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**&Us**

The voice of children,  
young people and  
families

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# Engagement in the NPDA

Krishna, RCPCH &Us Volunteer  
Anita, Youth Voice Advisor  
Emma, Head of Children, Young People and Engagement

 **RCPCH**  
Royal College of  
Paediatrics and Child Health  
*Leading the way in Children's Health*

What does engagement mean to you?

# Consultations online



VOTE:



RCPCH &Us The voice of children, young people and families

A

B

C

D

Use code 123456 or text.....

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# Consultations online



VOTE:



RCPCH &Us The voice of children, young people and families

A

B

C

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Use code 123456 or text.....

What does engagement mean?

Involvement,  
Voice, PPI, PPIE,  
PPE, PPV,  
Participation,  
Co-design,  
Co-production....

# It all starts with rights

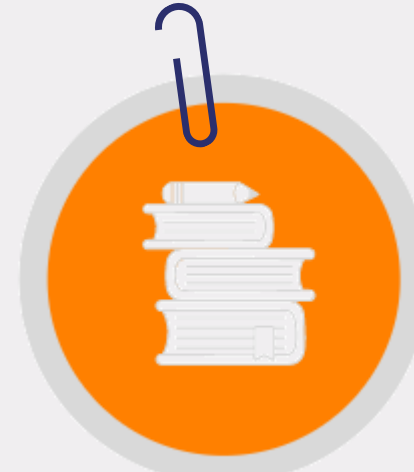
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Article 12  
voice and views



