deal of these early months frenetically meeting anyone who could be useful towards this aim. This is clearly a long game but there is a window of opportunity when first elected which is essential to capitalise on.

Another early aim is to build our Council and Vice-Presidents into an even better team than they already are. We are having a Senior Officers' away day next week and I've been catching up with all elected Council members to ensure I begin to understand issues in their regions - and start planning my schedule of visiting each country and each English region this year. I've already managed a visit to our Scottish Office and enjoyed the warm Edinburgh hospitality. A key priority for me is for the College to invest in digital to ensure we can provide 21st century support to members. The first step of this is our RCPCH website, which looks and feels superb, and will enable the College to much more easily provide and store information to support you. Please log in and update the details that the College holds for you so you can get the most out of this great new site.

Supporting Members

But equal with all other aims is ensuring the College supports members as best it can. The publicity and public conflict regarding the very sad case of Alfie Evans, a young child with a life-limiting condition being treated at Alder Hey in Liverpool, was a difficult one for paediatricians across the UK as well as, of course, being hugely challenging for the treating teams. Clinicians in

such cases work within the RCPCH's guidance on *Making Decisions to Limit Treatment in Life Limiting and Life-threatening Conditions in Children*, which provides the framework for managing these taxing situations based upon the best interests of the child. I want to thank the paediatricians and ethicists from our Ethics and Law Committee who worked hard during the height of the publicity to ensure that the perspective of the best interests of the child was recognised. We recently held a meeting with paediatricians and ethicists with experience in this area, many of whom were involved in our 2015 guidance. One of the key actions which was agreed was for the RCPCH to develop practical advice and guidance for paediatricians on a range of issues to manage conflict. I'll keep you updated on progress.

It is also important to reassure you that we continue to work on the implications of the case of Hadiza Bawa-Garba. We have met a number of times with the GMC, contributed to the Williams review into medical malpractice cases set up by the Health Secretary, offered to contribute to the GMC's Marx review, and worked with the Academy of Medical Royal Colleges at updating guidance on reflective practice. The College has also produced a good practice guide for trainees, covering reflection, understaffed shifts and system failings and returning to clinical work after a period of absence.

Progress - new paediatric curriculum for excellence

You may have seen a lot of pink (although I'm told by the Digital and Creative Media team it's specifically RCPCH Magenta) about the College recently - signalling the launch of our new Progress curriculum. This framework ensures trainees develop the full range of skills and knowledge required in their day to day work and for progressing to a specialist consultant post. Progress will launch on 1 August and will impact upon every trainer and almost every trainee, and is



A key early aim for me has been building RCPCH influence in governments and within the health services in order to get higher priority for children’s services



Related content

Progress - guidance and support
www.rcpch.ac.uk/progress

Good practice guide for trainees
www.rcpch.ac.uk/looking-after-yourself

RCPCH statement on the Alfie Evans case
www.rcpch.ac.uk/statement-alfie-evans

the result of a huge amount of dedicated work by Vice President David Evans and our superb Education and Training Division together with valued input by trainees, consultants, children and young people, parents and carers. The new curriculum will be far more flexible, allowing trainees to apply the curriculum to the context in which they are working and emphasising quality over quantity of evidence.

#NHS70

The NHS will turn 70 in July and we’ve been challenging politicians and the NHS to make a focus on children and young people part of any ‘birthday presents’ for the NHS. There will also be lots of

celebrations happening at the College and elsewhere to mark the anniversary, including interviews that CYP from our RCPCH &Us Panel did with the Guardian, stressing the importance of having children at the heart of the NHS. Read more from the RCPCH &Us team on page 10.

It’s been a busy two months although I suspect it isn’t going to quieten down anytime soon. A highlight for me was meeting Larry the Downing Street cat (he wasn’t impressed). The best parts of these first weeks as President has been meeting the huge variety of paediatricians who work within the College, and looking under the bonnet of the College to see the extraordinary

range of activities our great College staff are engaged with.



PROFESSOR RUSSELL VINER
president@rcpch.ac.uk

Follow on Twitter:
[@RCPCHpresident](https://twitter.com/RCPCHpresident)

About Focus

Focus is a quarterly magazine, mailed to all RCPCH members.

