

# How to Manage: Paediatric Allergy Training – Part three (PAT 3)

## Programme

**Date |** Wednesday 19<sup>th</sup> June 2024

**Location |** Royal College of Paediatrics and Child Health  
 5-11, Theobalds Road  
 London  
 WC1X 8SH

**Audience |** Suitable for a wide audience but of particular interest for paediatricians who are managing allergy clinics and / or have a specialist interest in allergy.

08:50	<b>Registration</b>	
<b>Chair: Dr Mich Lajeunesse</b> , Consultant in Paediatric Allergy, Southampton Children's Hospital		
09.00	<b>Introduction</b> – rationale, aims, format	<b>Dr Mich Lajeunesse</b>
09.10	<b>1: Severe non IgE mediated food allergy</b> Allergic Enteropathies Eosinophilic Oesophagitis	<b>Dr Su Bunn</b> , Consultant Paediatric Gastroenterologist, Royal Aberdeen Children's Hospital
<b>10.00</b>	<b>Short break</b>	
10.10	<b>2. Mixed IgE non IgE skin and gut allergy</b>	<b>Dr Helen Cox</b> , Consultant in Paediatric Allergy, St Mary's Hospital
11.00	<b>Short break</b>	
11.10	<b>3: Food challenges: pearls and pitfalls</b> Case selection for challenge How to manage allergic reaction and anaphylaxis Reducing indeterminate challenge outcomes	<b>Karen Wright</b> , Allergy Research Dietician, St Thomas' Hospital London  <b>Dr Stephanie Cross</b> , Consultant in Paediatric Allergy, Southampton Children's Hospital
12.00	<b>Short break</b>	
12.05	<b>5: Grey cases</b> 3 grey cases will be discussed, 20 minutes discussion for each case.	

	<p>Delegates will be split into 3 groups and faculty will move around each breakout room.</p> <p><b>Grey case 1 FUNCTIONAL &amp; FACTITIOUS ILLNESS:</b> Dr Su Bunn and Prof Gill Vance</p> <p><b>Grey case 2 RECURRENT ANAPHYLAXIS:</b> Dr Deva Venkataraman and Dr Mala Raman</p> <p><b>Grey case 3 DRUG AND VENOM ALLERGY:</b> Dr Gary Stiefel and Dr Eleanor Minshall</p>	
13.10	<b>Lunch</b>	
14:00	<p><b>5: Drug allergy</b></p> <p>How to make an assessment on the ward, and in clinic after the event Common paediatric presentations When to refer to specialist services Penicillin de-labelling</p>	<p><b>Dr Anjum Grewal</b>, Consultant in Paediatric Allergy, Sheffield Children's Hospital</p> <p><b>Dr Eleanor Minshall</b>, Consultant in Paediatric Allergy, Sheffield Children's Hospital</p>
14:50	<b>Short break</b>	
15.00	<p><b>6: Allergen immunotherapy (sublingual)</b></p> <p>When to consider SLIT How to start and monitor Using the registry Peanut immunotherapy</p>	<p><b>Dr Mich Lajeunesse</b> and <b>Dr Satish Chandran</b>, Speciality Registrar in Paediatrics</p>
15.50	<b>Final questions and Evaluation</b>	All
16.00	<b>Close</b>	

### Learning aim

The PAT courses provide healthcare professionals with the specialist knowledge and skills required to effectively manage children with common and severe allergies, and their comorbid allergic conditions.

### Learning outcomes

By the end of this course, you will be able to:

- Discuss approaches to severe non IgE mediated food allergy in children
- Describe approaches to the management of simple drug allergy in children and know when to refer
- Explore issues related to undertaking food challenges in children

- Describe assessment and treatment using sublingual immunotherapy for aero allergens
- Recognise the importance of team practice in a multi-disciplinary environment for the effective management of paediatric allergy.

This course has been approved in accordance with the current RCPCH CPD guidelines.

Please note that due to unforeseen circumstances, sessions and presenters may be subject to change.

### **Course lead**

Dr Mich Lajeunesse is a Consultant in Paediatric Allergy & Immunology at Southampton Children's Hospital, and an Honorary Senior Lecturer at the University of Southampton. He was appointed to Southampton in 2008 and is the lead NHS consultant for the Regional Children's Allergy Service. Dr Lajeunesse is actively involved in food allergy research, allergic reactions to vaccines and immunotherapy. He is a member of the teaching faculty of the Allergy MSc course at the University of Southampton and leads the RCPCH PAT course series