

What is...?

Inclusion

Inclusion is about using different ways to involve people in decisions about them, making them feel safe and welcome, no matter their differences.

Your doctor will do their best to involve you in decisions about your condition. They want to hear what you think. It is ok to tell them the best way to do this for you like having pictures to explain things.

You can ask them questions at any point if there is something you don't understand.

What is...?

Confidentiality

Your doctor is a trusted adult. What you share with your doctor will be kept confidential (private), this can include from your parents or carers. They have made a legal promise to keep you and your information safe.

The only time a doctor will tell someone else about what you have told them, is if they think that you (or someone else) might be in danger and telling someone will help to keep you (or someone else) safe.

What is...?

Safeguarding

Safeguarding rules and laws are for anyone working with children and young people or adults who are at risk.

The law says you must always think about keeping children and young people, or adults at risk safe, and if you are worried about someone's safety you must tell other people so that they can get the help they need.

This could be physical, mental, environmental and financial safety or other things that might need more help and support.

What is...?

Involving children and young people in decision making

Involving people in decisions and making them feel safe and welcome to have their voice heard in decisions that affect them.

This is a right in the United Nations Convention on the Rights of the Child – look at article 12.

Your doctor will do their best to involve you in decisions about your condition, your health and maybe even about the way the hospital or service helps all children and young people. They want to hear what you think, and you can ask them questions too!