If you no longer wish to receive a copy, you can unsubscribe by logging into your RCPCH online account and updating your communication preferences. You can also review the full list of communications on offer through the College and set your preferences so you never miss out on the latest developments.

Website:
www.rcpch.ac.uk

Or, you can unsubscribe just from the magazine by emailing focus@rcpch.ac.uk quoting your RCPCH number and full name.

Notes

Members are invited to submit ideas for content (for planning purposes). Please send proposals only to focus@rcpch.ac.uk

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Greetings from the new RCPCH CEO, Jo Revill



Greetings from the College and I'd like to introduce myself as the new Chief Executive. Thank you to everyone who has made my start here so enjoyable. I've been spending time with trustees, council members and staff learning about the numerous workstreams and activities and listening to their perspective.

I previously worked just around the corner from the College, as CEO of the British Society for Immunology, a membership body, Learned Society and charity. As the largest immunology society in Europe, we worked hard to share knowledge through our networks; the enormous excitement about the pace of innovation in immunology enabled us to grow our membership but also offer more career support and build up our regional networks. We have seen important therapies for auto-immune diseases, infections, allergies and cancer come into clinics after decades of painstaking (and often underfunded) basic research efforts. Engaging with the public and parents is as important for scientists as it is for paediatricians, and we created materials focusing on the importance of childhood immunisation. I hope that my knowledge of the research environment, publishing, scientific conferences and the relationship between academia and the NHS can help the College in its mission to advance standards and to help give all paediatricians the opportunity to be involved in research and quality improvement activity.

The RCPCH is the engine room for the ideas, innovations and activities that shape paediatrics and child health in the UK and beyond. I'm lucky to join at the beginning of a new three-year strategy, setting out the central importance of supporting members at each career

stage through the sizeable workforce challenges that are faced in hospitals and community practice. But there is another trend too: the growing expectations placed upon doctors by parents and families.

Hands up - I'm not medically trained. My background lies in journalism as a newspaper health editor and then as adviser to the Labour politician Alan Johnson when he was Health Secretary. I would hope that these skills enable me to ensure that we can make the case cogently to both public and policy-makers for children's services to have a far higher priority within the health services across the UK countries. I come into this important role following in the footsteps of Professor Judith Ellis. One of her achievements was to ensure that the Children and Young People group lay at the heart of our efforts. With Council, she did much to ensure that the consultation with them was genuine and had impact.

Having a membership that is so informed, passionate about the work and truly international in outlook, creates opportunities for this case to be made at a local level with NHS organisations. None of this will work without the right

technology, systems and digital skills at the College, underpinned by sound financial planning. I am keen to ensure that we have those systems, so that wherever you work, you can access the courses, programmes, training, webinars and materials. With the new Progress curriculum for paediatric postgraduate training going live in ePortfolio in August, this is an exciting time; we have already received good feedback that it's more concise and responsive to individual needs.

I look forward to working with the Board of Trustees, Council and with so many different partners to deliver our strategy.

www.rcpch.ac.uk/strategy

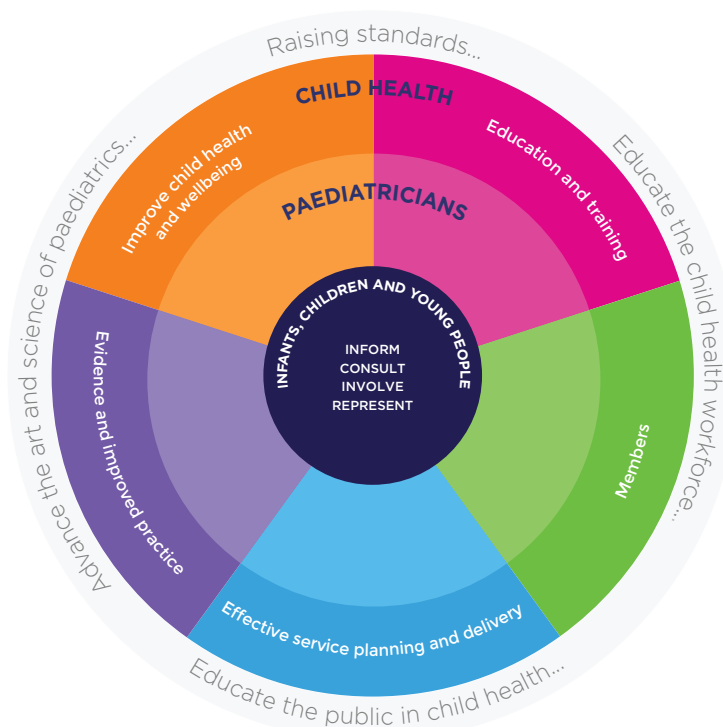
It's a real privilege to work alongside those who put children at the heart of all they do. Please do contact me with your thoughts and ideas, and I look forward to meeting many of you in person.

