

How to isolate if you are suspected of having clade II mpox

Please return straight home ideally by private transport. Discuss with your medical team if this is not possible.

The person with suspected mpox should wear a mask and cover all skin lesions.

- Aim to minimise close contact with others in the home, especially children under five years of age, pregnant people and the immunocompromised.
- This includes avoiding skin to skin contact if possible.
- Ideally the person suspected of having mpox should sleep in a separate room and use separate facilities for eating, bathing and using the toilet – where not possible, these should be cleaned after use with alcohol or chlorine-based household disinfectants.
- Non-household members should not visit the residence where possible.
- Do not leave the residence.
- Pets should be excluded from infected person's environment.
- If contact with other household members is unavoidable – all should wear surgical masks and skin lesions should be covered.
- Maintain good hand hygiene with soap and water.
- Linen and towels should not be shared.
- Avoid shaking used laundry to prevent dispersing of infectious particles, and keep the laundry separate from that of other people.
- Dishes and utensils can be cleaned with soap and water.
- Contaminated surfaces should be cleaned with alcohol or chlorine-based household disinfectants.
- If possible, take photographs of the rash as it evolves day by day - your doctor will advise on how to send these.

Your hospital team will maintain contact with you to monitor progress.

Should you need to contact the hospital, please call _____ and ask to speak with _____.