Article 24  
best health care



Article 28  
education



Article 23  
Living a full life



Article 27  
Standard of living



Article 31  
Rest, relax, play

## Engagement Foundations

**Why** this is the right thing to do  
**How** it will make a difference  
**What** we need to do to be successful

*Adapted from Sinek "start with why"*

# involved in decision making

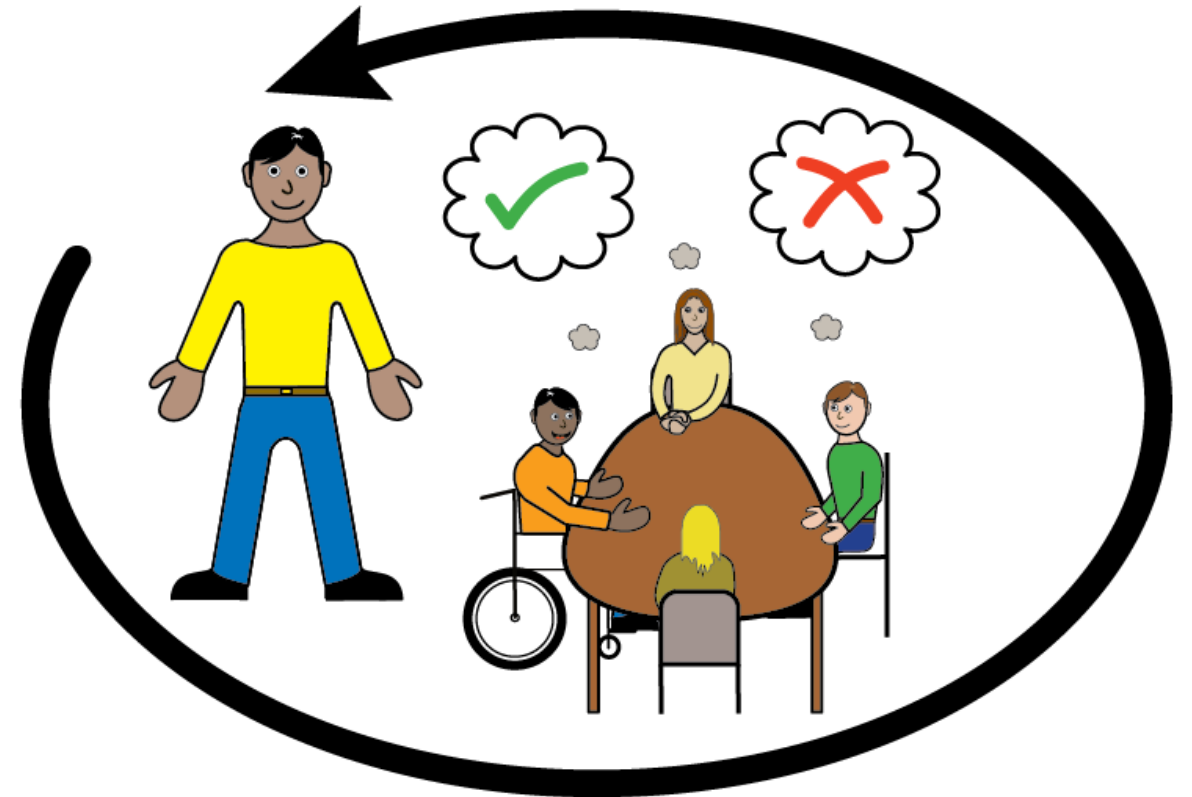
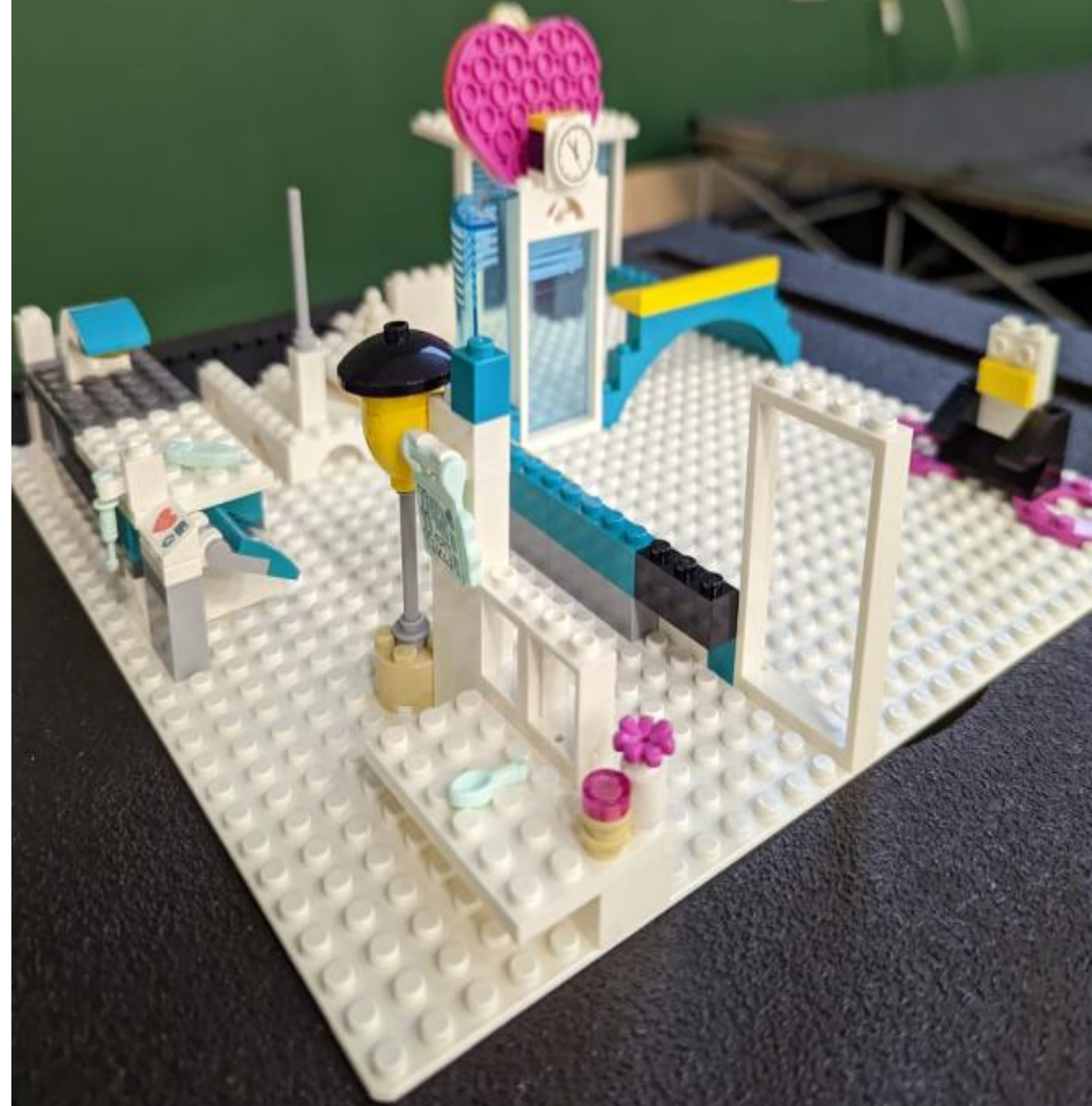


Image from: [www.learningdisabilityservice-leeds.nhs.uk/easy-on-the-i/](http://www.learningdisabilityservice-leeds.nhs.uk/easy-on-the-i/)