Best wishes,

Jo

JO REVILL
CEO

Jo.Revill@rcpch.ac.uk



RCPCH Strategy wheel 2018



New Facing the Future: Standards for children in emergency care settings

Children and young people are more frequent users of emergency departments than adults¹. Worryingly, the number of emergency admissions for infants has risen alongside rises for short-stay admissions for children and young people^{2,3}. Year on year the number of children presenting to the emergency department with minor ailments increased by 5%⁴. Cuts to public health and social care budgets will no doubt be attributing to already fragmented out-of-hospital care for children, which may explain why children attend the emergency care setting more frequently than the adult population⁵.

The update to the fourth edition of *Standards for children in emergency care settings* is, for the first time, being brought under the *Facing the Future* suite of standards to ensure children receive high-quality, safe and effective care at the right time, in the right place and by the right person. The landscape of urgent and emergency care provision for children has changed significantly in recent years and continues to evolve at pace. The standards, brought together using the expertise of the Intercollegiate Committee for Standards for Children and Young People in Emergency Care Settings, acknowledges the challenges facing paediatric urgent and emergency care by providing standards that support, inspire and motivate clinicians.

Results from the *Facing the Future* audit 2017 highlight poor linkage between primary care services and the child health service⁶. Large scale policy changes in primary care has coincided

with an increase in short-stay admission rates, and with more children with conditions that are best managed in primary care being admitted through emergency departments⁷. The standards lay out what is needed to ensure that all urgent and emergency care for children is designed, planned and delivered through whole system networks that harness expertise within the subspecialty of paediatric emergency medicine.

To ensure children journey smoothly through the urgent and emergency care system, it is imperative to establish simple, locally agreed care pathways for common conditions which transcend the whole urgent and emergency care system, in and out of hospital⁸. These pathways and the infrastructure of the local system needs to be clear, simple and well publicised by commissioners, planners and providers so that families can make informed choices as to how, where and when to seek care.

The RCPCH will be disseminating an audit toolkit alongside the standards to every emergency department that sees children to support them with monitoring whether they are meeting new *Facing the Future: Standards for children in emergency care settings*. For more information on the standards or audit toolkit please contact health.policy@rcpch.ac.uk.

MELISSA ASHE
Policy Lead

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National clinical audit for epilepsy

EPILEPSY12

Epilepsy12 is a national clinical audit which was established in 2009. It has the aim of helping epilepsy services, and those who commission health services, to measure and improve the quality of care for children and young people with seizures and epilepsies.

The RCPCH delivered rounds 1 and 2 of the audit between 2009 and 2014 and has been re-commissioned to deliver round 3 from April 2017 to March 2021 as part of the National Clinical Audit and Patient Outcomes Programme (NCAPOP).

Epilepsy12 is overseen by a project board and a dedicated project team within the RCPCH. Dr Colin Dunkley, consultant

paediatrician, is the current clinical lead for Epilepsy12.

The methodology for the audit was developed in collaboration with a range of key stakeholder organisations, including those that advocate for children and young people who remain at the centre of the work of the project. In round 3 the audit will monitor and report on both the organisation of paediatric services across the country and the standard of care that is given to patients with a new diagnosis of epilepsy across 12 key performance indicators.

