

We need **YOU** to tell us what matters most to you. This will help us to decide what to focus on to help keep children and young people healthy, happy and well.

We will be sharing the results with government and the people in charge of making decisions for how services are delivered across the country in a report called The State of Child Health.

Please vote for the **ONE** topic that you think is the most important for the government to work on to improve the health of children and young people.

This vote is open to children and young people up to the age of 25 in the UK. **Please return your vote to [and\\_us@rcpch.ac.uk](mailto:and_us@rcpch.ac.uk) by 15 Feb 2026.**

**Support for your emotional health and wellbeing**

**Support for your physical health**

**Support to feel confident and ready to manage booking your appointments, get your prescriptions or visit health services on your own**

**Giving your ideas & getting involved in shaping health services to meet your needs**

**Getting the right help, at the right time from the right health worker, wherever you are in the UK**

**Who are we?** RCPCH is a charity that improves child health in the UK & globally

**Why do this?** You have a right to have your voice heard to inform services in the future

**Now what?** Young people with the help of youth workers will review the answers and create asks for decision makers as part of the “State of Child Health” project at RCPCH

**Royal College of Paediatrics and Child Health.**

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**Patron HRH The Princess Royal.**