

NPDA National Conference 2026 – Programme

Time	Programme Item
09:30 - 10:00	Registration and Refreshments (in-person attendees)
10:00 - 10:10	Chair's Welcome Chair
10:10 - 10:30	NPDA Update 2024-25 Professor Justin Warner, NPDA Clinical Lead & Consultant Paediatric Endocrinologist, Cardiff and Vale University Health Board
10:30 - 11:00	RCPCH&US - CYP Diabetes Communication Project Emma Sparrow, Head of CYP Engagement, Royal College of Paediatrics and Child Health Natalia Bydon, CYP Engagement, Royal College of Paediatrics and Child Health
11:00 - 11:15	Ongoing inequalities 10 years on: experience from the NPDA Dr Renuka Dias, Birmingham Children's Hospital, UK
11:15 - 11:30	Inequalities in children and young people with poor glycaemic control (HbA1c > 75 mmol/mol (9.0%)) - findings from the NPDA for England and Wales Zhaonan Fang, NPDA Analyst, Royal College of Paediatrics and Child Health
11:30 - 12:00	Coffee Break
12:00 - 12:30	Screening for pre-Type 1 diabetes, who, where and how should we do it? Dr Rachel Besser, Consultant Paediatrician, Oxford Children's Hospital, Subtheme Lead for the Oxford NIHR Biomedical Research Centre
12:30 - 13:00	Immunotherapy: beyond insulin for Type 1 diabetes, the past, present and future. Professor Colin Dayan, Professor of Clinical Diabetes & Metabolism, Cardiff University School of Medicine
13:00 - 14:00	Lunch
14:00 - 14:30	Type 2 diabetes in youth: diagnostic and treatment challenges. Professor Sheela Magge, Director of the Division of Paediatric Endocrinology, John Hopkins School of Medicine, Philadelphia, USA
14:30 - 15:00	Type 2: Lessons learnt from the NPDA spotlight audit. Dr Evelien Gevers, Consultant Paediatrician in Endocrinology and Diabetes, Barts Health NHS Trust, Royal London Hospital
15:00 - 15:15	Afternoon Break
15:15 - 15:30	Higher odds of microvascular complications in T2D vs T1D, independent of HbA1c and BMI. Saira Pons-Perez: Audits Senior Analyst, Royal College of Paediatrics and Child Health
15:45 - 16:00	Progress update and next steps for the NPDA Amani Krayem, NPDA Project Manager, Royal College of Paediatrics and Child Health
16:00	Closing remarks and final reflections Chair