



## Children and Young People's Voice in your work: personalised support for you from RCPCH &Us

### Why #VoiceMatters

We believe that children and young people have a right to the best health and health care services possible. By effective and meaningful engagement with children and young people, we can build a bright future together in paediatrics and child health.

Rights matter to RCPCH, with our work, training and award-winning programmes using rights-based approaches centred on the United Nations Convention on the Rights of the Child. Supporting voices to influence decisions affecting children and young people (Article 12), helping everyone in health to support them to be healthy, happy and well. (Articles 24, 27 and 31).

### How we can help

Children, young people and family experts by experience, with the support of the RCPCH Children & Young Peoples Engagement Team, are here to help. With backgrounds in lived experience, health, youth work and education, we can support with engagement planning, age and stage appropriate projects, training or development programmes on topics from long term conditions, climate change, service evaluation, transition, quality improvement, research and more.

Contact [and\\_us@rcpch.ac.uk](mailto:and_us@rcpch.ac.uk) or check out [www.rcpch.ac.uk/and\\_us](http://www.rcpch.ac.uk/and_us) for more information.

#### Engagement with children, young people & families

- Consultations & roadshows
- One off events, tasters, challenge days
- Project delivery
- Accreditations and training

#### Training for staff or volunteers

- Recipes for Rights
- Effective Engagement
- Voice in Quality Improvement
- Trauma informed engagement
- Voice as a data set
- Building a strategic engagement plan
- Safer working practices for engagement work
- Train the trainers for group work

#### Development for staff or volunteers

- Information, advice and guidance on engagement
- 1:1 or group coaching and mentoring