

# **Epilepsy12 Quality Improvement Case Studies 2023**

## **Epsom and St Helier University Hospitals NHS Trust**

The team devised a project to establish which patients in the paediatric epilepsy clinic had mental health issues and to offer help and resources given that psychiatric and psychological support via referral is limited.

A simple validated questionnaire was incorporated into the history taking of school-aged new patients. If a mental health concern was identified, an online resource was offered.

Going forward, the team will monitor the engagement with and efficacy of the virtual resource.