Epilepsy12 works closely with the Organisation of Paediatric Epilepsy Networks in the United Kingdom

(OPEN UK) which represents all 16 regional epilepsy networks across the UK. Epilepsy12 and OPEN UK collaborate on engaging with providers, disseminating results and promoting quality improvement initiatives.

Further information on Epilepsy12 can be viewed at: www.rcpch.ac.uk/epilepsy12

For enquiries please contact the project team at: epilepsy12@rcpch.ac.uk or on 020 7092 6170 / 6157 / 6168

Follow us on Twitter: [@epilepsy_12](https://twitter.com/epilepsy_12)

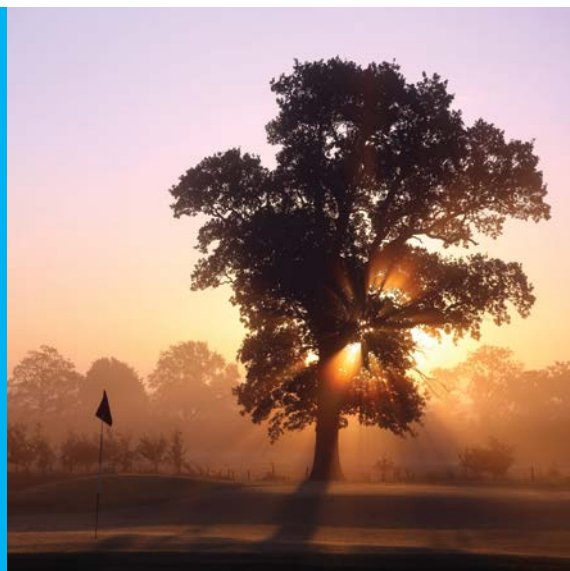
CALVIN DOWN
Project Manager, Epilepsy12

The 2018 RCPCH Golf Day

Join friends and colleagues at the 2018 RCPCH Golf Day, taking place on Friday 21 September at The Belfry, a historic venue for the sport. Enjoy first class hospitality and the challenge of playing on the fantastic PGA National course as well as a three-course dinner to finish the day.

Find out more about this event and reserve your place:

www.rcpch.ac.uk/golf-day



Global Programme Development Grant

We have opened applications for our Global Programme Development Grant, which offers a one off, one year £5000 grant for a global health intervention in a low resource setting.

So far, we have funded projects in Uganda, Myanmar, Malawi and Sierra Leone.

Find out more at: www.rcpch.ac.uk/grant-global

The personal child health record (PCHR) 'Red Book'

Paediatricians have long been a driving force in the development of personal health records with the first *Parent Held Record* developed by Professor David Morley in 1959, for use in Nigeria. Meanwhile by the 1980s in England, the multi-disciplinary British Paediatric Association Committee - chaired by Dr Aidan McFarlane - recommended the development of a national *Personal Child Health Record (PCHR)*. Now, all four UK countries have a standard PCHR applicable for their country, which reflects the Child Health Promotion programme.

The parents of every baby are issued with a PCHR before or soon after birth. The paper record, traditionally with a red cover, contains details of the child's birth history, screening results, immunisation, growth charts, all important health details and space

for both parents and professionals to record advice given or other information. As such it functions as a valuable summary child health record - particularly used by parents in their child's first year.

As part of NHS England's Transforming Child Health Information strategy, a digital *PCHR* is currently under development, electronically transferring the content of the paper PCHR. Ultimately, the aim is that ease of access, 24/7 availability and ability for rapid information sharing will further enhance the value of the PCHR for children's health.

www.rcpch.ac.uk/pchr

PROFESSOR HELEN BEDFORD
Chair of the Personal Child Health Record (PCHR) Committee

Honorary and Senior Fellows and Senior Members Group meet at the AGM

There are nearly 800 Senior Fellows, 100 Senior Members and over 200 Honorary Fellows at RCPCH. After the AGM Seniors lunch, seventy members of the group had an open discussion around the possible roles they could fulfil for the College and how the College may help them.

Among the topics explored was involvement of members in Global Child Health. It was suggested that there could be opportunities to work or teach overseas and members additionally expressed a readiness

to act in an advisory capacity for overseas trainees.