## The NPDA Engagement Project

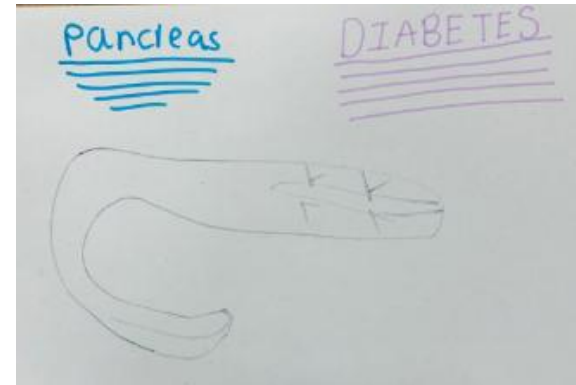
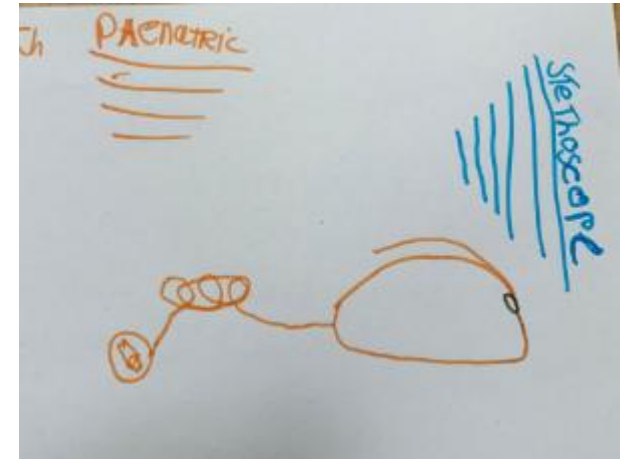
- Meet our duties under the UNCRC for children and young people to have access to information, to have their voices influencing decisions that affect them and to have the best health and health care possible
- Provide age and stage appropriate information to children and young people about the NPDA
- Increase understanding and awareness of the NPDA amongst children, young people and families



# The NPDA Engagement Project

- Explore best practice in communicating audit information with children, young people and families
- Co-produce resources for national, regional and local diabetes services including principles for communicating NPDA information with children and young people, NPDA image bank for use on children and young people facing materials, resources to support communications with children, young people and families
- Launch findings and experiences of children and young people through this project

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*#VoiceMatters*

What has happened so far and what have children and young people said?



# Engagement so far



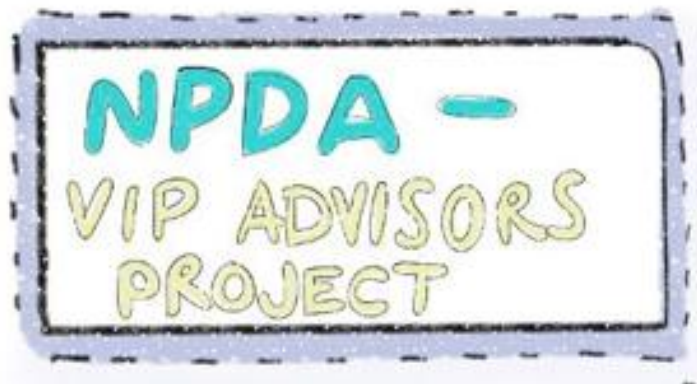
Discussions with charities, networks, clinical teams, researchers and health-based youth workers across the NPDA area. Feedback included:

- Excitement from workers over children and young people facing materials
- Appreciated the opportunity for children and young people to be involved and make a difference
- Concern about whether children and young people would be interested in the stats side of the NPDA

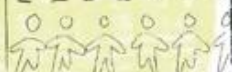
Lots of interested and engaged children and young people!

- 48 self referrals from children, young people and families
- online session in December with 11 children and young people aged 8 – 21
- in person session in January with 10 young people aged 11-16
- More sessions booked!

# What did children and young people say?



"SO PEOPLE WITH DIABETES ARE NOT ALONE AND HAVE A COMMUNITY"



**BUT...**

WE STILL NEED TO KNOW ITS GOING ON AND HOW TO BE INVOLVED!



