

# **SUDEP; are we discussing with families? Audit**

Dr Rachel Spencer, Specialty Dr in Paediatrics, Harrogate and District NHS Foundation Trust

**To identify documented evidence of SUDEP discussions in outpatient clinics before and after use of Epilepsy Clinic Checklist and to consider if we need to make further improvements**

## **Method**

**Clinic letters and documents reviewed prior to development of Epilepsy checklist and following.**

### **Exclusions:**

- **Only febrile seizures**
- **Unconfirmed diagnosis**
- **Patients prior to 2018**

**Also noted type of epilepsy eg absence CECTS**

## **Results**

**40 patients reviewed prior to checklist and only 2 documented discussions re SUDEP. However 12 of these were CAE**

**29 patients reviewed post checklist. 19 had documented SUDEP discussions. 4 were CAE**

## **Conclusions**

**A vast improvement in documented discussions from 5% to 65%**

### **Plan:**

**We now use a clinic template which includes date of last SUDEP discussion to improve further. We are yet to re audit**