Dr Kevin Windebank, Representative for Senior members, Senior Fellows and Honorary Fellows and Sebastian Taylor, Head of International Operations RCPCH, have recently begun discussions on such opportunities and we look forward to updating members in the near future.

DR KEVIN WINDEBANK
Representative for Senior members, Senior Fellows and Honorary Fellows

Health Informatics

There is a common misconception that you need to be a technology expert to be interested in health informatics.

Technology offers opportunities to revolutionise healthcare delivery and to improve efficiency and patient experiences, but it requires strong clinician leadership. Large datasets may be used for population risk stratification and scalable interventions, enabling efficient use of resources in areas of greatest need.

Is the NHS preparing for a digital revolution?

In 2016, the NHS published *Healthy Children: Transforming Child Health Information*, outlining a commitment to improve information sharing across organisations to benefit children and families. Standardisation of data, interoperability and a move away from 'organisational' to 'event-based' models are key requirements for future systems.

The Clinical Chief Information Officer (CCIO) identified a paucity of skilled clinicians with expertise in health informatics. In response, the NHS Digital Academy has been created, which aims to train future leaders (senior clinicians and managers). Global Digital Exemplars (GDE), NHS providers with world class digital technology and information, have also been established.

Get involved with health informatics?

- Look for problems that could have a digital solution
- Participate in eLearning programmes
- Meet your hospital's CCIO
- Join the Twitter debate!

Senior leaders can apply for the next round of NHS Digital Academy: bit.ly/NHSDigitalAcademy

Find resources on www.digitalhealth.net and on www.rcpch.ac.uk/informatics

DR CHERYL BATTERSBY
Trainee Representative on the Informatics for Quality (IfQ) Committee

Your new Vice President for Education and Professional Development

It's a terrific honour to be writing this as the incoming Vice President for Education and Professional Development.

I remember compiling my manifesto last year and wondering anxiously how paediatricians would receive my ideas about 'joy in work' and the importance of investing in the workforce as drivers of change, to improve care for children and young people. As I wrote it, I thought, 'they'll all think this is a really flaky and unachievable idea!' and 'people will think I live in a parallel universe that is disconnected from reality!'... And yet how wrong I was! Many people have since told me how the notion of improving care by taking a hard look at the quality of our working lives struck a real chord. Colleagues have also said that focusing on a positive theme, like 'joy', feels much more optimistic than the endless preoccupation with burnout, resilience and stress. They

also tell me that the perpetual likening of working in the NHS to a battle or war zone is fine in the short term, but simply not a sustainable way of thinking about a professional life. So I remain convinced that we need to embark on this important piece of work of taking a cold hard look at our working lives and ways we can improve things - not just for us, but for generations to come - and ultimately the children we look after.

I note that our new President commented on his Aussie roots in the Spring edition of Focus. Well, now the RCPCH has two Antipodean senior team members - and as long as we keep away from subjects like sport - I think we shall offer the College a positive Southern Hemisphere influence! I remain ever the optimist and so am thoroughly looking forward to my tenure as one of the RCPCH Vice Presidents and hope that, along with so many inspiring colleagues, I will contribute to making the working lives of paediatricians better.



For information on wellbeing for health professionals visit:
www.rcpch.ac.uk/wellbeing

CAMILLA KINGDON
Vice President for Education and Professional Development

Get the most from your new RCPCH website

www.rcpch.ac.uk



We've launched our new website!

The new site has been completely redesigned to better suit your needs. We used members' feedback to update the content, design, mobile and tablet experience and functionality.

We hope you agree that it looks much better and is easier to use, with improvements to search and tagging to help you find related content and quick links to take you to key tools such as ePortfolio and Compass.

As an RCPCH member you can log in and customise your homepage based on your own

interests, as well as edit your details, contact preferences and interests, and apply for exams.

A big thank you to all our members who gave their input and helped test the site. We hope you agree that it really is a great tool for paediatricians and child health professionals.

