

# PLAY YOUR PART!

A game exploring how climate change is affecting young people's health and what you can do to support them  
Everyone has a part to play!



## FINISH

Move from avoiding the topic to starting this conversation with everyone you can

**GAME CHANGER**

## YOUNG PEOPLE HAVE A RIGHT TO...

9 Genuinely accessible & sustainable public transport

10 An education system that can adapt to cope with climate change

11 Equal access to the best possible health in the face of climate change

12 Feel hopeful about the future

**DRAW A WILD CARD**

**GAME CHANGER**

Move away from a disaster approach and towards a public health approach

**AIR POLLUTION**

### WILD

You understand more about how climate change is affecting young people's health

Go back to square 1 and bring more people with you!

## YOUNG PEOPLE NEED...

8 Extra support for those worst affected by climate change

7 Young people's health and the climate assessed in all decisions

6 School uniforms and PE lessons adapted during extreme weather

5 Adults who talk about how climate change is affecting young people's health

**DRAW A WILD CARD**

### WILD

You forget to look into how a young person's medication may be affected by extreme heat

Go back to square 2!



## YOUNG PEOPLE WANT...

1 To be educated about the realities of climate change

2 Advice about climate change woven into health care plans

3 To talk about worries and get support for eco-anxiety

4 To be meaningfully included in decision making

**DRAW A WILD CARD**

### WILD

Telling young people to make individual lifestyle changes has made them feel hopeless and guilty

Go back to square 3!

## START