**LIKE A HUG**

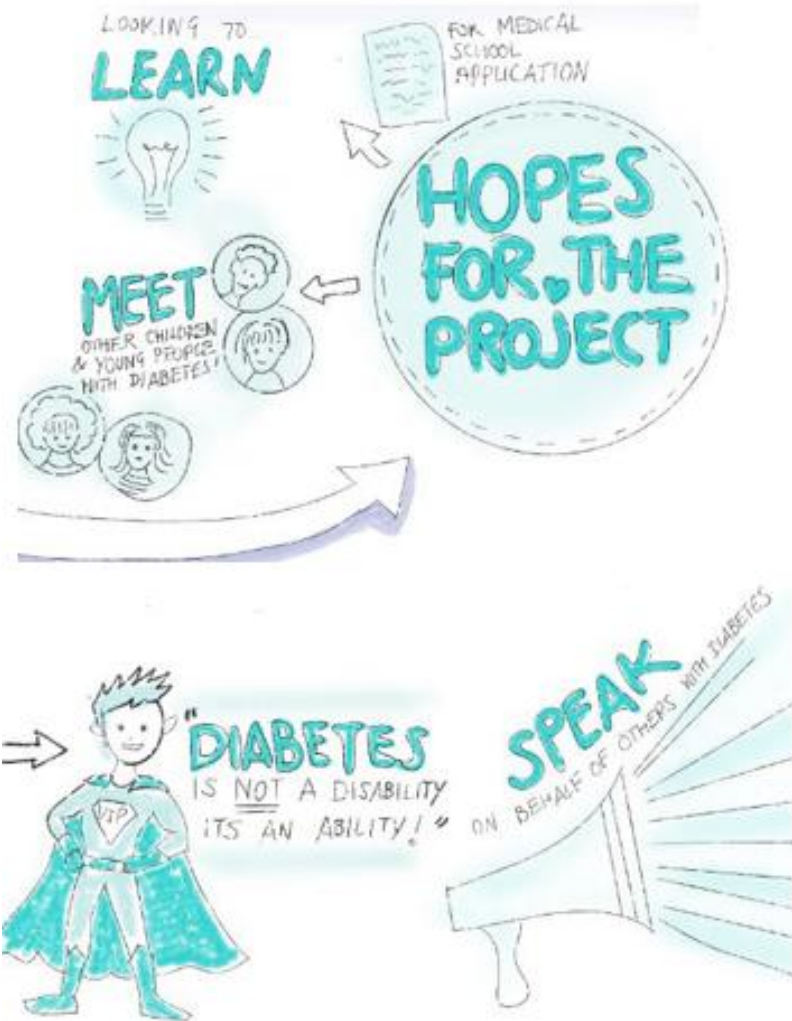
KNOWING THE AUDIT IS HAPPENING, AND ITS TO SUPPORT CHILDREN, YOUNG PEOPLE & FAMILIES..

- ? What is the NPDA?
- ? What does the NPDA do for children and young people?
- ? What are you doing with the results?
- ? What are the 6 health checks?
- ? What are the rare types of diabetes?
- ? Does it cover all types of diabetes?
- ? Are people not engaging and that is why there are not having their checks? T2?
- ? The % need to be higher so we know how to take care of yourself or can lead to more healthcare problems

Make information and resources ...

1. Entertaining
2. Stand out
3. Use simple language – explain any complicated language
4. Make it suitable for all ages
5. Not patronising
6. Positive information
7. Short and snappy
8. Role models – different people with type 1 diabetes on the leaflet / poster / video
9. Accessible online – through social media
10. New information – needs to be useful and engaging

# What did children and young people say?



- ✓ It's important that we know about NPDA – then we are not alone
- ✓ All children and young people need to have their health checks
- ✓ You are not alone
- ✓ Visit NPDA now to know what you are entitled to.
- ✓ Talk to us like we are human rather than someone who has an illness
- ✓ Having hospital youth groups helps us to get our voices heard
- ✓ Having people like you makes you feel relaxed
- ✓ We have the right to information in NPDA and to know what we are entitled to
- ✓ We want you to exceed in standards & see improvements in care
- ✓ Make us feel important
- ✓ We want to help other people feel supported and taken care of and get better control of their diabetes and so that health can be as good as it can be so people with diabetes are not alone and have a community

# RCPCH &Us Volunteer

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- ✓ Important to know this is happening and working to improve care
- ✓ Feeling part of a community and not on your own is important
- ✓ Being empowered by helping others
- ✓ Listening and hearing from children and young people

*#VoiceMatters*

Working together – how you  
can help

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# Get in touch

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Questions, comments, requests:  
[and\\_us@rcpch.ac.uk](mailto:and_us@rcpch.ac.uk)

150+ free online resources to support children and young people in their health journey / involvement  
[www.rcpch.ac.uk/and\\_us](http://www.rcpch.ac.uk/and_us)

Free resources /support through the Engagement Collaborative

Sign up at  
[www.rcpch.ac.uk/join-engagement-collaborative](http://www.rcpch.ac.uk/join-engagement-collaborative)

Follow us on Twitter, Instagram and Facebook! Look for RCPCH &Us or RCPCH and Us

big thanks! 😊