RCPCH Progress

Paediatric curriculum for excellence

Are you prepared?
Launching on 1 August 2018

www.rcpch.ac.uk/progress

A new
structure
and focus
for training



RCPCH Conference 2019

13-15 May 2019, ICC Birmingham

Submit an abstract

Abstract submission is now open for RCPCH Conference 2019. It's a great opportunity to share your knowledge and play an integral part in the UK's biggest child health event.

Submit your abstract and help shape next year's big event at:
www.rcpch.ac.uk/conference

RCPCH courses and events 2018

20 AUG

Effective educational supervision
20 August, London

10 SEPT

MRCPC Clinical examination preparation course (2 days)
10 September, London

14 SEPT

How to Manage: Emotional and behavioural problems in community paediatrics
14 September, London

24 SEPT

How to Manage: Safe and effective prescribing for you and your team
24 September, London

26 SEPT

MRCPC Theory & Science exam preparation course
26 September, London

2 OCT

Effective educational supervision
2 October, London

Dates correct at time of going to press. Limited places available. View more courses at www.rcpch.ac.uk/courses
Access eLearning courses anytime on Compass at rcpch.learningpool.com



The voice of children, young people and families

The NHS – what do children and young people think?

The Children and Young People's Engagement team at RCPCH has been visiting groups, hospitals and schools across the UK to find out what children and young people appreciate and value about the NHS.

At the RCPCH Conference in March, we presented a short video, sharing comments and values from children and young people reflecting on the NHS. Comments such as 'they are lifesavers', 'it helps people when they need it most' and 'it is the best invention of the 20th Century' came out in the consultation, as did making sure that 'NHS staff have someone to look after them too'. Please do be sure to watch and share the 90 second video:

www.rcpch.ac.uk/valuing-nhs

#NHS70

Recently, five young people from RCPCH & Us were interviewed by the Guardian as part of their #NHS70 birthday supplement, sharing their experiences, hopes and fears for the next chapter of health services in the UK. Mohini, Thines, Jack, Janani and Rachael all have different personal experiences of health services; from having long term conditions, receiving treatment for short term medical needs, being involved in RCPCH & Us or College programme boards or being part of advisory groups for children's hospitals, CCGs, NICE or NHS England.

Thines (aged 24) commended work in children's services as 'having lots of care and compassion for the individual with a real joined up approach' with Janani (aged 17) stating that 'children and young people feel welcomed in children's services with their painted corridors, smiling staff and different people to help you like play specialists'.

Moving forward, Jack (aged 24) talked about the need for 'patient and public voice to help the NHS to work through the challenges with patient voice at the heart of change'. Mohini (aged 19) wants 'to improve consistency for

patients with rare diseases and those using mental health services'. While Rachael (aged 19) said 'there needs to be an increase in funding for conditions like epilepsy and the impact that has on your mental health.' You can read the full interview in the Guardian: <http://bit.ly/guardianandus>

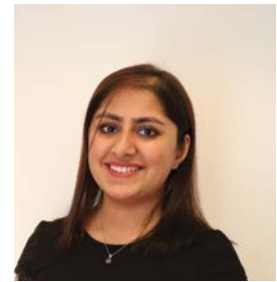
Future priority areas to improve child health

In May, RCPCH Scotland with the Children and Young People's Engagement team delivered a Takeover Challenge in Edinburgh working with 90 children aged 11 - 12, asking what they think are the future priority areas to improve child health. There were many ideas shared, including a greater focus on access to free toiletries to support being clean and feeling good, having fresh air, increasing awareness around the importance of lots of sleep, increasing the sugar tax, freedom of choice and rights, more support to prevent substance misuse, financial support for families to live healthily and well and ensuring children and young people feel safe at home and in the community. The three campaign areas the students worked on were:

- Improving access to healthy food and support for parents to feed us well (obesity)
- Increasing access to someone to talk to for children and young people (mental health)
- Increasing access to free sports and exercise activities for children and young people (physical health)

Overall, we have seen that children, young people and families are incredibly proud of the NHS and are full of hopes and aspirations for the future. They aim to work with the NHS to continue to provide the best healthcare possible.

EMMA SPARROW
Children and Young People's
Engagement Manager



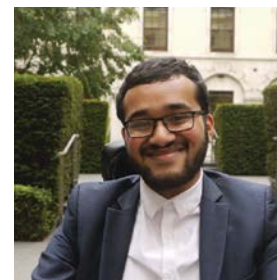
MOHINI SAMANI



JACK WELCH



RACHAEL LEWIS



THINES GANESHAMOORTHY



JANANI MURUGESH

A farewell and thank you poem from Judith Ellis (former CEO 2014 to 2018)



As I go in new directions
I offer just a few reflections
Four years of constant fascinations
Working across all four nations
Many hours of UK travel
In my attempt to unravel
Members' London-centric view
Inclusive feel to renew

And everywhere that I have gone
Members passion has truly shone
To the children they commit
in whatever role they sit
Giving College time for free
On Council or in committee
Examining so many times
and often in some foreign climes

Success of the College I reflect
Is down to building true respect
Young people providing informed voice
To now direct activity choice
Members directing future dreams
For delivery by the College teams
And as CEO I've had the joy
Of leading all who we employ

Now is time to say goodbye
With trepidation I won't deny
But certainly no worried tears
As for the College I have no fears
Members' commitment is so strong
With great trainees coming along
Using facts and using stealth
In leading to improve child health



In the Twittersphere

The RCPCH's Twitter presence continues to gather pace with more than 15,000 followers. Here's a highlight of our activity over the last few months, what's coming up and how you can support us via our social media channels.

#RCPCHProgress

Trainees, trainers and organisations have been filling the Twittersphere with useful information, thoughts and advice using **#RCPCHProgress**. Do be sure to share yours.

Marking '100 days to go until the launch of progress' back in April, we were pleased to see many people

getting in on the action, 'virtually' painting Twitter bright in RCPCH magenta to celebrate the new paediatric curriculum for excellence. Thanks to all who got involved and helped disseminate information and for sharing your wonderful photos.

#NHS70

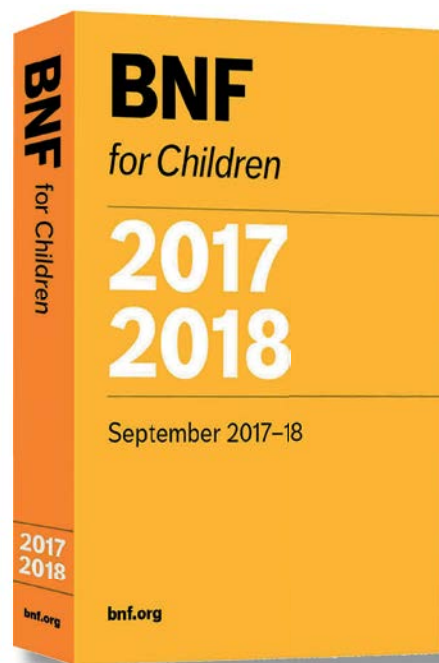
The RCPCH &Us team have been

busy sharing thoughts using **#NHS70** as the NHS is turning 70 on 5 July. Again, be sure to check out their tweets on this hashtag and by visiting **@RCPCH_and_Us**

Follow **@RCPCHtweets** on Twitter and visit our Facebook page at **www.facebook.com/RCPCH**.

BNF *for Children* 2017-2018

Guiding health professionals on all aspects of paediatric drug therapy



About the BNF *for Children* (BNFC)

The BNFC provides essential, practical information to all healthcare professionals involved in the prescribing, dispensing, monitoring and administration of medicines to children.

Significant new content updates to the 2017-2018 edition include:

- New guidance on management of anal fissure and haemorrhoids.
- Updated guidance on contraceptives (interactions), Crohn's disease, diabetes, food allergy, nocturnal enuresis in children, Smith-Lemli-Opitz syndrome, tuberculosis ulcerative colitis, urinary retention.
- New drug monographs including asparaginase, ataluren, dexamethasone with ciprofloxacin, eltrombopag, idebenone, pegaspargase.
- Updated advice on acetylcysteine: intravenous acetylcysteine for paracetamol overdose: reminder of authorised dose regimen; possible need for continued treatment (MHRA advice).
- Significant dose changes including nystatin for oral candidiasis.

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